



## PEER-REVIEW REPORT

**Name of journal:** World Journal of Orthopedics

**Manuscript NO:** 61188

**Title:** Slacklining as therapy to address non-specific low back pain in the presence of multifidus arthrogenic muscle inhibition

**Reviewer's code:** 05319826

**Position:** Peer Reviewer

**Academic degree:** MD

**Professional title:** Doctor

**Reviewer's Country/Territory:** Japan

**Author's Country/Territory:** Australia

**Manuscript submission date:** 2020-11-27

**Reviewer chosen by:** Li Ma

**Reviewer accepted review:** 2020-12-14 09:14

**Reviewer performed review:** 2020-12-14 10:30

**Review time:** 1 Hour

<b>Scientific quality</b>	<input type="checkbox"/> Grade A: Excellent <input checked="" type="checkbox"/> Grade B: Very good <input type="checkbox"/> Grade C: Good <input type="checkbox"/> Grade D: Fair <input type="checkbox"/> Grade E: Do not publish
<b>Language quality</b>	<input checked="" type="checkbox"/> Grade A: Priority publishing <input type="checkbox"/> Grade B: Minor language polishing <input type="checkbox"/> Grade C: A great deal of language polishing <input type="checkbox"/> Grade D: Rejection
<b>Conclusion</b>	<input type="checkbox"/> Accept (High priority) <input checked="" type="checkbox"/> Accept (General priority) <input type="checkbox"/> Minor revision <input type="checkbox"/> Major revision <input type="checkbox"/> Rejection
<b>Re-review</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>Peer-reviewer statements</b>	Peer-Review: <input checked="" type="checkbox"/> Anonymous <input type="checkbox"/> Onymous Conflicts-of-Interest: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No



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#### **SPECIFIC COMMENTS TO AUTHORS**

This study investigated the slacklining as therapy to address non specific low back pain in the presence of multifidus arthrogenic muscle inhibition. The manuscript is well written, easy to read, and describes an investigation about the strategic indirect-involuntary therapeutic exercise of Slacklining on facilitate the activation of MF-AMI deficient muscles. I have only a suggestion that I hope will be useful to improve the scientific quality of the study: please provide possible practical therapeutic exercise derived from the findings of the study. In this sense, although the results of the study are discussed from a theoretical viewpoint, I believe that extending the discussion by considering a practical point of view would add value to the manuscript, thus suggesting strategies for clinicians and practitioners.