

# PEER-REVIEW REPORT

Name of journal: World Journal of Psychiatry

Manuscript NO: 76515

Title: Overlap of orthorexia, eating attitude and psychological distress in some Italian

and Spanish university students

Provenance and peer review: Invited manuscript; Externally peer reviewed

**Peer-review model:** Single blind

Reviewer's code: 05845795

Position: Peer Reviewer

Academic degree: PhD

Professional title: Research Fellow

Reviewer's Country/Territory: Poland

Author's Country/Territory: Italy

Manuscript submission date: 2022-03-19

Reviewer chosen by: AI Technique

Reviewer accepted review: 2022-03-26 07:28

Reviewer performed review: 2022-04-01 22:17

Review time: 6 Days and 14 Hours

Scientific quality	[ ] Grade A: Excellent [ ] Grade B: Very good [ ] Grade C: Good [ Y] Grade D: Fair [ ] Grade E: Do not publish
Language quality	<ul> <li>[ ] Grade A: Priority publishing [Y] Grade B: Minor language polishing</li> <li>[ ] Grade C: A great deal of language polishing [ ] Grade D: Rejection</li> </ul>
Conclusion	<ul> <li>[ ] Accept (High priority) [ ] Accept (General priority)</li> <li>[ ] Minor revision [ Y] Major revision [ ] Rejection</li> </ul>
Re-review	[Y]Yes []No



Peer-reviewer	Peer-Review: [ ] Anonymous [Y] Onymous
statements	Conflicts-of-Interest: [ ] Yes [Y] No

### SPECIFIC COMMENTS TO AUTHORS

The authors should improve the work, improve the purpose, conclusions, because the authors show that their results and scales should be interpreted with caution, and the authors suggest the inclusion of flowcharts, diagnostic algorithms and a decision tree in the differential diagnosis / exclusion and treatment of ON.



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Title: Overlap of orthorexia, eating attitude and psychological distress in some Italian

and Spanish university students

Provenance and peer review: Invited manuscript; Externally peer reviewed

**Peer-review model:** Single blind

Reviewer's code: 05776275

Position: Peer Reviewer

Academic degree: PhD

Professional title: Research Associate

Reviewer's Country/Territory: United Kingdom

Author's Country/Territory: Italy

Manuscript submission date: 2022-03-19

Reviewer chosen by: AI Technique

Reviewer accepted review: 2022-04-06 05:47

Reviewer performed review: 2022-04-15 22:59

Review time: 9 Days and 17 Hours

Scientific quality	[ ] Grade A: Excellent [Y] Grade B: Very good [ ] Grade C: Good [ ] Grade D: Fair [ ] Grade E: Do not publish
Language quality	<ul> <li>[ ] Grade A: Priority publishing [Y] Grade B: Minor language polishing</li> <li>[ ] Grade C: A great deal of language polishing [ ] Grade D: Rejection</li> </ul>
Conclusion	<ul> <li>[ ] Accept (High priority) [ ] Accept (General priority)</li> <li>[ Y] Minor revision [ ] Major revision [ ] Rejection</li> </ul>
Re-review	[Y]Yes []No



Peer-reviewer	Peer-Review: [Y] Anonymous [] Onymous
statements	Conflicts-of-Interest: [ ] Yes [Y] No

## SPECIFIC COMMENTS TO AUTHORS

The authors found that ON is possibly a symptom of other conditions The study utilized standardized questionnaires to exclude limitations The authors hypothesized that ON is a disease induced comorbidity.



## **RE-REVIEW REPORT OF REVISED MANUSCRIPT**

Name of journal: World Journal of Psychiatry

Manuscript NO: 76515

Title: Overlap of orthorexia, eating attitude and psychological distress in some Italian

and Spanish university students

Provenance and peer review: Invited manuscript; Externally peer reviewed

Peer-review model: Single blind

Reviewer's code: 05845795

Position: Peer Reviewer

Academic degree: PhD

Professional title: Research Fellow

Reviewer's Country/Territory: Poland

Author's Country/Territory: Italy

Manuscript submission date: 2022-03-19

Reviewer chosen by: Chen-Chen Gao

Reviewer accepted review: 2022-06-19 09:41

Reviewer performed review: 2022-06-19 11:36

Review time: 1 Hour

Scientific quality	[ ] Grade A: Excellent [Y] Grade B: Very good [ ] Grade C: Good [ ] Grade D: Fair [ ] Grade E: Do not publish
Language quality	[Y] Grade A: Priority publishing [] Grade B: Minor language polishing [] Grade C: A great deal of language polishing [] Grade D: Rejection
Conclusion	<ul> <li>[ ] Accept (High priority) [Y] Accept (General priority)</li> <li>[ ] Minor revision [ ] Major revision [ ] Rejection</li> </ul>
Peer-reviewer	Peer-Review: [ ] Anonymous [Y] Onymous



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statements

Conflicts-of-Interest: [ ] Yes [Y] No

### SPECIFIC COMMENTS TO AUTHORS

Compared with an earlier version of the article, the manuscript has been revised. The authors have clearly presented the description of the ORTO-15 questionnaire (ORTO-15 and sub-scores). The study used the multidimensional Body-Body Relationship Questionnaire (MBSRQ) and the Body Anxiety Test (BUT)), psychological distress (Kessler Psychological Distress Scale, K10), physical activity (International Physical Activity Questionnaire, IPAQ), attitudes toward food (Eating Attitudes Test, EAT-26), and malnutrition (Starvation Symptom Inventory, SSI). Gender differences, within the same country, and differences between Italian and Spanish students, within the same gender, were assessed, and the study was conducted on 160 students in Rome and Murcia.