

Reviewer's code: 06183988

SPECIFIC COMMENTS TO AUTHORS

The present paper is a letter to the Editor in which the authors commend a recently published work that encompasses the association between a dietary pattern (i.e., Mediterranean Diet Pattern) and development of depression. They emphasize that future studies should focus on the relationship between a healthy lifestyle and depression, using a bigger sample size and well-designed clinical trials. The letter is well-written, and the topic covered is very important. The references used are quite recent and accurate. Being a letter to the Editor, it does not follow the same sections as a standard investigation, so this reviewing process is very limited. Thank you for your work.

Reviewer's code: 05789857

SPECIFIC COMMENTS TO AUTHORS

The letter is well-written, and the topic covered is very important.

Reply: We thank reviewer for they valuable comments.