



21849-Review

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SIMILARName of Journal: *World Journal of Gastrointestinal Pathophysiology*

ESPS Manuscript NO: 21849

Manuscript Type: Editorial

Mucosal healing in inflammatory bowel disease: Maintain or de-escalate therapy

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Abstract

In the past decade, thanks to the introduction of biologic therapies, a new therapeutic goal, mucosal healing (MH), has been introduced. MH is the expression of an arrest of disease progression, resulting in minor hospitalizations, surgeries, and prolonged clinical remission. MH may be achieved with several therapeutic strategies reaching success rates up to 80% for both, ulcerative colitis and Crohn's disease. Various scoring systems for ulcerative colitis and for the transmural Crohn's disease, have been proposed to standardize the definition of MH. Several attempts have been undertaken to de-escalate

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The induction period benefits of IFX inducing remission was not maintained to ... Complete endoscopic healing at baseline, defined by Crohn's Disease ... combination therapy in case of deep remission (including mucosal healing) A proposed therapeutic algorithm to de-escalate treatment in IBD is presented in Figure 1.

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