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**ABOUT COVER**

Editorial Board Member of *World Journal of Clinical Cases*, Dr. Mukul Vij is Senior Consultant Pathologist and Lab Director at Dr Rela Institute and Medical Center in Chennai, India (since 2018). Having received his MBBS degree from King George Medical College in 2004, Dr. Vij undertook postgraduate training at Sanjay Gandhi Postgraduate Institute of Medical Sciences, receiving his Master's degree in Pathology in 2008 and his PDCC certificate in Renal Pathology in 2009. After 2 years as senior resident, he became Assistant Professor in the Department of Pathology at Christian Medical College, Vellore (2011), moving on to Global Health City as Consultant Pathologist and then Head of the Pathology Department (2013). (L-Editor: Filipodia)

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## Overview of bile acid signaling in the cardiovascular system

Rou Zhang, Wen-Qi Ma, Meng-Jun Fu, Juan Li, Chun-Hua Hu, Yi Chen, Mi-Mi Zhou, Zhi-Jie Gao, Ying-Li He

**ORCID number:** Rou Zhang 0000-0002-7620-3424; Wen-Qi Ma 0000-0003-4570-9200; Meng-Jun Fu 0000-0002-7381-4916; Juan Li 0000-0002-8246-9798; Chun-Hua Hu 0000-0001-7292-6222; Yi Chen 0000-0001-6409-7479; Mi-Mi Zhou 0000-0001-8249-0207; Zhi-Jie Gao 0000-0002-1644-260X; Ying-Li He 0000-0001-9444-3678.

**Author contributions:** Zhang R performed the majority of the writing; Ma WQ prepared the figures and tables; Li J, Fu MJ, Hu CH, and Chen Y acquired the data and wrote the paper; Zhou MM and Gao ZJ revised the paper; He YL designed the outline and coordinated the writing of the paper; All authors have read and approve the final manuscript.

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Rou Zhang, Wen-Qi Ma, Meng-Jun Fu, Juan Li, Chun-Hua Hu, Yi Chen, Mi-Mi Zhou, Zhi-Jie Gao, Ying-Li He, Department of Infectious Diseases, The First Affiliated Hospital of Xi'an Jiaotong University, Xi'an 710061, Shaanxi Province, China

**Corresponding author:** Ying-Li He, MD, PhD, Associate Chief Physician, Department of Infectious Diseases, The First Affiliated Hospital of Xi'an Jiaotong University, No. 277 Yanta Road (w), Xi'an 710061, Shaanxi Province, China.  
[heyingsli2000@xjtu.edu.cn](mailto:heyingsli2000@xjtu.edu.cn)

### Abstract

Bile acids (BAs) are classically known to play a vital role in the metabolism of lipids and in absorption. It is now well established that BAs act as signaling molecules, activating different receptors (such as farnesoid X receptor, vitamin D receptor, Takeda G-protein-coupled receptor 5, sphingosine-1-phosphate, muscarinic receptors, and big potassium channels) and participating in the regulation of energy homeostasis and lipid and glucose metabolism. In addition, increased BAs can impair cardiovascular function in liver cirrhosis. Approximately 50% of patients with cirrhosis develop cirrhotic cardiomyopathy. Exposure to high concentrations of hydrophobic BAs has been shown to be related to adverse effects with respect to vascular tension, endothelial function, arrhythmias, coronary atherosclerotic heart disease, and heart failure. The BAs in the serum BA pool have relevant through their hydrophobicity, and the lipophilic BAs are more harmful to the heart. Interestingly, ursodeoxycholic acid is a hydrophilic BA, and it is used as a therapeutic drug to reverse and protect the harmful cardiac effects caused by hydrophobic elevated BAs. In order to elucidate the mechanism of BAs and cardiovascular function, abundant experiments have been conducted *in vitro* and *in vivo*. The aim of this review was to explore the mechanism of BAs in the cardiovascular system.

**Key Words:** Bile acids; Cardiovascular; Arteries; Receptors; Signaling; Cirrhosis

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**Core Tip:** In the literature, there are some reviews on the relationship between bile acids (BAs) and the cardiovascular system. However, this is the first review to use molecular and cellular mechanisms of related pathways to explore the possible mechanism of BAs in the pathogenesis of cardiovascular disease and to classify the role of BAs in

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heart and other organs using a tabular form. The goal was to provide readers a more comprehensive, deeper, and clearer understanding of the function of BAs.

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## INTRODUCTION

Bile acids (BAs) comprise the primary catabolic pathway of cholesterol metabolism in the body, consisting of steroid cores and side-chains that can bind with either taurine or glycine groups<sup>[1]</sup>. BAs are also the primary lipid component of bile, because their side chains can combine with carboxylic acid or sulfonic acid group, granting these molecules water-soluble and lipid-soluble amphiphilic properties. BAs are divided into the free and combined types according to their structure. Cholic acid (CA), chenodeoxycholic acid (CDCA), deoxycholic acid (DCA), lithocholic acid (LCA), and ursodeoxycholic acid (UDCA) constitute the main free BAs. The 24-carboxyl groups of the above free BAs combine with glycine or taurine to form combined BAs, which increase water solubility<sup>[2]</sup>. The hydrophobicity of BAs depends on the location and number of hydroxyl groups in the structure of the ring, which is related to cytotoxicity that can be reduced by hydroxylation of the BAs<sup>[3-5]</sup>.

There are several mechanisms for the cytotoxicity of hydrophobic BAs. For example, BAs facilitate the production of reactive oxygen species (ROS) that oxidize and modify lipids, protein, and nucleic acids, eventually leading to apoptosis of the hepatocyte<sup>[6]</sup>. In addition, hydrophobic BAs can activate liver Kupffer cells to produce ROS, which may further insult liver cells<sup>[7]</sup>. In addition, mitochondria also play a role in the toxicity of BAs<sup>[8]</sup>. The order of BA hydrophobicity is LCA > DCA > CDCA > CA > UDCA<sup>[9]</sup> (Table 1). Hydrophilic BAs antagonize the cytotoxicity of hydrophobic BAs, and this antagonism correlates with their hydrophilicity<sup>[10]</sup>. BAs are also divided into primary and secondary BAs according to their sources. Primary BAs are directly synthesized from cholesterol in liver cells and are stored in the gallbladder. When stimulated by food digestion, primary BAs are secreted into the intestine. Secondary BAs are produced from primary BAs by intestinal bacteria, which are then reabsorbed by the brush border cells of the small intestine and transported back to the liver through the hepatic portal vein circulation. In normal physiological conditions, approximately 95% of BAs are reabsorbed.

BA flow occurs continuously between the intestines and the liver and is called "enterohepatic circulation", which is a critical regulatory mechanism of the rate of BA metabolism, maintaining the balance of BAs and cholesterol in the body and preventing the formation of cholesterol stones<sup>[11]</sup>.

## BAs AS SIGNALING MOLECULES

The farnesoid X receptor (FXR) was the first identified receptor of BA signaling, discovered in 1999<sup>[12]</sup>. The G-protein-coupled receptor specific for BAs, the Takeda G-protein-coupled receptor 5 (TGR5), was subsequently identified<sup>[13]</sup>. Moreover, there are other types of receptors reportedly involved in regulating BA signaling, such as the muscarinic (M) receptors, sphingosine-1-phosphate (S1P), and large conductance voltage- and Ca<sup>2+</sup>-activated potassium (K<sup>+</sup>) [big potassium (BK)] channels. This section primarily summarizes research on BAs as signaling molecules (Table 2)<sup>[14-28]</sup>.

### Nuclear receptor signaling

The FXR was identified as a BA receptor in 1999 and is highly expressed in the liver, kidney, and gastrointestinal tract<sup>[29]</sup>. Since then, many studies on BA receptors have been performed, and CDCA is the most potent endogenous ligand of FXR. CDCA binding to FXR causes a conformational change of FXR, facilitating formation with the

**Table 1 Hydrophobicity of bile acid increases with the decrease of OH groups**

Hydrophobicity	Types of bile acids
Low	UDCA
↓	CA
	CDCA
	DCA
High	LCA

CA: Cholic acid; CDCA: Chenodeoxycholic acid; DCA: Deoxycholic acid; LCA: Lithocholic acid; UDCA: Ursodeoxycholic acid.

retinoic acid X receptor in the cytoplasm. The latter enters the nucleus to recognize target gene promoter regions and regulates the transcription of target genes by FXR response elements<sup>[30]</sup>. For the LCA-induced cholestasis model, it was reported that CDCA activity down-regulated the bile salt export pump expression. This resulted in increased BA concentration and decreased liver bile secretion, which precipitated liver injury<sup>[31]</sup>. CDCA can also activate the expression of FXR in the intestinal tract, thereby activating intestinal acid-binding protein expression to mediate cholesterol secretion<sup>[32]</sup>. FXR is also expressed in the cardiovascular system, including in the coronary arteries, aorta, atherosclerotic arteries, and cardiomyocytes<sup>[33]</sup>. It was reported that suppression of the proliferator-activated receptor- $\gamma$  co-activator 1 $\alpha$  gene, which is a key regulator of fatty acid metabolism, caused development of cardiac dysfunction in FXR and SHP double-knockout mice (a model of cirrhosis)<sup>[34]</sup>. This suggested that BAs may reduce plasma triglyceride levels and prevent signs of atherosclerosis<sup>[35]</sup>. FXR ligands also inhibit the inflammatory response of rat aortic smooth muscle cells induced by interleukin-1 $\beta$ . The putative mechanism of this effect includes activating the ligand resistance of FXR binding nuclear factor-kappa B (NF- $\kappa$ B) to resist this pro-inflammatory pathway. This suggested that FXR agonists have anti-atherosclerosis potential<sup>[36,37]</sup>. Liu *et al.*<sup>[38]</sup> and Yang *et al.*<sup>[39]</sup> reported that increased tumor necrosis factor alpha (TNF $\alpha$ ) and NF- $\kappa$ B and decreased cardiac function were observed in bile duct ligation (BDL) animal models, and anti-TNF $\alpha$  antibody therapy significantly improved this cardiac dysfunction. These studies suggested that there are relationships among bacterial translocation, increased activity of the endocannabinoid TNF $\alpha$ , NF- $\kappa$ B, and cardiac dysfunction. BAs (primarily DCA) have antibacterial properties because they can destroy the integrity of bacteria, which can affect the composition of the intestinal microbiota<sup>[40]</sup>. Pu *et al.*<sup>[41]</sup> found in cultured cardiomyocytes that activation of FXR through mitochondrial death signal transduction causes significant apoptosis, which was verified in a myocardial ischemia/reperfusion injury mouse model, demonstrating that FXR signaling might be involved in the growth and apoptosis of cardiomyocytes. These studies suggest that BAs play diverse roles by activating distinct receptors in different tissues, including different BAs that activate FXR receptors in the heart tissue to exert anti-atherosclerosis or pro-atherosclerosis functions.

After FXR was identified as a nuclear BA receptor, two other receptors, the pregnane X receptor (PXR) and the vitamin D receptor (VDR), were found<sup>[42]</sup>. FXR, PXR, and VDR play essential roles in eliminating BA-induced toxicity by down-regulating cholesterol 7 $\alpha$  hydroxylase (CYP7A1) expression<sup>[43]</sup>, which is a rate-limiting enzyme for BA synthesis. In an animal study, activation of PXR was shown to regulate energy and lipid metabolism, thereby preventing obesity and insulin resistance caused by a high-fat diet. Thus, this study demonstrated the essential role of PXR in maintaining lipid metabolism<sup>[44]</sup>. VDR is expressed in almost every tissue in the human body and is classified as an endocrine nuclear receptor<sup>[45]</sup>. The VDR receptor can be activated by LCA, its natural ligands, and 1 $\alpha$ , 25-dihydroxy-vitamin D3 [1 $\alpha$ , 25 (OH) $_2$ -D3]. Two ligands were found to activate the VDR signaling pathway through extracellular signal-regulated kinase 1/2, leading to phosphorylation of VDR and translocation into the nucleus. VDR can inhibit CYP7A1 transcription, thereby protecting hepatocyte cells from further damage due to cholestatic liver injury<sup>[46]</sup>. It localizes the cardiomyocyte t-tubules. According to previous studies, the t-tube is the ideal location for regulating intracellular calcium flow and contractile forces. The inflow rate of calcium through calcium channels primarily determines the speed and pressure of myocardial contraction<sup>[47]</sup>. Loss of VDR selectivity in cardiomyocytes leads to enlargement, hypertrophy, and systolic and diastolic dysfunction of cardiomy-

Table 2 Central receptor involved in bile acid signaling

Receptor	Tissue	Cardiovascular tissue	Ligand	Regulatory mechanism	Direct action	Ref.
FXR	Liver, kidney, gastrointestinal	Arteries, cardiomyocytes	CDCA, LCA, DCA	Regulates BSEP expression and participates in the process of liver injury, activates I-BABP expression to mediate cholesterol secretion, inhibits vascular inflammation, decreases lipogenesis synthesis, increases lipoprotein clearance to prevent atherosclerosis, ameliorates post-MI cardiac dysfunction and remodeling	No	[14-16]
PXR,VDR	Liver	t-Tubulescardiomyocytes	LCA	Down-regulates CYP7A1 expression to eliminate BA toxicity, maintains lipid metabolism, regulates intracellular calcium flow and contractile forces, maintains the normal operation of cardiomyocytes	No	[17-19]
M	Nervous, intestinal, gastrointestinal	Aorta, cardiomyocytes	TC, LCT, TCA	Stimulates acetylcholine-induced inositol phosphorylation and MAP kinase phosphorylation, inhibits cAMP, amplitude, reduces CM contraction	Yes	[20,21]
S1P	Liver, nervous, immune	Endothelial smooth muscle, cardiomyocytes	TCA, UDCA	Inhibits formation of cAMP and antagonizes adrenergic receptor-mediated contractile force, protects heart from ischemia/reperfusion injury, involved in remodeling and differentiation of cardiac fibroblasts	No	[22,23]
TGR5	Liver, glands, fat, muscle, enteric, immune	Aortic endothelial	CA, DCA, CDCA, TLCA, TCDCA	Inhibits the secretion of TNF induced by LPS, downregulates GSK3 and upregulates PKB associated with cardiac hypertrophy, metabolic transformation of energy in cardiomyocytes	Yes	[24,25]
BK channel	Liver, brain	Endothelial, cardiomyocytes	LCA	Cause vasodilation in liver and cerebral artery, plays role in diabetes, through mitochondrial BK channels confer cardioprotection	Yes	[26-28]

BA: Bile acid; BK channel: Large conductance voltage- and Ca<sup>2+</sup>-activated potassium (K<sup>+</sup>) (BK) channels; BSEP: Bile salt export pump; CA: Cholic acid; cAMP: Cyclic AMP; CDCA: Chenodeoxycholic acid; CM: Myocardial cell; CYP7A1: Cholesterol 7 $\alpha$  hydroxylase; DCA: Deoxycholic acid; FXR: Farnesoid X receptor; GSK3: Glycogen synthase kinase-3; I-BABP: Encoding intestinal bile acid binding protein; LCA: Lithocholic acid; LCT: Lithocholytaurine; LPS: Lipopolysaccharide; M: Muscarinic; MAP: Mitogen-activated; MI: Myocardial infarction; PKB: Protein kinase B; PXR: Pregnane X receptor; RXR: Retinoic acid X receptor; S1P: Sphingosine-1-phosphate; TC: Taurocholate; TCA: Taurocholic acid; TCDCA: Taurodeoxycholic acid; TGR5: Takeda G-protein-coupled receptor 5; TLCA: Taurolithocholic acid; TNF: Tumor necrosis factor; UDCA: Ursodeoxycholic acid; VDR: Vitamin D receptor.

ocytes<sup>[48]</sup>. Vitamin D supplementation improves left ventricular structure and function in heart failure (HF) patients<sup>[49]</sup>, illustrating that expression of VDR is vital for maintaining the normal function of cardiomyocytes. Nuclear receptors are transcription factors and cannot explain the immediate changes in myocardial function caused by BA stimulation. However, as the duration of action of BAs varies, their possible effects on the heart vary.

### **Muscarinic receptor**

BAs also interact with membrane receptors to activate a cascade of intracellular effectors. BAs interact with three membrane G-protein-coupled receptors, the M receptors, TGR5, and S1P receptor. M receptors are widely expressed in the gastrointestinal tract, intestinal smooth muscle, and central nervous system and can be divided into M1, M2, M3, M4, and M5 receptors. Among these, there are two classes based on conjugation with different G proteins that stimulate phosphoinositide hydrolysis (M1, M3, and M5) or inhibit adenylate cyclase (M2 and M4)<sup>[50]</sup>. The ligand

for M3 receptors is the BA lithocholytaurine<sup>[51]</sup>, which can stimulate acetylcholine-induced inositol phosphorylation and mitogen-activated kinase phosphorylation<sup>[52]</sup>. Taurocholate binds to the M2 receptor, inhibiting cyclic AMP (cAMP), affecting transient calcium amplitude, and reducing myocardial cell contraction<sup>[53]</sup>. The role of the remaining muscarinic receptors in the heart is unclear due to the lack of identified corresponding ligands.

### **S1P receptor**

S1P is the most effective substrate for sphingolipids and is produced by phosphorylation of sphingolipids catalyzed by sphingolipid kinase. S1P determines cell fate through pro-apoptotic or survival signals. There are five subtypes of S1P receptor, which are S1P1, S1P2, S1P3, S1P4, and S1P5. Highly expressed S1P1 and S1P2 are detected in hepatocytes and activate extracellular signal-regulated kinase 1/2 and protein kinase B (PKB). S1P1, S1P2, and S1P3 receptors are primarily located in the heart, whereas S1P4 and S1P5 are limited to the nervous and immune systems<sup>[54]</sup>. Taurocholic acid induces S1P2 receptor expression and promotes cholangiocarcinoma growth<sup>[55]</sup>. In cardiomyocytes, the S1P1 receptor is the foremost expressed subtype, and its activation inhibits the formation of cAMP and antagonizes adrenergic receptor-mediated contractile force. Low levels of the S1P3 receptor mediate the bradycardia effect of S1P agonists. Studies have shown that S1P2 and S1P3 receptors play essential roles in heart protection from *in vivo*-mediated ischemia/reperfusion injury in mice using knockout mice. S1P receptors are also involved in proliferation, remodeling, and cardiac fibroblasts' differentiation. Furthermore, S1P receptors are found in smooth muscle cells and endothelial cells, which could mediate peripheral vascular tension and responses of the endothelium. Despite these findings, the role of the regulatory system in the cardiovascular system remains unclear<sup>[56]</sup>.

### **TGR5**

TGR5 expression is detected in different cell types, such as fat cells, endocrine glands, muscle, immune cells, and the enteric nervous system. TGR5 has been reported to inhibit the response of rabbit alveolar macrophages to BAs (DCA, CDCA, and LCA), subsequently inhibiting the secretion of TNF $\alpha$  induced by lipopolysaccharide (LPS)<sup>[57]</sup>. TGR5 also protects the liver by inhibiting expression of cytokines induced by LPS in Kupffer cells<sup>[58]</sup>. LPS-induced inhibition of mitophagy increases oxidative stress and promotes inflammation in hepatic stellate cells during the process of acute liver failure<sup>[59]</sup>. In recent years, TGR5 mRNA has been identified in human, rabbit, cow, and mouse heart tissues<sup>[60]</sup>. The effects of mouse cardiac-specific TGR5 activated by taurodeoxycholic acid include LCA down-regulation of glycogen synthase kinase-3 and up-regulation of PKB, which are known to be associated with cardiac hypertrophy<sup>[61]</sup>. TGR5 is also expressed in aortic endothelial cells that play an anti-atherosclerotic role through producing nitric oxide (NO) in a dose-dependent manner, inhibiting NF- $\kappa$ B activity, and regulating monocyte adhesion and the inflammatory response<sup>[62]</sup>. BA activation of TGR5 is also involved in the metabolic transformation of energy in cardiomyocytes. However, the mechanism of TGR5's action on cardiomyocytes remains to be clarified.

### **Large conductance voltage-and Ca<sup>2+</sup>-activated potassium (K<sup>+</sup>) (BK) channels**

Studies have shown that in addition to known BA receptors (FXR, LXR, VDR, PXR, TGR5, M, and S1P), BAs can also activate nonclassical receptor reactions, such as large-conductance voltage-and Ca<sup>2+</sup>-activated potassium (K<sup>+</sup>) (BK) channels<sup>[63]</sup>. It has been speculated that systemic vasodilation in hepatobiliary disease partly causes vascular smooth muscle cells' relaxation through the activation of BK<sub>Ca</sub>. LCA induced a 30% increase in cerebral artery vasodilation in an endothelium-independent manner. This effect was eliminated in a BK  $\beta$ -1 subunit knockout mouse model, demonstrating that the role of this potassium channel subunit in diabetes is essential<sup>[64]</sup>. In another study, BAs were shown to activate the BK pathway in cirrhosis patients and to increase the risk of developing cirrhotic cardiomyopathy. Meanwhile, taurine conjugated hydrophobic BAs activate BK channels, which can expand outward potassium currents, reduce the duration of action potentials, and exert negative inotropic effects<sup>[65]</sup>. Since this receptor primarily mediates ion changes, it is speculated to play a primary role in the cardiac conduction related functions.

## BA AND CARDIOVASCULAR FUNCTION

### **BA and vascular function**

Studies have shown that BAs can regulate vascular tension. Increased BAs in the liver portal vein of rats with BDL were observed to decrease norepinephrine-induced vasoconstriction. These findings show that BAs are vasodilators. According to previous studies, the primary driver of cardiovascular disease is endothelial dysfunction, which leads to an imbalance in the synthesis and release of harmful and protective mediators, among which NO is the most important<sup>[66,67]</sup>. FXR is identified in vascular smooth muscle cells and endothelium, and, as a transcription factor, it can regulate vascular relaxation and contraction by altering the term of vasoactive molecules or other receptors. Studies have shown that activated FXR induces vasodilation in endothelial cells by down-regulating endothelin-1 (IL-1), up-regulating endothelial NO synthase (eNOS), modulating angiotensin II receptor expression, and inhibiting inflammation and migration in vascular smooth muscle cells<sup>[68]</sup>. It was found that CDCA activation leads to decreased IL-1 mRNA expression in a concentration-dependent manner. As is known, IL-1 is the most effective vasoconstrictor, and its BA-inhibited expression may be an essential factor in systemic vasodilation in cirrhotic patients<sup>[69]</sup>. The same team proposed the presence of FXR response elements in the promoter region of eNOS. Their activation led to up-regulation of eNOS and subsequent increases in the production of vasodilated NO<sup>[70]</sup>. S1P receptor 2 (S1PR2) is another BA-sensitive receptor found in vascular smooth muscle cells that is involved in NO signaling. Nevertheless, it works through inhibiting the synthase of inducible NO, thus reducing a part of NO levels in vascular injury<sup>[71-73]</sup>.

In contrast, long-term stimulation of FXR weakens NO-dependent vasodilation due to increased cGMP passivation in smooth muscle cells. These observations suggest that short-term and long-term FXR stimulation has differential effects on NO production and sensitivity<sup>[74]</sup>. Thus, time should be taken into account in the study of BA receptor-related effects. Pak *et al*<sup>[75]</sup> found that BA increases can cause vasodilation, and speculated that this might occur by inhibiting calcium from passing through membrane channels. This effect has no relationship with blockers or endothelial stripping. However, it is strongly affected by the type of BAs, and hydrophobic and lipophilic BAs are more likely to induce vasodilation. The authors speculate on the mechanism by which BAs achieve this effect and conclude that they must directly interact with cell membrane components, emphasizing the role of BA components rather than merely the concept that increasing concentration is essential in the cardiovascular function.

### **BA and coronary atherosclerotic heart disease**

Recent clinical studies have found that fasting total bile acid (TBA) serum levels are closely related to the severity of coronary heart disease (CHD), serving as an indicator of the seriousness of the severity CHD<sup>[76]</sup>. According to research, the fasting levels of BA concentration inhibit atherosclerosis<sup>[77]</sup>. Animal models are resistant to developing atherosclerosis because they can excrete excess cholesterol by secreting large amounts of BAs into the intestines<sup>[78]</sup>. We hypothesize that patients with coronary atherosclerotic disease might have impaired BA secretion and excretion, resulting in high serum cholesterol levels that promote progression of atherosclerotic lesions. Clinical studies have shown that fecal BA content in CHD patients is indeed significantly lower than that of non-CHD control groups<sup>[79]</sup>. BAs and their synthetic derivatives exert anti-atherogenic effects by activating the FXR receptor in some animal models. Oral administration of CDCA derivatives to apolipoprotein E-deficient mice reduced aortic plaque formation by 95% and reduced aortic expression of inflammatory factors, including IL-6, IL-1, *etc.*<sup>[80]</sup>. In mammalian models, oral administration of BAs or their synthetic derivatives reduce serum triglycerides and total cholesterol levels, and inhibit the formation of atherosclerosis in a dose-dependent manner. These findings suggest that oral administration of BAs or their synthetic derivatives may represent a method for treating atherosclerotic lesions<sup>[81]</sup>.

Interestingly, *Fxr*<sup>-/-</sup> mice showed pro-atherogenic lipid characteristics even when fed a high-fat/high-cholesterol diet but did not show enhanced atherosclerosis. Studies have demonstrated that CDCA or FXR ligand activated by FXR can reduce the activity of cardiomyocytes by triggering apoptosis of cardiomyocytes, promoting myocardial ischemia/reperfusion injury. These conflicting observations suggest that further *in vivo* studies are needed to determine the effect of the BA-FXR interaction on atherosclerosis.

### **BA<sub>s</sub> and cardiac cell arrhythmia**

Through previous studies, we know that the influence of BA<sub>s</sub> on cardiac function can be divided into indirect and direct effects. Direct effects require interaction between BA<sub>s</sub> and cardiomyocytes to affect the conduction and contraction of the myocardium. These effects may be receptor-dependent or independent. The cardiotoxicity of BA<sub>s</sub> was observed when high doses of BA<sub>s</sub> intravenously injected into animal specimens caused severe bradycardia. Further studies confirmed the dose-dependent negative time-varying effect of BA<sub>s</sub> on cardiomyocytes<sup>[82]</sup>. Binash *et al.*<sup>[65]</sup> reported that *in vitro* sodium taurocholate slightly increased the outward potassium current, reduced the calcium current, and slowed the inward sodium current, ultimately reducing the duration of the action potential. Voltage clamp experiments in mice demonstrated that BA<sub>s</sub> decrease slow inward Na<sup>+</sup> and Ca<sup>2+</sup> currents and increase outward K<sup>+</sup> currents. Of note, BA<sub>s</sub> can alter the function of heart muscle cells as pacemakers. In a partial *in vivo* study, investigators found the plasma nonursodeoxycholic BA ratio was significantly increased in the atrial fibrillation group. Data analysis showed that the serum ursodeoxycholic BA concentration and nonursodeoxycholic BA ratio were independent predictors of atrial fibrillation<sup>[83]</sup>. BA<sub>s</sub> can affect the exchange of sodium and calcium on the myocardial cell membrane as polar amphiphilic molecules, leading to depolarization of the resting potential and inducing posterior depolarization of cells. Subsequent depolarization and triggering are one of the initiating mechanisms of HF.

### **BA<sub>s</sub> and HF**

As the relationship between BA<sub>s</sub> and the heart continues to evolve, BA<sub>s</sub> have been shown to also play a role in HF<sup>[84]</sup>. Vascular endothelial dysfunction is one of the critical manifestations of chronic HF. Injury to endothelial function will activate endothelium-dependent injury pathways, eventually leading to decreased exercise tolerance and affecting the quality of life in HF patients. One of the most important factors is TNF- $\alpha$ <sup>[85]</sup>. LPS, which exists in the cell walls of Gram-negative bacteria in the gut, can enter the circulation through swollen intestinal mucosa due to decreased intestinal mucosal barrier function during the development of chronic HF<sup>[86]</sup>. Secondary BA<sub>s</sub> are produced from primary BA<sub>s</sub> under the action of intestinal microorganisms, indicating that the intestinal flora is related to the severity of HF<sup>[87]</sup>. In a recently published cross-sectional study, serum primary BA levels in patients with chronic HF decrease revealed specific secondary BA level increases and an increased ratio of secondary BA<sub>s</sub> to primary BA<sub>s</sub>. Therefore, the relationship between BA<sub>s</sub> and cardiomyocytes involves a complex regulatory system of multiple factors and multiple systems (organ, tissue, cellular, molecular, and endocrine) that interact with each other (as shown in [Figure 1](#)).

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## **DISEASE THAT CAUSES BA ABNORMALITIES IS ASSOCIATED WITH THE HEART**

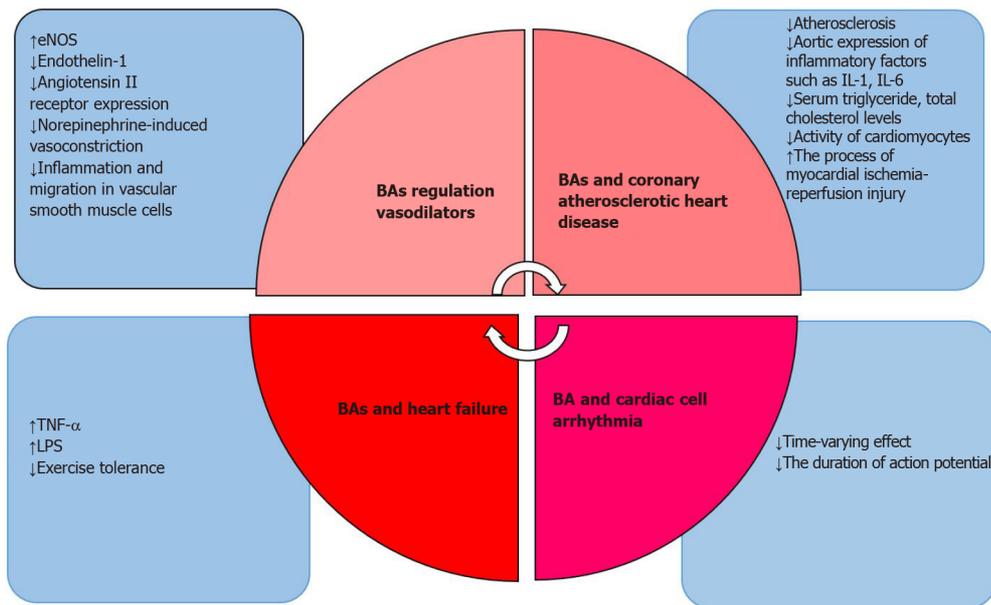
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Cirrhosis is often accompanied by cardiac dysfunction, which has aroused interest in the study of the relationship between abnormal BA metabolism and cardiac pathology. The relative risk of cardiovascular disease after primary sclerosing cholangitis onset was 3.34 and after primary biliary cholangitis (PBC) was 2.2<sup>[88,89]</sup>. Significant prolongation of the corrected QT (QTc) interval was found in PBC patients, which may lead to ventricular arrhythmia and increase the risk of sudden death<sup>[90,91]</sup>. Furthermore, studies have shown that patients with PBC have significantly reduced heart rate variability and stress-response sensitivity<sup>[92]</sup>.

Intrahepatic cholestasis of pregnancy (ICP) is a condition in which the mother's TBA concentration is higher than the normal range. ICP can cause accumulation of BA<sub>s</sub> in fetal serum, inducing fetal heart problems<sup>[93]</sup>. Studies in patients with mild and severe ICP have shown that TBA concentration is associated with ventricular arrhythmia<sup>[94]</sup>.

### **Relationship between BA<sub>s</sub>, liver disease, and cardiomyopathy due to cirrhosis**

Various causes of cholestatic disease eventually lead to cirrhosis<sup>[95]</sup>. It is estimated that about half of all cirrhosis cases result in cirrhotic cardiomyopathy (CC), which is characterized by systolic or diastolic dysfunction and can lead to morphological changes in the heart<sup>[96]</sup>. A prolonged QT interval is the most common feature of CC. The mechanism is unclear, but most studies have shown that it is determined by a combination of factors<sup>[97]</sup>. Studies also found that the severity of cirrhosis is positively



**Figure 1** Bile acids affect heart function in a number of ways and affect each other. BAs: Bile acids; eNOS: Endothelial nitric oxide synthase; IL-1: Interleukin-1; IL-6: Interleukin-6; LPS: Lipopolysaccharide; TNF- $\alpha$ : Tumor necrosis factor-alpha.

correlated with prolonged QTc septum, and it is more common in alcoholic cirrhosis<sup>[98]</sup>. The mouse BDL model revealed that elevated BAs increase the production of NO by mediating intracellular  $\text{Ca}^{2+}$  signaling and induce apoptosis of cardiomyocytes, leading to CC. It showed that NO can also promote apoptosis and inhibit autophagy in hepatocellular carcinoma. Ma *et al*<sup>[99]</sup> showed that reduced flow of the myocardial membrane in BDL rats, resulting in adrenergic dysfunction and the inability to produce cAMP, ultimately resulted in decreased contractility of the myocardium. However, most of the data obtained from the modeling of BDL has involved rodents, so the mechanism of application in the human body remains to be further confirmed.

### **UDCA has a protective effect on heart disease**

UDCA is a highly hydrophilic BA that was initially used to treat chronic liver disease because it can dissolve cholesterol and reduce cholesterol absorption<sup>[100]</sup>. In animal experiments, increased BA concentrations often lead to arrhythmia and decreased cardiac function, while UDCA does not. UDCA has both apoptotic and anti-apoptotic effects, suggesting that it plays distinct roles depending on the cell type<sup>[101]</sup>. It protects the myocardium by counteracting more hydrophobic BAs, which is thought to be mediated by protein kinase C and intracellular calcium ( $\text{Ca}^{2+}$ )<sup>[102]</sup>. Lee *et al*<sup>[103]</sup> found that UDCA protects myocardial damage by enhancing the recovery of systolic cardiac function during ischemia-reperfusion and reducing the release of lactate dehydrogenase during ischemia-reperfusion. In addition, the protective effect of UDCA on myocardial reperfusion injury in rats is thought to occur by inhibiting the mitochondrial permeability transition pore, which is dependent on the phosphoinositide 3 kinase/PKB pathway<sup>[104]</sup>. In patients with HF, UDCA therapy has been shown to improve endothelial-dependent and nondependent vasodilation, thereby maintaining impaired NO production of arterial blood flow<sup>[105]</sup>. In another clinical study, patients with chronic HF received 4 wk UDCA 500 mg twice daily, resulting in improved ischemic blood flow. Furthermore, levels of gamma-glutamyltransferase, aspartate transaminase, and tumor necrosis factor receptor 1 (TNFR1) were reduced and liver function improved after treatment compared to before treatment<sup>[106]</sup>. UDCA also protects fetal arrhythmia through BA-induced function<sup>[107]</sup>. Although numerous studies on UDCA have shown that its use can improve myocardial injury, the mechanisms are not well understood. To further confirm the importance of UDCA in humans, more patients are needed for more comprehensive studies.

## CONCLUSION

Based on the above discussion, we know that BA signaling plays a vital role through receptor-dependent (FXR, VDR, TGR5, S1P, M) and channel-mediated (BK channel) mechanisms in different cell types. Particularly, for the cardiac system, most studies have shown that BA signaling affects heart function, and cardiac dysfunction in liver diseases, such as cirrhosis and ICP, is common. Interestingly, UDCA was found to play a protective role in dysrhythmia. Future work should be devoted to deciphering the complex interactions between BAs and their receptors to provide a pharmacological basis for the clinical treatment of related diseases.

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