



## CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/ Page
<b>Title</b>	<b>1</b>	The words“case report”should be in the title along with the area of focus	<u>Not applied</u>
<b>Key Words</b>	<b>2</b>	Four to seven key words— include“case report”as one of the keywords	<u>22-23 【3】</u>
<b>Abstract</b>	<b>3 a</b>	Background: What does this case report add to the medical literature?	<u>3-11 【3】</u>
	<b>3 b</b>	Case summary: chief complaint, diagnoses, interventions, and outcomes	<u>12-17 【3】</u>
	<b>3 c</b>	Conclusion: What is the main“take-away”lesson from this case?	<u>18-19 【3】</u>
<b>Introduction</b>	<b>4</b>	The current standard of care and contributions of this case—with references(1- 2 paragraphs)	<u>19 【7】 -18 【6】</u>
<b>Timeline</b>	<b>5</b>	Information from this case report organized into a timeline(table or figure)	<u>Not applied</u>
<b>Patient Information</b>	<b>6 a</b>	De-identified demographic and other patient or client specific information	<u>21 【7】 -4 【8】</u>
	<b>6 b</b>	Chief complaint— what prompted this visit?	<u>22 【7】 -4 【8】</u>
	<b>6 c</b>	Relevant history including past interventions and outcomes	<u>21-22 【7】</u>
<b>Physical Exam</b>	<b>7</b>	Relevant physical examination findings	<u>23 【7】 -4 【8】</u>
<b>Diagnostic Assessment</b>	<b>8 a</b>	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>5 【8】 -2 【9】</u>
	<b>8 b</b>	Diagnostic reasoning including other diagnoses considered and challenges	<u>16 【8】 -2 【9】 Figures 1-3</u>
	<b>8 c</b>	Consider tables or figures linking assessment, diagnoses and interventions	<u>Not applied.</u>
	<b>8 d</b>	Prognostic characteristics where applicable	<u>7-9 【10】</u>
<b>Interventions</b>	<b>9 a</b>	Types such as life- style recommendations, treatments, medications, surgery	<u>18 【9】 -6 【10】</u>
	<b>9 b</b>	Intervention administration such as dosage, frequency and duration	<u>18 【9】 -6 【10】</u>
	<b>9 c</b>	Note changes in intervention with explanation	<u>Not applied.</u>
	<b>9 d</b>	Other concurrent interventions	<u>Not applied.</u>
<b>Follow- up and Out comes</b>	<b>10 a</b>	Clinician assessment (and patient or client assessed outcomes when appropriate)	<u>16 【8】 -2 【9】</u>
	<b>10 b</b>	Important follow-up diagnostic evaluations	<u>7-9 【10】</u>
	<b>10 c</b>	Assessment of intervention adherence and tolerability , including adverse events	<u>4-6 【10】</u>
<b>Discussion</b>	<b>11 a</b>	Strengths and limitations in your approach to this case	<u>12-16 【12】</u>
	<b>11 b</b>	Specify how this case report informs practice or Clinical Practice Guidelines(CPG)	<u>Not applied.</u>
	<b>11 c</b>	How does this case report suggest a testable hypothesis?	<u>4-18 【11】</u>
	<b>11 d</b>	Conclusions and rationale	<u>12-16 【12】</u>
<b>Patient Perspective</b>	<b>1 2</b>	When appropriate include the assessment of the patient or client on this episode of care	<u>7 【9】 -6 【10】</u>
<b>Informed Consent</b>	<b>1 3</b>	Informed consent from the person who is the subject of this case report is required by most journals	<u>8-9 【2】</u>
<b>Additional Information</b>	<b>14</b>	Acknowledgement section; Competing Interests; IRB approval when required	<u>5-6 【2】 , 21-23 【12】</u>