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**Name of Journal:** World Journal of Gastroenterology

**Manuscript NO:** 37061

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**Silymarin: An option to treat non-alcoholic fatty liver disease**

Colica C *et al.* Silymarin and non-alcoholic fatty liver

Carmela Colica, Luigi Boccutto, Ludovico Abenavoli

#### Abstract

**1** We have read with a great interest the review published by Singh *et al.*, on the treatment options in alcoholic and non-alcoholic fatty liver disease, including various new targeted therapies that are currently under investigation. Recently, we described the health effects **3** of the Mediterranean diet associated to an antioxidant complex rich in silymarin, to improve in overweight patients anthropometric parameters, glucose and lipid metabolism

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| <b>1</b> | <b>Crossref</b> 100 words<br>Ludovico Abenavoli. "Anti-oxidant therapy in non-alcohol ... fatty liver disease; the role of silymarin", <i>Endocrine</i> , 04/24/2 | 14% |
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### Treatment options for nonalcoholic fatty liver disease - NCBI - NIH

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### Milk thistle to treat non-alcoholic fatty liver disease: dream or reality ...

[www.tandfonline.com/doi/full/10.1586/17474124.2013.842893](http://www.tandfonline.com/doi/full/10.1586/17474124.2013.842893) ▼ 翻译此页

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