



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 5/Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 40/Page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Line 4/Page 3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 11-30/Page 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 32-36/Page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 1-22/Page 5
Timeline	5	Information from this case report organized into a timeline (table or figure)	NA
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 22/Page 5
	6b	Chief complaint—what prompted this visit?	Line 28/Page 5
	6c	Relevant history including past interventions and outcomes	Line 20-23/Page 6
Physical Exam	7	Relevant physical examination findings	Line 14-17/Page 6
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 30/Page 5 to Line 42/Page 7
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 26/Page 6 to Line 42/Page 7
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Page 16-20: Table 1 and Figure 1 and Figure 2
	8d	Prognostic characteristics where applicable	Line 11-20/Page 8
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 7-8/Page 8
	9b	Intervention administration such as dosage, frequency and duration	Line 7-8/Page 8
	9c	Note changes in intervention with explanation	Line 7-20/Page 7
	9d	Other concurrent interventions	NA
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 11-20/Page 8
	10b	Important follow-up diagnostic evaluations	Line 14-17/Page 8
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 13/page 8
Discussion	11a	Strengths and limitations in your approach to this case	Line 29-32/Page 9
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 17-26/age 10
	11c	How does this case report suggest a testable hypothesis?	Line 10-12 /Page 9
	11d	Conclusions and rationale	Line 29-35/Page 10
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	NA
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 38-40/Page 10
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 2-14/Page 2