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ORIGINAL ARTICLE

Retrospective Study

Prognostic factors of recurrent intrahepatic cholangiocarcinoma after hepatectomy: A retrospective study

Zi-Bo Yuan, Hong-Bo Fang, Quan-Kai Feng, Tao Li, Jie Li

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Abstract

BACKGROUND

Intrahepatic cholangiocarcinoma (ICC) is a highly malignant tumour. Hepatectomy is an effective treatment for early ICC, but postoperative recurrence greatly affects patient survival. Studies on recurrent ICC after hepatectomy are lacking.

AIM

To investigate the clinical characteristics of patients with recurrent ICC after hepatectomy, analyse prognostic factors and explore diagnosis and treatment strategies.

METHODS

A retrospective analysis was performed on all ICC patients undergoing hepatectomy from January 2013 to August 2021. Patients with postoperative recurrence were selected according to the inclusion and exclusion criteria. Cumulative overall survival was plotted by the Kaplan-Meier method, and differences were assessed by univariate survival analysis using the log-rank test. Multivariate analysis of cumulative survival was performed using the Cox proportional risk model.

RESULTS

During the 8-year study period, 103 patients underwent ICC-related hepatectomy, and 54 exhibited postoperative recurrence. The median disease-free survival (DFS) was 6 mo, the median overall survival (OS) was 9 mo, and the cumulative OS rates at 1, 2 and 3 years after the operation were 40.7%, 14.8% and 7.4%,



respectively. The median OS after recurrence was 4 mo, and the cumulative OS rates at 1, 2 and 3 years after recurrence were 16.1%, 6.7% and 3.4%, respectively. Multivariate analysis showed that alcohol consumption [hazard ratio (HR) = 4.64, 95% confidence interval (CI): 1.53-14.04, P = 0.007] and DFS < 6 mo (HR = 3.47, 95% CI: 1.59-7.60, P = 0.002) were independent risk factors for the cumulative survival of patients with recurrence, while treatment after recurrence (HR = 0.21, 95% CI: 0.08-0.55, P = 0.001) was an independent protective factor. The median OS time of patients receiving multimodality therapy after recurrence of ICC was 7 mo, which was significantly higher than that of patients receiving only local therapy (3 mo), patients receiving systematic therapy (4 mo) and patients receiving the best supportive therapy (1 mo). Patients with recurrent ICC who received multimodality therapy had a significantly better long-term survival after recurrence than those who did not (P = 0.026).

CONCLUSION

The prognosis of patients with recurrence after ICC-related hepatectomy is poor. Alcohol consumption and DFS < 6 mo are independent risk factors in terms of the cumulative survival of patients with recurrence, while treatment after recurrence is an independent protective factor. Multimodality therapy can effectively improve the prognosis of patients.

Key Words: Intrahepatic cholangiocarcinoma; Hepatectomy; Recurrence; Multimodality therapy; Prognosis

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Core Tip: With this 8-year retrospective study, we aimed to investigate the clinical characteristics, analyse the prognostic factors, and discuss therapeutic strategies for patients with recurrent intrahepatic cholangiocarcinoma (ICC) after hepatectomy. Multivariate analysis showed that alcohol consumption [hazard ratio (HR) = 4.64, 95% confidence interval (CI): 1.53-14.04, P = 0.007] and disease-free survival < 6 mo (HR=3.47, 95%CI: 1.59-7.60, P = 0.002) were independent risk factors for cumulative survival for patients with recurrence, while treatment after recurrence (HR=0.21, 95%CI: 0.08-0.55, P = 0.001) was an independent protective factor. We propose that multimodality therapy should be developed to improve long-term outcomes through the combined approach of local therapy, chemotherapy, targeted therapy, and immunotherapy.

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INTRODUCTION

Intrahepatic cholangiocarcinoma (ICC) is a highly malignant tumour originating from intrahepatic bile duct epithelial cells[1]. Liver cancer ranks sixth in the world in terms of incidence rate and third in terms of mortality rate[2]. ICC accounts for 10% to 15% of primary liver cancers[1]. In the last 30 years, the incidence and mortality rates of ICC have significantly increased worldwide[3]. Hepatectomy is an effective method for the treatment of early ICC[4]. However, ICC has highly malignant biological behaviour, and early recurrence and metastasis are extremely common, so the prognosis is poor[5]. The postoperative 5-year survival rate is only 20%-35%, and the recurrence rate is as high as 50%-70%, and these rates are much worse than those for hepatocellular carcinoma[6,7].

Prevention of ICC recurrence and treatment strategies after recurrence are extremely important to improve the overall survival (OS) time. The early recurrence of ICC is related to the characteristics of the tumour, while late recurrence is related to underlying liver diseases[8]. Studies[9] have shown that the presence of multiple tumours, microvascular invasion, and lymph node metastasis are risk factors for recurrence after hepatectomy. Age, liver disease, lymph node involvement, vascular invasion, multiple tumours, and tumour size are related to prognosis[10]. However, the risk factors affecting the long-term prognosis of patients with recurrent ICC after hepatectomy are not clear. The European Association for Liver Research[11] and the Italian Clinical Practice Guide[12] have pointed out that the treatment strategy for recurrent ICC is based on the clinical characteristics of the site of tumour recurrence. Recently, some studies[6,13] have reported various treatments for different types of recurrence. However, the best treatment strategy for the postoperative recurrence of ICC is still unclear.

In this study, the clinical characteristics and treatment statistics of patients with recurrent ICC after hepatectomy in our hospital were assessed to identify survival-related factors and explore strategies for diagnosis and treatment.

MATERIALS AND METHODS

Patients

The clinical data of 103 ICC patients who underwent hepatectomy in the First Affiliated Hospital of Zhengzhou University were analyzed retrospectively from January 2013 to August 2021. The diagnosis of ICC was based on liver pathological examination, and histological grading was based on the WHO grading system[14]. The tumour stage was determined according to the American Joint Council on Cancer (AJCC) 8th edition tumour-node-metastasis classification system[15]. The inclusion criteria were as follows: (1) Primary intrahepatic cholangiocarcinoma was confirmed by postoperative histopathology; (2) Liver function was considered Child-Pugh grade A or B; (3) Preoperative evaluation indicated that the patient could tolerate surgery without serious heart, lung, brain, and kidney vital organ lesions; and (4) Relapse was observed after hepatectomy. The exclusion criteria were as follows: (1) The patient had a preoperative history of malignant tumour; (2) Postoperative histopathology confirmed hepatocellular carcinoma or mixed liver cancer; or (3) Clinical records and follow-up information were incomplete. Finally, a total of 54 patients with recurrent ICC after hepatectomy were included (Figure 1). The study was approved by the Scientific Research and Clinical Trial Ethics Committee of the First Affiliated Hospital of Zhengzhou University (Ethical number 2021-KY-0464-001).

Treatment strategy for primary ICC-related hepatectomy

The mode of operation was determined according to the location and size of the tumour and the patient's liver function. The scope of resection was classified according to the international consensus standard[16]: Extended hepatectomy was performed in 16 cases (resection of liver tissue more than 3 segments), and local hepatectomy was performed in 38 cases (marginal partial hepatectomy or resection of liver tissue no more than 3 segments). Abnormal enlargement of lymph nodes was found during the operation or imaging examination before the operation, and the hepatic hilum, hepatoduodenal ligament, and posterior pancreatic lymph nodes were dissected. Lymph node dissection was performed in 19 of the 54 patients. According to National Comprehensive Cancer Network (NCCN) practice guidelines[17], 20 ICC patients were treated with adjuvant therapy after hepatectomy.

Follow-up and recurrence

After hepatectomy, all patients were followed up via outpatient visits or telephone calls. Follow-up was initiated 1 mo after intrahepatic cholangiocarcinoma resection, followed by follow-up visits every 3 mo for 2 years and every 6 mo after 2 years. Patients with postoperative recurrence of ICC were followed up once a month, and the last follow-up was in August 2021. During the follow-up period, the patient examinations included (1) Haematology examination, including assessment of liver and kidney function, serum tumour markers, and hepatitis viral load; and (2) Imaging examination, including chest plain film or nonenhanced CT, abdominal enhanced CT or MRI. To evaluate the progression of the disease, patients with recurrent ICC were examined by whole-body bone scan or PET-CT. Follow-up began at the time of hepatectomy and ended at the time of death or the last follow-up. Disease-free survival (DFS) was defined as the time from the date of surgery to the first recurrence of ICC. OS was defined as the time from the first recurrence after hepatectomy to death or the last follow-up.

Treatment strategies after relapse

For those who are diagnosed with tumour recurrence or metastasis, the treatment plan is determined according to the evaluation of the reserve function of the liver, the condition of the whole body, and the site of recurrence. The inclusion criteria of secondary hepatectomy were the same as those of primary hepatectomy. Patients with unresectable ICC are treated with local therapy, chemotherapy, targeted therapy, immunotherapy, and multimodality therapy.

Statistical methods

For descriptive statistics, continuous variables are expressed as medians, and categorical variables are expressed as numbers (%). Cumulative survival was plotted by the Kaplan-Meier method. The log-rank test was used to assess differences in the univariate survival analysis. Multivariate analysis of cumulative survival was performed using the Cox proportional risk model. Statistical analysis was performed using SPSS 26.0 software (IBM, Armonk, NY, United States). Differences were considered statistically significant at P < 0.05. An online tool (http://www.bioinformatics.com.cn) was applied to draw Venn digrams related to recurrent patterns.

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Figure 1 Patient flowchart.

RESULTS

Follow-up results and clinical characteristics of patients with recurrent ICC

By the end of follow-up, 54 ICC patients (54/103, 52.4%) had recurrence after hepatectomy. Patients were followed up for 2-94 mo, with a median DFS of 6 mo and a median OS of 9 mo. The 1-year, 2-year, and 3-year cumulative OS rates were 40.7%, 14.8%, and 7.4%, respectively (Figure 2). The median OS after recurrence was 4 mo, and the 1-year, 2-year and 3-year cumulative survival rates after recurrence were 16.1%, 6.7%, and 3.4%, respectively (Figure 3). The majority of patients (45/54, 83.3%) relapsed within 1 year, and the recurrence rate was 50% (27/54) within 6 mo after surgery. Venn diagrams showed that intrahepatic lesions (25/54, 46.3%) were the most common recurrence sites, followed by concurrent liver and lymph lesions (13/54, 24.1%) (Figure 4). The clinical and pathological features of patients with recurrence are shown in Table 1. Most of the patients were male (34/54, 63.0%), smokers (34/54, 63.0%), and alcohol consumers (44/54, 81.5%). Sixteen patients had hypertension, and 9 patients had diabetes. Twenty-four patients were associated with hepatitis B virus (HBV), and 9 patients associated with hepatitis C virus (HCV). Sixteen patients were treated with extensive hepatectomy, and lymph node dissection was performed in 19 patients. Postoperative pathological reports showed that 46 patients had single tumours, 22 patients had poorly differentiated tumours, and 12 patients had vascular tumour thrombi.

Prognostic factors in patients with ICC recurrence

According to the univariate analysis of patients with recurrent ICC, nine factors significantly affected the survival of patients (Table 1). Age, alcohol consumption, histological grade, biliary invasion, vascular tumour thrombi, DFS, preoperative and post-recurrence CA19-9 level, and treatment after recurrence were significant favorable prognostic indicators in patients with recurrent ICC. Multivariate Cox regression analysis showed that alcohol consumption, DFS < 6 mo and treatment after recurrence were independent factors affecting cumulative survival in patients with recurrence (Table 2). Early recurrence in ICC patients was associated with biliary invasion, vascular tumour thrombi, and high post-recurrence CA19-9 levels. Multivariate analysis proved that the risk of death from alcohol consumption was 4.64 times that of non-alcohol consumption, and this was independent of other prognostic factors. The mortality risk of patients with DFS < 6 mo was 3.47 times that of patients with DFS > 6 mo. Treatment after recurrence could significantly reduce the mortality risk.

Treatment after recurrence

Treatment patterns for patients with recurrent ICC are shown in Table 3. Fourteen patients received local therapy, 22 patients received systematic therapy, 6 patients received multimodality therapy, and 12 patients received supportive care therapy based on their condition. Figure 5 shows patients with recurrent ICC who received multimodality therapy had a significantly better long-term survival after recurrence than those who did not (P = 0.026, log-rank test). Among the patients who received local treatment, 2 patients had hepatectomy after recurrence; 1 patient had received local liver resection, and hepatectomy was performed again after 7 mo. the patient died due to multiple metastases. Another patient underwent laparoscopic hepatectomy for the primary lesion, but the tumour recurred 13 mo



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Table 1 Univariate analysis of prognostic factors after intrahepatic cholangiocarcinoma recurrence following hepatectomy

Factors	Cases, <i>n</i> (%)	Median survival after recurrence, mo (95%Cl)	P value ¹
Sex			0.123
Male	34 (63.0)	4.0 (1.2-6.8)	
Female	20 (37.0)	3.0 (1.1-4.9)	
Age (yr)			0.031
< 65	42 (77.8)	4.0 (2.3-5.8)	
≥ 65	12 (22.2)	3.0 (1.3-5.1)	
Smoking			0.059
No	20 (37.0)	5.0 (2.0-8.0)	
Yes	34 (63.0)	3.0 (1.0-4.1)	
Alcohol consumption			0.004
No	10 (18.5)	10.0 (3.0-17.0)	
Yes	44 (81.5)	3.0 (1.9-4.2)	
Hypertension			0.309
No	38 (70.4)	4.0 (2.4-5.6)	
Yes	16 (29.6)	4.0 (0.0-11.3)	
Diabetes			0.193
No	45 (83.3)	4.0 (2.5-5.5)	
Yes	9 (16.7)	8.0 (1.0-15.0)	
Hepatitis B			0.904
Negative	30 (55.6)	3.0 (1.3-4.7)	
Positive	24 (44.4)	5.0 (2.0-8.0)	
Hepatitis C			0.175
Negative	45 (83.3)	4 .0 (2.2-5.8)	
Positive	9 (16.7)	5.0 (2.1-7.9)	
Anti-hepatitis-virus			0.969
No	29 (53.7)	4.0 (2.4-5.6)	
Yes	25 (46.3)	5.0 (1.9-8.1)	
Cholelithiasis			0.181
No	44 (81.5)	4.0 (2.1-5.9)	
Yes	10 (18.5)	2.0 (0.0-4.8)	
CA19-9 (U/mL) (initial)			0.002
< 200	33 (61.1)	5.0 (1.8-8.2)	
≥ 200	21 (38.9)	2.0 (1.3-2.7)	
CEA (ng/mL) (initial)			0.356
< 5	34 (63.0)	4.0 (2.1-5.9)	
≥5	20 (37.0)	3.0 (0.8-5.2)	
Hepatectomy			0.855
Limited	38 (70.4)	4.0 (2.1-5.9)	
Extended	16 (29.6)	3 .0 (0.0-6.9)	
Lymph node dissection			0.909



No	35 (64.8)	4.0 (2.2-5.8)	
Yes	19 (35.2)	5.0 (2.1-7.9)	
Adjuvant treatment			0.619
No	34 (63.0)	3 .0 (0.1-5.9)	
Yes	20 (37.0)	4 .0 (2.7-5.3)	
Tumor size (cm)			0.884
< 5	14 (25.9)	4.0 (0.4-7.6)	
≥5	40 (74.1)	4 .0 (2.0-6.0)	
Multiplicity			0.803
Solitary	46 (85.2)	4.0 (1.4-6.6)	
Multiple	8 (14.8)	3.0 (1.3-4.7)	
Satellite nodules			0.953
No	34 (63.0)	4.0 (2.1-5.9)	
Yes	20 (37.0)	4.0 (2.4-5.6)	
Histological grade			0.021
PD	22 (40.7)	2.0 (1.2-2.8)	
WD or MD	32 (59.3)	5.0 (3.5-6.5)	
Vascular invasion			0.705
No	49 (90.7)	4.0 (2.1-5.9)	
Yes	5 (9.3)	5.0 (1.7-8.3)	
Lymph node metastasis			0.531
No	29 (53.7)	3.0 (0.9-5.1)	
Yes	25 (46.3)	5.0 (2.6-7.4)	
Perineural invasion			0.428
No	45 (83.3)	4.0 (2.5-5.5)	
Yes	9 (16.7)	2.0 (1.3-2.7)	
Biliary invasion			0.003
No	35 (64.8)	5.0 (2.6-7.4)	
Yes	19 (35.2)	2.0 (1.2-2.8)	
Vascular tumour thrombi			0.002
No	42 (77.8)	5.0 (3.2-6.8)	
Yes	12 (22.2)	2.0 (1.2-2.6)	
AJCC T category			0.196
T1-2	14 (25.9)	4.0 (0.0-11.3)	
T3-4	40 (74.1)	4.0 (2.1-5.9)	
DFS			0.003
< 6 mo	27 (50.0)	2.0 (0.7-3.3)	
≥6 mo	27 (50.0)	6.0 (2.3-9.7)	
CA19-9 (U/mL) (recurrence)			0.002
< 200	35 (64.8)	4.0 (1.3-6.7)	
≥200	19 (35.2)	2.0 (1.2-2.8)	
CEA (ng/mL) (recurrence)			0.378
< 5	41 (75.9)	4.0 (2.3-5.7)	

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≥5	13 (24.1)	7.0 (1.7-12.3)	
NLR (recurrence)			0.804
< 2	24 (44.4)	5.0 (2.8-7.2)	
≥2	30 (55.6)	2.0 (0.9-3.1)	
Recurrent site			0.334
Intrahepatic	24 (44.4)	4.0 (2.3-5.7)	
Extrahepatic	6 (11.2)	3.0 (0.0-11.6)	
Intrahepatic + extrahepatic	24 (44.4)	2.0 (0.4-3.6)	
Treatment after recurrence			< 0.001
No	12 (22.2)	2.0 (1.0-2.8)	
Yes	42 (77.8)	5.0 (2.9-7.1)	

¹Data are based on log-rank test.

N: Number; CI: Confidence interval; CA19-9: Serum carbohydrate antigen 19-9; CEA: Carcinoembryonic antigen; PD: Poor-differentiated; WD: Welldifferentiated; MD: Moderate differentiated; NLR: Neutrophil-to-lymphocyte ratio; AJCC: the American Joint Committee on Cancer; DFS: Disease free survival

Table 2 Multivariate analysis of prognostic factors after intrahepatic cholangiocarcinoma recurrence following hepatectomy

Factors	Multivariate analysis				
Factors	HR	95%CI	<i>P</i> value ¹		
Age (≥ 65 yr)	2.12	0.88-5.12	0.096		
Alcohol consumption (Yes)	4.64	1.53-14.04	0.007		
CA19-9 (≥ 200 U/mL) (initial)	2.63	0.94-7.35	0.065		
Histological grade (PD)	1.18	0.59-2.35	0.646		
Biliary invasion (Yes)	1.04	0.41-2.63	0.940		
Vascular tumor thrombus (Yes)	1.80	0.70-4.65	0.222		
DFS (< 6 mo)	3.47	1.59-7.60	0.002		
CA19-9 (≥ 200 U/mL) (recurrence)	1.13	0.47-2.71	0.785		
Treatment after recurrence (Yes)	0.21	0.08-0.55	0.001		

¹Data are based on Cox regression model.

CI: Confidence interval; CA19-9: Serum carbohydrate antigen 19-9; PD: Poor-differentiated; DFS: Disease free survival.

after surgery. Local hepatectomy and lymph node dissection were performed for the recurrent lesion. Table 4 shows the clinicopathological features of the 6 patients who received multimodality therapy for recurrence, of which 2 patients (No. 4, 6) survived, and 4 patients (No. 1, 2, 3, 5) died due to tumourrelated complications. Three patients with recurrence (No. 1, 2, 3) received the GEMOX regimen (1 g/m^2 gemcitabine on d 1 and 8 + 100 mg/m² oxaliplatin on d 1 with 21 d/cycle) after transarterial chemoembolization (TACE). One patient (No. 4) received local therapy after intrahepatic recurrence. Due to extrahepatic metastasis, the patient was switched to the SOX regimen (60 mg/d tegafur on d 1-14 + 130 mg/m² oxaliplatin on d 1 with 21 d/cycle) maintenance therapy. One patient with recurrence (No. 5) received the FOLFOX-4 regimen (400 mg/m² fluorouracil on d 1 and 2 + 200 mg/m² calcium folate on d 1 and 2 + 85 mg/m² oxaliplatin on d 1 with 14 d/cycle) after RFA. One patient (No. 6) received a tyrosine kinase inhibitor regimen + PD-1 inhibitor (250 mg/d apatinib mesylate + 200 mg camrelizumab on d 1 with 21 d/cycle) after RFA, and no disease progression was observed up to the submission date.

DISCUSSION

ICC is a rare invasive biliary tract tumour and primary liver malignancy with an increasing incidence worldwide[3]. Most patients are initially diagnosed with advanced ICC, and only 30% of ICCs can be



Table 3 Treatment of recurrent intrahepatic cholangiocarcinoma							
Treatment	n	Median DFS, mo (range)	MS after recurrence, mo (range)				
Local therapy	14	6 (1-86)	3 (1-36)				
Hepatectomy	2	10 (7-13)	25 (13-36)				
TACE	8	3 (1-23)	2 (1-7)				
RFA	4	7 (2-86)	3 (1-7)				
Systemic therapy	22	5 (1-29)	4 (1-38)				
Chemotherapy	3	11 (10-29)	4 (1-38)				
Targeted therapy	12	3 (1-23)	4 (1-10)				
Targeted + immunization therapy	7	4 (1-13)	7 (2-24)				
Multimodality therapy	6	4 (2-11)	7 (4-24)				
Best supportive care	12	6 (3-20)	1 (1-6)				

N: Number; DFS: Disease-free survival; MS: Median survival; TACE: Transarterial chemoembolization; RFA: Radiofrequency ablation.

Table 4 Individual characteristics of patients receiving multimodality therapy for recurrent intrahepatic cholangiocarcinoma

Clinical features				Pathological characteristics			Recurrent		Survival				
Case	Age (yr)	Sex	Hepatitis	Surgery	Lymph node metastasis	Tumour size (cm)	Tumour number	Histological grade	Recurrent site	Treatment	DFS (mo)	SAR (mo)	Outcome
1	62	М	HBV	ERH	Yes	12	1	MD	Liver + lymph node	TACE + GEMOX	4	3	Dead
2	48	М	HBV	ERH	None	8	1	MD	Liver	TACE + GEMOX	11	13	Dead
3	40	М	HBV	ERH	None	5	2	MD	Liver + lymph node + bone	TACE + GEMOX	2	5	Dead
4	53	М	None	LH	None	11	1	MD	Liver + lymph node	RFA + TACE + SOX	6	6	Alive
5	44	М	HBV	RH	None	14	1	MD	Liver + bone	RFA + FOLFOX-4	3	2	Dead
6	64	М	None	ERH	Yes	22	1	MD	Liver	RFA + PD-1 + TKI	4	1	Alive

DFS: Disease-free survival; SAR: Survival after recurrence; M: Male; HBV: Hepatitis B virus; ERH: Extended right hepatectomy; LH: Left hepatectomy; RH: Right hepatectomy; MD: Moderate differentiated; TACE: Transarterial chemoembolization; RFA: Radiofrequency ablation; GEMOX: Gemcitabine + oxaliplatin; FOLFOX-4: Fluorouracil + calcium folate + oxaliplatin; SOX: Tegafur + oxaliplatin; PD-1: Programmed death-1 inhibitor; TKI: Tyrosine kinase inhibitor.

> surgically resected^[18]. Surgical principles include negative margins and tumour-related lymph node resection[19-21]. Due to the biological characteristics of ICC and the vascular system of the liver, local recurrence and lymphatic metastasis are highly likely to occur after surgery. Even after R0 resection, the recurrence rate 5 years after hepatectomy is as high as 70% [6]. At present, the choice of treatment for recurrent ICC remains controversial. Since ICC after recurrence seriously affects the postoperative survival of patients, it is necessary to determine the risk factors for survival after recurrence and explore diagnosis and treatment strategies.

> Previous studies[22,23] have explored the clinical characteristics and prognostic factors of the postoperative recurrence of ICC, but few studies have shown the prognosis of ICC patients after recurrence. Chan et al[22] reported that tumour diameter > 5 cm, tumour type, lymph node invasion, and vascular invasion are independent risk factors for recurrence in patients after hepatectomy. In other studies, Addeo et al[23] found that the risk factors influencing patient recurrence were related to the degree of tumour differentiation and the number of tumours. Regarding the prognosis of patients with recurrent ICC, Ohira *et al*^[10] reported that tumour type and nonsurgical treatment were related to a



Figure 2 Kaplan-Meier curves of ICC recurrence: Time after surgery. ICC: Intrahepatic cholangiocarcinoma; MS: Median survival.



Figure 3 Kaplan-Meier curves of ICC recurrence: Time after recurrence. ICC: Intrahepatic cholangiocarcinoma; MS: Median survival.

poor prognosis. Our study found that alcohol consumption and DFS < 6 mo were independent risk factors affecting the cumulative survival rate of patients with recurrence, and treatment after recurrence was an independent protective factor.

Previous studies[24] have shown that alcohol consumption is a risk factor for ICC. Alcohol may interfere with DNA synthesis and repair through the mechanism of acetaldehyde, a product of ethanol oxidation, to promote the occurrence of liver cancer[25]. Although alcohol drinking is associated with the aetiology of ICC, it is not clear whether alcohol drinking affects the prognosis and survival of patients with recurrent ICC. In this study, multivariate analysis showed that alcohol consumption may be an independent risk factor for recurrent ICC. For patients with recurrent ICC, we recommend reducing alcohol consumption as much as possible to improve the prognosis and survival time of patients.

In this study, the first recurrence of most patients after hepatectomy occurred within 1 year after surgery. Multivariate analysis showed that DFS < 6 was an independent risk factor for survival after ICC recurrence. Park *et al*[26] and Si *et al*[27] also reported that DFS was associated with prognosis. Compared with the clinical characteristics of patients with advanced recurrence, early recurrence is often accompanied by bile duct invasion and lymph node metastasis, and the median survival time after recurrence is 2 mo, which is much lower than the time of late recurrence. Currently, immunohistochemical markers commonly used to predict early recurrence after hepatectomy include B-lymphocyte chemokine 13 (CXCL13)[28], pancreatic secreted trypsin inhibitor (PSTI)[29], and insulin-like growth factor-II mRNA binding protein 3 (IMP3)[30]. Even if the prognosis of patients with early recurrence of ICC after primary hepatectomy is poor, surgical treatment should be considered to improve the prognosis.

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Figure 4 Venn diagram of recurrent location pattern. Intrahepatic lesions (25/54, 46.3%) were the most common recurrence sites, followed by concurrent liver and lymph nodes (13/54, 24.1%).



Figure 5 Kaplan-Meier curves of ICC recurrence: multimodality therapy versus no multimodality therapy. Patients with recurrent ICC who received multimodality therapy had a significantly better long-term survival after recurrence than those who did not (P = 0.026, log-rank test). ICC: Intrahepatic cholangiocarcinoma; MS: Median survival.

The survival time of patients with recurrent ICC after surgical resection is higher than that of patients without surgical resection. Furthermore, compared with other treatments, secondary hepatectomy significantly improved the OS time of patients with recurrent ICC. Studies[31] have shown that the prognosis of recurrent intrahepatic resection of ICC is comparable to that of primary resection. In a multicentre study of 356 patients with ICC who underwent hepatectomy, approximately 60% exhibited postoperative recurrence, and 37 of them underwent reresection, with a 5-year survival rate of 44%[32]. Recent studies[33] have reported that repeat resection after recurrence significantly prolongs OS compared with palliative treatment. Therefore, we suggest that patients with resectable intrahepatic recurrent ICC can undergo reoperation to improve patient outcomes.

Most recurrent ICCs are highly invasive and have limitations, such as insufficient remaining liver, making patients ineligible for secondary hepatectomy. Multimodality therapies include strategies that combine regional therapy, systemic chemotherapy, targeted therapy, and immunotherapy. In this study, 6 patients with recurrent ICC who were mainly treated with multimodality therapies achieved a higher postoperative median OS (7 mo) than those with local treatment (3 mo), systemic treatment (4 mo), and supportive treatment (1 mo).

Systemic chemotherapy combined with local therapy can significantly improve patient prognosis. Intra-arterial therapies combined with chemotherapy can shrink the lesion to achieve R0 resection[34]. In this study, the median survival of 3 patients with recurrent ICC treated with TACE combined with the GEMOX regimen was 5 mo, which was longer than that of patients with recurrent ICC using chemotherapy alone (median OS, 4 mo). RFA is suitable for local tumours with diameters < 5 cm, and tumour numbers < 3. RFA was superior to systematic chemotherapy in this study[35]. Among the 6



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patients with recurrent ICC, 2 patients underwent RFA combined with chemotherapy. One patient had recurrence 3 mo after hepatectomy, and local intrahepatic lesions were treated with RFA combined with the FOLFOX-4 regimen. The other patient relapsed 6 mo after surgery, and 2 mo after RFA, multiple intrahepatic metastases occurred. TACE combined with the SOX regimen was performed again. Currently, the patient is still alive. A new approach of radiotherapy combined with chemotherapy in the open treatment of advanced ICC. Studies[36] have shown that radiotherapy with chemotherapy can not only relieve pain and other complications in patients with advanced ICC but can also improve the disease control rate and patient survival time. Japanese researchers^[37] found that 60% of patients with advanced ICC underwent radical hepatocellular carcinoma after radiotherapy combined with systemic chemotherapy, and the 5-year survival rate was 24%. Radiotherapy was not included in our treatment strategy for patients with recurrent ICC. Due to the lack of reliable evidence-based medical data, the NCCN practice guidelines^[17] did not recommend radiotherapy as routine treatment for recurrent ICC.

Among the 6 patients with recurrent ICC in our centre, one patient was treated with a tumour immune checkpoint inhibitor combined with targeted therapy after RFA; this patient was still alive without disease progression at the time of submission. PD-L1 expression was found in interstitial cells in 30% of ICC patients[38]. In the tumour microenvironment of connective tissue hyperplasia and immune system deficiency in ICC, the clinical efficacy of a single drug PD-1/PD-L1 inhibitor in tumour suppression is poor[39]. Targeted therapy combined with immunotherapy is being explored[40]. Targeted drugs can induce the death of tumour cells, leading to the release of their own antigens, which are then taken up by antigen-presenting cells to activate specific T cells. However, they also upregulate inhibitory factors such as CTLA-4 and PD-1. Therefore, the combination of PD-1 inhibitors can strengthen the killing effect, reduce the attack of nontumour antigens, and reduce the adverse reactions of immunotherapy^[41]. The combination of tumour immune checkpoint inhibitors and targeted therapy is still a hotspot in the field of tumour therapy.

There are several limitations to this study. First, this is a retrospective study, and there may be selection and detection bias in patients with recurrent ICC. Second, ICC is a rare disease. Although the clinical study lasted for 8 years, the number of patients with recurrence is small, and there are not enough randomized controlled trials of recurrent patients. Finally, this is a single-centre study, so multicentre and prospective trials are needed to confirm our results.

CONCLUSION

The prognosis of patients with recurrence after ICC-related hepatectomy is poor. Alcohol consumption and DFS < 6 mo are independent risk factors in terms of the cumulative survival of patients with recurrence, while treatment after recurrence is an independent protective factor. We propose that multimodality therapy should be developed to improve long-term outcomes through the combined approach of local therapy, chemotherapy, targeted therapy, and immunotherapy.

ARTICLE HIGHLIGHTS

Research background

Intrahepatic cholangiocarcinoma (ICC) is a highly malignant tumour originating from intrahepatic bile duct epithelial cells. Recurrence is very common after hepatectomy.

Research motivation

There are few reports on the clinical features and prognostic factors of recurrent ICC, and the treatment strategies for recurrent ICC have not been fully clarified.

Research objectives

The objective of this study was to analyze the prognostic factors of recurrent ICC and to explore treatment strategies.

Research methods

We retrospectively analyzed all ICC patients who underwent hepatectomy at the First Affiliated Hospital of Zhengzhou University between January 2013 and August 2021. We summarized the clinical characteristics of patients with recurrent ICC and assessed prognostic factors by univariate and multivariate analyses.

Research results

Recurrence occurred in 54 of 103 patients with ICC after hepatectomy during the study period. The median OS of patients with recurrent ICC was 4 mo, and the cumulative OS rates at 1, 2, and 3 years



after recurrence were 16.1%, 6.7%, and 3.4%, respectively. Multivariate analysis of cumulative survival by the Cox proportional risk model showed that alcohol consumption [hazard ratio (HR) = 4.64, 95% confidence interval (CI): 1.53-14.04, *P* = 0.007], DFS < 6 mo (HR = 3.47, 95%CI: 1.59-7.60, *P* = 0.002) and treatment after recurrence (HR = 0.21, 95% CI: 0.08-0.55, P = 0.001) were independent factors for recurrence. Patients who received multimodality therapy had higher survival rates than those who did not (P = 0.026).

Research conclusions

The prognosis of recurrent patients is related to alcohol consumption, DFS < 6 mo and treatment after recurrence. Active and effective multidisciplinary treatment is beneficial to improve the prognosis of patients.

Research perspectives

Multicentre prospective studies are needed to evaluate the efficacy of multidisciplinary treatment in recurrent ICC.

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