



PEER-REVIEW REPORT

Name of journal: *World Journal of Clinical Cases*

Manuscript NO: 80491

Title: Very low calorie ketogenic Diet and Common Rheumatic Disorders: a case report

Provenance and peer review: Unsolicited Manuscript; Externally peer reviewed

Peer-review model: Single blind

Reviewer’s code: 06399425

Position: Peer Reviewer

Academic degree: MD

Professional title: Doctor

Reviewer’s Country/Territory: China

Author’s Country/Territory: Italy

Manuscript submission date: 2022-10-20

Reviewer chosen by: AI Technique

Reviewer accepted review: 2022-10-21 02:44

Reviewer performed review: 2022-10-21 04:22

Review time: 1 Hour

Scientific quality	<input type="checkbox"/> Grade A: Excellent <input type="checkbox"/> Grade B: Very good <input checked="" type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
Language quality	<input checked="" type="checkbox"/> Grade A: Priority publishing <input type="checkbox"/> Grade B: Minor language polishing <input type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
Conclusion	<input type="checkbox"/> Accept (High priority) <input type="checkbox"/> Accept (General priority) <input checked="" type="checkbox"/> Minor revision <input type="checkbox"/> Major revision <input type="checkbox"/> Rejection
Re-review	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Peer-reviewer	Peer-Review: <input checked="" type="checkbox"/> Anonymous <input type="checkbox"/> Onymous



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statements	Conflicts-of-Interest: [] Yes [Y] No
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SPECIFIC COMMENTS TO AUTHORS

Brief summary: The paper entitled “Very low calorie ketogenic Diet and Common Rheumatic Disorders: a case report” discussed the potential benefits of a very low calorie ketogenic diet in an obese patient diagnosed with juvenile idiopathic arthritis. I think this study is very meaningful and provides another avenue for non-drug treatment of rheumatic diseases. Only minor revisions are required before the manuscript is accepted for publication in “World Journal of Clinical Cases”. Comments: 1. In the case report, from step 1 to step 5, the patient's weight did not seem to achieve the desired effect, which may affect the results of the study and can be discussed appropriately. 2. The manuscript should indicate whether medical therapy was adjuncted during VLCKD treatment. 3. In the case summary section, I think it is also important to briefly describe the changes in serum inflammatory markers.



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Reviewer’s code: 06131948

Position: Peer Reviewer

Academic degree: PhD

Professional title: Doctor, Teacher

Reviewer’s Country/Territory: Russia

Author’s Country/Territory: Italy

Manuscript submission date: 2022-10-20

Reviewer chosen by: AI Technique

Reviewer accepted review: 2022-10-20 10:39

Reviewer performed review: 2022-10-28 13:34

Review time: 8 Days and 2 Hours

Scientific quality	<input type="checkbox"/> Grade A: Excellent <input type="checkbox"/> Grade B: Very good <input checked="" type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
Language quality	<input checked="" type="checkbox"/> Grade A: Priority publishing <input type="checkbox"/> Grade B: Minor language polishing <input type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
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statements	Conflicts-of-Interest: [] Yes [Y] No
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SPECIFIC COMMENTS TO AUTHORS

Overweight and obesity represent a significant clinical problem. In this regard, ways to address this problem are of clinical interest. Comments: 1. It is not clear whether the patient was prescribed physical activity and exercise. It is recommended that more data be added. 2. It is recommended to add more clinical data on juvenile idiopathic arthritis activity. Did the patient have limitations in physical activity? 3. Does the study require approval by an ethics committee? 4. Has the patient received any other treatment for her underlying condition that may have affected the results of the study (e.g. corticosteroids, etc.)?