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Manuscript Type: REVIEW

Non-pharmacological² therapies for inflammatory bowel disease: Recommendations for self-care and physician guidance

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Abstract

We performed a scoping review on sought-after complementary therapies for patients with inflammatory bowel disease (IBD), specifically diet, physical activity and exercise (PA&E), and psychotherapy. We aim to update patients with IBD on therapies for self-

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Transition of Care in Inflammatory Bowel Disease - NCBI - NIH

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This paper provides an overview of the transition from pediatric to adult IBD care, a discussion of challenges and barriers, and recommendations and Several small studies have looked at self-efficacy as well as knowledge of medication and disease in adolescents with IBD and their parents." In a survey of 16- to

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