

World Journal of *Clinical Cases*

World J Clin Cases 2023 April 16; 11(11): 2363-2581



Contents

Thrice Monthly Volume 11 Number 11 April 16, 2023

REVIEW

- 2363 Presbyphagia: Dysphagia in the elderly
Feng HY, Zhang PP, Wang XW

MINIREVIEWS

- 2374 Narrative minireview of the spatial epidemiology of substance use disorder in the United States: Who is at risk and where?
Cuadros DF, Branscum AJ, Moreno CM, MacKinnon NJ
- 2386 Pyroptosis and its role in cancer
Liu SW, Song WJ, Ma GK, Wang H, Yang L
- 2396 Platelet rich fibrin is not a barrier membrane! Or is it?
Agrawal AA
- 2405 Advances in translational therapy for locally advanced gastric cancer
Zhao K, Na Y, Xu HM

ORIGINAL ARTICLE

Retrospective Study

- 2412 Study of pathogenic genes in a pedigree with familial dilated cardiomyopathy
Zhang XR, Ren H, Yao F, Liu Y, Song CL
- 2423 Classification of hepatobiliary scintigraphy patterns in segmented gallbladder according to anatomical discordance
Lee YC, Jung WS, Lee CH, Kim SH, Lee SO
- 2435 Optimal laboratory testing protocol for patients with acne taking oral isotretinoin
Park YJ, Shin HY, Choi WK, Lee AY, Lee SH, Hong JS

Observational Study

- 2443 Etiology analysis for term newborns with severe hyperbilirubinemia in eastern Guangdong of China
Xu JX, Lin F, Wu YH, Chen ZK, Ma YB, Yang LY

CASE REPORT

- 2452 Aicardi-Goutières syndrome type 7 in a Chinese child: A case report
Lin SZ, Yang JJ, Xie TL, Li JY, Ma JQ, Wu S, Wang N, Wang YJ

- 2457** Allergic bronchopulmonary aspergillosis with marked peripheral blood eosinophilia and pulmonary eosinophilia: A case report
Zhang XX, Zhou R, Liu C, Yang J, Pan ZH, Wu CC, Li QY
- 2464** Late presentation of dural tears: Two case reports and review of literature
Xu C, Dong RP, Cheng XL, Zhao JW
- 2474** Difficult-to-treat rheumatoid arthritis treated with Abatacept combined with Baricitinib: A case report
Qi JP, Jiang H, Wu T, Zhang Y, Huang W, Li YX, Wang J, Zhang J, Ying ZH
- 2482** Anesthesia management in a pediatric patient with complicatedly difficult airway: A case report
Chen JX, Shi XL, Liang CS, Ma XG, Xu L
- 2489** Intracranial large artery embolism due to carotid thrombosis caused by a neck massager: A case report
Pan J, Wang JW, Cai XF, Lu KF, Wang ZZ, Guo SY
- 2496** Intraductal papillary mucinous neoplasm originating from a jejunal heterotopic pancreas: A case report
Huang JH, Guo W, Liu Z
- 2502** Application of endoscopic retrograde cholangiopancreatography for treatment of obstructive jaundice after hepatoblastoma surgery: A case report
Shu J, Yang H, Yang J, Bian HQ, Wang X
- 2510** Total removal of a large esophageal schwannoma by submucosal tunneling endoscopic resection: A case report and review of literature
Mu YZ, Zhang Q, Zhao J, Liu Y, Kong LW, Ding ZX
- 2521** SMARCA4-deficient undifferentiated thoracic tumor: A case report
Kwon HJ, Jang MH
- 2528** Prostate-specific antigen reduction after capecitabine plus oxaliplatin chemotherapy: A case report
Zou Q, Shen RL, Guo X, Tang CY
- 2535** Bilateral carpal tunnel syndrome and motor dysfunction caused by gout and type 2 diabetes: A case report
Zhang GF, Rong CM, Li W, Wei BL, Han MT, Han QL
- 2541** Pregnancy complicated by juxtaglomerular cell tumor of the kidney: A case report
Fu X, Deng G, Wang K, Shao C, Xie LP
- 2549** Successful treatment of lichen amyloidosis coexisting with atopic dermatitis by dupilumab: Four case reports
Zhu Q, Gao BQ, Zhang JF, Shi LP, Zhang GQ
- 2559** Successful treatment of breast metastasis from primary transverse colon cancer: A case report
Jiao X, Xing FZ, Zhai MM, Sun P

- 2567** Different endodontic treatments induced root development of two nonvital immature teeth in the same patient: A case report
Chai R, Yang X, Zhang AS
- 2576** Autoimmune encephalitis after surgery for appendiceal cancer: A case report
Mao YH, Li L, Wen LM, Qin JM, Yang YL, Wang L, Wang FR, Zhao YZ

ABOUT COVER

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The WJCC is now abstracted and indexed in Science Citation Index Expanded (SCIE, also known as SciSearch®), Journal Citation Reports/Science Edition, Current Contents®/Clinical Medicine, PubMed, PubMed Central, Scopus, Reference Citation Analysis, China National Knowledge Infrastructure, China Science and Technology Journal Database, and Superstar Journals Database. The 2022 Edition of Journal Citation Reports® cites the 2021 impact factor (IF) for WJCC as 1.534; IF without journal self cites: 1.491; 5-year IF: 1.599; Journal Citation Indicator: 0.28; Ranking: 135 among 172 journals in medicine, general and internal; and Quartile category: Q4. The WJCC's CiteScore for 2021 is 1.2 and Scopus CiteScore rank 2021: General Medicine is 443/826.

RESPONSIBLE EDITORS FOR THIS ISSUE

Production Editor: Hua-Ge Yin; Production Department Director: Xiang Li; Editorial Office Director: Jin-Lei Wang.

NAME OF JOURNAL

World Journal of Clinical Cases

ISSN

ISSN 2307-8960 (online)

LAUNCH DATE

April 16, 2013

FREQUENCY

Thrice Monthly

EDITORS-IN-CHIEF

Bao-Gan Peng, Jerzy Tadeusz Chudek, George Kontogeorgos, Maurizio Serati, Ja Hyeon Ku

EDITORIAL BOARD MEMBERS

<https://www.wjgnet.com/2307-8960/editorialboard.htm>

PUBLICATION DATE

April 16, 2023

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INSTRUCTIONS TO AUTHORS

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PUBLICATION ETHICS

<https://www.wjgnet.com/bpg/GerInfo/288>

PUBLICATION MISCONDUCT

<https://www.wjgnet.com/bpg/gerinfo/208>

ARTICLE PROCESSING CHARGE

<https://www.wjgnet.com/bpg/gerinfo/242>

STEPS FOR SUBMITTING MANUSCRIPTS

<https://www.wjgnet.com/bpg/GerInfo/239>

ONLINE SUBMISSION

<https://www.f6publishing.com>



Aicardi-Goutières syndrome type 7 in a Chinese child: A case report

Shuang-Zhu Lin, Jing-Jing Yang, Tian-Long Xie, Jia-Yi Li, Jia-Qi Ma, Si Wu, Na Wang, Yong-Ji Wang

Specialty type: Genetics and heredity

Provenance and peer review: Unsolicited article; Externally peer reviewed.

Peer-review model: Single blind

Peer-review report's scientific quality classification

Grade A (Excellent): 0
Grade B (Very good): 0
Grade C (Good): C
Grade D (Fair): 0
Grade E (Poor): 0

P-Reviewer: Mirsalehi M, Iran

Received: August 13, 2022

Peer-review started: August 13, 2022

First decision: November 11, 2022

Revised: February 22, 2023

Accepted: March 17, 2023

Article in press: March 17, 2023

Published online: April 16, 2023



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Abstract

BACKGROUND

IFIH1 is a protein-coding gene. Disorders associated with *IFIH1* include Aicardi-Goutières syndrome (AGS) type 7 and Singleton-Merten syndrome type 1. Related pathways include RIG-I/MDA5-mediated induction of the interferon (IFN)- α/β pathway and the innate immune system. AGS type 7 is an autosomal dominant inflammatory disorder characterized by severe neurological impairment. In infancy, most patients present with psychomotor retardation, axial hypotonia, spasticity, and brain imaging changes. Laboratory assessments showed increased IFN- α activity with upregulation of IFN signaling and IFN-stimulated gene expression. Some patients develop normally in the early stage, and then have episodic neurological deficits.

CASE SUMMARY

The 5-year-old girl presented with postpartum height and weight growth retardation, language retardation, brain atrophy, convulsions, and growth hormone deficiency. DNA samples were obtained from peripheral blood from the child and her parents for whole-exome sequencing and test of genome-wide copy number variation. Heterozygous mutations in the *IFIH1* gene were found. Physical examination at admission found that language development was delayed, the reaction to name calling was average, there was no communication with people, but there was eye contact, no social smile, and no autonomous language. However, the child had rich gesture language and body language, could understand instructions, had bad temper. When she wants to achieve something, she starts crying or shouting. Cardiopulmonary examination showed no obvious abnormality, and abdominal examination was normal. Bilateral muscle strength and muscle tone were symmetrical and slightly decreased. Physiological reflexes exist, but pathological reflexes were not elicited.

CONCLUSION

We reported the clinical characteristics of a Chinese child with a clinical diagnosis of AGS type 7, which expanded the mutational spectrum of the *IFIH1* gene.

Key Words: Aicardi-Goutières syndrome type 7; *IFIH1* gene; Children; Case report

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Core Tip: We report a 5-year-old girl with Aicardi-Goutières syndrome type 7. The clinical characteristics included postnatal height and weight retardation, delayed language development, brain atrophy, convulsions, and growth hormone deficiency. Whole exome test showed c.1093A>G (p.Lys365Glu) and heterozygous mutation in *IFIH1* gene, and the mutation source was her father. This report provides a molecular basis for etiological diagnosis and treatment of the child, as well as for genetic counseling for the pedigree.

Citation: Lin SZ, Yang JJ, Xie TL, Li JY, Ma JQ, Wu S, Wang N, Wang YJ. Aicardi-Goutières syndrome type 7 in a Chinese child: A case report. *World J Clin Cases* 2023; 11(11): 2452-2456

URL: <https://www.wjgnet.com/2307-8960/full/v11/i11/2452.htm>

DOI: <https://dx.doi.org/10.12998/wjcc.v11.i11.2452>

INTRODUCTION

Aicardi-Goutières syndrome (AGS) is a rare, genetically determined early-onset progressive encephalopathy[1-4]. Individuals affected with AGS typically suffer from progressive microcephaly associated with severe neurological symptoms, such as hypotonia, dystonia, seizures, spastic quadriplegia[5,6], and severe developmental delay. On brain imaging, AGS is characterized by basal ganglia calcification, white matter abnormalities, and cerebral atrophy. Cerebrospinal fluid analyses show chronic lymphocytosis and elevated levels of the interferon (IFN)- α [7] and neopterin. AGS-affected individuals are often misdiagnosed as having intrauterine infections, such as Pseudo-TORCH syndrome[8] (Pseudo-TORCH syndrome is a rare, chronic disorder that is characterised by dimorphic features such as microcephaly, intracranial calcification, seizures, mental retardation, hepatosplenomegaly and coagulation disorders), because of the similarities of these disorders, particularly the intracranial calcifications. AGS type 7 (AGS7) is an autosomal dominant inflammatory disorder characterized by severe neurological impairment. Episodic neurological deficits occur after the onset. Therefore, diseases related to mutations at the genetic locus must be diagnosed in the early phase so as to be treated in timely.

CASE PRESENTATION

Chief complaints

She was 3 years old at the time of her first visit and presented on 16 September 2020 due to language delay. She is 5 years old now.

History of present illness

Since age 6 mo, she had had obvious slow growth in height and weight. Language development was delayed. Her response to name calling was normal but there was no communication with people. Her eyes could not be met and there was no social smile. There was no autonomous language. However, the child had rich gesture language and body language, she could understand instructions, had a short temper, and when she wants to achieve something, she starts crying or shouting. She was thin, with a weight of 9 kg and height of 83 cm.

History of past illness

There was no obvious abnormality at birth, weight 3 kg, height 50 cm. She raised her head at 3 mo, crawled at 7 mo, and walked at 15 mo. She had a history of febrile convulsions twice, each lasting about 2 min, which resolved spontaneously, and a 1-year history of ulcerative colitis.

Personal and family history

Both parents were healthy.

Physical examination

Body temperature was 36.2 °C, heart rate 96 beats/min, breathing 24 beats/min, blood pressure 100/60 mmHg, height 83.0 cm and weight 9 kg. There was no special sick face, and cardiopulmonary and abdominal examinations showed no obvious abnormalities. Bilateral muscle strength and muscle tone were symmetrical and slightly decreased. Physiological reflexes were present but pathological reflexes were not elicited.

Laboratory examinations

Routine blood and urine examinations, myocardial enzymes, lactic acid, liver function, renal function, electrolytes, blood glucose, thyroid function, and hematuria showed no obvious abnormalities. The peak growth hormone challenge test was 5.77 ng/mL.

Imaging examinations

Video electroencephalography showed no abnormalities. Magnetic resonance imaging (MRI) of the brain showed mild atrophy.

FINAL DIAGNOSIS

AGS7 caused by a missense mutation in the *IFIH1* gene.

TREATMENT

Symptomatic nutritional support and rehabilitation were undertaken.

OUTCOME AND FOLLOW-UP

The child was followed up for 1 year and 9 mo. Her weight increased to 12 kg and height to 90 cm. Language ability improved, and simple conversations could be conducted.

DISCUSSION

Our patient presented with growth retardation, language retardation, brain atrophy and convulsions as the main clinical manifestations. Among the various examination indicators of our patient, we particularly noticed that the peak value of growth hormone was decreased, and MRI of the brain showed brain atrophy. Combined with the patient's clinical symptoms and physical and chemical examination results, we considered the possibility of hereditary metabolic disease or genetic disease. Subsequent genetic metabolic screening for hematuria showed no obvious abnormality.

Whole exome analysis showed that the *IFIH1* gene had a c.1093A>G (p.Lys365Glu) heterozygous mutation, and the source of the mutation was her father (Figure 1A-C). *IFIH1* gene can cause two diseases, AGS7, and Singleton-Merten syndrome type 1. According to their clinical manifestations, children are more likely to have AGS7[1]. AGS (MIM 615846) is a rare genetic disorder characterized by aberrant type 1 IFN production and systemic, chronic inflammation. *IFIH1* gene[2-4] may lead to changes in MDA5[7] and type 1 IFN (Mutations in the *IFIH1* gene lead to overproduction of type 1 interferons, resulting in the AGS phenotype). AGS 7 may lead to an increase in type 1 IFN, and there are clinical manifestations caused by elevated type 1 IFN. Our patient had similar manifestations, but due to the patient's clinical conditions, we did not examine the IFN concentration.

It has been reported that the *IFIH1* gene is inherited in an autosomal dominant manner, with high heterogeneity and incomplete penetrance. Our patient had c.1093A>G (p.Lys365Glu) heterozygous mutation, and the pathogenicity of this variant has been reported previously. The clinical manifestations of the child were consistent with the clinical features of AGS7.

CONCLUSION

In summary, we reported the clinical characteristics of a Chinese child with a clinical diagnosis of AGS7, which expanded the mutational spectrum of the *IFIH1* gene.

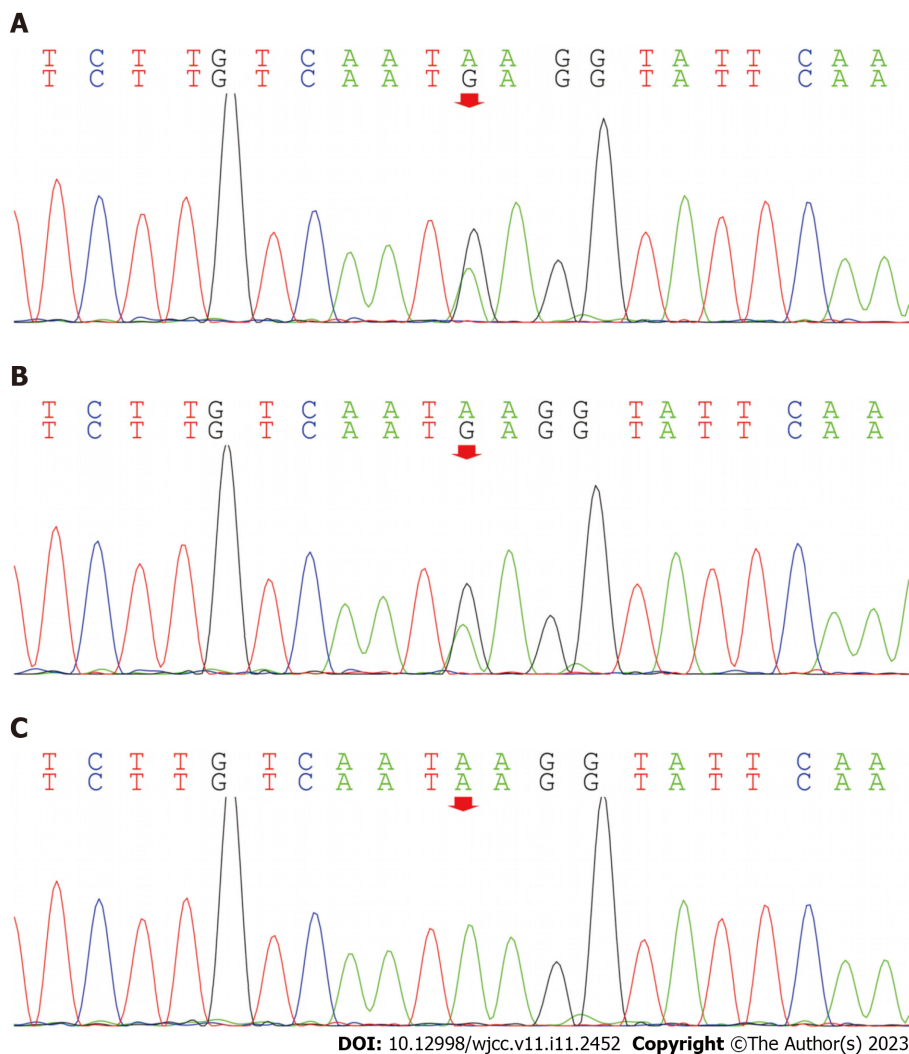


Figure 1 Whole-exome gene sequencing. A: *IFIH1* gene of the patient was found to have c.1093A>G (p.Lys365Glu), and heterozygous mutation. B: The source of mutation was her father. C: The sequencing of the patient's mother.

FOOTNOTES

Author contributions: Lin SZ wrote the manuscript; Yang JJ and Xie TL analyzed the data; Li JY, Ma JQ, Wu S, Wang N contributed to data collation; Wang YJ provided the medical records; all authors approved the final version of the manuscript to be published.

Informed consent statement: Informed consent has been obtained with the support of the child's family.

Conflict-of-interest statement: All the authors report no relevant conflicts of interest for this article.

CARE Checklist (2016) statement: The authors have read the CARE Checklist (2016), and the manuscript was prepared and revised according to the CARE Checklist (2016).

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Country/Territory of origin: China

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S-Editor: Gong ZM

L-Editor: A

P-Editor: Gong ZM

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