



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	_____ 1/1
Key Words	2	Four to seven key words—include “case report” as one of the key words	_____ 25/2
Abstract	3a	Background: What does this case report add to the medical literature?	_____ 4/1
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	_____ 13/1
	3c	Conclusion: What is the main “take-away” lesson from this case?	_____ 21/1
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	_____ 31-33/2
Timeline	5	Information from this case report organized into a timeline (table or figure)	_____
Patient Information	6a	De-identified demographic and other patient or client specific information	_____ 58/3
	6b	Chief complaint—what prompted this visit?	_____ 58-59/3
	6c	Relevant history including past interventions and outcomes	_____ 62/3
			_____ 67/3
Physical Exam	7	Relevant physical examination findings	_____ 75/2
Diagnostic	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	_____ 81-85/4
Assessment	8b	Diagnostic reasoning including other diagnoses considered and challenges	_____ 67/3
	8c	Consider tables or figures linking assessment, diagnoses and interventions	_____ 106-113/5
	8d	Prognostic characteristics where applicable	_____
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	_____ 99/4
	9b	Intervention administration such as dosage, frequency and duration	_____ 119/5
	9c	Note changes in intervention with explanation	_____
	9d	Other concurrent interventions	_____
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	_____ 116/5
	10b	Important follow-up diagnostic evaluations	_____ 117/5
	10c	Assessment of intervention adherence and tolerability, including adverse events	_____ 120/5
Discussion	11a	Strengths and limitations in your approach to this case	_____ 186/8
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	_____ 160/7
	11c	How does this case report suggest a testable hypothesis?	_____
	11d	Conclusions and rationale	_____ 201/8
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	_____
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	_____ 211/8
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	_____ 229/9