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Retrospective Study

Prevalence, clinical characterizations, risk factors and indicators for lean Chinese adults with nonalcoholic fatty liver disease

Zeng J *et al.* Lean Chinese NAFLD

Jing Zeng, Rui-Xu Yang, Chao Sun, Qin Pan, Rui-Nan Zhang, Guang-Yu Chen, Ying Hu, Jian-Gao Fan

Abstract

BACKGROUND

Nonalcoholic fatty liver disease (NAFLD) is one of the most common chronic diseases in the world. Nowadays the percentage of non-obese or lean NAFLD were increasing. NAFLD in non-obese populations, especially the lean subgroup with normal waist circumference (WC), might lead to more problems than obese individuals, as these individuals may not visit clinics for non-obese

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Dec 21, 2014 · Core tip: **Obesity** is an important **risk factor** for **non-alcoholic fatty liver disease** (NAFLD). NAFLD can also occur in **lean subjects**. **Chinese** people have lower body mass index than Americans and Europeans, but a similar **prevalence** of NAFLD. There might be different **metabolic characters** in **Chinese population**.

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Publish Year: 2014

Prevalence and risk factors for non-alcoholic fatty liver ...

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Prevalence of **NAFLD** in non-obese Asian populations. The **prevalence** of **fatty liver** in the general population of industrialized North American and European countries has been reported up to 45%. 3,11 The **prevalence** is even higher in persons with type 2 diabetes (50%), obesity (30–76%) and morbid obesity (up to 98%).

Lean-non-alcoholic fatty liver disease increases risk for ...

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The lack of knowledge of the prevalence and characteristics of lean-NAFLD in the Chinese population prompted us to conduct this study to: (1) define the prevalence and characterize the **clinical biochemical**, **blood cell** and **metabolic** features of lean-NAFLD; and (2) clarify the association between **lean-NAFLD** and **chronic diseases**, including diabetes, hypertension, ...

Nonobese Fatty Liver Disease - ScienceDirect

<https://www.sciencedirect.com/science/article/pii/S1542356516306085>

C. Xu, C. Yu, H. Ma, et al. **Prevalence and risk factors** for the development of **nonalcoholic fatty liver disease** in a nonobese **Chinese** population: the Zhejiang Zhenhai Study Am J Gastroenterol, 108 (2013), pp. 1299-1304

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Publish Year: 2017



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Jun 28, 2012 · **Prevalence** of **NAFLD** in non-obese Asian populations. The **prevalence** of **fatty liver** in the general population of industrialized North American and European countries has been reported up to 45%. 3, 11 The **prevalence** is even higher in persons with type 2 diabetes (50%), obesity (30–76%) and morbid obesity (up to 98%).

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