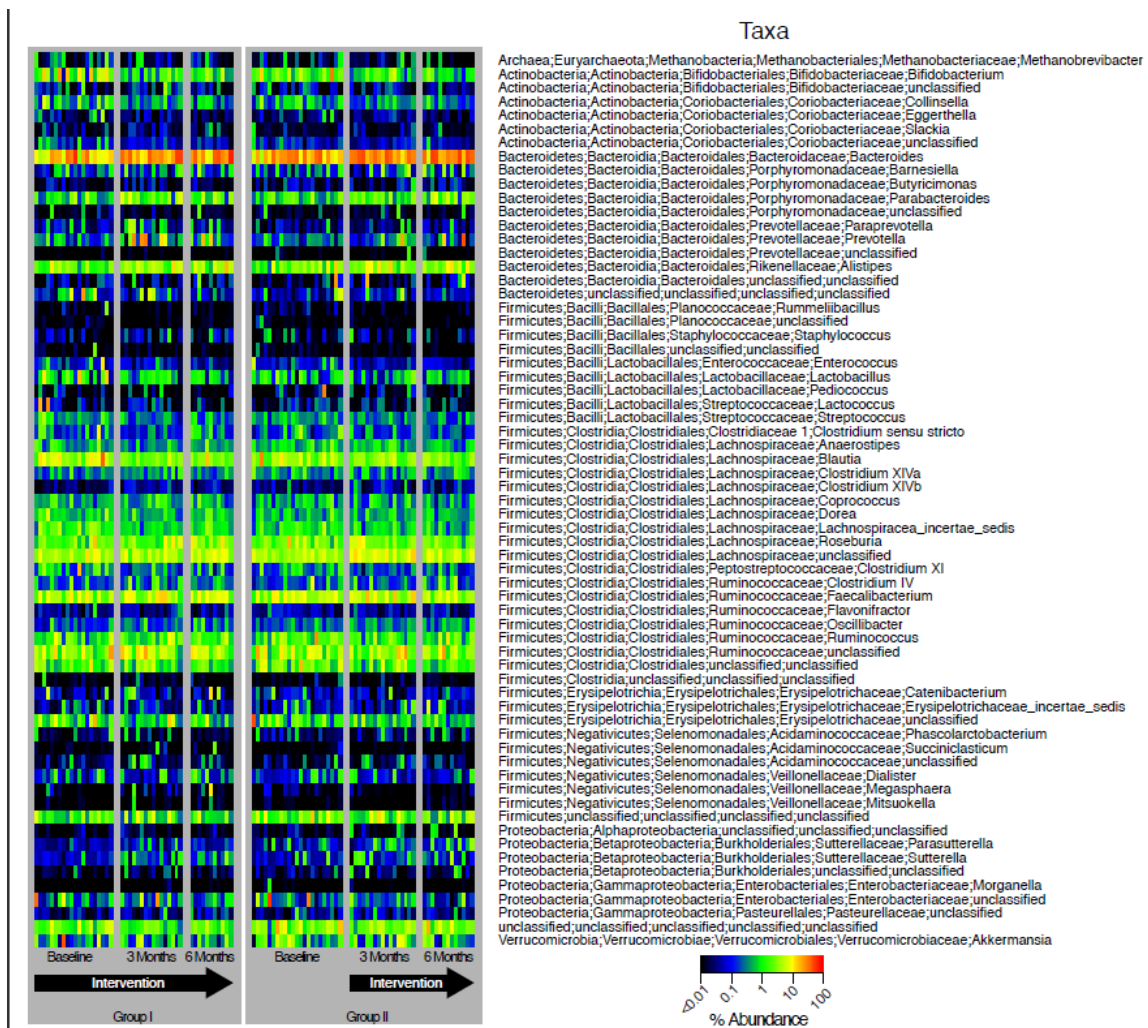


Supplementary figure 1. Principal Coordinate Analysis of Weighted UniFrac Distances. Each point represents a single sample and samples are colored by if they were thawed or not. Percentage of variation explained is denoted on the Axes.



Supplementary figure 2. Heat map showing the relative abundance of genus summarized abundances. Participants in Group I commenced the low FODMAP diet after the collection of baseline measures and began reintroducing foods to tolerance after the collection of 3 month data. Participants in Group II commenced the low FODMAP diet after the collection of the 3 month data.