



**KING KHALID UNIVERSITY
COLLEGE OF DENTISTRY
SCIENTIFIC RESEARCH COMMITTEE
RESEARCH PROPOSAL**



OFFICIAL USE ONLY

REGISTRATION NUMBER: SRC/REG/20____-____/____

REGISTRATION DATE: --/--/----

APPLICANT INFORMATION

Name: (Principal Investigator)	Dr.Amal Saeed Shaiban
Designation:	Assistant Professor
Department:	RDS
E-mail:	ashiban@kku.edu.sa
Contact Number:	580078887

CO-INVESTIGATORS

Se. Number	Names	Designation/ Intern/Student	Department	Affiliation
1	Dr.rafi A Togoo	Professor		
2				
3				
4				
5				

1. RESEARCH TITLE

English	Perceived Stress Among the Stuff in Saudi Arabian Dental Collage during Accreditation Proccess
Arabic	



2. RESEARCH TYPE:

- Post Authorization Clinical Trial (*Please fill ETHICAL CLEARANCE form*)
- Non Interventional Clinical Trial (*Please fill ETHICAL CLEARANCE form*)
- Animal Trial (*Please fill ETHICAL CLEARANCE form*)
- Questionnaire Survey (*Please fill ETHICAL CLEARANCE form*)
- Case Report/Case Series (*Please fill ETHICAL CLEARANCE form*)
- In-Vitro study involving bodily tissue collection (*Please fill ETHICAL CLEARANCE form*)
- Pure In-Vitro Laboratory Study
- Review

3. RESEARCH SUMMARY

(In 200-250 words explaining in brief about: Research Problem, Research Significance, Research Objectives and Research Methodology)

KKUCOD



In English:

The aim of the present observational study is to examine the effects of perceived stress on Among the Stuff in Saudi Arabian Dental Collage before and after the Program Accreditation Process, immediately before a accreditation commission site visit and again during the month following the visit. Although the the Commission review is critical to the survival of the health care organization being evaluated, job security of its employees, and the public perception of the institution, few studies have addressed the perception of stress during a commission site review among the stuff. However, researching the effects of a accreditation commission site visit on college employees is essential because they are integral to the accomplishment of accreditation and performance improvement. It is also important to study the effects of perceived stress on these workers during times of increased workload and performance pressure to help organizations take corrective action in order to help their employees cope with increased levels of job strain, minimize potential psychological and physiological consequences, and preserve job satisfaction and worker retention.

Methodology :

Employees from three dental collages (Abha,Jazan and Najran)will be randomly selected to complete questionnaires assessing their perception of stress and its effect on their well-being before and after accreditation.

Size of the sample will based on the number of the staff in each college.

The employees that will be selected for the study will receive a cover letter explaining the study, an informational form, and the study instruments. They will complete and return the questionnaire to the principal investigator.

The survey will design to explore the subjective experience of stress and its effect on the participants' well-being before and after Commission visit. The participants will have eight items in the pre- and postsurveys to assess their perception of stress and its effect on their well-being. A Likert-type scale will design to cover such factors as emotions, interpersonal relationships, somatic complaints, and cognitive functioning. And we will ask them to rate their subjective experience of job satisfaction, overall stress, sleep, anxiety, and depression, and preparation time prior to the visit.

In the previsit survey, we will ask the participants to best answer the questions as they related to the anticipated Joint Commission visit. The post visit survey will be sent to the designated participants approximately



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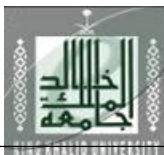
one month after the Joint Commission site visit.

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In Arabic:

4. RESEARCH PROBLEM AND SIGNIFICANCE



researching the effects of a accreditation commission site visit on college employees is essential because they are integral to the accomplishment of accreditation and performance improvement. It is also important to study the effects of perceived stress on these workers during times of increased workload and performance pressure to help organizations take corrective action in order to help their employees cope with increased levels of job strain, minimize potential psychological and physiological consequences, and preserve job satisfaction and worker retention.

5. RESEARCH OBJECTIVES

To examine the effects of perceived stress on Among the Stuff in Saudi Arabian Dental Collage before and after the Program Accreditation Process, immediately before a accreditation commission site visit and again during the month following the visit. Although the the Commission review is critical to the survival of the health care organization being evaluated, job security of its employees, and the public perception of the institution, few studies have addressed the perception of stress during a commission site review among the stuff.

6. REFERENCES

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3907189/>
<https://pubmed.ncbi.nlm.nih.gov/16441540/>
<https://pubmed.ncbi.nlm.nih.gov/14640813/>



7. RESEARCH METHODOLOGY

(Include details regarding: Research Design, Target population, Sampling method and Sample size, Inclusion and Exclusion criteria, Data Collection Instrument, Informed Consent, Ethical Considerations, Statistical Analysis)

Methodology :

Employees from three dental collages (Abha, Jazan and Najran) will be randomly selected to complete questionnaires assessing their perception of stress and its effect on their well-being before and after accreditation.

Size of the sample will be based on the number of the staff in each college.

The employees that will be selected for the study will receive a cover letter explaining the study, an informational form, and the study instruments. They will complete and return the questionnaire to the principal investigator.

The survey will be designed to explore the subjective experience of stress and its effect on the participants' well-being before and after Commission visit. The participants will have eight items in the pre- and post-surveys to assess their perception of stress and its effect on their well-being. A Likert-type scale will be designed to cover such factors as emotions, interpersonal relationships, somatic complaints, and cognitive functioning. And we will ask them to rate their subjective experience of job satisfaction, overall stress, sleep, anxiety, and depression, and preparation time prior to the visit.

In the pre-visit survey, we will ask the participants to best answer the questions as they related to the anticipated Joint Commission visit. The post-visit survey will be sent to the designated participants approximately one month after the Joint Commission site visit.

Note: Please attach a concise C.V for Principal Investigator with this proposal form

UNDERTAKING OF THE RESEARCH TEAM



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The research team undertakes that:

1. The text and graphics here in as well as any accompanying publications or other documents, unless otherwise indicated, are the original work of the signatories or individuals working under their supervision.
2. We agree to accept responsibility for the scientific and ethical conduct of this project.
3. The progress in our research project shall be reported to the Scientific and Research Committee at KKU, College of Dentistry on monthly basis.
4. In case of considering this research work for publication in any scientific journal/conference presentations, the authors/investigators will abide to the scientific and ethical content of the research as approved by the SRC.
5. Once the research manuscript is published, the authors shall provide the details to SRC.

Se. Number	Name	Role	Signature	Date
1.	(Principal Investigator)			
2.	Co-Investigator			
3.	Co-Investigator			
4	Co-Investigator			
5	Co-Investigator			
6	Co-Investigator			