



## Targeted therapy in gastric cancer: Personalizing cancer treatment based on patient genome

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### Abstract

Gastric cancer is the second leading cause of cancer-related deaths worldwide. Conventional cytotoxic chemotherapy has limited efficacy for metastatic gastric cancer, with an overall survival of approximately ten months. Recent advances in high-throughput technologies have enabled the implementation of personalized cancer therapy for high-risk patients. The use of such high-throughput technologies, including microarray and next generation sequencing, have promoted the discovery of novel targets that offer new treatment strategies for patients lacking other therapeutic options. Many molecular pathways are currently under investigation as therapeutic targets in gastric cancer, including those related to the epidermal growth factor receptor family, the mesenchymal-epithelial transition factor axis, and the phosphatidylinositol 3-kinase-AKT-mammalian target of rapamycin factors. Advances in molecular diagnostic tools further support the discovery of new molecular targets. Limitations exist, however;

not all patients can be tested for biomarkers, and numerous challenges hamper implementation of targeted therapy in clinical settings. Indeed, the scale of tumor genomic profiling is rapidly outpacing our ability to appropriately synthesize all the information in order to optimally refine patient care. Therefore, clinicians must continue to educate themselves regarding new tools and frameworks, and to utilize multidisciplinary team science, comprised of oncologists, geneticists, pathologists, biologists and bioinformaticians, to successfully implement this genomic approach therapeutically.

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**Key words:** Gastric cancer; Targeted therapy; Biomarker; Microarray; Sequencing

**Core tip:** Understanding the molecular mechanisms governing carcinogenesis, progression and prognosis of gastric cancer is a prerequisite for development of effective management strategies. Analysis of genomic and proteomic expression profiles of oncogenic signaling pathways have revealed different molecular subtypes of gastric cancer. Development of personalized cancer therapy regimens will specifically target aberrations that drive tumor growth and survival. Therefore, identifying and administering the appropriate drug based on genetic profiling will improve clinical outcomes and decrease toxicity. We anticipate that identification of novel cancer targets will further aid in understanding of cancer heterogeneity and in refinement of personalized therapeutic strategies.

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## INTRODUCTION

Advances in high-throughput technologies, such as microarray and next generation sequencing (NGS), have led to the discovery of novel therapeutic targets and revealed the power of predictive and prognostic markers in patient care. In addition, such comprehensive genomic approaches have increased our understanding of critical cellular and molecular mechanisms of cancer<sup>[1,2]</sup>. To date, hundreds of cancer-causing mutations have been discovered by genome-wide sequencing of the entire exome of more than 3000 tumors<sup>[3-5]</sup>. Most of the mutated cancer-causing genes may already have been identified, as the more recent NGS studies have reported previously identified mutants from different tumor types<sup>[5]</sup>. Because of this depth of knowledge regarding cancer genomes, we can now target specific aberrations that drive tumor growth and survival and customize drug combinations for individual patients. Despite the feasibility and clinical advantages of personalized cancer therapy, only a small minority of patients are being tested for biomarkers and treated accordingly. Moreover, most emerging drug candidates with no predictive biomarkers fail in clinical trials. Therefore, it is essential to determine which specific targeted therapies are most efficacious for particular sets of patients, and optimization of these treatment regimens should be a priority of future research.

Gastric cancer is one of the most common malignancies worldwide and is the most frequent cancer diagnosed in East Asian countries<sup>[6]</sup>. Since gastric cancer is a heterogeneous disease, both histologically and genetically, it is difficult to predict patient outcomes using classical histologic and molecular classifications<sup>[7]</sup>. Surgery is the only curative treatment strategy; yet, even when the primary tumor is resected, some early gastric cancer patients will ultimately succumb to the disease as a result of recurrence of local or distant tumors. Although not necessary in all patients, adjuvant chemotherapy has been shown to benefit some patients with early gastric cancer, whereas conventional chemotherapy has limited efficacy for advanced gastric cancer, with an overall survival of approximately ten mo. Therefore, to improve prognosis of these high-risk patients, it is important to identify predictive biomarkers and to develop refined treatment strategies.

## MOLECULAR HETEROGENEITY OF GASTRIC CANCER

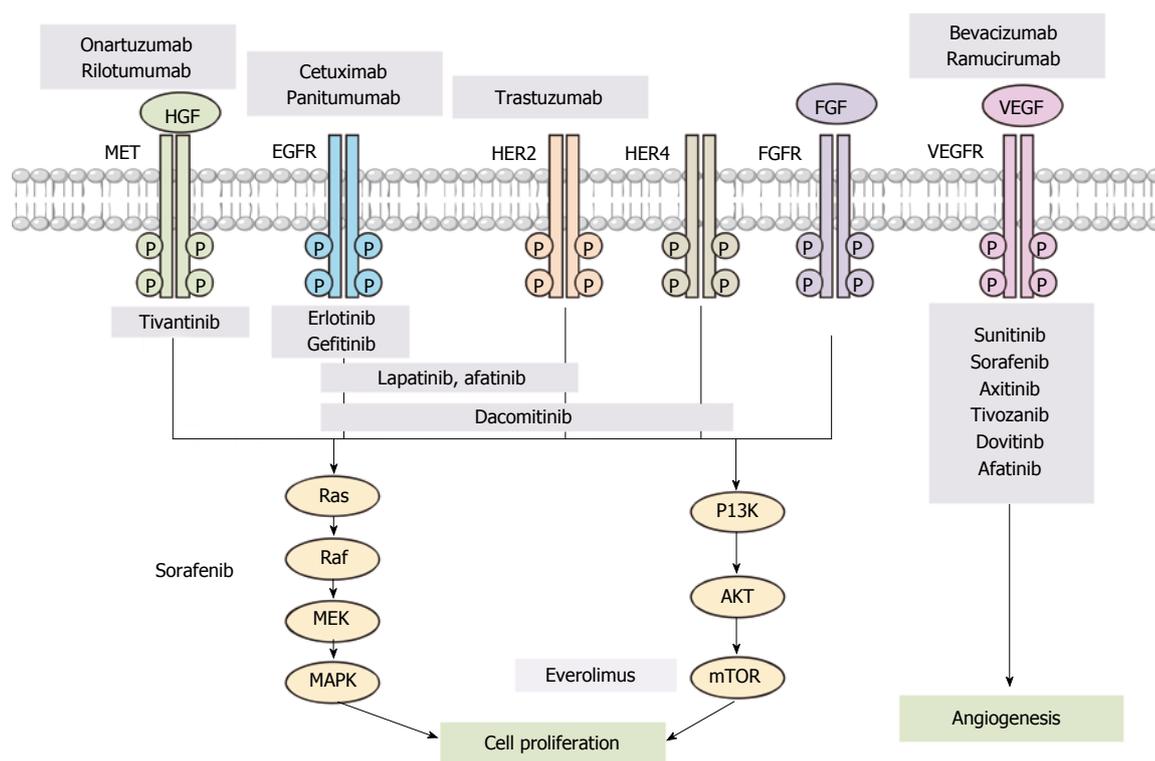
Human epidermal growth factor receptor 2 (HER2; also known as ERBB2) is a receptor associated with cell survival, proliferation, migration, adhesion, and differentiation. In the trastuzumab for gastric cancer trial, 594 patients with gastric cancer with overexpression of the HER2 protein were randomly assigned to two treatment groups, chemotherapy (capecitabine/fluorouracil plus cisplatin) or chemotherapy in combination with trastuzumab (a monoclonal antibody that inhibits HER2)<sup>[8]</sup>.

Trastuzumab extended the median overall survival from 11.1 to 13.8 mo (HR = 0.74;  $P = 0.0046$ ). This finding satisfied the primary objective of the trial and was later referenced in the National Comprehensive Cancer Network guideline.

In addition to the HER2 pathway, there are many other pathways abnormally regulated in gastric cancer. These include the fibroblast growth factor receptor (FGFR) family, the hepatocyte growth factor (HGF)-mesenchymal epithelial transition factor axis, the phosphatidylinositol 3-kinase (PI3K)-AKT-mammalian target of rapamycin (mTOR) factors, and the RAS/RAF/MEK/mitogen-activated protein kinase factors.

Genetic amplification, translocation or mutation of FGFR accelerates growth in a variety of cancers. More specifically, FGFR2 has been reported as amplified in 9% of gastric cancer specimens<sup>[9]</sup>. For the HGF/Met pathway, dysregulation can occur by aberrant paracrine and autocrine activation via inappropriate ligand production, activating mutations, genomic amplification, increased transcription, or Met receptor overexpression. Overexpression of Met has been detected in human gastric cancers and is associated with a more aggressive phenotype<sup>[10-12]</sup>. Notably, rilotumumab (a monoclonal antibody targeting the Met-HGF axis) yielded superior overall survival rates in a subgroup analysis of a phase II randomized study. Patients with high levels of Met expression were treated with either epirubicin, cisplatin, and capecitabine (ECX) in combination with rilotumumab or ECX alone in the first-line setting (11.1 mo *vs* 5.7 mo, HR = 0.29; 95%CI: 0.11-0.76,  $P = 0.012$ )<sup>[13]</sup>. Activation of the PI3K/Akt/mTOR signaling pathway is correlated with poor prognosis and has also been studied as a therapeutic target<sup>[14,15]</sup>. A phase III trial that evaluated supportive care in combination with either everolimus (an inhibitor of mTOR) or placebo for patients with advanced stage gastric cancer yielded negative results, where there was no significant difference in overall survival between the treatment arms (5.4 mo *vs* 4.3 mo for the everolimus and placebo groups, respectively)<sup>[16]</sup>. Histone deacetylase and poly (ADP-ribose) polymerase (PARP; a family of proteins involved in a number of cellular processes involving DNA repair and programmed cell death) have been investigated as treatment targets for gastric cancer<sup>[17,18]</sup>. Angiogenesis is essential in cancer development, growth, and proliferation, and the vascular endothelial growth factor (VEGF) and receptor (VEGFR) have been spotlighted as therapeutic targets. Recently, the REGARD Trial reported that ramucirumab (a VEGFR-2 monoclonal antibody) improved both progression-free survival and overall survival (*vs* placebo)<sup>[19]</sup>. Many clinical trials have evaluated molecular targeting agents that correspond to the various aforementioned signaling pathways (Figure 1), and many of them are ongoing (Table 1)<sup>[8,18-23]</sup>.

Due to large-scale molecular techniques, our understanding of the molecular complexity underlying gastric cancer has increased, and the development of prognostic

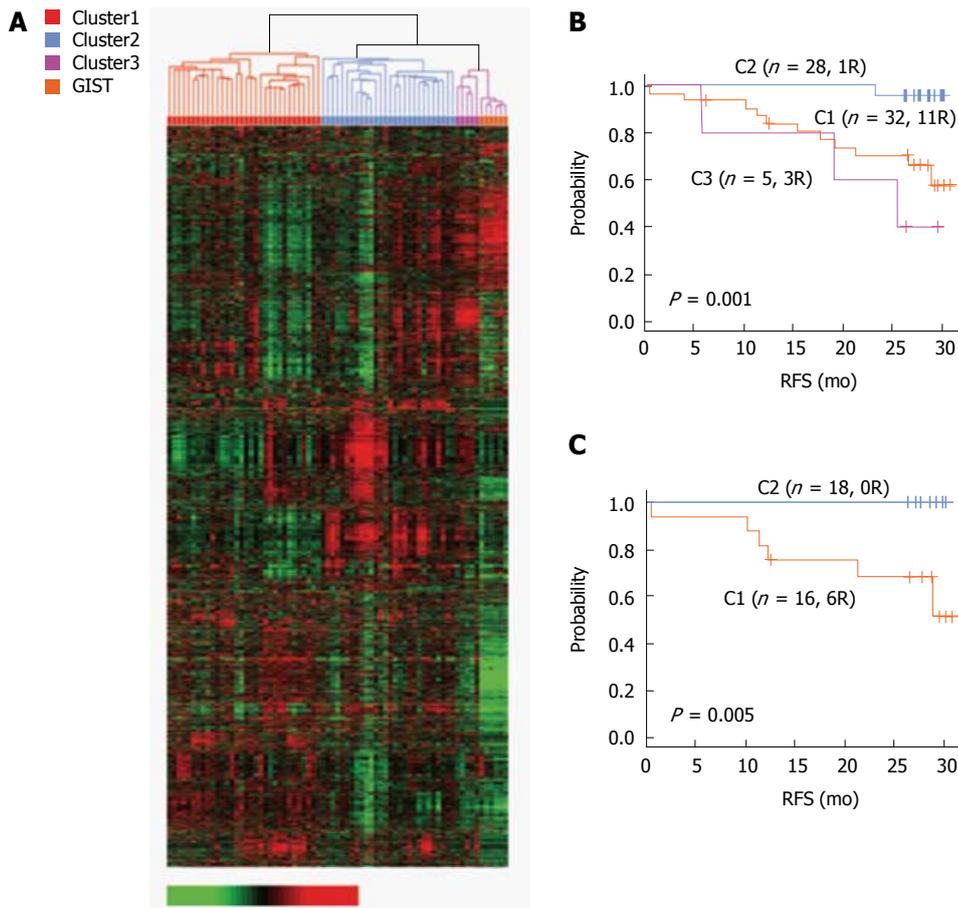


**Figure 1** Molecular targeting agents for different signaling pathways in gastric cancer. PI3K: Phosphatidylinositol 3-kinase; HER: Human epidermal growth factor receptor; FGFR: Fibroblast growth factor (FGF) receptor; mTOR: Mammalian target of rapamycin; HGF: Hepatocyte growth factor; VEGFR: Vascular endothelial growth factor (VEGF) receptor; EGF: Epidermal growth factor; MAPK: Mitogen-activated protein kinase.

**Table 1** Recent phase III clinical trials investigating molecular targeting agents in gastric cancer

Clinical trial	Biomarker	n	Results	Achievement of primary objective	Ref.
HER2 inhibitor Capecitabine/cisplatin ± trastuzumab (ToGA)	HER2	584	PFS 6.7 mo vs 5.5 mo, <i>P</i> = 0.0002 OS 13.8 mo vs 11.1 mo, <i>P</i> = 0.0046	Positive	[8]
Capecitabine/oxaliplatin ± lapatinib (LOGiC)	HER3	545	Enrollment done	NP (NCT00680901)	
Paclitaxel ± lapatinib (TYTAN)	HER4	261	OS 11.3 mo vs 8.8 mo, <i>P</i> = 0.2088	Negative	[20]
EGFR inhibitor Capecitabine/cisplatin ± cetuximab (EXPAND)	NA	904	PFS 5.6 mo vs 4.4 mo, <i>P</i> = 0.3158 OS 10.7 mo vs 9.4 mo, <i>P</i> = 0.9547 Increased toxicity	Negative	[21]
Epirubicin/oxaliplatin/capecitabine ± panitumumab (REAL-3)	NA	553	PFS 6.0 mo vs 7.4 mo, <i>P</i> = 0.068 OS 8.8 mo vs 11.3 mo, <i>P</i> = 0.013 Increased toxicity	Negative	[22]
Angiogenesis inhibitor Capecitabine/cisplatin ± bevacizumab (AVA-GAST)	NA	774	PFS 6.7 mo vs 5.3 mo, <i>P</i> = 0.0037 OS 12.1 mo vs 10.1 mo, <i>P</i> = 0.1002	Negative	[23]
Ramucirumab vs placebo (REGARD)	NA	355	PFS 2.1 mo vs 1.3 mo, <i>P</i> < 0.0001 OS 5.2 mo vs 3.8 mo, <i>P</i> = 0.0473	Positive	[19]
Paclitaxel ± ramucirumab (RAINBOW)	NA	665	Enrollment done	NP (NCT01170663)	
Afatinib vs placebo	NA	270	Enrolling	NP (NCT01512745)	
C-MET/HGF pathway inhibitor Epirubicin/cisplatin/capecitabine ± rilotumumab (RILOMET-1)	MET	450	Enrolling	NP (NCT01697072)	
Fluorouracil/folinic acid/oxaliplatin ± onartuzumab (MetGastric)	MET HER2	800	Enrolling	NP (NCT01662869)	
PI3K/Akt/mTOR pathway inhibitor Everolimus vs placebo	NA	648	PFS 1.68 mo vs 1.41 mo, <i>P</i> < 0.00001 OS 5.39 mo vs 4.34 mo, <i>P</i> = 0.1244	Negative	[16]
Paclitaxel ± everolimus (AIO-STO-0111)	NA	480	Enrolling	NP (NCT01248403)	

NA: Not applicable; NCT: ClinicalTrials.gov identifier; NP: Not published; OS: Overall survival; PFS: Progression-free survival; PI3K: Phosphatidylinositol 3-kinase; HER: Human epidermal growth factor receptor; mTOR: Mammalian target of rapamycin.



**Figure 2** Prognostic expression signatures of genes associated with survival. A: Hierarchical clustering of gene expression data from 65 gastric cancer and 6 gastrointestinal stromal tumors patients in the Yonsei gastric cancer (YGC) cohort; B: Kaplan-Meier plots of 3 gastric cancer clusters in the YGC cohort; C: Kaplan-Meier plots of stage III patients in 2 clusters (C1 and C2) in the YGC cohort. RFS: Recurrence-free survival.

classifications based on gene expression profiles is rapidly evolving<sup>[24-28]</sup>. For example, two distinct gastric cancer subclasses that were strongly associated by prognosis were linked by analyzing gene expression profiles<sup>[29]</sup>. Interestingly, whole exome sequencing of a gastric adenocarcinoma revealed recurrent somatic mutations in both cell adhesion and chromatin remodeling genes<sup>[30]</sup>. The characterization of more molecular processes and interactions will yield effective tailored therapies to improve patient outcome and reduce drug toxicity.

## GENE EXPRESSION MICROARRAY

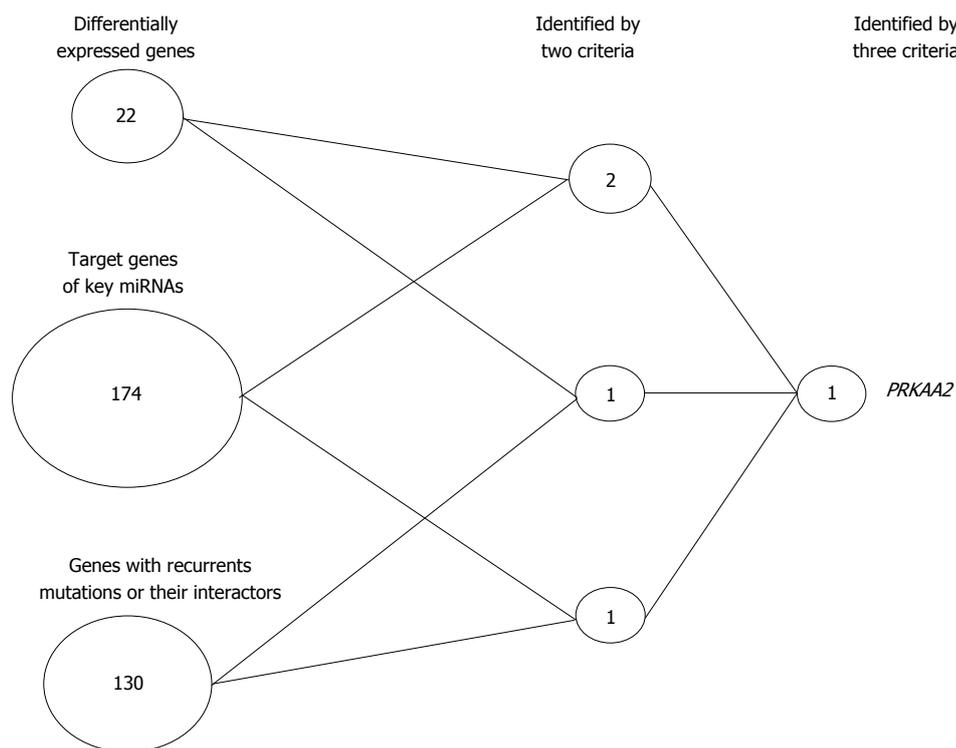
A recent study by Ahn *et al.*<sup>[29]</sup> identified the prognostic gene expression signatures of six genes significantly associated with survival and relapse and developed a scoring system based on these genes. Specifically, reverse transcriptase polymerase chain reaction was performed on paraffin-embedded tissues, and microarray was used to generate and analyze gene expression profiling data from 65 gastric cancer patients. Two distinct subgroups were strongly associated with prognosis (Figure 2). The C1 subgroup was linked with a poor prognosis, and six genes were identified whose expressions were unique to this subgroup (*CTNNB1*, *EXOC3*, *TOP2A*, *LBA1*,

*CCL5*, and *LXTR1*). Next, a scoring system based on the six genes was developed that independently predicted the likelihood of relapse after curative resection. This suggested that the distinct gene expression signature accurately reflected the clinical differences between patient subgroups and that such screens can provide information on disease trajectory. In the future, the efficacy of the risk score will be evaluated as a predictive marker for clinical response to adjuvant chemotherapy.

In another study using a gene expression microarray, the M2 isoform of pyruvate kinase (PKM2) was found to be overexpressed in gastric cancers at both the mRNA and protein levels relative to normal gastric tissues. Its expression was negatively correlated with survival in signet-ring cell gastric cancer patients. PKM2 expression may be an adverse prognostic factor for signet-ring cell carcinomas, and the biological role of PKM2 in gastric cancer development and its prognostic value need to be further elucidated<sup>[31]</sup>.

## MICRORNA MICROARRAY

MicroRNA (miRNA) play a role in the pathogenesis of various human cancers<sup>[32]</sup>. Although some miRNAs have been shown to function as oncogenes and oth-



**Figure 3 Simple scoring analysis of Asian gastric cancer.** Three criteria were used to select key genes: (1) Genes that were identified in both 5-group and 4-stage differential expression analysis; (2) Target genes of six key differentially expressed miRNAs, where the target genes were predicted by TargetScan ( $R_s < -0.4$ ,  $P < 0.05$ ); and (3) Genes with recurrent somatic mutations or their interactors (Ingenuity Pathway Analysis program annotation). Only two genes met two criteria, and *PRKAA2* was the only gene that met all three criteria. miRNA: MicroRNA.

ers as tumor suppressors, their mechanisms remain to be elucidated<sup>[33,34]</sup>. The relationship between miRNA expression profile and gastric cancer prognosis<sup>[35,36]</sup> and pathogenesis<sup>[37,38]</sup> has been actively explored. For example, miR-196b may be a useful marker, as overexpression of miR-196b has been linked to leukemia and several solid cancers, including gastric cancer<sup>[39,40]</sup>. Whether miR-196b is an oncogene or tumor suppressor and whether it has a role in gastric carcinogenesis and progression have not yet been confirmed<sup>[41]</sup>. Recently, miR-21, miR-106b, miR-17, miR-18a and miR-20a were identified as the five most consistently identified miRNAs in screens of gastric cancer. The association between expression level of these miRNAs and clinicopathological features of gastric cancer was significant, and these miRNAs are potential diagnostic and/or prognostic markers that warrant further investigation<sup>[42]</sup>.

### RNA-sequencing

RNA-sequencing (RNA-seq) technology enables investigators to simultaneously quantify gene expression levels, assess alternative splicing and gene fusion events, and detect nucleotide variations in transcribed regions. In particular, whole-transcriptome RNA-seq provides a detailed view of the spectrum of expressed transcripts of both coding and noncoding mRNA<sup>[43]</sup>. Recently, a central metabolic regulator AMP-activated protein kinase (AMPK) was identified as a potential functional target in Asian gastric cancer. As seen in Figure 3, a simple scor-

ing analysis found that only *PRKAA2* ( $AMPK\alpha 2$ ) was identified as a potential key modulator of gastric cancer progression. Importantly, the translational relevance of this gene as a target for early-stage gastric cancer was suggested by functional studies in gastric cancer cell lines<sup>[44]</sup>. Relative to previous RNA-seq studies, this whole-transcriptome RNA-seq approach has several advantages. First, two protocols were used that complementarily covered RNA fragments of different sizes. In this manner, quantification of mRNA, long noncoding RNA and miRNA expression could be conducted simultaneously. Second, ribosome-depleted RNA samples, rather than poly A-enriched RNA samples, were sequenced, thereby generating a less biased population of transcribed molecules. Third, strand-specific short reads were used, and this allowed for more accurate quantification of gene expression. In the future, further functional studies will be necessary to elucidate whether  $AMPK\alpha 2$  is an effective therapeutic target.

### CONNECTIVITY MAP

The Connectivity Map is a web-based interface (<http://www.broadinstitute.org/cmap>) that contains more than 7000 expression profiles representing effects of 1309 compounds on several cultured human cells<sup>[45]</sup>. Analyses using the Connectivity Map reveal functional connections between drugs, genes, and disease and provide a novel approach for cancer treatment. Candidate agents

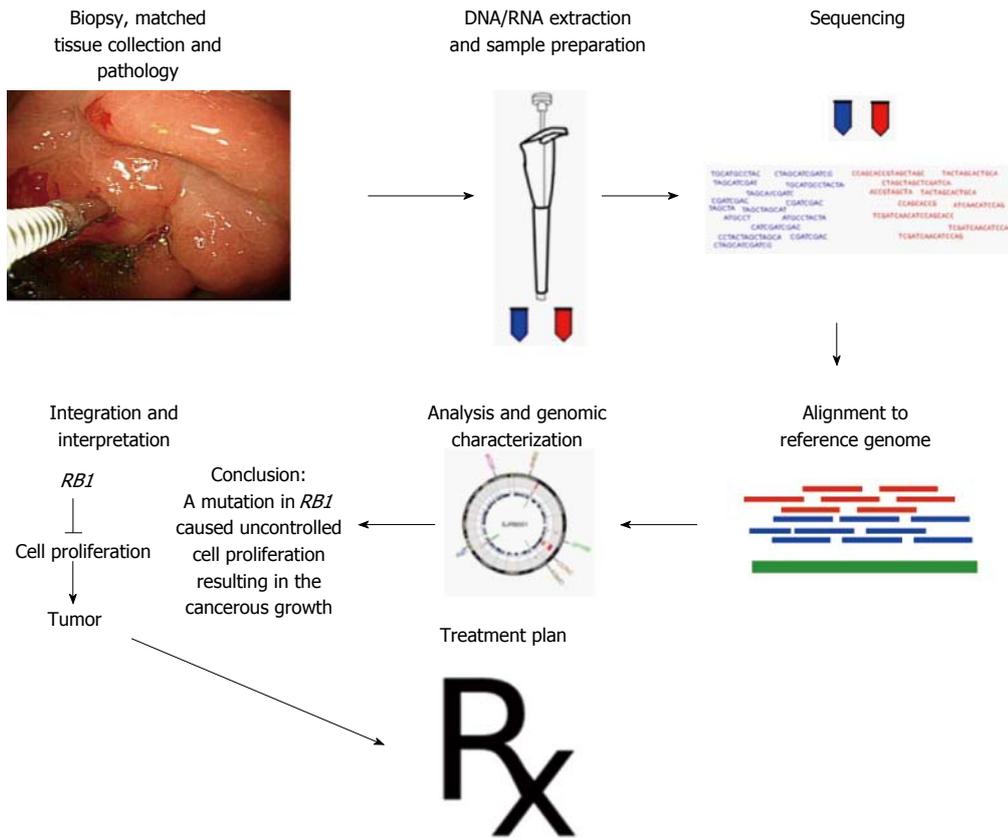


Figure 4 Schematic for genomics-driven cancer medicine where the cancer treatment regimen is adjusted according to each patient's genome.

against a specific disease can be recognized by applying disease-specific gene expression profiles to Connectivity Map analysis<sup>[46]</sup>. Recently, a gastric cancer gene signature was applied to the Connectivity Map, and analysis revealed that histone deacetylase inhibitors, including vorinostat and trichostatin A, were potential drugs for the treatment of gastric cancer. These findings were validated *in vitro* using gastric cancer cell lines, wherein vorinostat significantly inhibited cell viability in a dose-dependent manner<sup>[17]</sup>. Therefore, application of unique gene expression profiles to the Connectivity Map may be a viable strategy for the discovery of novel therapeutic agents for gastric cancer.

## CONCLUSION

Advances in molecular diagnostics rely more on classifying tumors based on the pathways that drive the oncogenic process, rather than by the tissue of origin. Such molecular tumor classification schemes are very useful in selecting the appropriate pathway inhibitor to apply to an individual patient. Genomic technologies enable robust tumor genomic profiling in the clinical arena (Figure 4) and make it possible to match plausible genetic alterations with rational therapeutic regimens. This means that data from cancer genomes may dictate rational treatment decisions that are tailored for a specific tumor. Importantly, the patients benefit from use of these biomarkers, as the most effective therapy would be selected upfront,

sparing the patient from the considerable toxicity associated with conventional “trial and error” therapy. However, the genome era also poses clinical challenges. This unprecedented flow of tumor and germline genomic information needs to be supported by clinical-grade data interpretation. Oncologists will be required to conduct a new generation of evidence-based clinical trials to accommodate smaller numbers of patients with discrete genetic alterations. To aid in this discovery, platforms for repeat biopsy and tissue banking should be established. Moreover, the roles of personalized surgery and radiotherapy should not be underestimated. Defining a subgroup of patients who benefit from radiotherapy and the potential interactions between patient characteristics and the efficacy of radiotherapy should be further explored in the future. We believe this confluence of science, technology, drug discovery, and clinical trial will lead to successful implementation of informed personalized cancer medicine.

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