

Reviewer #1

The study is interesting and well structured: There are, however, some paragraphs which should be rewritten: 1. Page 5, first paragraph under the heading "carbohydrates and non-alcoholic liver disease" it is probably better to specify that hepatic triglycerides showed a greater decrease among individuals treated with carbohydrate restricted diet than with energy restricted one (there is no control group). 2. Syntax of the 2nd paragraph page 12 is somewhat confuse. There are also some spelling errors: for instance, page 7, 2nd paragraph after the heading, the term "...overlooking the Mediterranean sea..." is not correct; the same is valid for "was shown", not "showed", and so on. Therefore a revision by -preferably- a native English speaker is recommended.

Thank you very much for all your comments that led us to further improve our manuscript. Accordingly, we have performed all the changes requested and we have revised all the manuscript for the English syntax and grammar.

Reviewer #2

This submission covers a topic of outstanding interest and therefore it is worth full consideration for publication. Only repetitions need to be carefully avoided.

Thanks a lot for your comment. In the revised version of the manuscript we deleted the repetitions.