

Specific Comments to Authors:

Lifestyle modification is an important aspect of dealing patients with NAFLD as there is no specific treatment available. Health programs should not only focus on engagement but also on how to retain subjects in the program. The authors in this study have developed an Exercise and Diet Adherence Scale (EDAS) to rapidly assess adherence to lifestyle interventions in NAFLD patients. It is based on a practical lifestyle intervention compliance questionnaire that can be used in the context of lifestyle changes. It assesses the patient's compliance with the lifestyle intervention and may become an important tool for NAFLD clinical management. The study is well written with some typographic errors and spelling mistakes

Reply:

Dear Editor and Reviewer,

Thank you very much for your recognition of our research work. We have carefully proofread and revised the manuscript based on the comments, including engaging a professional editing service to polish the text, ensuring accuracy and fluency in expression.

Please feel free to contact us if there are any further revisions needed. We hope that our manuscript could be considered for publication in your journal. Thank you very much for your help.

May the joy and happiness around you today and always.

Yours respectfully,
Minghui Zeng