Reviewer

I thoroughly enjoyed reviewing this manuscript and only have some minor requests for revision.

1- what are the limitations of the study

Answer: We would like to thank the reviewer for his/her comments. We have already included a large paragraph regarding the study's limitations. The major limitation is that it is a systematic review and not a meta-analysis, but we explained that this was not feasible because there was no access to data of all the included RCTs. Other limitations such as low number of RCTs, heterogeneity of sample sizes, low number of NMES sessions and lack of follow-up are mostly related with literature more than with our systematic review. We explain these limitations in page 16.

2- References from 1-55 then from 1-61, what is the justification for that.

Answer: The reviewer is right. There are references 1-61 which were added by mistake during the manuscript's writing and are not related with the main text. We removed them. The correct references are 1-55 as cited in the main text. We would like to apologize for the inconvenience.