

## ESPS PEER-REVIEW REPORT

**Name of journal:** World Journal of Diabetes

**ESPS manuscript NO:** 24666

**Title:** Blunting post-meal glucose surges in people with diabetes

**Reviewer's code:** 00009616

**Reviewer's country:** United States

**Science editor:** Xue-Mei Gong

**Date sent for review:** 2016-02-01 17:21

**Date reviewed:** 2016-02-17 11:22

CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
<input checked="" type="checkbox"/> Grade A: Excellent	<input checked="" type="checkbox"/> Grade A: Priority publishing	Google Search:	<input checked="" type="checkbox"/> Accept
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language polishing	<input type="checkbox"/> The same title	<input type="checkbox"/> High priority for publication
<input type="checkbox"/> Grade C: Good	<input type="checkbox"/> Grade C: A great deal of language polishing	<input type="checkbox"/> Duplicate publication	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade D: Rejected	<input checked="" type="checkbox"/> Plagiarism	<input type="checkbox"/> Minor revision
<input type="checkbox"/> Grade E: Poor		[Y] No	<input type="checkbox"/> Major revision
		BPG Search:	
		<input type="checkbox"/> The same title	
		<input type="checkbox"/> Duplicate publication	
		<input type="checkbox"/> Plagiarism	
		[Y] No	

## COMMENTS TO AUTHORS

well done.

## ESPS PEER-REVIEW REPORT

**Name of journal:** World Journal of Diabetes

**ESPS manuscript NO:** 24666

**Title:** Blunting post-meal glucose surges in people with diabetes

**Reviewer's code:** 02446337

**Reviewer's country:** United States

**Science editor:** Xue-Mei Gong

**Date sent for review:** 2016-02-01 17:21

**Date reviewed:** 2016-02-18 00:13

CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	Google Search:	<input type="checkbox"/> Accept
<input type="checkbox"/> Grade B: Very good	<input checked="" type="checkbox"/> Grade B: Minor language polishing	<input type="checkbox"/> The same title	<input type="checkbox"/> High priority for publication
<input type="checkbox"/> Grade C: Good	<input type="checkbox"/> Grade C: A great deal of language polishing	<input type="checkbox"/> Duplicate publication	<input checked="" type="checkbox"/> Rejection
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade D: Rejected	<input checked="" type="checkbox"/> Plagiarism	<input type="checkbox"/> Minor revision
<input checked="" type="checkbox"/> Grade E: Poor		[Y] No	<input type="checkbox"/> Major revision
		BPG Search:	
		<input type="checkbox"/> The same title	
		<input type="checkbox"/> Duplicate publication	
		<input type="checkbox"/> Plagiarism	
		[Y] No	

## COMMENTS TO AUTHORS

The manuscript is quite unclear, comprising several pieces of apparently unlinked information.

## ESPS PEER-REVIEW REPORT

**Name of journal:** World Journal of Diabetes

**ESPS manuscript NO:** 24666

**Title:** Blunting post-meal glucose surges in people with diabetes

**Reviewer's code:** 00573611

**Reviewer's country:** Taiwan

**Science editor:** Xue-Mei Gong

**Date sent for review:** 2016-02-01 17:21

**Date reviewed:** 2016-02-18 12:16

CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
<input type="checkbox"/> Grade A: Excellent	<input checked="" type="checkbox"/> Grade A: Priority publishing	Google Search:	<input checked="" type="checkbox"/> Accept
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language polishing	<input type="checkbox"/> The same title	<input type="checkbox"/> High priority for publication
<input checked="" type="checkbox"/> Grade C: Good	<input type="checkbox"/> Grade C: A great deal of language polishing	<input type="checkbox"/> Duplicate publication	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade D: Rejected	<input checked="" type="checkbox"/> Plagiarism	<input type="checkbox"/> Minor revision
<input type="checkbox"/> Grade E: Poor		[Y] No	<input type="checkbox"/> Major revision
		BPG Search:	
		<input type="checkbox"/> The same title	
		<input type="checkbox"/> Duplicate publication	
		<input type="checkbox"/> Plagiarism	
		[Y] No	

## COMMENTS TO AUTHORS

This is an interesting Letter to the Editor. The reviewer has no comment. It can be accepted to publish to this Journal.

## ESPS PEER-REVIEW REPORT

**Name of journal:** World Journal of Diabetes

**ESPS manuscript NO:** 24666

**Title:** Blunting post-meal glucose surges in people with diabetes

**Reviewer's code:** 00506304

**Reviewer's country:** Thailand

**Science editor:** Xue-Mei Gong

**Date sent for review:** 2016-02-01 17:21

**Date reviewed:** 2016-02-18 12:54

CLASSIFICATION	LANGUAGE EVALUATION	SCIENTIFIC MISCONDUCT	CONCLUSION
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	Google Search:	<input type="checkbox"/> Accept
<input checked="" type="checkbox"/> Grade B: Very good	<input checked="" type="checkbox"/> Grade B: Minor language polishing	<input type="checkbox"/> The same title	<input type="checkbox"/> High priority for publication
<input type="checkbox"/> Grade C: Good		<input type="checkbox"/> Duplicate publication	
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade C: A great deal of language polishing	<input type="checkbox"/> Plagiarism	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade E: Poor		<input checked="" type="checkbox"/> No	<input checked="" type="checkbox"/> Minor revision
	<input type="checkbox"/> Grade D: Rejected	BPG Search:	<input type="checkbox"/> Major revision
		<input type="checkbox"/> The same title	
		<input type="checkbox"/> Duplicate publication	
		<input type="checkbox"/> Plagiarism	
		<input checked="" type="checkbox"/> No	

## COMMENTS TO AUTHORS

In this clinical practice article, the author has pointed out the importance of post-meal glucose surges in diabetic patients. Management of post-meal glucose levels is indeed essential for reducing diabetic microvascular complications. The author suggests that exercise is one of the best approaches to control post-meal glucose surges. However, besides a brisk walk, the author should explicitly mention which types of exercise (intensity, duration, impact vs. non-impact, etc.; may give examples) are beneficial for post-meal glucose control and when should the exercise be started.