



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 4-6/Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 86-87/Page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Line 63-67/Page 3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 68-80/Page 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 81-84/Page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 101-128/Page 4-5
Timeline	5	Information from this case report organized into a timeline (table or figure)	Figure 1B
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 132/Page 5
	6b	Chief complaint—what prompted this visit?	Line 131-133/Page 5
	6c	Relevant history including past interventions and outcomes	Line 134-141/Page 5
Physical Exam	7	Relevant physical examination findings	Not applicable
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 147-150/Page 5
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 151-154/Page 6
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Figure 1B
	8d	Prognostic characteristics where applicable	Figure 1C-1D
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 160-175/Page 6
	9b	Intervention administration such as dosage, frequency and duration	Line 160-175/Page 6
	9c	Note changes in intervention with explanation	Not applicable
	9d	Other concurrent interventions	Not applicable
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 156-158/Page 6
	10b	Important follow-up diagnostic evaluations	Line 177-192/Page 6-7
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 191-196/Page 7
Discussion	11a	Strengths and limitations in your approach to this case	Line 268-274/Page 9
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 268-274/Page 9
	11c	How does this case report suggest a testable hypothesis?	Line 268-274/Page 9
	11d	Conclusions and rationale	Line 268-274/Page 9
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Not applicable
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 278-279/Page 9-10
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 276-288/Page 9-10