

Name of journal: World Journal of Clinical Pediatrics

ESPS Manuscript NO: 21368

Manuscript Type: THERAPEUTICS ADVANCES

Call to choice, agenda, resilience and emotion: Minimizing pediatric healthcare-induced anxiety and trauma

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Abstract

Frequently, episodes of care such as preventive clinic visits, acute care, medical procedures, and hospitalization can be emotionally threatening and psychologically traumatizing for pediatric patients. Children are often subject to psychological trauma, demonstrated by anxiety, aggression, anger, and similar expressions of emotion, because they lack control of their environment. This sense of helplessness, coupled with fear and pain can cause children to feel powerless in healthcare settings. These emotional responses can delay important medical treatment, take more time to complete and can reduce patient satisfaction. Healthcare professionals are uniquely positioned to prevent

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