

ESPS PEER REVIEW REPORT

Name of journal: World Journal of Psychiatry

ESPS manuscript NO: 12823

Title: Light treatment for seasonal affective disorder, a comparison study.

Reviewer code: 02445374

Science editor: Ling-Ling Wen

Date sent for review: 2014-07-27 23:20

Date reviewed: 2014-08-07 09:51

CLASSIFICATION	LANGUAGE EVALUATION	RECOMMENDATION	CONCLUSION
<input type="checkbox"/> Grade A: Excellent	<input checked="" type="checkbox"/> Grade A: Priority publishing	Google Search:	<input checked="" type="checkbox"/> Accept
<input checked="" type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language polishing	<input type="checkbox"/> Existing	<input type="checkbox"/> High priority for publication
<input type="checkbox"/> Grade C: Good	<input type="checkbox"/> Grade C: A great deal of language polishing	<input type="checkbox"/> No records	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade D: Rejected	<input type="checkbox"/> Existing	<input type="checkbox"/> Minor revision
<input type="checkbox"/> Grade E: Poor		<input type="checkbox"/> No records	<input type="checkbox"/> Major revision

COMMENTS TO AUTHORS

Well conducted study but with a limited number of participants.

ESPS PEER REVIEW REPORT

Name of journal: World Journal of Psychiatry

ESPS manuscript NO: 12823

Title: Light treatment for seasonal affective disorder, a comparison study.

Reviewer code: 02445242

Science editor: Ling-Ling Wen

Date sent for review: 2014-07-27 23:20

Date reviewed: 2014-08-07 23:16

CLASSIFICATION	LANGUAGE EVALUATION	RECOMMENDATION	CONCLUSION
<input type="checkbox"/> Grade A: Excellent	<input type="checkbox"/> Grade A: Priority publishing	Google Search:	<input type="checkbox"/> Accept
<input type="checkbox"/> Grade B: Very good	<input type="checkbox"/> Grade B: Minor language polishing	<input type="checkbox"/> Existing	<input type="checkbox"/> High priority for publication
<input type="checkbox"/> Grade C: Good	<input type="checkbox"/> Grade C: A great deal of language polishing	<input type="checkbox"/> No records	<input type="checkbox"/> Rejection
<input type="checkbox"/> Grade D: Fair	<input type="checkbox"/> Grade D: Rejected	<input type="checkbox"/> Existing	<input type="checkbox"/> Minor revision
<input type="checkbox"/> Grade E: Poor		<input type="checkbox"/> No records	<input type="checkbox"/> Major revision

COMMENTS TO AUTHORS

Introduction This is too short, and, perhaps should be expanded a bit to justify the rationale for the study. **Methodological issues** Recruitment through “posters, flyers, and local newspaper ads.” might have influenced the selection of the sample. This could have had a bearing, particularly on adherence with light treatment. Perhaps, this needs to be acknowledged. Why were patients on antidepressants, mood stabilizers, or antipsychotic medications excluded? Traditionally, one of the biggest disadvantages of chronotherapeutic treatments is the loss of response with cessation of treatment. Combinations of chronotherapeutic treatments and augmentation of these techniques with antidepressants and mood stabilizers has been advocated to maintain the initial response. Though somewhat preliminary, the evidence favouring these integrated approaches in inducing and maintaining the rapid antidepressant response appears to be strong. Moreover, it is unlikely that in real-world settings light therapy will be used on its own and not in combination with antidepressants or mood stabilizers. **Results** It would be useful to know how many patients had major depressive disorder and how many had bipolar II disorder. **Discussion** Apart from the limitations mentioned, the fact that it was an open-label study might have had some bearing on the results.