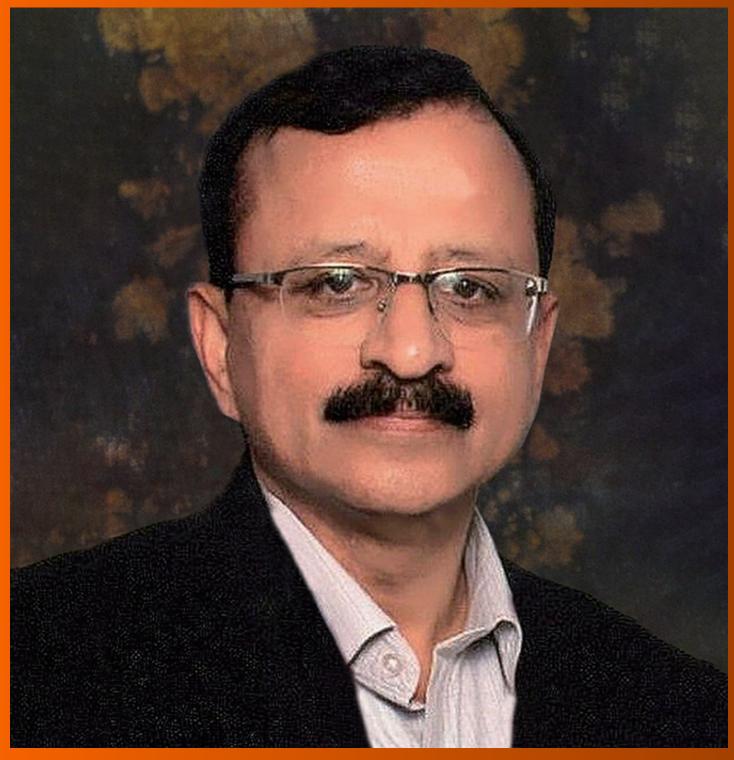
# World Journal of Clinical Cases

World J Clin Cases 2023 September 16; 11(26): 6031-6317



### **Contents**

Thrice Monthly Volume 11 Number 26 September 16, 2023

### **MINIREVIEWS**

6031 Diabetes among Muslims during Ramadan: A narrative review

Ochani RK, Shaikh A, Batra S, Pikale G, Surani S

### **ORIGINAL ARTICLE**

### **Retrospective Cohort Study**

6040 Clinical evaluation of ventilation mode on acute exacerbation of chronic obstructive pulmonary disease with respiratory failure

Wang JJ, Zhou Z, Zhang LY

### **Retrospective Study**

6051 Predictive value of preoperative albumin-bilirubin score and other risk factors for short-term outcomes after open pancreatoduodenectomy

Zavrtanik H, Cosola D, Badovinac D, Hadžialjević B, Horvat G, Plevel D, Bogoni S, Tarchi P, de Manzini N, Tomažič A

6066 Lyophilized recombinant human brain natriuretic peptide for chronic heart failure: Effects on cardiac function and inflammation

Li F, Li H, Luo R, Pei JB, Yu XY

6073 Continuous renal replacement therapy with oXiris® in patients with hematologically malignant septic shock: A retrospective study

Wang J, Wei SR, Ding T, Zhang LP, Weng ZH, Cheng M, Zhou Y, Zhang M, Liu FJ, Yan BB, Wang DF, Sun MW, Cheng WX

6083 Serum basic fibroblast growth factor and interleukin-1β predict the effect of first-line chemotherapy in patients with advanced gastric cancer

Zheng L, Gan LH, Yao L, Li B, Huang YQ, Zhang FB, Kuang MQ, Fang N

6091 Multinucleated giant cells of bladder mucosa are modified telocytes: Diagnostic and immunohistochemistry algorithm and relation to PD-L1 expression score

Gulinac M. Velikova T. Dikov D

### **Clinical Trials Study**

6105 Comparing the efficacy of regen-cov, remdesivir, and favipiravir in reducing invasive mechanical ventilation need in hospitalized COVID-19 patients

Hegazy SK, Tharwat S, Hassan AH

### **META-ANALYSIS**

6122 Risk factors for stroke recurrence in young patients with first-ever ischemic stroke: A meta-analysis

Xia Y, Liu H, Zhu R

### Thrice Monthly Volume 11 Number 26 September 16, 2023

### **SCIENTOMETRICS**

6132 Unveiling the hidden world of gut health: Exploring cutting-edge research through visualizing randomized controlled trials on the gut microbiota

Zyoud SH, Shakhshir M, Abushanab AS, Koni A, Shahwan M, Jairoun AA, Abu Taha A, Al-Jabi SW

### **CASE REPORT**

6147 Rivaroxaban for the treatment of heparin-induced thrombocytopenia with thrombosis in a patient undergoing artificial hip arthroplasty: A case report

Lv FF, Li MY, Qu W, Jiang ZS

6154 Mepolizumab induced palmoplantar psoriasis: A case report

Artosi F, Diluvio L, Vultaggio M, Campione E, Bianchi L

6159 Early diagnosis of renal pelvis villous adenoma: A case report

Li LL, Song PX, Xing DF, Liu K

6165 Identification of the dominant loop of a dual-loop macro-reentry left atrial flutter without prior intervention using high-density mapping technology: A case report

Yu SD, Chu YP

6170 Surgery for fibrous dysplasia associated with aneurysmal-bone-cyst-like changes in right proximal femur: A case report

Xie LL, Yuan X, Zhu HX, Pu D

6176 Efficacy of abatacept treatment in a patient with enteropathy carrying a variant of unsignificance in CTLA4 gene: A case report

Musabak U, Erdoğan T, Ceylaner S, Özbek E, Suna N, Özdemir BH

6183 Postpartum hemophagocytic lymphohistiocytosis: A case report

An JH. Ahn JH

6189 Non-arteritic anterior ischemic optic neuropathy combined with branch retinal vein obstruction: A case report

Gong HX, Xie SY

6194 Large colonic lipoma with a laterally spreading tumor treated by endoscopic submucosal dissection: A case report

Bae JY, Kim HK, Kim YJ, Kim SW, Lee Y, Ryu CB, Lee MS

6200 T/myeloid mixed-phenotype acute leukemia treated with venetoclax and decitabine: A case report

Park S, Jeong EJ, Kang JH, Lee GW, Go SI, Lee DH, Koh EH

6206 Severe inflammatory disorder in trisomy 8 without myelodysplastic syndrome and response to methylprednisolone: A case report

Pan FY, Fan HZ, Zhuang SH, Pan LF, Ye XH, Tong HJ

### Contents

### Thrice Monthly Volume 11 Number 26 September 16, 2023

6213 Aggressive variant prostate cancer: A case report and literature review

Weng XT, Lin WL, Pan QM, Chen TF, Li SY, Gu CM

6223 Typical Zollinger-Ellison syndrome-atypical location of gastrinoma and absence of hypergastrinemia: A case report and review of literature

Zhang JM, Zheng CW, Li XW, Fang ZY, Yu MX, Shen HY, Ji X

6231 Left epigastric isolated tumor fed by the inferior phrenic artery diagnosed as ectopic hepatocellular carcinoma: A case report

Liu HB, Zhao LH, Zhang YJ, Li ZF, Li L, Huang QP

6240 Squamous cell carcinoma associated with endometriosis in the uterus and ovaries: A case report

Cai Z, Yang GL, Li Q, Zeng L, Li LX, Song YP, Liu FR

6246 Intestinal obstruction due to giant liver cyst: A case report

Küçük A, Mohamed SS, Abdi AM, Ali AY

6252 Difficulties in diagnosing angiomatoid fibrous histiocytoma of the head and neck region: A case report

Michcik A, Bień M, Wojciechowska B, Polcyn A, Garbacewicz Ł, Kowalski J, Drogoszewska B

6262 Efficacy of tolvaptan in an infant with syndrome of inappropriate antidiuretic hormone secretion associated with holoprosencephaly: A case report

Mori M, Takeshita S, Nakamura N, Mizuno Y, Tomita A, Aoyama M, Kakita H, Yamada Y

6268 Recurrent hemoptysis in pediatric bronchial Dieulafoy's disease with inferior phrenic artery supply: A case report

Wang F, Tang J, Peng M, Huang PJ, Zhao LJ, Zhang YY, Wang T

6274 Variant of Guillain-Barré syndrome with anti-sulfatide antibody positivity and spinal cord involvement: A case report

Liu H, Lv HG, Zhang R

6280 Secondary pulmonary infection by Fusarium solani and Aspergillus niger during systemic steroid treatment for COVID-19: A case report

Usuda D, Kato M, Sugawara Y, Shimizu R, Inami T, Tsuge S, Sakurai R, Kawai K, Matsubara S, Tanaka R, Suzuki M, Shimozawa S, Hotchi Y, Osugi I, Katou R, Ito S, Mishima K, Kondo A, Mizuno K, Takami H, Komatsu T, Oba J, Nomura T, Sugita M

6289 Collision tumor of primary malignant lymphoma and adenocarcinoma in the colon diagnosed by molecular pathology: A case report and literature review

Jiang M, Yuan XP

6298 Successful resolution of gastric perforation caused by a severe complication of pancreatic walled-off necrosis: A case report

Noh BG, Yoon M, Park YM, Seo HI, Kim S, Hong SB, Park JK, Lee MW

6304 Bilateral dislocation of the long head of biceps tendon with intact rotator cuff tendon: A case report

Ш

Sohn HJ, Cho CH, Kim DH

# World Journal of Clinical Cases

Conten	Thrice Monthly Volume 11 Number 26 September 16, 2023
6311	Delayed diagnosis of abdominal Henoch-Schonlein purpura in children: A case report
	Guo H, Wang ZL, Tao Z

IX

### Contents

## Thrice Monthly Volume 11 Number 26 September 16, 2023

### **ABOUT COVER**

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CASE REPORT

# Successful resolution of gastric perforation caused by a severe complication of pancreatic walled-off necrosis: A case report

Byeong Gwan Noh, Myunghee Yoon, Young Mok Park, Hyung-Il Seo, Suk Kim, Seung Baek Hong, Jae Kyun Park, Moon Won Lee

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### Abstract

### **BACKGROUND**

Pancreatic walled-off necrosis (WON) rarely causes critical gastric necrosis and perforation, which may develop when pancreatic WON squashes against the stomach. The Atlanta 2012 guidelines were introduced for acute pancreatitis and its related clinical entities. However, there are few reported cases describing the clinical course and resolution of pancreatic WON.

### CASE SUMMARY

We report the case of a 45-year-old man who presented to the urgent emergency department with gastric perforation caused by a severe complication of pancreatic WON on computed tomography. The patient underwent an emergency distal pancreatectomy, splenectomy, and gastric wedge resection. Postoperative findings showed re-perforation of the gastric wall at a previously resected margin. Furthermore, endoscopic examination revealed an ulcerative area with a defect in the fundus. After diagnostic endoscopy, endoscopic vacuum-assisted closure was performed, and continuous suction was transferred over all tissues in contact with the sponge surface. The patient recovered without any further complications and was discharged in good condition at postoperative week 8. No recurrence occurred during the 6-mo follow-up period.

### **CONCLUSION**

When managing a patient with serious gastric perforation complicated by pancreatic WON, a multidisciplinary treatment approach should be considered.

Key Words: Acute necrotizing pancreatitis; Endoscopy; Vacuum assisted closure; Gastric rupture; Surgery; Case report

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Core Tip: Pancreatic walled-off necrosis (WON) rarely causes critical gastric necrosis and perforation. Cases of successful resolution of gastric perforation complicated by pancreatic WON are hardly encountered. Due to their rarity, discussing each clinical experience is necessary.

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### INTRODUCTION

Pancreatic walled-off necrosis (WON) developing in the course of necrotizing pancreatitis occurs 4 or more weeks after its onset[1]. Although systemic inflammation commonly wanes 14 d after the onset of symptoms, infected necrosis progresses in approximately 30% of patients with necrotizing pancreatitis[2]. Gastric complication related to pancreatic WON is a rare complication of acute pancreatitis. To date, cases of gastric perforation, a serious complication of pancreatic WON, are hardly encountered and similar cases to ours are few [3-5]. Successful resolution in cases of gastric perforation complicated by pancreatic WON is hardly seen. Due to their rarity, discussing each clinical experience is necessary. Moreover, we are eager that clinicians will gain a better understanding of the clinical course of gastric complications related to WON.

### **CASE PRESENTATION**

### Chief complaints

A 45-year-old man, drinking at least 3 times a week for 3 mo due to social and personal issues, presented with abdominal pain for 21 d.

### History of present illness

The patient reported no present illness.

### History of past illness

The patient reported no past illness.

### Personal and family history

The patient reported no relevant medical or family history.

## Physical examination

Upon presentation, the patient's vital signs were stable. However, he showed paleness. Physical examination revealed signs of peritoneal irrigation such as a distended abdomen with rigidity and tenderness in the epigastric region.

### Laboratory examinations

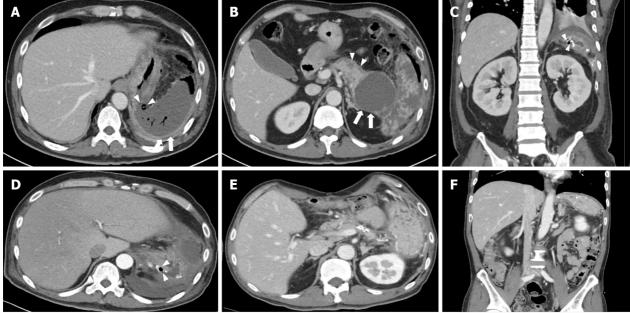
Table 1 reveals biochemistry values upon admission.

### Imaging examinations

Contrast-enhanced computed tomography (CT) showed, adjacent to the huge WON, wall defect, demonstrating a perforation in the stomach fundus and splenic infarction. Contrast-enhanced CT scanning demonstrated the huge WON at the intra- and extrapancreatic areas (Figure 1A and B).

6299

Table 1 Biochemistry values upon admission				
Value	Unit	Reference range	On admission	
White blood cell count	10 <sup>9</sup> /uL	3.8-11.0	12.78	
Neutrophil count	10 <sup>9</sup> /uL	1.5-7.0	9.25	
Hemoglobin	g/dL	13.5-17.5	8.40	
Hematocrit	%	39.0-53.0	25.00	
Platelet count	10 <sup>9</sup> /uL	140-420	697.00	
C-reactive protein	mg/dL	0-0.5	9.24	
Lactate dehydrogenase	U/L	135-225	274.00	
Lactic acid	mmol/L	0.7-2.5	2.20	
Sodium	mmol/L	138-148	119.00	
Potassium	mmol/L	3.5-5.3	3.69	
Serum amylase	U/L	36-128	29.30	
Serum lipase	U/L	22-51	80.10	



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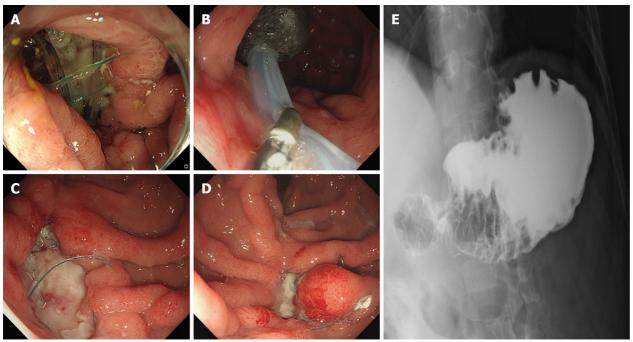
Figure 1 Abdominal contrast-enhanced computed tomography images in a 45-year-old man. A: Adjacent to the huge walled-off necrosis, there is a wall defect, demonstrating perforation of the stomach fundus (arrowheads) and splenic infarction (white arrow); B: Contrast-enhanced computed tomography (CT) scanning demonstrated the huge walled-off necrosis at the intra- (arrowheads) and extrapancreatic areas (white arrows); C: Axial view of contrast-enhanced CT image; D: Coronary view of portal venous phase CT on postoperative day 18 shows significant wall defect on previous staple line (arrowheads); E and F: Axial and coronary views of portal venous phase CT at the 3-mo follow-up. CT images show improved process of loculated fluid collection with air bubble at pancreatic bed and left subphrenic space.

### **FINAL DIAGNOSIS**

Based on the preoperative CT and histopathology results, the final diagnosis was gastric perforation caused by a severe complication of pancreatic WON.

### **TREATMENT**

Ceftriaxone and metronidazole were initially administered. After identifying the organisms, piperacillin-tazobactam, fluconazole, and vancomycin were administered after consultation with infectious disease specialists. Postoperative



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Figure 2 Treatment. A: 45-year-old man is diagnosed with a 3-cm gastric perforation at the anastomosis site on postoperative day 18; B: A polyurethane sponge is inserted into the cavity of the anastomotic leak with nasogastric continuous suction; C: The perforation site is downsized with granulation tissue during the fourth endoscopic vacuum-assisted closure (EVAC); D: The cavity is closed after seven EVAC procedures; E: Follow-up upper gastrointestinal radiography shows no contrast leakage from the stomach.

serum amylase and lipase levels were within the normal range. Drain fluid amylase was 1052 U/L at postoperative day (POD) 1 and 17.6 U/L at POD 7. After necrosectomy, the patient received supportive medical treatment, including parenteral nutrition and diet, starting on POD 7. Thereafter, the patient suddenly experienced unsuspected abdominal discomfort at POD 18. Follow-up CT (Figure 1C and D) and endoscopy revealed a 3-cm gastric perforation at the anastomotic site (Figure 2A). Reoperation was not an option due to severe inflammation. Based on discussions with gastroenterologists, endoscopic vacuum-assisted closure (EVAC) was performed, and continuous suction was applied to the perforated site through a nasogastric drainage tube with a polyurethane sponge (KCI Inc., San Antonio, TX, United States) (Figure 2B). Surgical drain was removed due to maintaining a negative pressure on sponge. Drain fluid amylase level was 3.0 U/L and had an output of < 20 mL. EVAC treatment was continued for 3 wk with sponge exchange every 72 h until the wound cavity had healed (Figure 2C and D). Follow-up upper gastrointestinal series showed no contrast leakage from the stomach (Figure 2E). The patient was discharged in good condition at postoperative week 8.

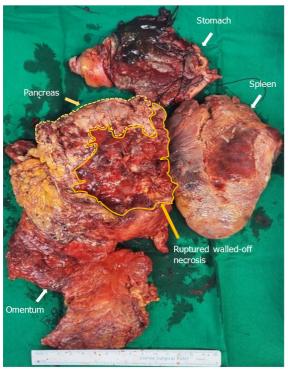
### **OUTCOME AND FOLLOW-UP**

At the 3-mo follow-up, CT showed significant improvement (Figure 1E and F). The patient was followed up as an outpatient for 6 mo without showing recurrence or readmission event including glucose control, and is doing well at work after getting a job.

### DISCUSSION

The Atlanta Symposium (2012) introduced guidelines to globalize the definitions of acute pancreatitis and related clinical entities[6]. Of all the entities, necrotizing pancreatitis most commonly manifests as necrosis involving both the pancreatic and peripancreatic tissues[7]. Pancreatic necrosis constitutes substantial additional morbidity, with mortality rates as high as 20%-30%[8]. Surgical volumes of interventions have significantly decreased over the years, as minimally invasive strategies have proven effective[9]. However, emergency surgery, irrespective of time, is indicated for cases of gastrointestinal perforation caused by necrotizing pancreatitis[10]. Pancreatic WON is a mature, encapsulated, acute necrotic collection with a well-defined inflammatory wall observed on contrast-enhanced CT. Our patient showed a heterogeneous, fully encapsulated collection with small air pockets inside the cyst and near the peritoneal space. Conventional management of infected WON depends on the availability of expertise and severity of the comorbid medical status. Endoscopic drainage is a commonly used procedure in patients without gastrointestinal perforation. However, there is a high complication rate and longer hospital stay associated with drainage procedures[11]. From the point of view of

6301



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Figure 3 Surgical specimen after distal pancreatectomy, splenectomy, and gastric wedge resection. Note that the pancreatic walled-off necrosis is ruptured during operation. Each specimen is resected separately.

surgical management of necrotizing pancreatitis, a previous report has emphasized that formal resection should be avoided to lower the event of bleeding and fistula formation and protect normal tissue. Thus, repeated debridements with continuous drainage were commonly performed. However, those procedures could be usually associated with immediate and long-term complications such as gastrointestinal perforation, infection, organ failure, and fistula. Morbidity rates of 34%-95% have been reported [7,9]. In our case, we initially performed formal distal pancreatectomy and adjacent necrotic tissue resection with surgical drainage (Figure 3). Cholecystectomy was not performed because there was no evidence of gallstone pancreatitis. Regarding gastric perforation with pancreatic WON, there are no surgical guidelines due to the rarity of this disease entity. We suggest that formal resection would be a better procedure for removing necrotic tissue as much as possible without further surgical debridement. Reperforation occurred during postoperative care with proper conservative care, including nutritional support and antibacterial therapy with antifungal agents. In terms of complications, suitable treatment in patients with gastric perforation requires collaboration among surgeons, radiologists, and gastroenterologists. Endoscopic closure techniques are promising alternatives to surgical treatment[12]. A retrospective study including 71 patients compared stent placement with EVAC for nonsurgical closure of intrathoracic leakage. The overall closure rate was higher in the EVAC group (84.4%) than in the stent group (53.8%). EVAC appears to be an effective alternative to other methods for treating anastomotic leaks[13]. After diagnostic endoscopy, the sponge was placed at the leakage site and released using a pusher. Our patient changed sponges seven times over 3 wk. After successful resolution, the patient was initiated on an oral diet without complications. Clinical cases showing resolution of pancreatic WON with gastric perforation is hardly reported. Therefore, discussing multidisciplinary clinical approaches is essential.

### CONCLUSION

Encountering a patient with serious gastric perforation complicated by pancreatic WON, formal distal pancreatectomy, adjacent necrotic tissue resection, and surgical drainage with a multidisciplinary treatment approach could be considerable options for improving the therapeutic outcome.

### **FOOTNOTES**

Author contributions: Noh BG, Yoon M, Park YM, Seo HI, Kim S, Hong SB, Park JK, and Lee MW contributed to the acquisition of data for this study; Noh BG analyzed the data and wrote the manuscript; Yoon Mh designed the case report; and all authors have read and approved the final manuscript.

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6303



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