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PEER-REVIEW REPORT

Name of journal: World Journal of Gastroenterology

Manuscript NO: 91172

Title: Establishment and validation of an adherence prediction system for lifestyle

interventions in non-alcoholic fatty liver disease

Provenance and peer review: Unsolicited Manuscript; Externally peer reviewed

Peer-review model: Single blind

Reviewer's code: 02527640 **Position:** Editorial Board

Academic degree: AGAF, FACG, FACP, FCPS, FRCP, FRCPE, MBBS

Professional title: Professor

Reviewer's Country/Territory: Pakistan

Author's Country/Territory: China

Manuscript submission date: 2023-12-24

Reviewer chosen by: AI Technique

Reviewer accepted review: 2023-12-24 17:10

Reviewer performed review: 2023-12-31 06:43

Review time: 6 Days and 13 Hours

	[] Grade A: Excellent [Y] Grade B: Very good [] Grade C:
Scientific quality	Good
	[] Grade D: Fair [] Grade E: Do not publish
Novelty of this manuscript	[] Grade A: Excellent [Y] Grade B: Good [] Grade C: Fair [] Grade D: No novelty
Creativity or innovation of	[] Grade A: Excellent [Y] Grade B: Good [] Grade C: Fair
this manuscript	[] Grade D: No creativity or innovation



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Scientific significance of the conclusion in this manuscript	[] Grade A: Excellent [] Grade B: Good [Y] Grade C: Fair [] Grade D: No scientific significance
Language quality	[] Grade A: Priority publishing [Y] Grade B: Minor language polishing [] Grade C: A great deal of language polishing [] Grade D: Rejection
Conclusion	[] Accept (High priority) [] Accept (General priority) [Y] Minor revision [] Major revision [] Rejection
Re-review	[]Yes [Y]No
Peer-reviewer statements	Peer-Review: [Y] Anonymous [] Onymous Conflicts-of-Interest: [] Yes [Y] No

SPECIFIC COMMENTS TO AUTHORS

Lifestyle modification is an important aspect of dealing patients with NAFLD as there is no specific treatment available. Health programs should not only focus on engagement but also on how to retain subjects in the program. The authors in this study have developed an Exercise and Diet Adherence Scale (EDAS) to rapidly assess adherence to lifestyle interventions in NAFLD patients. It is based on a practical lifestyle intervention compliance questionnaire that can be used in the context of lifestyle changes. It assesses the patient's compliance with the lifestyle intervention and may become an important tool for NAFLD clinical management. The study is well written with some typographic errors and spelling mistakes