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REVIEW

- 2251 Viral hepatitis and hepatocellular carcinoma: From molecular pathways to the role of clinical surveillance and antiviral treatment
Stella L, Santopaolo F, Gasbarrini A, Pompili M, Ponziani FR

MINIREVIEWS

- 2282 Updates in therapeutic drug monitoring in inflammatory bowel disease
Lodhia N, Rao S
- 2291 Serological biomarkers for management of primary sclerosing cholangitis
Tornai D, Ven PL, Lakatos PL, Papp M

ORIGINAL ARTICLE**Basic Study**

- 2302 Impact of radiotherapy on the immune landscape in oesophageal adenocarcinoma
Donlon NE, Davern M, O'Connell F, Sheppard A, Heeran A, Bhardwaj A, Butler C, Narayanasamy R, Donohoe C, Phelan JJ, Lynam-Lennon N, Dunne MR, Maher S, O'Sullivan J, Reynolds JV, Lysaght J

Case Control Study

- 2320 Intermittent hypoxia is involved in gut microbial dysbiosis in type 2 diabetes mellitus and obstructive sleep apnea-hypopnea syndrome
Tang SS, Liang CH, Liu YL, Wei W, Deng XR, Shi XY, Wang LM, Zhang LJ, Yuan HJ

Retrospective Study

- 2334 Serotonin type 3 receptor subunit gene polymorphisms associated with psychosomatic symptoms in irritable bowel syndrome: A multicenter retrospective study
Berens S, Dong Y, Fritz N, Walstab J, D'Amato M, Zheng T, Wahl V, Boekstegers F, Bermejo JL, Martinez C, Schmitteckert S, Clevers E, Engel F, Gauss A, Herzog W, Spiller R, Goebel-Stengel M, Mönnikes H, Andresen V, Thomas F, Keller J, Pehl C, Stein-Thöringer C, Clarke G, Dinan TG, Quigley EM, Sayuk G, Simrén M, Tesarz J, Rappold G, van Oudenhove L, Schaefer R, Niesler B

- 2350 Differentiating malignant and benign focal liver lesions in children using CEUS LI-RADS combined with serum alpha-fetoprotein
Jiang ZP, Zeng KY, Huang JY, Yang J, Yang R, Li JW, Qiu TT, Luo Y, Lu Q

Observational Study

- 2361 Socioeconomics and attributable etiology of primary liver cancer, 1990-2019
Xing QQ, Li JM, Dong X, Zeng DY, Chen ZJ, Lin XY, Pan JS

SYSTEMATIC REVIEWS

- 2383** Endoscopic ultrasound-guided injectable therapy for pancreatic cancer: A systematic review
Kaur J, Jaruvongvanich V, Chandrasekhara V

LETTER TO THE EDITOR

- 2396** Peripancreatic paraganglioma: Lesson from a round table
Petrelli F, Fratini G, Sbrozzi-Vanni A, Giusti A, Manta R, Vignali C, Nesi G, Amorosi A, Cavazzana A, Arganini M, Ambrosio MR

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Retrospective Study

Differentiating malignant and benign focal liver lesions in children using CEUS LI-RADS combined with serum alpha-fetoprotein

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Abstract**BACKGROUND**

Contrast-enhanced ultrasound (CEUS) can be used to diagnose focal liver lesions (FLLs) in children. The America College of Radiology developed the CEUS liver imaging reporting and data system (LI-RADS) for standardizing CEUS diagnosis of FLLs in adult patients. Until now, no similar consensus or guidelines have existed for pediatric patients to improve imaging interpretation as adults.

AIM

To evaluate the performance of CEUS LI-RADS combined with alpha-fetoprotein (AFP) in differentiating benign and malignant FLLs in pediatric patients.

METHODS

Between January 2011 and January 2021, patients ≤ 18 years old who underwent CEUS for FLLs were retrospectively evaluated. The following criteria for diagnosing malignancy were proposed: Criterion I considered LR-4, LR-5, or LR-M lesions as malignancies; criterion II regarded LR-4, LR-5 or LR-M lesions with simultaneously elevated AFP (≥ 20 ng/mL) as malignancies; criterion III took LR-4 Lesions with elevated AFP or LR-5 or LR-M lesions as malignancies. The sensitivity, specificity, accuracy and area under the receiver operating characteristic curve (AUC) were calculated to determine the diagnostic value of the aforementioned criteria.

RESULTS

The study included 63 nodules in 60 patients (mean age, 11.0 ± 5.2 years; 26 male). There were no statistically significant differences between the specificity, accuracy, or AUC of criterion II and criterion III (95.1% vs 80.5%, 84.1% vs 87.3%, and 0.794 vs 0.902; all $P > 0.017$). Notably, criterion III showed a higher diagnostic

sensitivity than criterion II (100% *vs* 63.6%; $P < 0.017$). However, both the specificity and accuracy of criterion I was inferior to those of criterion II and criterion III (all $P < 0.017$). For pediatric patients more than 5 years old, the performance of the three criteria was overall similar when patients were subcategorized by age when compared to all patients in aggregate.

CONCLUSION

CEUS LI-RADS combined with AFP may be a powerful diagnostic tool in pediatric patients. LR-4 with elevated AFP, LR-5 or LR-M lesions is highly suggestive of malignant tumors.

Key Words: Pediatric; Contrast-enhanced ultrasound; Liver imaging reporting and data system; Diagnosis; Focal liver lesions; Alpha-fetoprotein

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Core Tip: Contrast-enhanced ultrasound liver imaging reporting and data system (CEUS LI-RADS) is used for the diagnosis of focal liver lesions (FLLs) in adult patients at high risk of hepatocellular carcinoma. CEUS has recently been approved to be used in characterization of FLLs in children. Our study investigated the diagnostic value of CEUS LI-RADS in association with serum alpha-fetoprotein (AFP) in differentiating malignant from benign FLLs in pediatric patients. Our study demonstrated that CEUS LI-RADS combined with AFP may be a powerful diagnostic tool for pediatric patients. LR-4 with elevated AFP, LR-5 or LR-M lesions are highly indicative of malignant tumors.

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INTRODUCTION

Pediatric patients have different treatment strategies regarding benign and malignant focal liver lesions (FLLs)[1]. Hepatoblastoma (HB) constitutes the most common malignant tumor, accounting for 67% of all pediatric malignant FLLs, followed by hepatocellular carcinoma (HCC), at 28%[2-4]. Thanks to the development of surgical techniques and chemotherapy, the overall 5-year survival rates of HB exceed 80% with timely treatment, and those of nonmetastatic HCC patients who can be treated surgically are 70%-80%[5]. In comparison, the survival rate of children with inoperable hepatic malignancies was less than 20%[6].

Although computed tomography (CT) and magnetic resonance imaging (MRI) are usually recommended for the differential diagnosis of pediatric FLLs[7], both have some limitations. CT increases children's radiation exposure, while MRI requires a long imaging time and high cost[8-10]. Furthermore, children are exposed to the risk of contrast-induced nephrotoxicity and potential use of sedation[11]. Serum alpha-fetoprotein (AFP) is the most widely used tumor biomarker for the screening of HCC and HB in high-risk pediatric populations[12]. However, AFP levels remained in the normal range in 30%-40% of HCC patients and 10% of HB patients. Moreover, the positive predictive value of AFP is poor, making the value of AFP alone as a diagnostic tool very limited[13,14]. Therefore, developing a potent diagnostic method for differentiating benign from malignant FLLs in children is urgently needed.

The American College of Radiology developed the Liver Imaging Reporting and Data System (LI-RADS) to standardize the diagnosis of HCC and assist in the diagnosis of other hepatic malignant tumors[7]. In addition, CEUS can overcome the shortcomings of the aforementioned imaging modalities [15]. Moreover, CEUS has been approved for use in the diagnosis of FLL in the pediatric population [16]. Therefore, this study aimed to evaluate the diagnostic performance of the combination of CEUS LI-RADS and AFP in differentiating benign and malignant FLLs in a pediatric population.

MATERIALS AND METHODS

This retrospective study was approved by the institutional review board of our hospital, and informed consent was waived.

Patient selection

From January 2011 to January 2021, hepatic CEUS examinations performed in a tertiary academic medical center were retrospectively collected.

The inclusion criteria were: (1) Age \leq 18 years at the time of examination; (2) visible liver nodules at baseline US; and (3) sufficient images of the arterial phase, portal phase, and parenchymal phase.

The exclusion criteria were: (1) Lesions previously treated; (2) known or strongly suspected active extrahepatic primary malignancy; (3) poor image quality; and (4) no accepted reference standard (see more detail in a later section).

Ultrasound examination

Conventional and contrast-enhanced US examinations were performed using a Philips IU22 system (Philips Medical Solutions; Mountain View, CA, United States) with a C5-1 convex or an L9-3 Linear probe. After routine ultrasound examinations, all pediatric patients underwent CEUS examinations using the pulse inversion harmonic imaging technique with a mechanical index less than 0.1. A bolus injection of 1.2 mL of ultrasound contrast agent (SonoVue; Bracco, Milan, Italy) was administered through a vascular catheter needle placed in the anterior cubital vein. The imaging timer was started immediately upon completion of the contrast agent injection. A 5 mL flush of 0.9% sodium chloride solution followed the ultrasound contrast agent injection. The target area was continuously scanned in the first 60 s, followed by intermittent scans and records until the examiner confidently observed washout or faded liver parenchymal enhancement, typically 5 min or longer. CEUS imaging was digitally stored for further evaluation.

Reference standards

Pathological diagnosis from surgical resection or percutaneous biopsy was taken as the reference standard. In addition, lesions without pathological diagnosis were considered benign if their size increased less than 50% at the 12-mo imaging follow-up. Meanwhile, serum AFP \geq 20 ng/mL was regarded as elevated[13].

Diagnostic criteria for differentiating benign and malignant fills

In a previous study, lesions with categories of LR-1, LR-2 or LR-3 were considered benign, while LR-4, LR-5 or LR-M was defined as malignancy[16]. Moreover, the meta-analysis conducted by Christian *et al* [17], including 17 studies (2760 patients, 3556 lesions), showed that 80% of LR-4, 97% of LR-5, and 93% of LR-M lesions were malignant. Therefore, we proposed the following criteria for the diagnosis of malignancy in the pediatric population: Criterion I considered LR-4, LR-5, or LR-M lesions as malignancies; criterion II regarded LR-4, LR-5 or LR-M lesions with simultaneously elevated AFP (\geq 20 ng/mL) as malignancies; and criterion III took LR-4 lesions with elevated AFP or LR-5 or LR-M lesions as malignancies.

Imaging analysis

Two certified radiologists (Qiu TT and LI JW, with more than 3 years and 5 years of experience in hepatic CEUS, respectively) who were blinded to the reference standard and other clinical data reviewed the CEUS examinations of all cases independently and assigned a category according to the CEUS LI-RADS (2017 version). When there was an inconformity, arbitration from a blinded expert radiologist (Lu Q, with 17 years of experience) was performed. Briefly, the main diagnostic criteria of CEUS LI-RADS are nodule size, enhancement degree and pattern in the arterial phase, timing and degree of washout. Moreover, the ancillary features for category adjustment are nodule-in-nodule architecture and mosaic architecture.

Statistical analysis

Qualitative data are presented as the numbers and percentages. Quantitative data are presented as a combination of the mean values and standard deviations. The comparison of numeric variables was performed using *t* tests. Differences in categorical variables were analyzed using χ^2 tests or Fisher's exact tests. The unit of analysis is each FLL rather than each patient. The accuracy, sensitivity, specificity, area under the curve (AUC) and 95% confidence intervals (CI) were calculated to evaluate the diagnostic power of CEUS LI-RADS in association with AFP in distinguishing benign and malignant FLLs. The performance of the diagnostic criteria was further assessed by the fourfold table and compared by using the McNemar test. A *P* value less than 0.05 was considered statistically significant. The *P* values were corrected for multiple comparisons through the Bonferroni method (Bonferroni-adjusted *P* values $<$ 0.017). Given that HCC more commonly occurs in children over 5 years old among pediatric patients[18], subgroup analysis was also conducted. Based on the value of κ , the strength of agreement is defined as follows: $\kappa <$ 0.20 suggests poor agreement, 0.21-0.40 suggests fair agreement, 0.41-0.60 suggests moderate agreement, 0.61-0.80 suggests good agreement, and 0.80-1.00 suggests almost perfect agreement. Statistical analyses were performed using statistical software (MedCalc10.4.7.0; MedCalc Software, Ostend, Belgium).

RESULTS

Patients and liver nodule characteristics

According to the inclusion and exclusion criteria, 63 lesions from 60 patients were enrolled in this study (Figure 1), among which 3 patients had 2 FLLs. The main clinical characteristics of the patients, including age, sex, serum AFP, tumor size, and high-risk factors for HCC, are shown in Table 1. The average size of the 63 lesions was 68 ± 39 mm, ranging from 11 to 163 mm. Males accounted for 43.3% of the included patients, and AFP levels exceeding 20 ng/mL were present in 14 patients. The AFP level of malignant lesions (Figure 2) was higher than that of benign lesions [63.6% (14/22) *vs* 4.9% (2/41), $P < 0.0001$]. In our study, 14 patients had high-risk factors for HCC, including 8 chronic hepatitis B and 6 cirrhosis.

Histopathological results and follow-up results of the lesions are summarized in Table 2. Histopathological results of 52 (82.5%) lesions were obtained by surgical resections or US-guided core needle biopsies. The 11 (17.5%) lesions were regarded as benign through the one-year follow-up.

The distribution of FLLs in CEUS LI-RADS categories and lesions with elevated AFP levels are displayed in Table 3. In this study, 2 benign lesions were classified as LR-M, including one granulomatous inflammation and one abscess. Furthermore, 4 benign lesions in LR-5 included one adenomatoid hyperplasia, one abscess, and 2 focal nodular hyperplasia (FNH). Among the lesions defined as LR-4, there were only two lesions with elevated AFP. Postoperative pathology confirmed them as a regenerative nodule and an infantile hemangioendothelioma (Figure 3). The CEUS characteristics of various FLLs are presented in Table 4.

Interobserver agreement in CEUS LI-RADS classification

The rating of liver nodules according to CEUS LI-RADS of the two readers indicated good agreement, with a κ value of 0.76 (95% CI: 0.62-0.90).

The diagnostic performance of CEUS LI-RADS combined with AFP

Table 5 summarizes the diagnostic performances of different diagnostic criteria in differentiating benign and malignant FLLs in children. Table 6 shows a comparison of different criteria on indicators of diagnostic performance. Notably, there was no statistically significant difference between the specificity, accuracy, or AUC of criterion II and criterion III (95.1% *vs* 80.5%, 84.1% *vs* 87.3%, and 0.794 *vs* 0.902; all $P > 0.017$). Notably, criterion III showed a higher diagnostic sensitivity than criterion II (100% *vs* 63.6%; $P < 0.017$). However, both the specificity and accuracy of criterion I was inferior to those of criterion II and criterion III (all P values < 0.017).

Diagnostic performance of CEUS LI-RADS combined with AFP in pediatric patients > 5 years of age

In total, 53 FLLs were included in this subgroup analysis. The diagnostic performance of CEUS LI-RADS in association with AFP for predicting overall hepatic malignancy and HCC among patients older than 5 years is shown in Supplementary Table 1. Moreover, a comparison of indicators for diagnostic power among the three criteria is shown in Supplementary Table 2. The performance of the three criteria was similar overall when patients were subcategorized by age when compared to all patients in aggregate. In short, there was no statistically significant difference between the specificity, accuracy, or AUC of criterion II and criterion III (97.2% *vs* 86.1%, 83.3% *vs* 87.0%, and 0.780 *vs* 0.931; all $P > 0.017$). Notably, criterion III showed a higher diagnostic sensitivity than criterion II (100% *vs* 58.8%; $P < 0.017$). However, both the specificity and accuracy of criterion I was inferior to those of criterion II and criterion III (all $P < 0.017$). Interestingly, if LR-5 lesions with elevated AFP were regarded as HCC in this subgroup, the sensitivity, specificity, accuracy, and AUC of diagnosing HCC were 80.0% (95% CI: 44.4%-97.5%), 95.4% (95% CI: 84.2%-99.4%), 94.4% (95% CI: 84.6%-98.8%) and 0.877 (95% CI: 0.757-0.951), respectively.

DISCUSSION

Proper differentiation between benign and malignant FLLs is essential in the treatment of pediatric liver disease. We found that CEUS LI-RADS in association with AFP presented an effective way to differentiate benign tumors from malignancies in pediatric patients. The sensitivity and specificity of criterion III (LR-4 with elevated AFP or LR-5 or LR-M lesions) reached 100.0% and 80.5%, respectively.

The specificity (29.3%) of diagnostic criterion I (LR-4, LR-5, or LR-M lesions) was significantly reduced compared to criteria II and III. This may be because there were a considerable number of benign lesions in LR-4. Notably, differentiation between benign and malignant FLLs in pediatric patients by CEUS LI-RADS alone had an accuracy of 54.0% and specificity of 29.3%, suggesting that CEUS LI-RADS alone is not suitable for this scenario. CEUS LI-RADS was mainly used as a diagnostic tool for HCC in adults at high risk. This study explored the possibility of expanding the application of this diagnostic algorithm in pediatric patients. However, only a few pediatric patients have high-risk

Table 1 The clinical characteristics of enrolled 60 patients

Characteristics	All Patients (n = 60)	Patients with malignant lesions (n = 20)	Patients with benign lesions (n = 40)	P value ²
Age, yr; mean ± SD, (range)	11.0 ± 5.2 (0-18)	9.7 ± 5.4 (0-18)	11.7 ± 5.1 (0-18)	0.98
Gender, n (%)				0.54
Male	26 (43.3)	10 (50.0)	16 (40.0)	
Female	34 (56.7)	10 (50.0)	24 (60.0)	
AFP level (ng/mL), n (%)				< 0.05
AFP > 20	14 (23.3)	12 (60.0)	2 (5.0)	
AFP < 20	46 (76.7)	8 (40.0)	38 (95.0)	
High-risk factors ¹				0.24
High risk for HCC ¹	14 (23.3)	7 (35.0)	7 (17.5)	
No high risk for HCC ¹	46 (76.7)	13 (75.0)	33 (82.5)	

¹High risk for hepatocellular carcinoma (HCC) in focal liver lesions in contrast-enhanced ultrasound liver imaging reporting and data system included cirrhosis, chronic hepatitis B viral infection, and current or prior HCC.

²P values showed whether there were significant differences in age, gender, alpha-fetoprotein level or high-risk factors between the benign and malignant groups.

Note-data are numbers of patients with percentages in parentheses. AFP: Alpha-fetoprotein; HCC: Hepatocellular carcinoma.

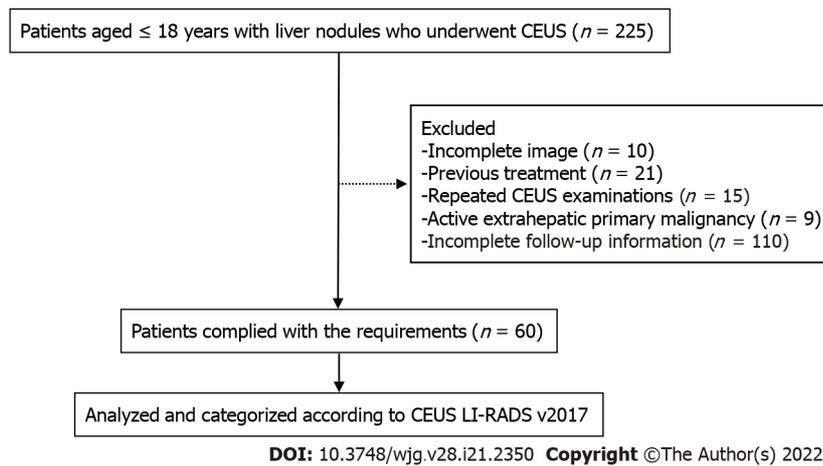


Figure 1 Flow diagram for the study population. CEUS: Contrast-enhanced ultrasound; LI-RADS: Liver imaging reporting and data system.

factors for HCC, and the disease spectrum of FLLs between adults and children is different. HB and HCC account for a majority of pediatric hepatic malignancies, while hemangioma and FNH account for a majority of pediatric hepatic benign lesions. Because a significant difference in AFP was found between benign and malignant FLLs[19], CEUS LI-RADS combined with serum AFP is proposed for better characterization of FLLs in pediatric patients.

Compared with criterion III, the sensitivity (63.6%) of criterion II decreased significantly. A possible explanation was that 2 HCC patients and 6 patients with other hepatic malignancies presented normal serum AFP values (< 20 ng/mL), resulting in false negatives of the aforementioned lesions according to criterion II.

In this study, 13 FNHs were assigned to LR-4, and 2 FNHs were assigned to LR-5. A retrospective study by Kong *et al*[20] found that 42.9% of FNHs displayed global homogeneous hyperenhancement, and 42.9% of FNHs showed centrifugal enhancement in the arterial phase. Centrifugal arterial enhancement was often present in FNH < 3 cm. This is probably because the blood supply of larger lesions is more abundant[21]. Moreover, atypical FNHs could demonstrate washout in the portal and late phases[22]. Due to the above reasons, FNHs could be classified as LR-4 or LR-5 Lesions. However, AFP in patients with FNH is generally within the normal range[23]. Therefore, the combination of CEUS LI-RADS and AFP may potentially avoid diagnosing FNH as a malignancy.

Table 2 Number of included fills with each diagnosis, stratified by reference standard

Diagnosis	All fills (n = 63)	Fills from Patients > 5 yr (n = 53)
Pathologic analysis	2	42
Malignant liver lesions	22	17
HCC	10	10
HB	6	2
Undifferentiated sarcoma	2	1
Non-Hodgkin's lymphoma	1	1
Neuroendocrine carcinoma	1	1
Desmoplastic small round cell tumor	1	1
Perivascular epithelioid cell tumor	1	1
Benign liver lesions	30	25
FNH	14	12
RN/DN	3	3
Area of granulomatous inflammation	3	3
Adenomatoid hyperplasia	3	3
Infantile hemangioendothelioma	2	0
Liver abscess	1	0
Other benign tumors	3	3
Follow-up < 50% size increase in 12 mo	11	11
Hemangioma	3	3
FNH	3	1
RN/DN	2	2
Other benign tumors	3	3

FLLs: Focal liver lesions; HCC: Hepatocellular carcinoma; HB: Hepatoblastoma; FNH: Focal nodular hyperplasia; DN: Dysplastic nodule; RN: Regenerative nodule.

Table 3 All focal liver lesions in contrast-enhanced ultrasound liver imaging reporting and data system categorization and distribution of elevated alpha-fetoprotein

CEUS LI-RADS	No. of nodules (n = 63)	No. of malignant lesions (n = 22)	No. of benign lesions (n = 41)	AFP > 20 ng/mL (n = 16)
LR-1	4	0	4	0
LR-2	0	0	0	0
LR-3	8	0	8	0
LR-4	23	0	23	2
LR-5	22	18	4	13
LR-M	6	4	2	1

FLLs: Focal liver lesions; CEUS LI-RADS: Focal liver lesions in contrast-enhanced ultrasound liver imaging reporting and data system; AFP: Alpha-fetoprotein.

We also performed subgroup analysis by the age of 5 to explore whether those patients could use CEUS LI-RADS combined with AFP to identify malignant FLLs or even HCC. For differentiating malignant from benign FLLs, the results of subgroup analysis were similar to the overall analysis. LR-5 in adult patients had a high diagnostic specificity for HCC. In this study, LR-5 Lesions with elevated AFP for diagnosing HCC presented high specificity (95.4%) in pediatric patients over 5 years old.

Table 4 Imaging characteristics of different types of focal liver lesions

Image features	Malignant lesions			Benign lesions		
	HCC (n = 10)	HB (n = 6)	Other malignant lesions (n = 6)	FNH (n = 17)	RN/DN (n = 5)	Other benign tumors (n = 18)
Gray-scale echogenicity						
Hyperechoic	3	4	5	4	2	9
Hypoechoic	7	2	1	13	3	9
Arterial phase, hyperenhancement						
Homogeneous	4	2		9	1	4
Inhomogenous	6	4	5	8		5
Rim			1			2
Peripheral nodular						3
Isoenhancement					2	2
Hypoenhancement					2	2
Late phase						
Hyperenhancement				10		5
Isoenhancement				5	5	8
Hypoenhancement	10	6	6	2		5
Washout						
< 60 s		1	3			1
Marked, ≤ 120 s			1			

Data are numbers of nodules. FLLs: Focal liver lesions; HCC: Hepatocellular carcinoma; HB: Hepatoblastoma; FNH: Focal nodular hyperplasia; DN: Dysplastic nodule; RN: Regenerative nodule.

Table 5 Performance of various diagnostic criteria for differentiating benign and malignant focal liver lesions

Diagnostic criteria	Sensitivity (%)	Specificity (%)	Accuracy (%)	AUC
Criterion I	100.0 (84.6-100.0)	29.3 (16.1-45.5)	54.0 (40.9-66.6)	0.646 (0.516-0.763)
Criterion II	63.6 (40.7-82.8)	95.1 (83.5-99.4)	84.1 (72.7-92.1)	0.794 (0.673-0.885)
Criterion III	100.0 (84.6-100.0)	80.5 (65.1-91.2)	87.3 (76.5-94.4)	0.902 (0.801-0.963)

Criterion I considered LR-4, LR-5, or LR-M lesions as malignancies; criterion II regarded LR-4, LR-5 or LR-M lesions with simultaneously elevated alpha-fetoprotein (AFP, ≥ 20 ng/mL) as malignancies; criterion III took LR-4 lesions with elevated AFP or LR-5 or LR-M lesions as malignancies. AUC: Area under the curve.

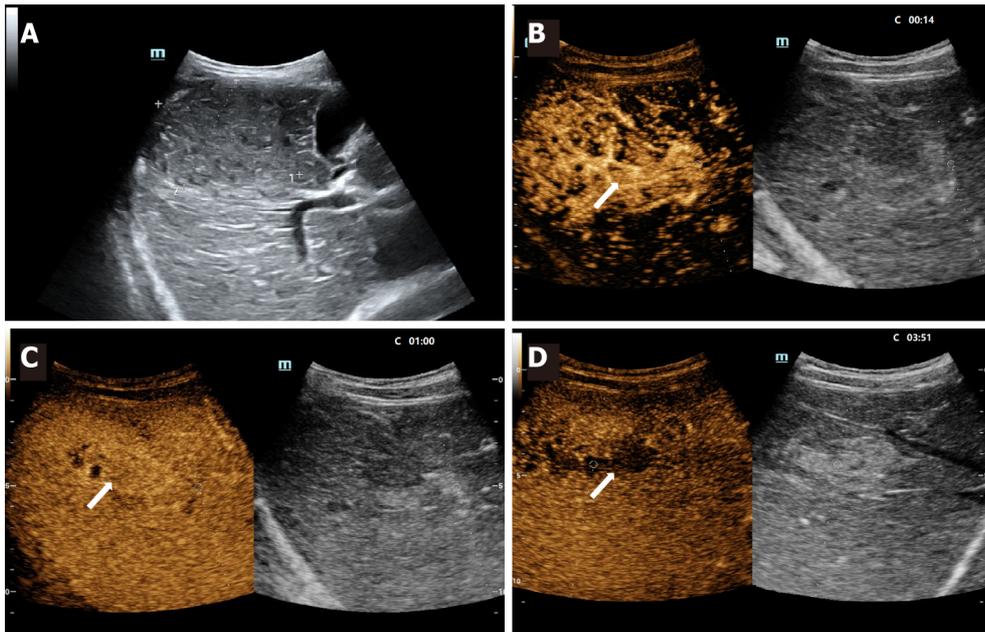
Consequently, we speculate that CEUS LI-RADS combined with AFP has the potential to diagnose HCC in children older than 5 years. Nevertheless, the number (*n* = 10) of pediatric HCC patients included in this study was too small. Further study with a larger sample is needed to validate this hypothesis.

In this study, a 19-hour-old newborn patient with infantile hemangioendothelioma presented a significant increase in AFP levels (AFP > 1210 ng/mL). Regarding the features of CEUS, the patient showed inhomogeneous hyperenhancement in the arterial phase and iso-enhancement in the portal and delayed phases, and there were areas of nonenhancement within the lesion. The aforementioned feature indicated that the lesion was likely a benign lesion. However, because the lesion was diagnosed as malignant by contrast-enhanced CT, the patient underwent surgical resection of the hepatic mass. Postoperative pathology confirmed that the lesion was an infantile hemangioendothelioma. Within 60 ± 24 h after birth, the serum AFP of newborns can range from 9700 to 11190 ng/mL and drop rapidly to a level close to the normal level of adults within one year[24]. Therefore, we should be meticulous with elevated AFP in differentiating FLLs of newborns. In addition, infantile hemangioendothelioma is a common benign tumor in newborns, most of which do not require surgical treatment[25]. Therefore, the diagnosis of benign and malignant FLLs in newborns should be made with caution, and the diagnostic

Table 6 Comparison of different criteria on indicators of diagnostic performance

P value	Sensitivity	Specificity	Accuracy	AUC
Criterion I vs criterion II	< 0.017	< 0.0001	< 0.017	> 0.017
Criterion I vs criterion III	-	< 0.0001	< 0.0001	< 0.0001
Criterion II vs criterion III	< 0.017	> 0.017	> 0.05	> 0.05

Criterion I considered LR-4, LR-5, or LR-M lesions as malignancies; criterion II regarded LR-4, LR-5 or LR-M lesions with simultaneously elevated alpha-fetoprotein (AFP, ≥ 20 ng/mL) as malignancies; criterion III took LR-4 lesions with elevated AFP or LR-5 or LR-M lesions as malignancies. AUC: Area under the curve.



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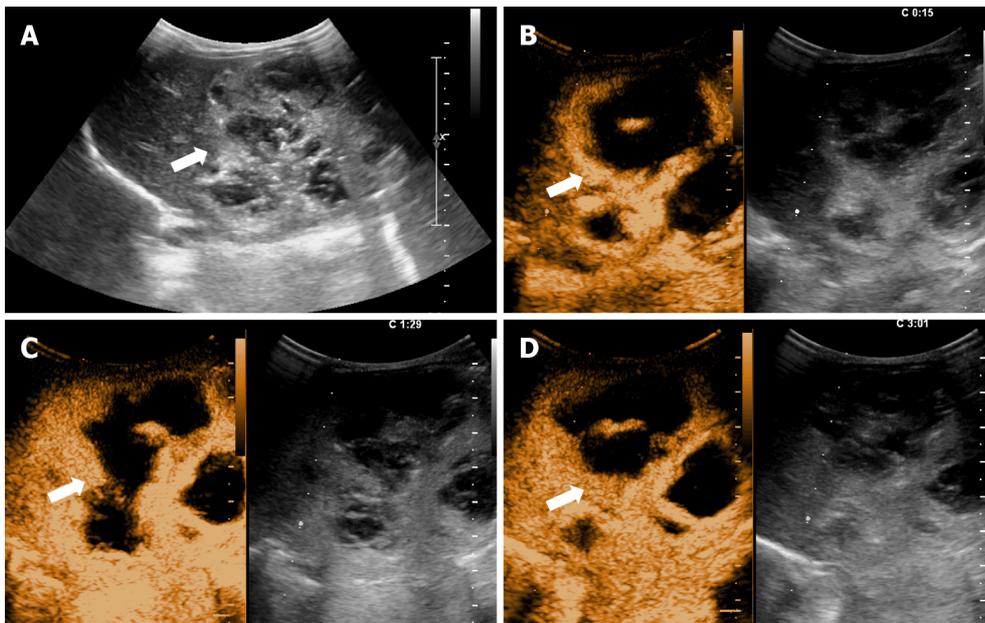
Figure 2 LR-5 nodule in a 10-year-old boy. A: A hypoechoic nodule (arrow) measuring 7.3 cm in the right lobe of the liver was shown at conventional gray-scale US; B: The lesion was inhomogeneously hyperenhanced (arrow) in the arterial phase (14 s) at contrast-enhanced US; C: The lesion was seen iso-enhanced in the portal phase (60 s); D: Mild washout in the late phase (231 s) was shown. There were small areas of nonenhancement within the lesion during the whole process. The patient had a chronic hepatitis B viral infection. The serum AFP level was greater than 1210 ng/mL. This lesion was assigned to LR-5 and was confirmed as hepatocellular carcinoma by histopathologic analysis.

method needs to be further explored.

This study had several limitations. First, this was a retrospective study with a relatively small sample size, which may inevitably lead to selection bias. Second, CEUS LI-RADS was mainly used for patients at risk of HCC, while only 14 patients in this study met the prerequisites for risk factors. Moreover, the risk factors for HCC in children do not exactly correspond to those in adults. Lastly, there were a considerable number of benign lesions confirmed by histopathology results, which might have led to the selection of benign lesions with atypical imaging findings. Thus, the specificity of the diagnostic criteria may have been underestimated.

CONCLUSION

We propose a novel method that might be a powerful diagnostic tool to differentiate malignant from benign FLLs in pediatric patients. LR-4 with elevated AFP, LR-5 or LR-M lesions could effectively differentiate benign and malignant tumors in pediatric patients.



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Figure 3 LR-4 nodule in a 19-hour-old newborn. A: An inhomogeneous hyperechoic nodule measuring 7.2-cm (arrow) in the left lobe of the liver was shown at conventional gray-scale US; B: The lesion was inhomogeneously hyperenhanced (arrow) with large area of unenhancement in the arterial phase (15 s) at contrast-enhanced US; C: The enhanced area of the lesion was seen slightly hyperenhanced (arrow) in the portal phase (89 s); D: The enhanced area of the lesion was seen iso-enhanced (arrow) in the late phase (181 s). There were patchy areas of nonenhancement within the lesion during the whole process. The serum AFP level was greater than 1210 ng/mL. Infantile hemangioendothelioma was confirmed at histopathologic analysis.

ARTICLE HIGHLIGHTS

Research background

Contrast-enhanced ultrasound (CEUS) has recently been approved to be used in characterization of focal liver lesions (FLLs) in children. The America College of Radiology developed the CEUS liver imaging reporting and data system (LI-RADS) for standardizing CEUS diagnosis of FLLs in adult patients. However, it is not suitable for pediatric patients.

Research motivation

To explore a method for differentiating benign and malignant FLLs in pediatric patients.

Research objectives

To evaluate the performance of CEUS LI-RADS combined with alpha-fetoprotein (AFP) in differentiating benign and malignant FLLs in pediatric patients.

Research methods

The following criteria for diagnosing malignancy were proposed: Criterion I considered LR-4, LR-5, or LR-M lesions as malignancies; criterion II regarded LR-4, LR-5 or LR-M lesions with simultaneously elevated AFP (≥ 20 ng/mL) as malignancies; criterion III took LR-4 Lesions with elevated AFP or LR-5 or LR-M lesions as malignancies. The sensitivity, specificity, accuracy and area under the receiver operating characteristic curve (AUC) were calculated to determine the diagnostic value of the aforementioned criteria.

Research results

There were no statistically significant differences between the specificity, accuracy, or AUC of criterion II and criterion III. Notably, criterion III showed a higher diagnostic sensitivity than criterion II. However, both the specificity and accuracy of criterion I was inferior to those of criterion II and criterion III. For pediatric patients more than 5 years old, the performance of the three criteria was overall similar when patients were subcategorized by age when compared to all patients in aggregate.

Research conclusions

We propose a novel method that might be a powerful diagnostic tool to differentiate malignant from benign FLLs in pediatric patients. LR-4 with elevated AFP, LR-5 or LR-M lesions could effectively differentiate benign and malignant tumors in pediatric patients.

Research perspectives

CEUS LI-RADS combined with AFP might be a powerful diagnostic tool to differentiate malignant from benign FLLs in pediatric patients.

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FOOTNOTES

Author contributions: Jiang ZP and Lu Q designed the research; Jiang ZP, Li JW, Qiu TT, Luo Y and Lu Q performed the research; Jiang ZP, Zeng KY, Huang JY, Yang J and Yang R collected the data; Jiang ZP and Lu Q drafted the manuscript and review the literatures; Luo Y and Lu Q revised the manuscript; all authors contributed to approval of final version of submitted manuscript and agree to ensure that any questions related to the work are appropriately resolved.

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