

Reviewer N°1:

Dear reviewer,

Thank you for your great review and valuable comments on our manuscript.

Reviewer N°2:

Dear reviewer,

The comments you made on our manuscript were very important in improving its quality and we appreciate your crucial help. Here are the peer-to-peer changes as per your suggestions:

1- We added more recent studies, including references published in 2021 and 2022, on the topic to improve the quality and relevance of the article. (Highlighted in green in the text)

2- We corrected language errors throughout the text and the manuscript underwent a complete language review by a native english speaker to make the text clearer and more structured and, thus, improve the reader's understanding of the subject.

3- Regarding the high similarity rate found, we believe that there was a mistake or error on the part of the program and we sent an email to the science editor to clarify what happened.

Reviewer N°3:

Dear reviewer,

Thank you for your great review and comments on our manuscript. The suggestions you provided were crucial in improving the quality of our article. To respond to your suggestions, below are the peer-to-peer changes that were made:

1- We deleted some unnecessary points from the manuscript as suggested and added some more recent studies on the subject. (Highlighted in green in the text)

2- Added information and comments on H. pylori and microbiota as requested.
(Highlighted in yellow in the text)

Reviewer N^o4:

Dear reviewer,

Thank you for your excellent review and comments on our manuscript. The suggestions you provided are important to improve the quality of our article.

Below is the answer to your suggestions:

1- Four figures were made for the main topics of the text to improve the quality of the article and make it more understandable for the reader.