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Columns: EDITORIAL

The effects of exercise on physical limitations and fatigue in rheumatic diseases.

Giuseppe Musumeci

Abstract

Physical activity covers not just sports but also simple everyday movements such as housework, walking and playing. Regular exercise has a great importance in

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in the **rheumatic diseases** are highlighted. Next, the social implications of **fatigue** are briefly mentioned. Fourth, methods in which **fatigue impacts exercise** ... identifiable events, such as strenuous **physical** exer- to measure **fatigue in rheumatic disease** are presented deconditioned will reach these **limits** at lower exertion.

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