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Elbow Ulnar Collateral Ligament Injuries in Athletes: Can We Improve Our Outcomes?

Lauren H. Redler, MD; Ryan M. Degen, MD, MSc, FRCSC; Lucas S. McDonald, MD, MPH&TM; David W. Altchek, MD; Joshua S. Dines, MD

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### Medial instability of the elbow in throwing athletes. Treatment by repair or reconstruction of the ulnar collateral ligament.

JE Conway, FW Jobe, RE Glousman, M Pink - The Journal of Bone & Joint ..., 1992 - jbjs.org  
... and chest wall; this left one of the examiner's hands free to apply valgus stress on the elbow  
and the other hand free to palpate the medial joint line beneath the ulnar collateral ligament  
(Fig. ... eight of the fourteen elbows, failed to show instability in ...

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BF Morrey, J Sanchez-Sotelo - 2009 - books.google.com

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comprehensive and precise and yes, it certainly is the gold standard for elbow surgery on ...

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### Outcome of Ulnar Collateral Ligament Reconstruction of the Elbow in 1281 Athletes Results in 743 Athletes With Minimum 2-Year Follow-up

EL Cain, JR Andrews, JR Dugas, KE Wilk... - The American journal ..., 2010 - ajs.sagepub.com  
... compared with 86% for patients with no prior elbow surgery (virgin elbows) ( $P = .22$ ). ... ulnar nerve  
transposition was found to be effective in correcting valgus elbow instability in ... rate of approximately  
20% can be expected, most commonly involving temporary ulnar nerve sensory ...

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### The Outcome of Elbow Ulnar Collateral Ligament Reconstruction in Overhead Athletes A Systematic Review

MA Vitale, CS Ahmad - The American Journal of Sports Medicine, 2008 - ajs.sagepub.com

The theoretical advantages of this technique include less risk to the ulnar nerve and elimination

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... repair or reconstruction of the ulnar collateral ligament. - Conway - 被引用次数: 428

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Outcome of Ulnar Collateral Ligament Reconstruction ... - Cain - 被引用次数: 116

### Biologic Augmentation of the Ulnar Collateral Ligament in ...

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作者: JK Hoffman - 2015

2015年6月15日 - Tears of the ulnar collateral ligament (UCL) of the elbow are common injuries in overhead athletes. Although surgical reconstruction of the UCL has improved outcomes, not all ... we postulated that this construct could also improve healing if ... places the overhead-throwing athlete at significant risk for injury.

### Throwing Injuries No Longer Just for the Pros

[newsroom.aaos.org/...resources/.../throwing-injuries-no-longer-...](http://newsroom.aaos.org/...resources/.../throwing-injuries-no-longer-...) ▾ 翻译此页

But, elbow injuries, once seen as a problem for professional athletes, are ... Repetitive stress to a pitcher's ulnar collateral ligament (UCL)—an important ... "The success we've had in improving our techniques and outcomes with UCL ... Understanding the risk factors with fatigue and overuse can help prevent UCL injuries.

### Evolution of the treatment options of ulnar collateral ...

[www.ncbi.nlm.nih.gov](http://www.ncbi.nlm.nih.gov) > ... > PubMed Central (PMC) ▾ 翻译此页

作者: P Langer - 2006 - 被引用次数: 41 - 相关文章

2006年2月17日 - The evolution of treating modalities provides afflicted athletes with the