

## Modifications produced by selective inhibitors of cyclooxygenase and ultra low dose aspirin on platelet activity in portal hypertension

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### Abstract

**AIM:** To study the mechanism involved in the potentially beneficial effect of ultra low dose aspirin (ULDA) in prehepatic portal hypertension, rats were pretreated with selective COX 1 or 2 inhibitors (SC-560 or NS-398 respectively), and subsequently injected with ULDA or placebo.

**METHODS:** Portal hypertension was induced by portal vein ligation. Platelet activity was investigated with an *in-vivo* model of laser induced thrombus production in mesenteric circulation and induced hemorrhagic time (IHT). Platelet aggregation induced by ADP and dosing of prostanoid products 6-keto-PGF<sub>1α</sub>, TXB<sub>2</sub>, PGE<sub>2</sub> and LTB<sub>4</sub> were also performed.

**RESULTS:** The portal hypertensive group receiving a placebo showed a decreased *in vivo* platelet activity with prolonged IHT, an effect that was normalized by ULDA. SC-560 induced a mild antithrombotic effect in the normal rats, and an unmodified effect of ULDA. NS-398 had a mild prothrombotic action in portal hypertensive rats, similar to ULDA, but inhibited a further effect when ULDA was added. An increased 6-keto-PGF<sub>1α</sub> was observed in portal hypertensive group that was normalised after ULDA administration. TXA<sub>2</sub> level after ULDA, remained unchanged.

**CONCLUSION:** These results suggest that the effect of ULDA on platelet activity in portal hypertensive rats, could act through a COX 2 pathway more than the COX 1, predominant for aspirin at higher doses.

### INTRODUCTION

Portal hypertension is a major complication of chronic liver disease. In its pathophysiology, increased hepatic resistance is followed by a hyperdynamic circulatory state<sup>[1]</sup>. This hyperdynamic state, in which nitric oxide (NO) and prostacyclin (PGI<sub>2</sub>) are important vasoactive substances, induces a decreased platelet activity, even in the absence of hepatic damage. Although NO plays an important role in modifying platelet adhesion in portal hypertension<sup>[2]</sup>, PGI<sub>2</sub>, a powerful vasodilator prostanoid with antithrombotic properties, was also found increased in mesenteric vascular bed<sup>[3]</sup>.

Ultra low dose aspirin (ULDA) has shown prothrombotic activity when analysed in humans and in the interface platelet-endothelial cell<sup>[4,5]</sup>. Previous papers have shown the potentially beneficial effect of ULDA in portal hypertensive animals normalizing altered platelet activity and induced hemorrhagic time<sup>[6]</sup>. Further experiments were performed to clarify if this effect was mediated mostly by a cyclooxygenase (COX) pathway or by modifying NO synthesis, the two aspirin mechanisms of action<sup>[7]</sup>, although a previous study with a different model suggested that ULDA could decrease PGI<sub>2</sub> synthesis<sup>[8]</sup>. The same *in vivo* Laser induced thrombus formation, was used in portal hypertensive rats to investigate the effects of Indomethacin, a non selective COX inhibitor, and L-Nitro Arginin Methyl Ester (NAME), a non selective inhibitor of NO production. The results suggested that the effects of ULDA were more influenced by COX pathway than by NO synthesis inhibition<sup>[9]</sup>. Addition of ULDA in portal hypertensive rats, when previously inhibiting COX with Indomethacin, increased number of emboli and duration

of embolization but blunted the normalization of induced hemorrhagic time, suggesting probably a more selective action on COX 1 or COX 2 pathway. TXA<sub>2</sub>, the main product of arachidonic acid *via* the activity of COX 1 in platelets, increases platelet aggregation and its synthesis is inhibited by Aspirin. PGE<sub>2</sub> and PGI<sub>2</sub> are produced by COX 1 and 2 mainly in endothelial cells. PGE<sub>2</sub> has no probable role in portal hemodynamic changes observed in portal hypertensive rats<sup>[10]</sup>, but depending on its concentration, it can modulate platelet aggregation by regulating intracellular levels of cAMP<sup>[11]</sup>.

The present investigation was designed to clarify the mechanism of the effects of ULDA in portal hypertension, by using previous selective inhibition of cyclooxygenase COX 1 or COX 2 (with SC-560 and NS-398 respectively). Models of Laser induced Thrombosis and IHT were used and plasmatic levels of 6-keto-PGF<sub>1α</sub> (the stable metabolite of PGI<sub>2</sub>), PGE<sub>2</sub>, TXB<sub>2</sub> (the stable metabolite of TXA<sub>2</sub>) and LTB<sub>4</sub> were determined.

## MATERIALS AND METHODS

### Animals

Male Wistar rats (200-250g) purchased from Delpre Breeding Center (St. Doulchard, France) were housed separately and acclimatized before use under conditions of controlled temperature (25 ± 2°C) and illumination (12 h light/dark cycle). They were fed with standard rat chow and water *ad libitum*. Animals received care in compliance with the European Convention of Animal Care.

### Surgical procedures

After one week of acclimatization, rats were randomized and separated into two groups: one consisted of sham-operated (Sh) rats and the other formed by portal hypertensive (PH) rats. Portal hypertension was induced by a calibrated portal vein stenosis, according to the procedure described by Vorobioff *et al*<sup>[1]</sup>.

Rats were anesthetized with Ketamine (Panpharma, Fougères, France) 90 mg/kg body weight, i.m. and then a midline abdominal incision was made. The portal vein was located and isolated from the surrounding tissues. A ligature of 3-0 silk was placed around the vein and snugly tied to a 20 gauge blunt end needle placed along side the portal vein. The needle was subsequently removed to yield a calibrated stenosis of the portal vein. Sham-operated rats underwent an identical procedure except that portal vein was isolated but not stenosed.

Animals were housed during fourteen days after the operation to develop portal hypertension in the corresponding group.

### Thrombus induction

Animals were anaesthetized with 200 mg/kg of thiopental sodium (Pentothal<sup>®</sup>, Laboratories Abbott, Rungis, France) a median laparotomy was performed. The intestinal loop was placed on the microscope table and vascular lesions were induced by Argon laser (Stabilite 2016, Spectra Physics, France). The wavelength used was 514 nm and the energy was adjusted to 120 mW. The laser beam was

applied during 1/15 s. The dynamic-course of thrombus formation was continuously monitored and recorded by placing the laser beam coaxially into the inverted light beam path of the microscope (Axiovert, Zeiss, France). Microscopic images were recorded through a digital camera (DX L107, color camera CCD, Basler, Vision Technologies) to visualize and digitalize data coupled to a Dell monitor. A schematic view of the apparatus used has been previously described<sup>[12]</sup>. Arterioles between 15 and 25 μm diameter were used. The parameters assessed were the number of emboli removed by blood flow and the duration of embolisation (time between the first and the last emboli occurring during a 10 min observation period).

### Induced hemorrhagic time

An experimental model of induced hemorrhagic time (IHT) was performed 10 min before thrombosis induction by laser. The tail of the rat was immersed in water for 5 min at 37°C and sectioned 6 mm from the extremity. IHT measured, corresponded to the time between the tail section and the end of bleeding, expressed in seconds.

### Biological analysis

**Platelet aggregation study:** Platelet aggregation was made according to the method of Cardinal and Flower on a Chrono Log 500 *V/S* aggregometer (Coultronics, Margency, France) on the whole blood obtained from the rat after laser experimentation. Platelet aggregation was induced by ADP final concentration 5 μmol/L (Laboratoire Diagnostica, Stago, France). Two parameters were determined: Impedance, representing the maximum amplitude of aggregation expressed in Ohms. Velocity of aggregation expressed in ohms/min.

**Prostanoids determinations:** At the end of each experiment, blood was collected by cardiac puncture and centrifuged for 20 min at 4000 r/min to obtain Platelet Poor Plasma (PPP). Concentrations of 6-keto-PGF<sub>1α</sub>, TXB<sub>2</sub>, PGE<sub>2</sub> and LTB<sub>4</sub> were determined in plasma samples using competitive binding Elisa tests (R&D Systems Europe, Abingdon, UK) according to the manufacturer's instructions.

### Drugs tested

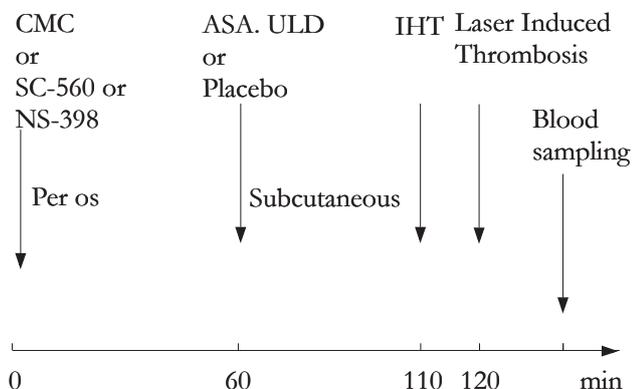
The Aspirin solution was purchased from Boiron Laboratories (Sainte-Foy-Les-Lyon, France). ULDA was prepared as follows: 1 g of pure, finely powdered aspirin was suspended in 99 mL of alcohol (70°). After being vigorously shaken, 1 mL of this dilution was then mixed with 99 mL of distilled water and vigorously shaken. The last process was repeated 13 more times<sup>[11]</sup>. Alcohol and sterilized water following the above cited procedures without adding the Aspirin was used as control. ULDA or placebo were subcutaneously administered at a final volume of 1 mL/kg rat weight.

Selective inhibitors of COX 1, SC-560 and of COX 2, NS-398 were purchased from Cayman Chemical, (Ann Arbor Michigan, USA). They were administered per os at a dose of 10 mg/kg rat weight, suspended in Carboxymethylcellulose (CMC) 5 g/L at a final volume

of 1 mL/kg rat weight. The CMC solution was used as placebo.

### Protocol

Fourteen days after the corresponding operation, 216 rats were randomly assigned in 12 groups and treated as follows:



### Groups

Groups, procedures and treatments are detailed in Table 1.

### Statistical analysis

Data are expressed as mean  $\pm$  SEM and compared using one way analysis of variance (ANOVA) followed by Bonferroni multiple comparison test. A value of  $P < 0.05$  was considered significant. Statistical calculations were performed using GraphPad Prism version 4.00 for Windows (GraphPad Software, San Diego California USA, www.graphpad.com).

## RESULTS

### Thrombus induction and IHT

**Groups with placebo (CMC):** Portal hypertension decreased the number of emboli ( $P < 0.05$ ) and the duration of embolisation ( $P < 0.05$ ) and prolonged the Induced Hemorrhagic Time ( $P < 0.01$ ). ULDA induced significant modifications to normalize these values ( $P < 0.01$ ,  $P < 0.001$  and  $P < 0.001$  for Number of Emboli, Duration of Embolisation and IHT respectively). An increased number of shots needed to start the embolisation was observed in the portal hypertensive group, and this effect also normalised after ULDA ( $P < 0.05$ ).

**Effects of SC-560, selective inhibitor of COX 1:** After the inhibition of COX 1, a non significant antithrombotic effect was observed in the sham operated group, and no further change in cirrhotic group. After ULDA, the prothrombotic effect remained active for Number of Emboli ( $P < 0.05$ ) and IHT ( $P < 0.01$ ) despite the opposite effect of pre-treatment with SC-560. No changes were observed in number of shots.

**Effects of NS-398, selective inhibitor of COX 2:** The pre-treatment with NS-398 induced a decreased induced hemorrhagic time in portal hypertensive rats, similar to the effect of ULDA without COX inhibitors. No effect of ULDA was seen after COX 2 inhibition (Figure 1A-D).

Table 1 Experimental groups

Group	Procedure and treatments		
	Phase 1: 14 d before treatments	Phase 2: 120 min before experiment	Phase 3: 60 min before experiment
ShP	Sham operated	Placebo (CMC)	Placebo (H <sub>2</sub> O)
PHP	Portal hypertension	Placebo (CMC)	Placebo (H <sub>2</sub> O)
PHPAs	Portal hypertension	Placebo (CMC)	ULDA
ShP	Sham operated	SC-560	Placebo (H <sub>2</sub> O)
PHP	Portal hypertension	SC-560	Placebo (H <sub>2</sub> O)
PHPAs	Portal hypertension	SC-560	ULDA
ShP	Sham operated	NS-398	Placebo (H <sub>2</sub> O)
PHP	Portal hypertension	NS-398	Placebo (H <sub>2</sub> O)
PHAs	Portal hypertension	NS-398	ULDA

ULDA: Ultra low dose aspirin; CMC: Carboxymethylcellulose; ShP: Sham-placebo; PHP: Portal hypertension-placebo; PHPAs: Portal hypertension-ULDA.

### Biological analysis

**Platelet aggregation induced by ADP (Figure 2A and B):** Platelet aggregation has shown a decreased velocity in portal hypertensive animals and in sham operated animals pretreated with SC-560. An increased velocity was observed in portal hypertensive animals pretreated with SC-560 or NS-398 and with ULDA. None of the observed alterations were found in Amplitude and in Velocity.

**Variations in metabolites of arachidonic acid (Figure 3A-D): 6 keto PGF<sub>1α</sub> (Figure 3A):** This stable metabolite of PGI<sub>2</sub> was found increased in portal hypertensive rats ( $P < 0.01$ ). This increase was normalised by ULDA ( $P < 0.05$ ) or SC-560 ( $P < 0.05$ ).

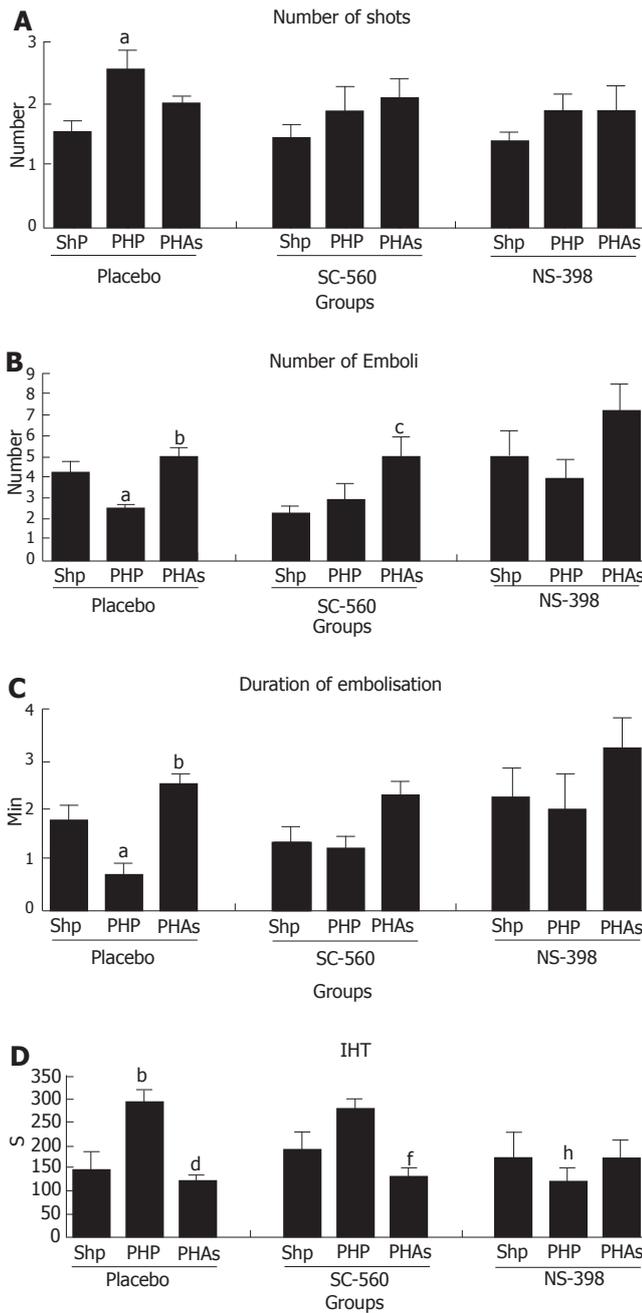
**TXB<sub>2</sub> (Figure 3B):** Inhibition of COX 2 with NS-398 produced an increased level of TXB<sub>2</sub> in portal hypertensive animals (XI group), that was not modified by ULDA ( $P < 0.05$  and 0.001 respectively).

**PGE<sub>2</sub> (Figure 3C):** An increase in PGE<sub>2</sub> was observed in portal hypertensive (PHP) group, treated with SC-560 ( $P < 0.05$ ).

**LTB<sub>4</sub> (Figure 3D):** Dosage of LTB<sub>4</sub>, a lipoxygenase (LOX) metabolite of arachidonic acid, was performed as control of experiment. No variations of production were found when comparing the different groups.

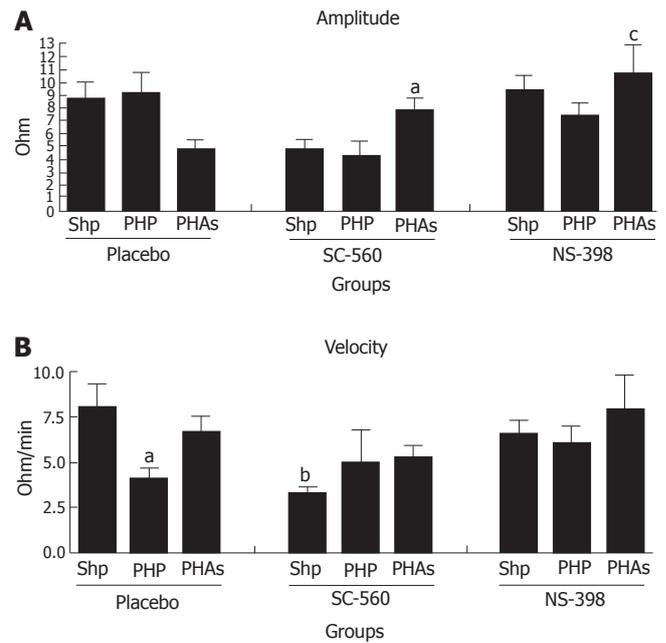
## DISCUSSION

ULDA has shown prothrombotic effects with an *in vivo* model, testing the interaction between platelet and endothelial cells<sup>[5,12]</sup>. Exploration of this effect in portal hypertensive rats revealed a decreased number of emboli as well as duration of embolisation and a prolonged IHT that were normalised by ULDA administration. In the search of an explanation for the mechanism involving this effect, previous publications of L-NAME (an inhibitor of Nitric Oxide synthesis) and Indomethacin (a nonselective COX inhibitor) effects on portal hypertensive rats showed that the effect of ULDA was more affected by Indomethacin than by NAME<sup>9</sup>. Moreover, Indomethacin seemed to



**Figure 1** A: Study of laser induced thrombosis parameters; Number of shots (expressed in number): <sup>a</sup>*P* < 0.05 vs ShP (Placebo); B: Study of laser induced thrombosis parameters; Number of Emboli (expressed in number): <sup>a</sup>*P* < 0.05 vs ShP (placebo); <sup>b</sup>*P* < 0.01 vs PHP (placebo); <sup>c</sup>*P* < 0.05 vs ShP (SC-560); C: Study of laser induced thrombosis parameters; Duration of Embolisation (expressed in minutes): <sup>a</sup>*P* < 0.05 vs ShP (placebo); <sup>b</sup>*P* < 0.001 vs PHP (placebo); D: Study of Induced Hemorrhagic Time (expressed in seconds): <sup>a</sup>*P* < 0.01 vs ShP (placebo); <sup>b</sup>*P* < 0.001 vs PHP (placebo); <sup>c</sup>*P* < 0.01 vs PHP (SC-560); <sup>d</sup>*P* < 0.001 vs PHP (placebo).

have contradictory effects. Despite the antithrombotic effect of Indomethacin, the *in vivo* prothrombotic effect of ULDA (increasing number of emboli and duration of embolization) was increased, and its beneficial effect of reducing IHT in portal hypertensive rats was blocked. The present experiment was done to verify the hypothesis that these contradictory modifications produced by Indomethacin over ULDA's prothrombotic effect were the result of different ways in which COX 1 and 2 could affect



**Figure 2** A: Study of Platelet aggregation induced by ADP, Amplitude (expressed in Ohm): <sup>a</sup>*P* < 0.05 vs PHP (SC-560); <sup>c</sup>*P* < 0.05 vs PHAs (placebo); B: Study of Platelet aggregation induced by ADP, Velocity (expressed in Ohm/min): <sup>a</sup>*P* < 0.05 vs ShP (placebo); <sup>b</sup>*P* < 0.01 vs ShP (placebo).

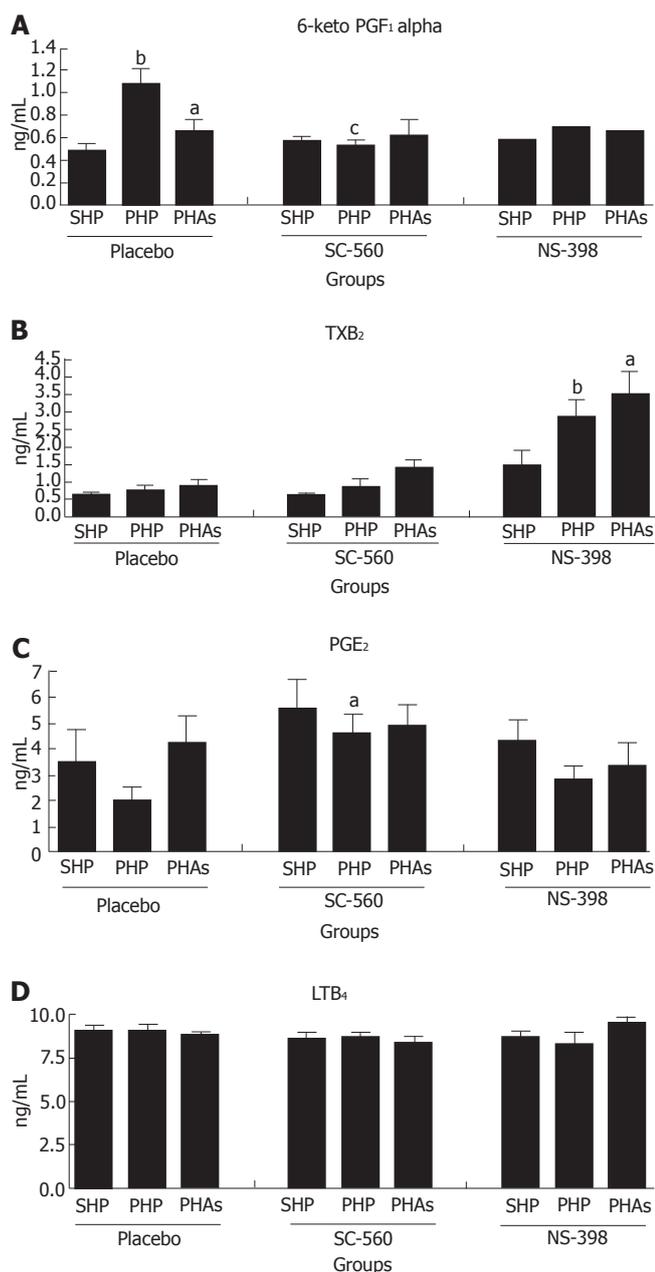
platelet-endothelial cell interaction.

The results found in this study corroborate the previously described effects of ULDA in portal hypertensive rats, normalizing number of emboli, duration of embolisation and the IHT<sup>[6,9]</sup>.

In rats with portal hypertension, an increase in 6-keto PGF<sub>1α</sub> was observed, probably due to the known increased PGI<sub>2</sub> production described for the mesenteric vascular bed in this animal model<sup>[3]</sup>. The addition of ULDA normalised this effect. As reported in an *in vitro* model with a vascular fragment, ULDA was active only in vascular fragments with an elevated PGI<sub>2</sub> production<sup>[8]</sup>. This last observation is similar to our present results since the ULDA effect of decreasing 6-keto PGF<sub>1α</sub> is observed only in the portal hypertensive group.

The administration of SC-560, had a slightly antithrombotic effect in sham operated rats, decreasing non significantly the Number of Emboli. This could be explained by a decrease in platelet synthesis of TXA<sub>2</sub><sup>[13]</sup>. There was a decrease in 6-keto PGF<sub>1α</sub> in the portal hypertensive group with COX 1 inhibition, and this effect is probably due to the inhibition of the increased production of PGI<sub>2</sub><sup>[14,15]</sup> and COX 1 over-expression observed in this model of portal vein ligation<sup>[16-18]</sup>. It is interesting to note that COX 1 inhibition had almost not modified the prothrombotic effect of ULDA in portal hypertensive animals and observed as an increase in number of emboli (*P* < 0.05) and a decrease in IHT (*P* < 0.01).

The administration of NS-398 had not modified the *in vivo* parameters (NE, DE and IHT) in the Sham operated group. In the portal hypertensive group, a non significant tendency to increase NE and DE was observed, as well as a statistically significant shortened IHT. After pre-treatment



**Figure 3** A: Plasmatic 6-keto PGF<sub>1α</sub> concentrations (expressed in ng/mL): <sup>b</sup>*P* < 0.01 vs SHp (placebo); <sup>a</sup>*P* < 0.05 vs PHP (placebo); <sup>c</sup>*P* < 0.05 vs PHP (placebo); B: Plasmatic TXB<sub>2</sub> concentrations (expressed in ng/mL): <sup>b</sup>*P* < 0.001 vs PHP (placebo); <sup>a</sup>*P* < 0.05 vs SHp (NS-398) and *P* < 0.001 vs PHAs (placebo); C: Plasmatic PGE<sub>2</sub> concentrations (expressed in ng/mL): <sup>a</sup>*P* < 0.05 vs PHP (placebo); D: Plasmatic LTB<sub>4</sub> concentrations (expressed in ng/mL).

with the selective COX 2 inhibitor, NS-398, ULDA induced no further effect. There is an increase in TXB<sub>2</sub> in the portal hypertensive group with COX 2 inhibition, in which a decreased IHT was observed. Factors like trauma-hemorrhage, shear stress and pressure variations or lipopolysaccharide can modify TXA<sub>2</sub> synthesis in the liver or in endothelial cells<sup>[19-21]</sup>. The increased TXB<sub>2</sub> was not modified by treatment with ULDA. It is interesting to have, in the portal hypertensive group, an increased PGE<sub>2</sub> after COX 1 inhibition and an increased TXB<sub>2</sub> after COX 2 inhibition, as if upon COX selective inhibition, the cell switched to a prostanoid produced by the non inhibited COX enzyme.

The effect of ULDA was confirmed in this study with a prehepatic portal hypertension with a normal liver. Further research will clarify if this potentially beneficial effect is produced in rats with cirrhosis and ascities. Other complex interactions can not be evaluated by this study. For example, a recent publication has pointed out that chronic COX inhibition with Indomethacin enhances the collateral vascular responsiveness to Arginin-Vasopressin, which is also able to activate platelets<sup>[22,23]</sup>.

In conclusion, despite that COX 1 inhibition caused a mild antithrombotic effect in sham operated rats, the prothrombotic effect of ULDA was not modified. COX 2 inhibition induced a mild prothrombotic effect over portal hypertensive rats, similar to that observed with ULDA alone confirming data of literature<sup>[24]</sup> and the addition of ULDA in this group produced no further changes. ULDA induced a decrease in PGI<sub>2</sub> in portal hypertensive animals, without modifying TXA<sub>2</sub> levels. These results suggested a predominant COX 2 inhibition by ULDA, opposite to the predominant inhibition of COX 1 commonly observed with ASA in usual doses.

## COMMENTS

### Background

Ultra Low Dose Aspirin (ULDA) has shown prothrombotic properties capable of normalizing altered platelet function found in portal hypertension. This effect is clearly the opposite of the actual main use of Aspirin as an antithrombotic drug.

### Research frontiers

The mechanism of this effect is unknown, but previous publications show changes in this effect after pretreatment with Indomethacin, a widely used non-selective COX inhibitor.

### Innovation and breakthroughs

Only inhibition of NO synthesis, and perhaps Vasopressin has shown this property of modifying platelet alterations in portal hypertension.

### Applications

ULDA could be useful in patients with prehepatic portal hypertension to control or decrease bleeding complications.

### Peer review

Aspirin is widely known as a more powerful inhibitor of COX 1 than COX 2. This is the first paper showing a positive effect of Aspirin in portal hypertension, based in a not yet explained inhibition of COX 2, rather than COX 1.

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