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## Basic Study

# Bile acids inhibit ferroptosis sensitivity through activating farnesoid X receptor in gastric cancer cells

Chu-Xuan Liu, Ying Gao, Xiu-Fang Xu, Xin Jin, Yun Zhang, Qian Xu, Huan-Xin Ding, Bing-Jun Li, Fang-Ke Du, Lin-Chuan Li, Ming-Wei Zhong, Jian-Kang Zhu, Guang-Yong Zhang

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## Abstract

### BACKGROUND

Gastric cancer (GC) is associated with high mortality rates. Bile acids (BAs) reflux is a well-known risk factor for GC, but the specific mechanism remains unclear. During GC development in both humans and animals, BAs serve as signaling molecules that induce metabolic reprogramming. This confers additional cancer phenotypes, including ferroptosis sensitivity. Ferroptosis is a novel mode of cell death characterized by lipid peroxidation that contributes universally to malignant progression. However, it is not fully defined if BAs can influence GC progression by modulating ferroptosis.

### AIM

To reveal the mechanism of BAs regulation in ferroptosis of GC cells.

### METHODS

In this study, we treated GC cells with various stimuli and evaluated the effect of

BAs on the sensitivity to ferroptosis. We used gain and loss of function assays to examine the impacts of farnesoid X receptor (FXR) and BTB and CNC homology 1 (BACH1) overexpression and knockdown to obtain further insights into the molecular mechanism involved.

## RESULTS

Our data suggested that BAs could reverse erastin-induced ferroptosis in GC cells. This effect correlated with increased glutathione (GSH) concentrations, a reduced GSH to oxidized GSH ratio, and higher GSH peroxidase 4 (GPX4) expression levels. Subsequently, we confirmed that BAs exerted these effects by activating FXR, which markedly increased the expression of GSH synthetase and GPX4. Notably, BACH1 was detected as an essential intermediate molecule in the promotion of GSH synthesis by BAs and FXR. Finally, our results suggested that FXR could significantly promote GC cell proliferation, which may be closely related to its anti-ferroptosis effect.

## CONCLUSION

This study revealed for the first time that BAs could inhibit ferroptosis sensitivity through the FXR-BACH1-GSH-GPX4 axis in GC cells. This work provided new insights into the mechanism associated with BA-mediated promotion of GC and may help identify potential therapeutic targets for GC patients with BAs reflux.

**Key Words:** Gastric cancer; Ferroptosis; Bile acids; Chenodeoxycholic acid; Farnesoid X receptor; Glutathione

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**Core Tip:** Gastric cancer (GC) is the fifth most common cancer worldwide and the third leading cause of cancer-related deaths. Bile acids (BAs) reflux is an essential carcinogenic factor in GC, but its role has not been absolutely elaborated. BAs could serve as signaling molecules to regulate the metabolic state in cells, which is closely related to ferroptosis. In the present experiment, we explored the role of BAs in the regulation of ferroptosis in GC cells. Our data suggested that BAs could significantly inhibit the ferroptosis sensitivity of GC cells and that this effect was exerted through the activation of the farnesoid X receptor-BTB and CNC homology 1-glutathione (GSH)-GSH peroxidase 4 axis.

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## INTRODUCTION

Gastric cancer (GC) is the fifth most common cancer worldwide and the third leading cause of cancer-related deaths because of the difficulties associated with early diagnosis [1]. Along with the improvement of life conditions, there is a noticeable decrease in the prevalence of *Helicobacter pylori* infection, which is the major causative factor of GC[2]. Bile acids (BAs) reflux, another etiologic factor for developing GC, is receiving more attentions[3]. BAs are cholesterol-derived sterols. These small-molecule metabolites play essential roles in the human body. They are amphiphilic and can thus participate in cholesterol absorption and secretion in the intestines[4]. Previous work has shown that BAs reflux is an independent risk factor for precancerous gastric lesions and gastric carcinogenesis[5,6]. For example, gastric mucosal damage can be induced by BAs through activation of the IL-6/JAK1/STAT3 pathway[5]. However, the mechanism by which BAs can promote GC progression remains unknown.

By activating BAs receptors, BAs can modulate immune responses, gastrointestinal mucosal barrier function, gestation, metabolic diseases, and carcinogenesis[7-10]. The farnesoid X receptor (FXR, NR1H4) is a typical BA receptor that has been well investigated. Cholic acid (CA) and chenodeoxycholic acid (CDCA) are the two predominant BAs in the human body[11], the latter of which is the most potent physiologic agonist of FXR[12]. FXR activation can remodel the metabolic state of cells, including glucose metabolism and lipid metabolism, which in turn is involved in the development of a variety of metabolic diseases and cancers, such as hepatocellular carcinoma[13]. However, further research on the role of FXR in GC patients with BAs reflux is required.

An altered metabolic state, also known as metabolic reprogramming, is a vital factor in cancer progression[14]. Ferroptosis, which is closely related to metabolism, may be involved in the effects of BAs and FXR in GC[15]. Ferroptosis is a novel type of cell death characterized by intracellular phospholipid peroxidation, distinct from apoptosis, pyroptosis, necroptosis, and autophagy[16,17]. This unique mode of cell death is regulated by a variety of factors, particularly oxidative stress. Glutathione (GSH) peroxidase 4 (GPX4) specifically recognizes peroxidized lipids and scavenges them by converting reduced GSH to oxidized GSH (GSSG) for anti-ferroptosis[18,19]. Therefore, GSH, as the substrate of GPX4, also has a key role in the resistance to ferroptosis. Changes in GSH metabolism will eventually lead to alterations in cellular sensitivity to ferroptosis[20]. Although ferroptosis has been reported in GC development and treatment[21,22],

few studies have described ferroptosis in GC with BAs reflux.

In the present study, we investigated the role of BAs, especially CDCA, in the regulation of ferroptosis sensitivity in GC. We subsequently identified the specific receptors for these BAs and further investigated the molecular mechanism.

## MATERIALS AND METHODS

### Reagents and antibodies

CA (S3742), dehydrocholic acid (DCA, S4562), CDCA (S1843), erastin (S7242), Ferrostatin-1 (Fer-1, S7243), and GW4064 (S2782) were purchased from Selleck Chemicals (Houston, TX, United States). RSL3 (HY-100218A) was purchased from MedChemExpress (Monmouth Junction, NJ, United States). Anti-GPX4 (67763-1-Ig, 1:2500), anti- $\beta$ -actin (HRP-66009, 1:5000), anti-FXR (25055-1-Ig, 1:1000), anti-GCLC (12601-1-AP, 1:4000), anti-GCLM (14241-1-AP, 1:4000), anti-GSS (67598-1-Ig, 1:4000), and anti-BTB and CNC homology 1 (BACH1, 14018-1-AP, 1:5000) antibodies were purchased from Proteintech (Wuhan, China).

### Cell culture

HGC-27 and MKN-45 cells were purchased from Procell (Wuhan, China) and cultured in MEM (for HGC-27) and RPMI-1640 (for MKN-45) medium (Gibco, Carlsbad, CA, United States) containing 10% fetal bovine serum (FBS; Gibco) and 1% Penicillin/Streptomycin (Gibco) at 37°C and 5% CO<sub>2</sub>. The cell lines were correctly identified by short tandem repeat (STR) analysis and periodically tested for mycoplasma.

### Cell transfection

Cells were seeded in 6-well plates ( $5 \times 10^5$  cells/well) and incubated for 18 h. Then, overexpression or short hairpin RNA plasmids for the indicated genes were transfected using Lipofectamine 2000 (Invitrogen, Carlsbad, CA, United States) for 48 h according to the manufacturer's instructions.

### Cell viability assay

Cells were seeded in 96-well plates (5000 cells/well) in complete medium. After incubation for 18 h, the indicated treatments were added to the cells and incubated for certain times. Then, 100  $\mu$ L complete medium containing 10  $\mu$ L cell count kit-8 reagent (CK04, Dojindo Laboratories, Kumamoto, Japan) was added to each well. After incubating the cells for 2 h, the absorbance value for each well was colorimetrically measured at a wavelength of 450 nm.

### GSH and Malondialdehyde assay quantification

The cells were collected after indicated stimuli. The GSH concentrations and GSH/GSSG ratio were quantified using the GSSG/GSH Quantification Kit (G263, Dojindo Laboratories, Kumamoto, Japan) according to the manufacturer's instructions. The results were quantified colorimetrically at a wavelength of 405 nm.

After the indicated treatments, the cells were collected and assayed using the Malondialdehyde (MDA) Assay Kit (S0131S, Beyotime, Shanghai, China) following the manufacturer's instructions to measure the levels of MDA. The results were quantified colorimetrically at a wavelength of 532 nm.

### Lipid reactive oxygen species assay

After the indicated treatments, BODIPY-589/591 C11 (D3861, Thermo Fisher Scientific, Waltham, MA, USA) was added to each well (10  $\mu$ M). After incubated at 37°C for 30 min, the cells were washed with PBS for three times. Subsequently, the nuclei were stained with DAPI (C1002, Beyotime) for 30 min at room temperature. Finally, the lipid reactive oxygen species was observed under a fluorescence microscope with 488 nm excitation.

### 5-ethynyl-2'-deoxyuridin staining

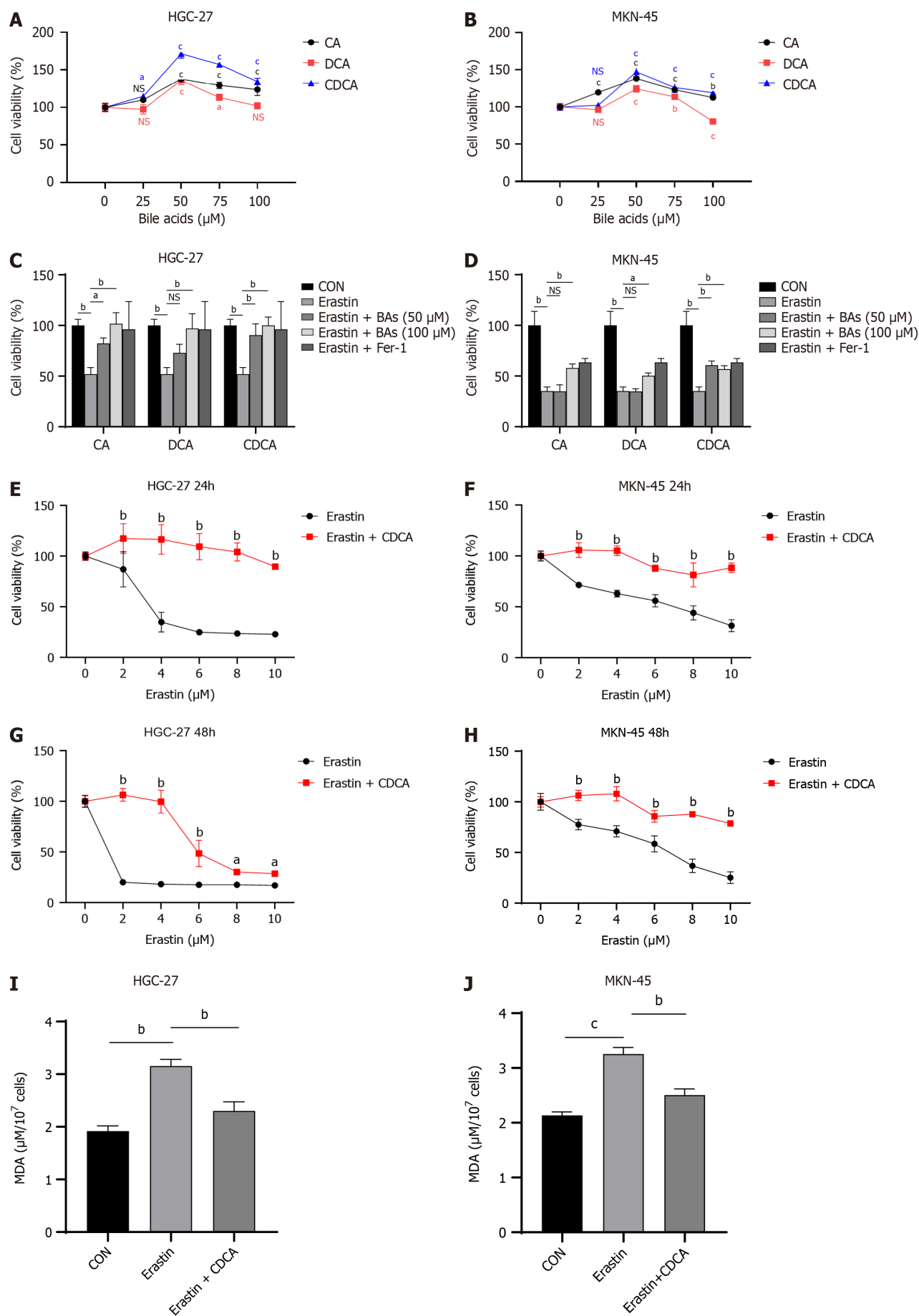
Cell proliferation rates under different treatment conditions were assessed using 5-ethynyl-2'-deoxyuridine (EdU) assays (Beyotime) according to the manufacturer's instructions.

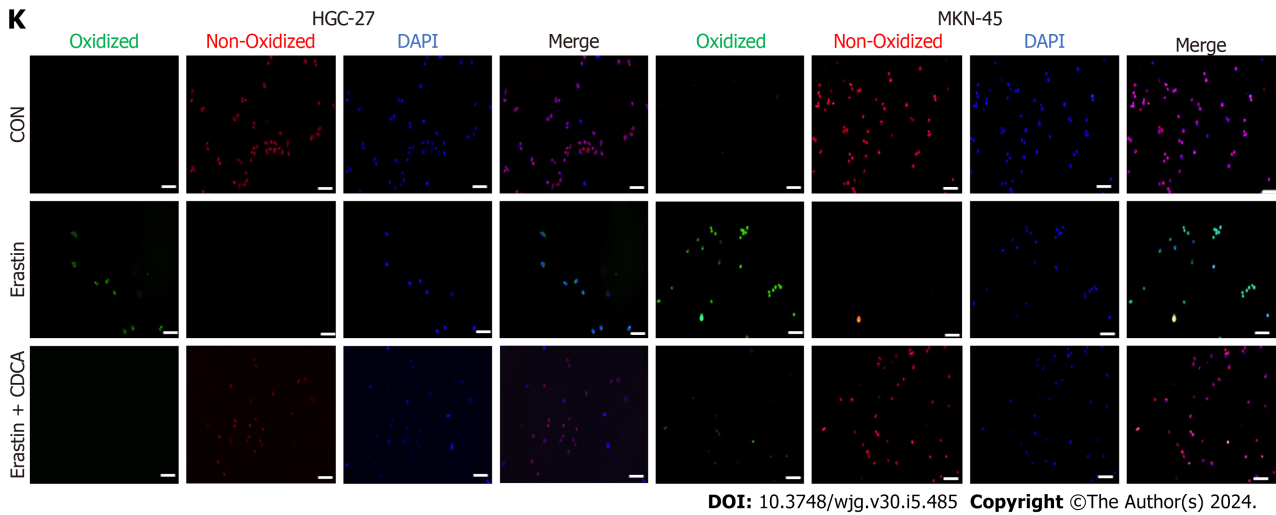
### Colony formation assay

Cells were seeded in 6-well plates (500 cells/well), treated with various stimuli, and incubated for 10 to 14 d. The cells were then rinsed three times with PBS and fixed with 4% paraformaldehyde at room temperature for 30 min. Subsequently, the fixed cells were treated with crystal violet at 4°C overnight.

### Western blot

Cells were lysed using RIPA buffer containing 1% Phenylmethanesulfonyl fluoride (PMSF, ST505, Beyotime, Shanghai, China) and 2% phosphatase inhibitor. The total protein concentration was quantified using the Bicinchoninic Acid Protein Assay Kit (ST505, Thermo Fisher Scientific, Waltham, MA, United States). Next, protein samples (30  $\mu$ g) were separated using 10% SDS-PAGE (PG212, EpiZyme, Shanghai, China). Then, the proteins were transferred to PVDF membranes, followed by blocking with 5% BSA (A8020, Solarbio, Beijing, China) at room temperature for 1 h. Afterwards, the membranes were incubated with primary antibodies at 4°C overnight. Subsequently, the membranes were washed with PBST and incubated with a goat anti-mouse or goat anti-rabbit secondary antibody for 1 h at room temperature. Finally,





**Figure 1** Bile acids enhanced proliferation and inhibited erastin-induced ferroptosis sensitivity in gastric cancer cells. A and B: Cell viability assay for HGC-27 and MKN-45 cells treated with three Bas; C and D: Cell viability assay for HGC-27 and MKN-45 cells treated with different concentration of BAs together with erastin (5  $\mu$ M); E-H: Cell viability assay for two gastric cancer cell lines stimulated with erastin followed by chenodeoxycholic acid (50  $\mu$ M) or control for 24 and 48 h; I and J: Malondialdehyde production in HGC-27 and MKN-45 cells; K: BODIPY-589/591 C11 staining to identify lipid reactive oxygen species in the cell lines under different treatments. Scale bar: 100  $\mu$ m. <sup>a</sup> $P$  < 0.05, <sup>b</sup> $P$  < 0.01, <sup>c</sup> $P$  < 0.001. These experiments were repeated three times. BAs: Bile acids; CA: Cholic acid; DCA: Dehydrocholic acid; CDCA: Chenodeoxycholic acid; MDA: Malondialdehyde; NS: Not significant.

the protein bands were visualized with ECL (Millipore) and quantified with ImageJ software (National Institutes of Health) the manufacturer's instructions.

### Statistical analyses

SPSS 22.0 software (Chicago, IL, United States) was used for data analysis. GraphPad Prism 8.0 (San Diego, CA, United States) software was used to create the images. Data are presented as mean  $\pm$  SD. One-way ANOVA was used to compare the differences between groups. A  $P$  value of less than 0.05 indicated statistical significance.

## RESULTS

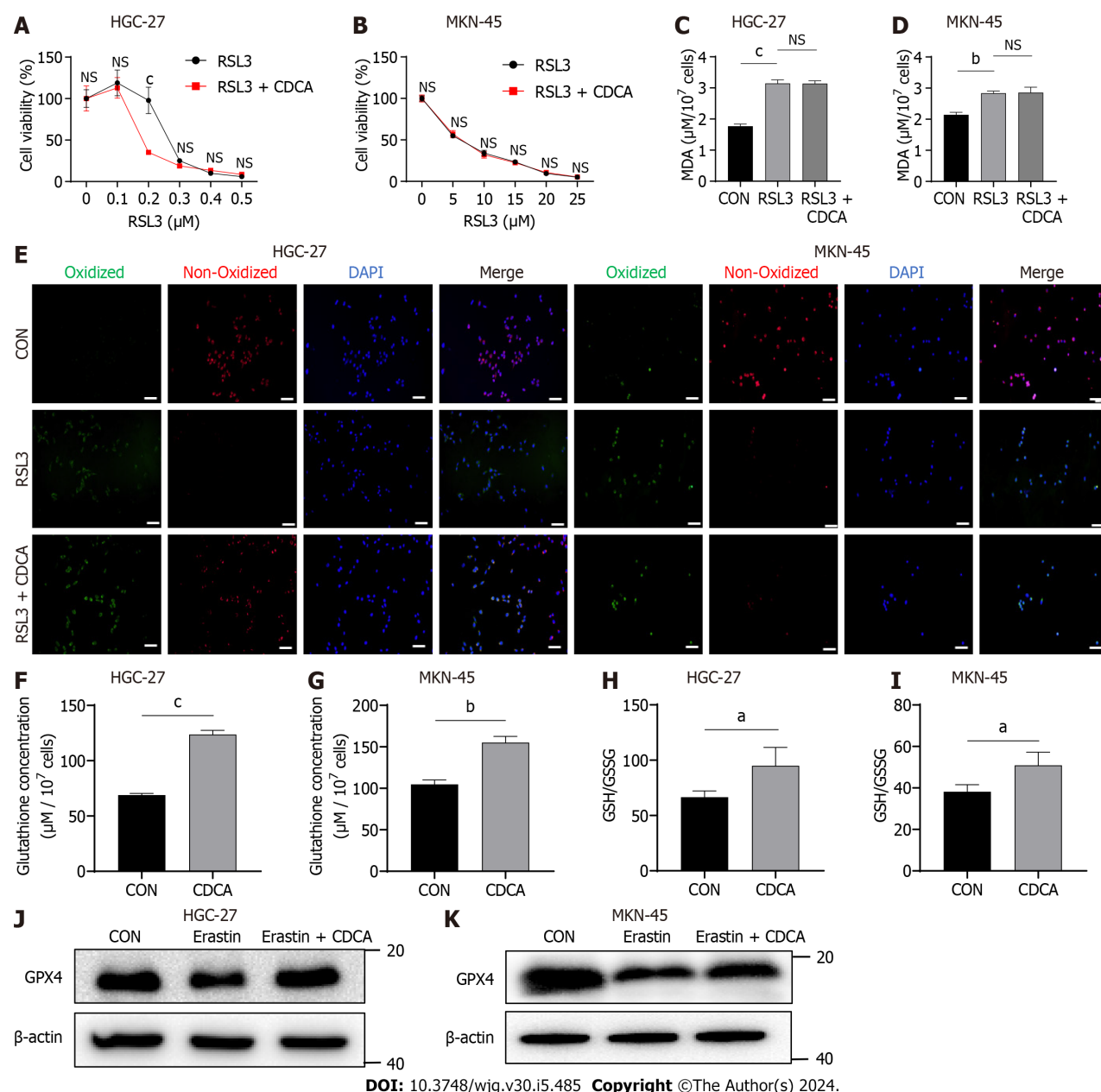
### BAs can promote GC cell proliferation and inhibit erastin-induced ferroptosis sensitivity in GC cells

It has been shown that BAs tend to induce gastric intestinal metaplasia prior to causing GC[23]. Thus, two GC cell lines, HGC-27 and MKN-45, were chosen because they were both classified as intestinal type GC cells[24]. Three common BAs including CA, DCA, and CDCA, were chosen to stimulate GC cells *in vitro*. The cell viability assay results suggested that these BAs could significantly promote GC cell proliferation rates, especially CDCA (Figure 1A and B). Subsequently, to investigate if they could modulate ferroptosis in GC cells, we examined the effects of the three BAs on HGC-27 and MKN-45 cell sensitivity to erastin, a classical inducer of ferroptosis. Interestingly, the GC cells treated with BAs exhibited higher viabilities compared with the controls, suggesting that the BAs possibly could support resistance to the ferroptosis induced by erastin (Figure 1C and D). Because it was the most effective BAs proved by above results and in previous study[23], CDCA was chosen in subsequent experiments. We then examined the effect of CDCA on the sensitivity to erastin-induced ferroptosis in GC cells at 24 and 48 h, respectively. The anti-ferroptosis effect was confirmed (Figure 1E-H). To exclude interference from other types of cell death, we performed the MDA assays (Figure 1I and J) and BODIPY-589/591 C11 staining (Figure 1K), which directly reflected ferroptosis and reconfirmed the anti-ferroptosis function of the BAs.

### BAs significantly upregulated GSH and GPX4 Levels in GC cells

The cystine-glutamate antiporter (xCT) is an essential anti-ferroptosis protein located on the cytomembrane that exchanges intracellular glutamate for extracellular cystine in a 1:1 ratio[25,26]. Mechanistically, erastin induces ferroptosis by acting on xCT and inhibiting its function. This thereby downregulates the levels of downstream GSH and GPX4, which inhibit the onset of ferroptosis[27]. Additionally, another classical ferroptosis inducer is RSL3, which targets and inactivates GPX4[28]. Therefore, to explore the anti-ferroptosis mechanism of CDCA, we examined its effect on RSL3-induced cell death using cell viability assays. Interestingly, CDCA did not ameliorate RSL3-induced GC cell death (Figure 2A and B), nor could it ameliorate the ferroptosis caused by RSL3 (Figure 2C-E). We therefore speculated that CDCA possibly exerted its anti-ferroptosis effect by upregulating GSH and GPX4 levels. To verify this hypothesis, we examined the GSH concentrations and GSH/GSSG ratio in CDCA-treated cells, finding that CDCA treatment significantly increased them compared with the control group (Figure 2F-I). Besides, CDCA also significantly attenuated the GPX4 protein expression downregulation induced by erastin, as seen with Western blot (WB) analysis (Figure 2J and K).



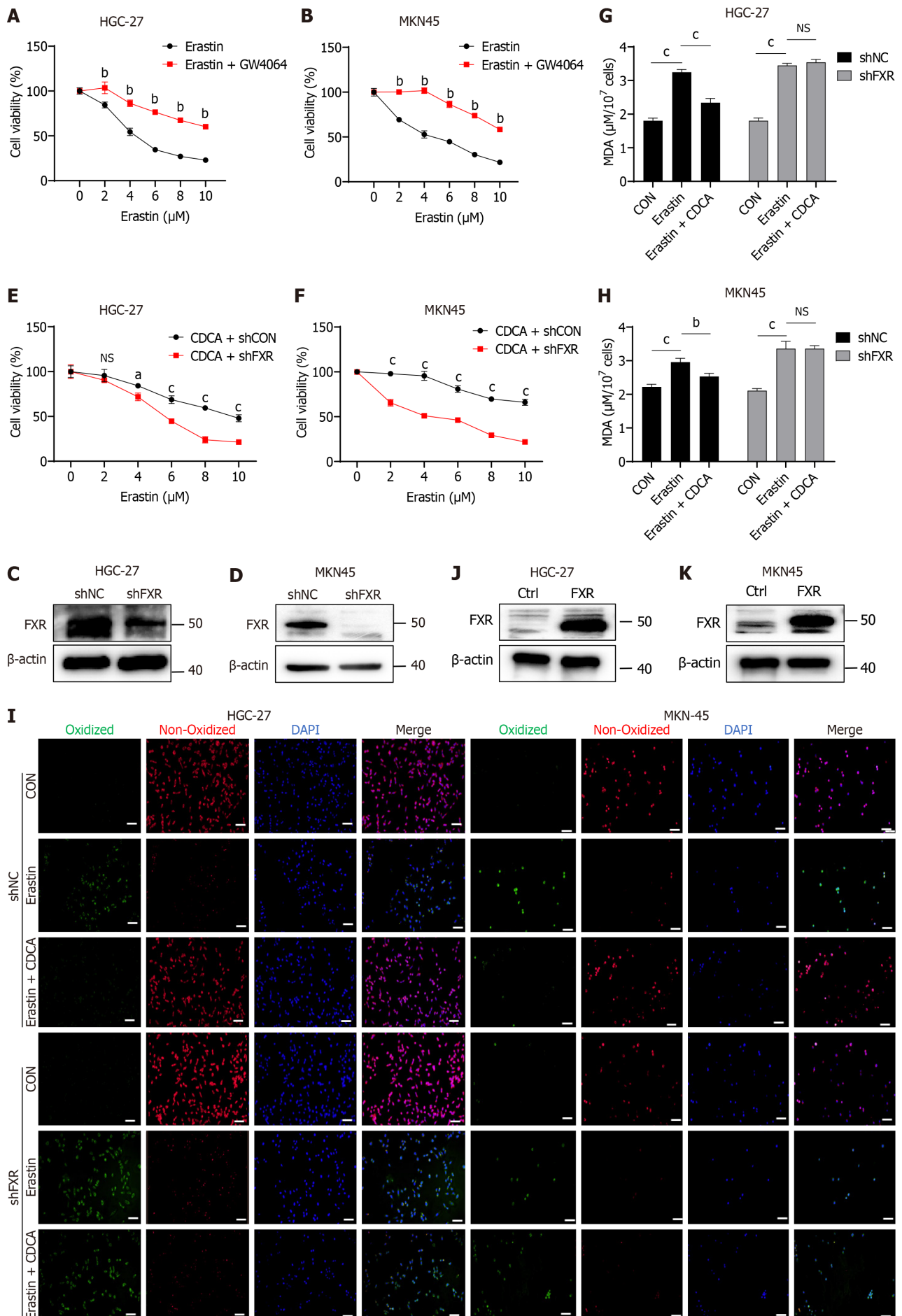


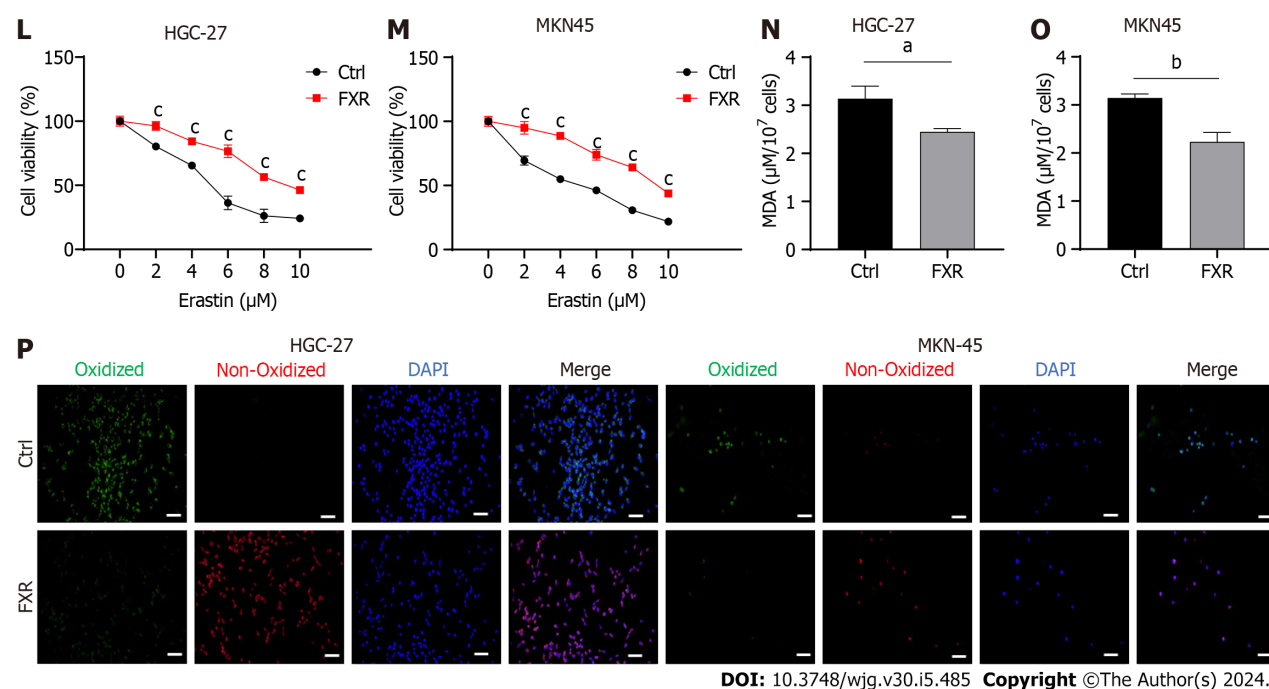
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**Figure 2** Bile acids significantly upregulated glutathione and glutathione peroxidase 4 in gastric cancer cells. A and B: Cell viability assay of two gastric cancer cell lines treated with RSL3 together with chenodeoxycholic acid (CDCA) or control; C and D: Malondialdehyde production in HGC-27 and MKN-45 cells treated with RSL3 (0.2 μM for HGC-27, 10 μM for MKN-45) followed by CDCA or control; E: BODIPY-589/591 C11 staining to identify lipid reactive oxygen species in the cell lines treated with RSL3 (0.2 μM for HGC-27, 10 μM for MKN-45) followed by CDCA or control; F and G: The glutathione (GSH) concentrations were measured in cells treated with CDCA; H and I: The GSH/oxidized GSH ratio was measured in cells treated with CDCA; J and K: Western blot analysis of glutathione peroxidase 4 protein expression in HGC-27 and MKN-45 cells under different stimuli. Scale bar: 100 μm. <sup>a</sup>*P* < 0.05, <sup>b</sup>*P* < 0.01, <sup>c</sup>*P* < 0.001. These experiments were repeated three times. CDCA: Chenodeoxycholic acid; MDA: Malondialdehyde; GPX4: Glutathione peroxidase 4; NS: Not significant.

### BA<sub>s</sub> exerted its anti-ferroptosis sensitivity function in GC cells by activating FXR

CDCA is the strongest FXR agonist in the human body [12]. Therefore, we hypothesized that CDCA acted through activating FXR to inhibit the sensitization of GC cells to ferroptosis. We firstly used GW4064, an *in vitro* agonist of FXR, and found that the ferroptosis sensitivity of GC cells treated with GW4064 was significantly reduced (Figure 3A and B). Subsequently, we transfected shFXR and its control plasmid in HGC-27 and MKN-45 cells, constructing a cellular knockdown model of FXR to be successfully constructed by WB analysis (Figure 3C and D). Our data showed that after knocking down FXR, CDCA-induced erastin resistance was not observed (Figure 3E and F) and it could no longer reverse the onset of erastin-induced ferroptosis (Figure 3G-I). We further constructed an overexpression model of FXR in HGC-27 and MKN-45 cells (Figure 3J and K). FXR overexpression resulted in a significant enhancement of resistance to erastin-induced cell death in HGC-27 and MKN-45 (Figure 3L and M), as well as a significant reversal of ferroptosis (Figure 3N-P).





**Figure 3** Bile acids inhibited ferroptosis sensitivity of gastric cancer cells by activating farnesoid X receptor. A and B: Cell viability of erastin-treated HGC-27 and MKN-45 cells with or without GW4064 treatment; C and D: HGC-27 and MKN-45 cells were transfected with shFXR or shNC plasmid. Successful construction was confirmed by western blot analysis; E and F: Cell viability assay of GC cells treated with different concentrations of erastin and CDCA (50 μM) transfected with shFXR or shNC for 24 h; G-I: Malondialdehyde (MDA) production and BODIPY-589/591 C11 staining of GC cells transfected with shFXR or shNC plasmid and treated with erastin together with or without CDCA for 24 h; J and K: GC cells were transfected with control or FXR-coding plasmid and confirmed through western blot analysis; L and M: Cell viability assay of GC cells treated with different concentrations of erastin and CDCA (50 μM) transfected with control or FXR-coding plasmid for 24 h; N-P: MDA production and BODIPY-589/591 C11 staining of GC cells transfected with control or FXR-coding plasmid and treated with erastin together with or without CDCA for 24 h. Scale bar: 100 μm. <sup>a</sup>P < 0.05, <sup>b</sup>P < 0.01, <sup>c</sup>P < 0.001. These experiments were repeated three times. FXR: Farnesoid X receptor; NC: Negative control; CDCA: Chenodeoxycholic acid; MDA: Malondialdehyde; NS: Not significant.

### FXR significantly promoted GSH synthesis in GC cells

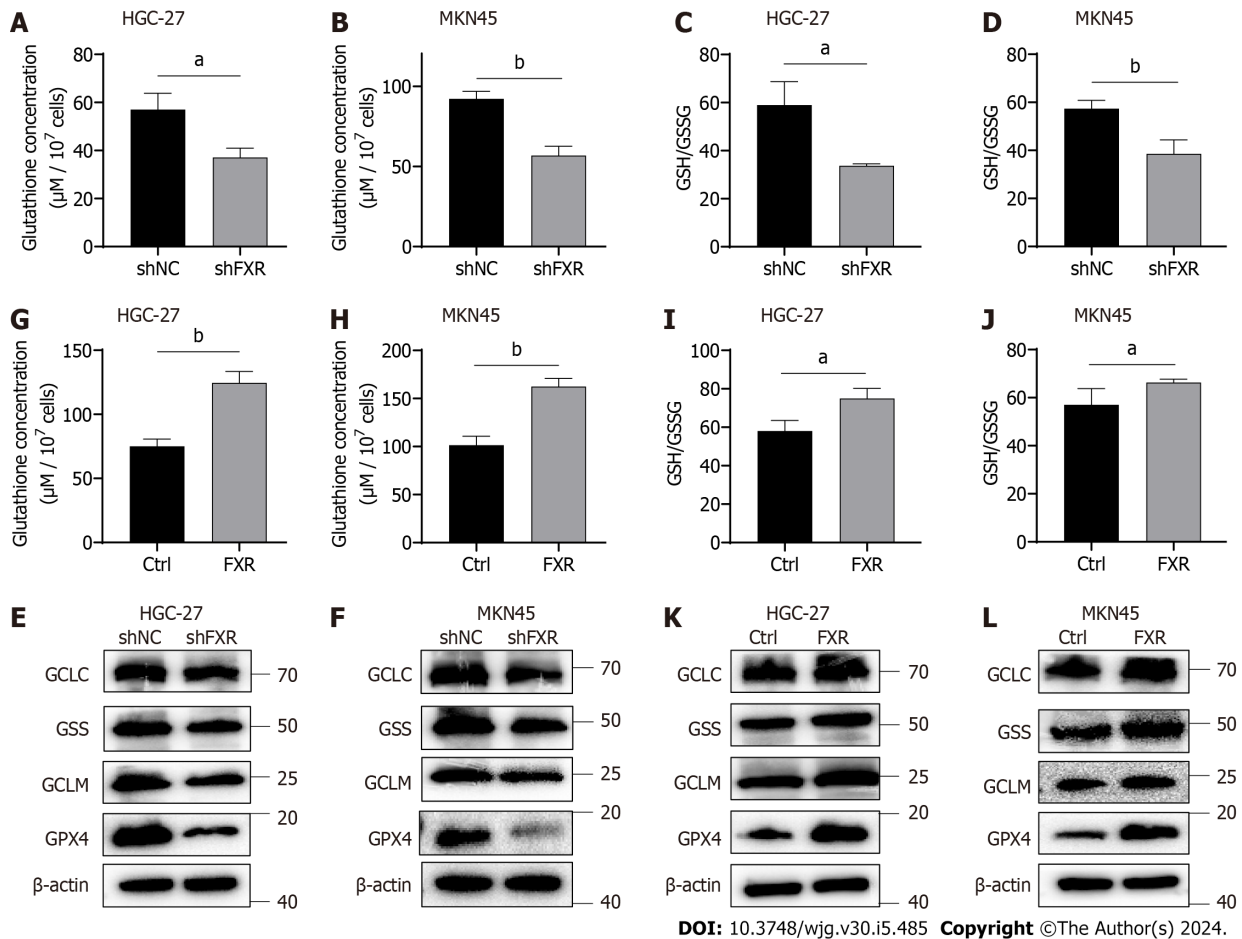
To investigate whether FXR could likewise increase intracellular GSH concentrations, we examined the effect of FXR on GSH levels. The results showed that GSH concentrations were significantly reduced after FXR knockdown in HGC-27 and MKN-45 cells (Figure 4A and B). The GSH/GSSG ratio, an indicator of cellular antioxidant capacity, was also significantly decreased after FXR knockdown (Figure 4C and D). We next examined the effect of FXR on the protein expression levels of GSH synthesis-related enzymes in GC cells using WB analysis, finding that FXR knockdown significantly reduced the expression of GSH synthases, including GCLC, GCLM and GSS. It also affected GPX4 expression levels, which used GSH as a substrate (Figure 4E and F). To further validate these observations, we repeated the above experiments using the FXR overexpression HGC-27 and MKN-45 cells. The results showed that overexpressing FXR in these GC cells led to increased GSH concentrations (Figure 4G and H), GSH/GSSG ratio (Figure 4I and J), and GSH synthase and GPX4 expression levels (Figure 4K and L).

### FXR exerted its anti-ferroptosis and pro-GSH synthesis effects correlating with inhibiting BACH1 in GC cells

Recently, FXR was shown to inhibit heme catabolism and increase heme levels by repressing HO-1 transcription[29]. Heme in high concentrations can inhibit BACH1, which can lead to decreased expression of GSH synthases[30,31]. Therefore, BACH1 is potentially a crucial bridge through which FXR exerted its effects. We firstly detected BACH1 protein expression using WB analysis in HGC-27 and MKN-45 cells with overexpression or knockdown of FXR expression. The results showed that knocking down FXR indeed significantly elevated BACH1 protein levels (Figure 5A and B), while overexpressing FXR significantly downregulated BACH1 expression (Figure 5C and D). To further validate the role of BACH1 in this system, we constructed overexpression models of BACH1 in HGC-27 and MKN-45 cells and verified (Figure 5E and F). We then transfected cells with the FXR overexpression plasmid together with the BACH1 overexpression plasmid and erastin treatment. This rescue experiment suggested that overexpression of BACH1 led to a significant reduction in ferroptosis resistance mediated by FXR, as seen with the MDA assay and BODIPY-589/591 C11 staining results (Figure 5G-I). Simultaneously, FXR-mediated enhancements of GSH concentrations (Figure 5J and K), GSH/GSSG ratio (Figure 5L and M), GSH synthase expression including GCLC, GCLM, GSS, and GPX4 (Figure 5N and O) were significantly reversed by overexpressed BACH1.

### FXR significantly promoted GC cells proliferation

To further determine the role of FXR in GC progression, we analyzed its biological functions in GC cells. As described above, knockdown models of FXR in HGC-27 and MKN-45 cells were constructed (Figure 3C and D). Subsequently, cell



**Figure 4** Farnesoid X receptor significantly promoted the synthesis of glutathione and the level of glutathione peroxidase 4 in gastric cancer cells. A-D: Alterations of glutathione (GSH) concentrations and the GSH/oxidized GSH (GSSG) ratio in HGC-27 and MKN-45 cells transfected with the shNC or shFXR plasmid; E and F: Protein expression of GCLC, GSS, GCLM, and GSH peroxidase 4 (GPX4) in HGC-27 and MKN-45 cells transfected with the shNC or shFXR plasmid; G-J: Alterations of GSH concentrations and the GSH/GSSG ratio in HGC-27 and MKN-45 cells transfected with the control or farnesoid X receptor (FXR)-coding plasmid; K and L: Protein expression of GCLC, GSS, GCLM, and GPX4 in HGC-27 and MKN-45 cells transfected with the control or FXR-coding plasmid. \* $P < 0.05$ , \*\* $P < 0.01$ . These experiments were repeated three times. FXR: Farnesoid X receptor; GPX4: Glutathione peroxidase 4.

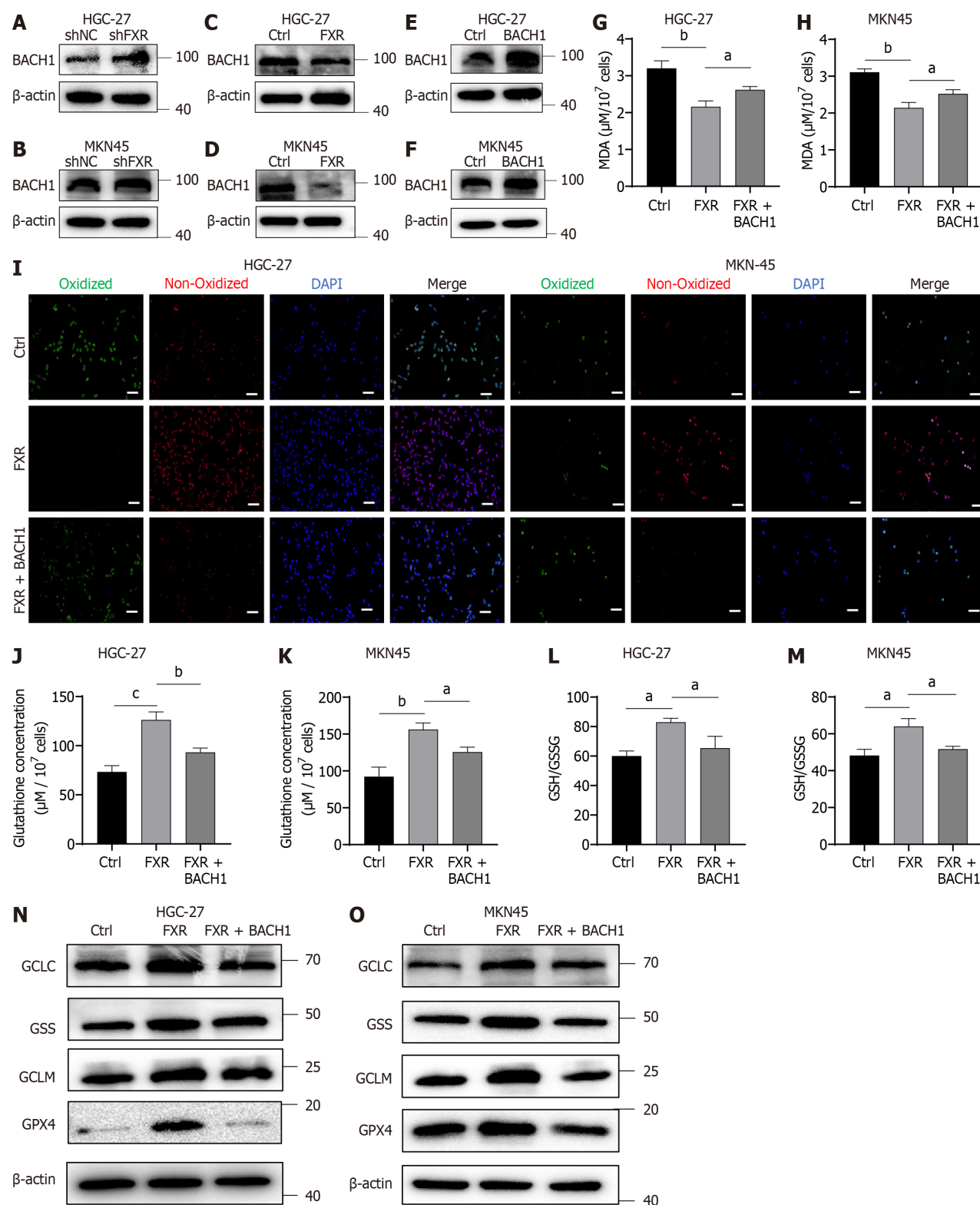
viability assays showed that GC cell proliferation rates were significantly reduced after FXR knockdown (Figure 6A and B). This was also confirmed by EdU staining, which showed that the proportion of actively proliferating GC cells was significantly reduced with lower FXR expression levels (Figure 6C and D). Additional assays likewise revealed that the colony formation ability of GC cells was significantly decreased after knocking down FXR (Figure 6E and F). Experiments with the overexpression model showed that FXR promoted GC cell proliferation (Figure 6G and H), facilitated the capacity of DNA replication (Figure 6I and J), and enhanced the colony formation ability (Figure 6K and L).

## DISCUSSION

GC is a major cause of cancer-related mortality in East Asia[32], but the molecular mechanisms and regulatory systems involved still need to be further elucidated. In the present study, we provided evidence that BAs can promote GC progression by inhibiting the ferroptosis sensitivity of GC, then explored the related mechanism in more detail.

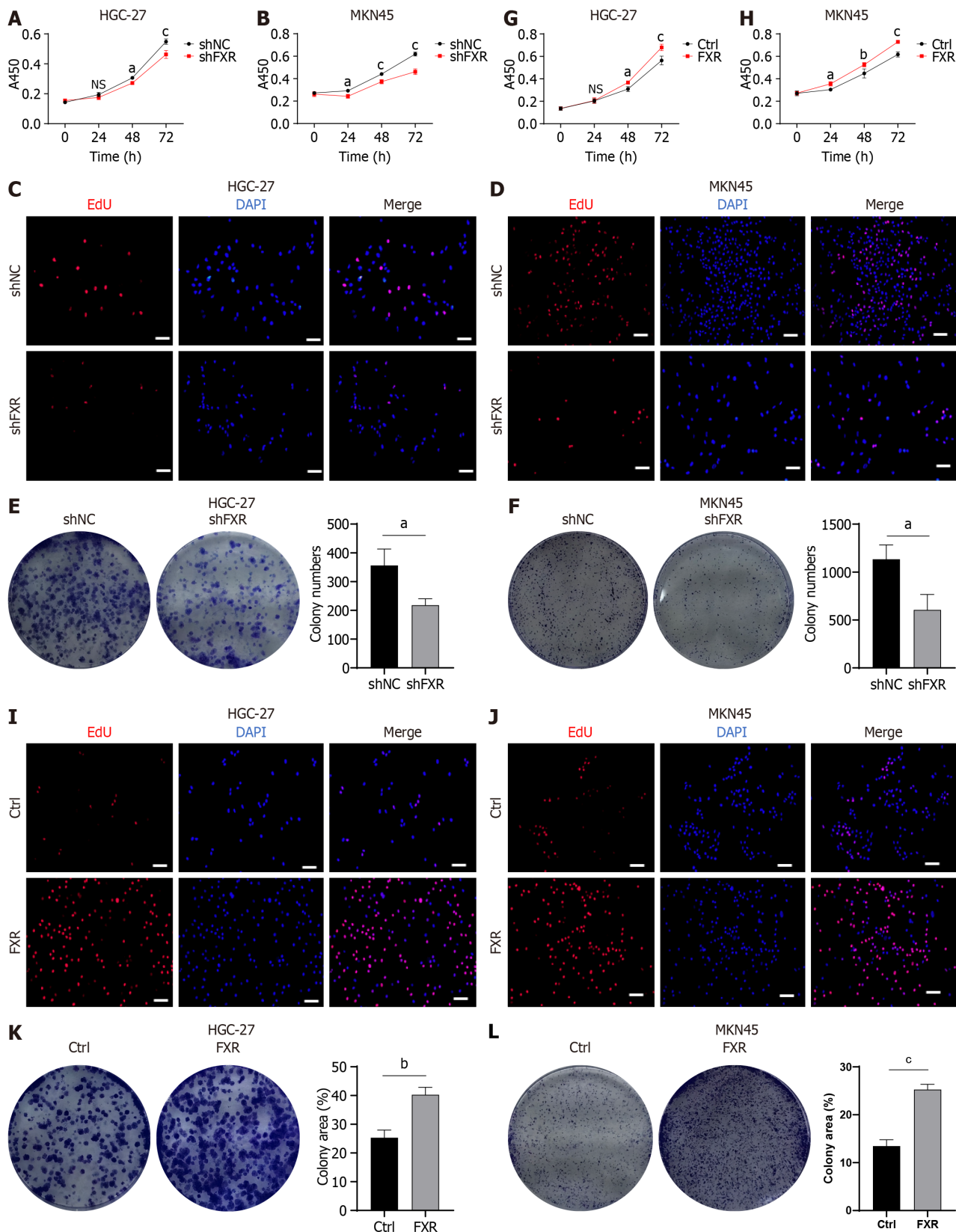
BAs are essential small-molecule metabolites that can act as signaling molecules in the onset and progression of many diseases in humans, including various cancers[33]. For example, BAs can promote gastric carcinogenesis *via* the IL-6/JAK1/STAT3 axis[5]. Since the discovery of ferroptosis, numerous studies have focused on its potential use as a therapeutic target in cancer, including in GC[34]. For instance, activation of the Wnt/beta-catenin signaling pathway significantly enhanced ferroptosis resistance in GC[35]. ACTL6A inhibits the onset of ferroptosis in GC by upregulating GCLC[36]. However, only a few studies have explored whether BAs can affect GC through regulation of ferroptosis. Our data indicated that several BAs, especially CDCA, significantly inhibit erastin-induced GC cell death. Additionally, we confirmed that erastin induced cell death through ferroptosis. Subsequently, we found that the BAs did not reverse cell death induced by RSL3, a ferroptosis inducer that targeted GPX4. This suggested that BAs may exert their anti-ferroptosis activity through GSH, which is downstream of the erastin target xCT and upstream of GPX4. Indeed, both the GSH concentration and the GSH/GSSG ratio were significantly elevated following treatment of GC cells with BAs. This





**Figure 5** Farnesoid X receptor exerted anti-ferroptosis effects by inhibiting BTB and CNC homology 1. A and B: Protein expression of BTB and CNC homology 1 (BACH1) in gastric cancer (GC) cells transfected with the shNC or shFXR plasmid for 24 h; C and D: Western blot (WB) analysis of BACH1 protein expression in GC cells transfected with the shNC or shFXR plasmid for 24 h; E and F: HGC-27 and MKN-45 cells were transfected with the control or BACH1-coding plasmid and confirmed through WB analysis; G-I: Malondialdehyde production and BODIPY-589/591 C11 staining of GC cells after transfection with the farnesoid X receptor (FXR)-coding plasmid together with or without the BACH1-coding plasmid and erastin treatment (5 μM) for 24 h; J-M: Alterations of glutathione (GSH) concentrations and the GSH/oxidized GSH ratio in HGC-27 and MKN-45 cells after transfection with the FXR-coding plasmid together with or without the BACH1-coding plasmid; N and O: WB analysis of GCLC, GSS, GCLM, and GSH peroxidase 4 protein expression after transfection with the FXR-coding plasmid together with or without the BACH1-coding plasmid. Scale bar: 100 μm. <sup>a</sup>*P* < 0.05, <sup>b</sup>*P* < 0.01, <sup>c</sup>*P* < 0.001. These experiments were repeated three times. FXR: Farnesoid X receptor; BACH1: BTB and CNC homology 1; GSH: Glutathione; GSSG: Oxidized glutathione; GPX4: Glutathione peroxidase 4.





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**Figure 6 Farnesoid X receptor promoted proliferation of gastric cancer cells.** A-F: Malignant proliferation assays, including cell viability (A and B), 5-ethynyl-2'-deoxyuridine (Edu) staining (C and D), and colony formation assays (E and F), were performed in gastric cancer (GC) cells after transfection with the shNC or shFXR plasmid; G-L: Cell viability (G and H); Edu staining (I and J), and colony formation assays (K and L) were performed in GC cells after transfection with the control or farnesoid X receptor-coding plasmid. Scale bar: 100  $\mu$ m. <sup>a</sup> $P < 0.05$ , <sup>b</sup> $P < 0.01$ , <sup>c</sup> $P < 0.001$ . These experiments were repeated three times. FXR: Farnesoid X receptor; Edu: 5-ethynyl-2'-deoxyuridine; NC: Negative control; NS: Not significant.

suggested that the BAs increased both GSH and GPX4 levels in GC cells, resulting in resistance to ferroptosis.

We hypothesized that CDCA regulates ferroptosis in GC cells by acting through FXR. FXR is a member of the nuclear hormone receptor superfamily, for which BAs are physiological ligands. Of these, CDCA has the strongest *in vivo* affinity for FXR[11,37]. Previous work demonstrated that FXR promotes gastric intestinal metaplasia, a precancerous lesion that can lead to GC development, *via* the FXR/SNAI2/miR-1 axis[38]. However, the role played by FXR in GC progression, and especially in ferroptosis, remained unknown. We found that GW4064, a classical *in vitro* FXR agonist, had similar effects on GC cell death as BAs. Subsequently, we performed FXR gain and loss of function assays and found that the anti-ferroptosis effect of the BAs was almost completely abolished by FXR knockdown, while FXR overexpression in the absence of BAs decreased GC cell ferroptosis. In addition, our data suggested that FXR can increase the expression of GSH synthases, including GSS, GCLC, and GCLM, as well as significantly increase the GSH concentration, GSH/GSSG ratio, and GPX4 expression in GC cells. These results suggest that BAs may inhibit ferroptosis by promoting GSH synthesis *via* FXR activation.

To clarify the mechanism by which FXR exerts its effects in the context of GC, we reviewed relevant studies and found that FXR suppresses the expression of HO-1, which can degrade heme, leading to inhibition of BACH1[29]. BACH1 belongs to the CNC b-Zip family of proteins and can inhibit intracellular synthesis of GSH[30,31,39]. Therefore, we considered whether BACH1 acts as a bridge between GSH synthesis and FXR. Our data indicated that FXR and BACH1 expression levels were inversely related, suggesting that FXR inhibits BACH1 expression. Subsequent functional rescue experiments revealed that BACH1 overexpression partially counteracted the pro-GSH synthesis and anti-ferroptosis effects of FXR. Finally, we investigated the effect of FXR on GC cell growth and found that FXR has marked oncogenic capacity, as it significantly increased GC cell proliferation rates, which may be closely related to the inhibition of GC cell ferroptosis by FXR.

This study had some limitations. Because of experimental restrictions, we were unable to perform *in vivo* experiments to validate our *in vitro* results. Additionally, we did not investigate the molecular mechanism by which FXR regulates BACH1; this requires further research.

## CONCLUSION

Overall, our study illustrates a novel strategy by which BAs regulate ferroptosis in GC cells, and provides new insights into the molecular mechanisms underlying BA-mediated promotion of GC progression. We found that ferroptosis plays an influential role in GC progression, raising the possibility that treatments targeting FXR and BACH1 could improve the outcomes of GC patients with BAs reflux.

## ARTICLE HIGHLIGHTS

### Research background

Gastric cancer (GC) is the fifth most common cancer worldwide and the third leading cause of cancer-related deaths because of the difficulties associated with early diagnosis. Bile acids (BAs) reflux, as an etiologic factor for GC, is receiving more attentions. BAs are engaged in the regulation of metabolism, and the latter is closely related to the ferroptosis. Thus BAs may be potentially relevant to the regulation of ferroptosis.

### Research motivation

To elaborate the relationship between BAs and ferroptosis in GC and to providing new insights into the precise treatment of GC patients with BAs reflux.

### Research objectives

In this study, we aimed to explore the role of BAs in regulating ferroptosis in GC and to investigate the underlying molecular mechanisms. The present study helps to further elucidate the pathophysiologic mechanisms in GC patients with BAs reflux.

### Research methods

The research methods are as follows: cell transfection, cell viability assay, glutathione (GSH) and Malondialdehyde assay quantification, lipid reactive oxygen species assay, 5-ethynyl-2'-deoxyuridine staining, colony formation assay, Western blot.

### Research results

Firstly, we found that BAs can promote GC cell proliferation and inhibit erastin-induced ferroptosis sensitivity through upregulate GSH and GSH peroxidase 4 (GPX4). Secondly, BAs exerted its anti-ferroptosis sensitivity function in GC cells by activating farnesoid X receptor (FXR) which significantly promoted GSH synthesis. Subsequently, BTB and CNC homology 1 (BACH1) provided an essential bridging role in BAs and FXR facilitating GSH synthesis. Finally, the notable oncogenic effects of FXR were discovered.

## Research conclusions

BAs could inhibit ferroptosis sensitivity through the FXR-BACH1-GSH-GPX4 axis in GC cells.

## Research perspectives

The findings of this basic study will be validated in *in vivo* experiments and clinical specimens to clarify whether FXR and BACH1 can serve as therapeutic targets for GC patients with BAs reflux.

## FOOTNOTES

**Author contributions:** Zhong MW, Zhu JK and Zhang GY designed and coordinated the study; Liu CX, Gao Y, Jin X and Zhang Y performed the experiments, acquired and analyzed data; Liu CX, Xu Q and Ding HX, interpreted the data; Liu CX, Li BJ, Du FK, Li LC and Zhang GY wrote the manuscript; Xu XF revised this study; all authors approved the final version of the article.

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