

Long-term follow-up of IBS and IBD patients treated with the low FODMAP diet

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For bowel inflammation, see [Inflammatory bowel disease](#). ... [Irritable bowel syndrome \(IBS\)](#) or spastic colon is a symptom-based diagnosis. .... [IBS-like symptoms](#), and then [following](#) a procedure to categorize the [patient's](#) symptoms. .... One national guideline advises a [low FODMAP diet](#) for managing [IBS](#) when other dietary ...

[\[PDF\] A FODMAP Diet Update: Craze or Credible?](#)

[www.medicine.virginia.edu/clinical/.../Parrish\\_Dec\\_12.pdf](http://www.medicine.virginia.edu/clinical/.../Parrish_Dec_12.pdf)

The [term](#) was first made popular in the early 2000's when Dr. Peter Gibson and Dr. ... recommending specific [dietary treatment](#) of functional gastrointestinal ... [patients](#). The purpose of this article is to help understand the [FODMAP diet](#), its ... 82 [patients](#) who attended a [follow up](#) dietetic outpatient ... [diet](#) to [patients](#) with [IBD](#).

[Irritable Bowel Syndrome | PatientPlus](#)

[patient.info/doctor/irritable-bowel-syndrome-pro](http://patient.info/doctor/irritable-bowel-syndrome-pro)

[Irritable Bowel Syndrome](#) causes abdominal pain or discomfort. ... A 'morning rush' is common: [patients](#) feel the urgent need to defecate several times on getting [up](#), during ... pain, flatus and altered bowel habit, when using a [low- FODMAP diet](#). ... [IBS](#) is not associated with the [long-term](#) development of any serious disease, ...

[Irritable Bowel Syndrome: The Role of Food in Pathogenesis and ...](#)

[www.ncbi.nlm.nih.gov/pmc/articles/PMC4014048/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4014048/)

Although [up](#) to 50% of [patients](#) report postprandial exacerbation of ... Keywords: [Irritable bowel syndrome](#), diet, FODMAPs, gut hormones, gluten, food ... Fructans are oligo- or disaccharides composed of a [long](#) chain of fructose and ending ... Bifidobacteria were found in [patients](#) with [IBS](#) following a [low-FODMAP diet](#) than ...

[Psychological Aspects of Inflammatory Bowel Disease: A ... - Google 图书结果](#)

**Name of Journal:** World Journal of Gastroenterology

**ESPS manuscript NO:** 23208

**Manuscript Type:** ORIGINAL ARTICLE

*Retrospective study*

**Follow-up of patients with functional bowel symptoms treated with a low FODMAP diet**

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### **Abstract**

**AIM:** To investigate patient-reported outcomes from, and adherence to, a low FODMAP diet among patients suffering from irritable bowel syndrome and inflammatory bowel disease.

**METHODS:** Consecutive patients with irritable bowel syndrome (IBS) or inflammatory

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Up to 70% of patients reported adherence to the diet. We aimed to assess the effectiveness of low FODMAP diet advice in patients with IBD in the UK. ... and the gastrointestinal symptom rating scale (GSRS). ... Conclusion The low FODMAP diet appears to be an effective treatment option for patients with IBD and FGD ...

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This left 46 patients with follow up appointment data. ... Results Following treatment with the low FODMAP diet patients reported a lower incidence of each IBS symptom. ... as a key management strategy for functional gastrointestinal symptoms.

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As a functional gastrointestinal disorder (FGID), IBS has no known organic ... IBS-like symptoms, and then following a procedure to categorize the patient's symptoms. ... that up to 70% of IBS patients benefited from eating a low FODMAP diet. ... Rifaximin can be used as an effective treatment for abdominal bloating and ...

[Low FODMAP Diet Improves GI Symptoms in IBS - Medscape](#)

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## The Low FODMAP Diet Approach: Dietary Triggers for IBS ...

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2015年12月11日 - A relatively new dietary management approach – the Low FODMAP diet – has been ... to control symptoms associated with irritable bowel syndrome (IBS). ... Irritable bowel syndrome (IBS) affects up to one in five Americans. ... and are important for stool formation and normal bowel function. ... Treatment.

## Low FODMAP Diet Improves GI Symptoms in IBS - Medscape

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The Low FODMAP Diet Improves Gastrointestinal Symptoms in Patients With Irritable Bowel ... Background and aim: Current treatment for irritable bowel syndrome (IBS) is suboptimal. ... Results: Ninety patients with a mean follow up of 15.7 months were studied. .... Functional gastrointestinal disorders in New Zealand.

## Food Intolerance: Etiology, Diagnosis, Mechanisms, Evidence

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Patients who had previously had symptom improvement following low ... and functional gastrointestinal symptoms, showed that 56% of patients reported ... at follow-up in