

Reviewer #1:

Scientific Quality: Grade C (Good)

Language Quality: Grade B (Minor language polishing)

Conclusion: Minor revision

Specific Comments to Authors: In this paper, the authors investigated the effect of follow-up protocol based on the Omaha System on self-care ability and quality of life of gastrointestinal surgery patients. They concluded that the follow-up program intervention based on Omaha System for IBD patients in gastrointestinal surgery can improve patients' disease awareness and treatment compliance, make them face the disease positively, reduce disease activity, and develop their self-nursing ability and quality of life. The theme of the study is interesting, and the paper is well written. However, the authors should address the following points. 1. Data and methods Section suggests that only the requirements for subjects and the research methods of this trial should be described, and the results should be placed in Section 3. 2. The methods are all describing the information of the Omaha system, but there is no clear description about Group A and Group B. 3. There are many errors in numbering in the article, such as: whether the number (3) of line 7 on page 6 should be number (4)? whether the number (4) of line 15 on this page should be number (5)? 2.2 Comparison of ESCA scores before and after the intervention, The number should be 3.2? Please check the full text. 4. The article has only 6 figures and needs to add Tables to list the important scale scores in each group.

R: The general information in the Data and methods section has been converted into tabular form and placed in the results section. Group A was treated with follow-up care based on the Omaha system, and group B was treated with routine care, which was clearly distinguished. The numbering error in this article has now been changed. Tables have been added to each section of the results.

Reviewer #2:

Scientific Quality: Grade C (Good)

Language Quality: Grade B (Minor language polishing)

Conclusion: Minor revision

Specific Comments to Authors: Dear Sir, I read with interest the manuscript entitled " Effects of an Omaha System-based follow-up regimen on self-care and quality of life in gastrointestinal surgery patients". This study is well examined and the design is also great. The methods of data analysis are very clear, and the results are presented well. However, some issues have to be addressed: a. The manuscript is well written and very interesting, however, authors should also presented the limitations of the study. b. In page 4, paragraph 2, the author describes 'the operation of the Group B and the group A agreed on the follow-up program intervention based on the Omaha system for a total of three months.' Is Group B and the group A all follow-up based on the Omaha system? c. It's too simple for all data to be presented only in figures. Please add some tables. Thank you for giving the opportunity to review this manuscript. If the author modifies the above, this manuscript can be published.

R: Limitations of the study have been added to the manuscript. Group A received follow-up care based on the Omaha system, and group B received routine care, paragraph 2 on page 4 has been changed due to a presentation error. Tables have been added to the manuscript.