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Light treatment for Seasonal Affective Disorder in African American and Caucasian patients, a comparison study.

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#### ABSTRACT

**AIM:** To compare adherence, response, and remission with light treatment in African American and Caucasian patients with Seasonal Affective Disorder.

**METHODS:** 78 study participants, age range 18-64 (51 African Americans and 27 Caucasians) recruited from the Greater Baltimore Metropolitan area, with diagnoses of recurrent mood disorder with seasonal pattern, and confirmed by a Structured Clinical

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