



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	__1/1__
Key Words	2	Four to seven key words—include “case report” as one of the key words	__2/1__
Abstract	3a	Background: What does this case report add to the medical literature?	__17/1__
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	__19/1__
	3c	Conclusion: What is the main “take-away” lesson from this case?	__26/1__
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	__6/2__
Timeline	5	Information from this case report organized into a timeline (table or figure)	__17/2__
Patient Information	6a	De-identified demographic and other patient or client specific information	__18/2__
	6b	Chief complaint—what prompted this visit?	__17/3__
	6c	Relevant history including past interventions and outcomes	__4/4__
Physical Exam	7	Relevant physical examination findings	__7/4__
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	__9/4__
	8b	Diagnostic reasoning including other diagnoses considered and challenges	__10/4__
	8c	Consider tables or figures linking assessment, diagnoses and interventions	__11/4__
	8d	Prognostic characteristics where applicable	__15/4__
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	__7/6__
	9b	Intervention administration such as dosage, frequency and duration	__20/8__
	9c	Note changes in intervention with explanation	__3/9__
	9d	Other concurrent interventions	__none__
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	__15/4__
	10b	Important follow-up diagnostic evaluations	__15/4__
	10c	Assessment of intervention adherence and tolerability, including adverse events	__none__
Discussion	11a	Strengths and limitations in your approach to this case	__9/9__
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	__13/9__
	11c	How does this case report suggest a testable hypothesis?	__13/9__
	11d	Conclusions and rationale	__16/9__
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	__16/9__
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	__19/9__
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	__19/9__