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### Nonalcoholic Fatty Liver Disease - Today's Dietitian

[www.todaysdietitian.com/newarchives/010614p48.shtml](http://www.todaysdietitian.com/newarchives/010614p48.shtml) - 翻译此页

Nonalcoholic fatty liver disease (NAFLD) is characterized by the ... diet, physical activity, and behavior therapy should aim to encourage lifestyle change, the only .... In two small randomized trials, patients following the Mediterranean diet, ... Recent data from animal studies support the beneficial effects of exercise not only ...

### Lifestyle changes for the treatment of nonalcoholic fatty liver disease: a ...

<https://www.ncbi.nlm.nih.gov> > NCBI > Literature > PubMed Central (PMC) - 翻译此页

作者: S Zelber-Sagi - 2016 - 被引用次数: 8 - 相关文章

2016年3月17日 - Keywords: nonalcoholic fatty liver disease, diet, lifestyle, physical activity, coffee ...

Another RCT tested the effect of a 12-month intensive lifestyle intervention on .... histological activity, although n-3 therapy was associated with reduced liver fat ... A study that supports the role of dietary cholesterol in NAFLD ...

### Independent effects of diet and exercise training on fat oxidation in ...

<https://www.ncbi.nlm.nih.gov> > NCBI > Literature > PubMed Central (PMC) - 翻译此页

作者: I Croci - 2016

2016年9月28日 - Severity of disease and steatosis was determined by liver histology; hepatic ... Non-alcoholic fatty liver disease (NAFLD) is the most prevalent liver ... The effect of different treatment options for NAFLD on hepatic Fatox is also unclear. ... Cross-sectional evidence shows that lower levels of physical activity ...

### Nonalcoholic steatohepatitis: emerging targeted therapies to optimize ...

<https://www.ncbi.nlm.nih.gov> > NCBI > Literature > PubMed Central (PMC) - 翻译此页

Name of Journal: *World Journal of Gastroenterology*

ESPS Manuscript NO: 31998

Manuscript Type: ORIGINAL ARTICLE

*Observational Study*

Effect of a counseling-supported treatment with the Mediterranean diet and physical activity on the severity of the non-alcoholic fatty liver disease

Gelli C *et al.* Mediterranean diet treatment for NAFLD

Chiara Gelli, Mirko Tarocchi, Ludovico Abenavoli, Laura Di Renzo, Andrea Galli, Antonino De Lorenzo

Abstract

AIM

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### Lifestyle changes for the treatment of nonalcoholic fatty liver disease: a ...

<https://www.ncbi.nlm.nih.gov> > NCBI > Literature > PubMed Central (PMC) - [翻译此页](#)作者: S Zelber-Sagi - 2016 - [被引用次数: 11](#) - [相关文章](#)2016年3月17日 - Keywords: **nonalcoholic fatty liver disease**, **diet**, lifestyle, **physical activity**, coffee ...

Another RCT tested the **effect** of a 12-month intensive lifestyle intervention on .... histological activity, although n-3 **therapy** was associated with reduced liver fat ... A study that **supports** the role of **dietary** cholesterol in NAFLD ...

### Nutrition and Physical Activity in Nonalcoholic Fatty Liver Disease - NCBI

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4685119/> - [翻译此页](#)作者: CP Oliveira - 2016 - [被引用次数: 13](#) - [相关文章](#)

2015年12月7日 - **Nonalcoholic fatty liver disease** (NAFLD) is the most common liver disease ... for NAFLD weight loss, **dietary therapy**, and **physical activity** are included. ... Many **dietary** approaches such as **Mediterranean** and **DASH diet** are ..... data available do not **support** a beneficial **effect** of alcohol in this situation [70].

### Dietary approach in the treatment of nonalcoholic fatty liver disease

<https://www.ncbi.nlm.nih.gov> > NCBI > Literature > PubMed Central (PMC) - [翻译此页](#)作者: SM Ferolla - 2015 - [被引用次数: 7](#) - [相关文章](#)

2015年10月28日 - **Nonalcoholic fatty liver disease** (NAFLD) has been identified as one of the ... Evidence **supports** that dietary pattern may be related to the development of NAFLD. ... the studies in which the diet was associated with **physical exercises**, ..... The **effects** of the **Mediterranean diet** (MD),



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## Nutrition and Physical Activity in Nonalcoholic Fatty Liver Disease

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4685119/> - 翻译此页

作者：CP Oliveira - 2016 - 被引用次数：14 - 相关文章

2015年12月7日 - **Nonalcoholic fatty liver disease** (NAFLD) is the most common liver disease ... for NAFLD weight loss, dietary **therapy**, and **physical activity** are included. ... Many dietary approaches such as **Mediterranean** and DASH **diet** are ..... data available do not **support** a beneficial **effect** of alcohol in this situation [70].

## Lifestyle changes for the treatment of nonalcoholic fatty liver disease: a ...

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作者：S Zelber-Sagi - 2016 - 被引用次数：11 - 相关文章

2016年3月17日 - Keywords: **nonalcoholic fatty liver disease**, **diet**, lifestyle, **physical activity**, coffee ... Another RCT tested the **effect** of a 12-month intensive lifestyle intervention on .... histological activity, although n-3 **therapy** was associated with reduced liver fat ... A study that **supports** the role of dietary cholesterol in NAFLD ...

## Nutritional Management of Insulin Resistance in Nonalcoholic Fatty ...

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作者：BA Conlon - 2013 - 被引用次数：54 - 相关文章

2013年10月11日 - **Nonalcoholic fatty liver disease** (NAFLD) is an emerging global ... First-line **therapy** for NAFLD includes weight loss achieved through **diet** and **physical activity**. .... Antioxidant **therapy** for the **treatment** of NAFLD, including NASH, has the ..... [73] and further investigate the **effects** of **Mediterranean-style diets** ...