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Observational Study

Subcutaneous fat thickness and abdominal depth are risk factors for surgical site infection after gastric cancer surgery

Kuan-Yong Yu, Rong-Kang Kuang, Ping-Ping Wu, Guang-Hui Qiang

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Abstract

BACKGROUND

Surgical site infection (SSI) is one of the most common complications after gastric cancer (GC) surgery. The occurrence of SSI can lead to a prolonged postoperative hospital stay and increased medical expenses, and it can also affect postoperative rehabilitation and the quality of life of patients. Subcutaneous fat thickness (SFT) and abdominal depth (AD) can be used as predictors of SSI in patients undergoing radical resection of GC.

AIM

To explore the potential relationship between SFT or AD and SSI in patients undergoing elective radical resection of GC.

METHODS

Demographic, clinical, and pre- and intraoperative information of 355 patients who had undergone elective radical resection of GC were retrospectively collected from hospital electronic medical records. Univariate analysis was performed to screen out the significant parameters, which were subsequently analyzed using binary logistic regression and receiver-operating characteristic curve analysis.

RESULTS

The prevalence of SSI was 11.27% (40/355). Multivariate analyses revealed that SFT [odds ratio (OR) = 1.150; 95% confidence interval (95%CI): 1.090-1.214; $P < 0.001$], AD (OR = 1.024; 95%CI: 1.009-1.040; $P = 0.002$), laparoscopic-assisted surgery (OR = 0.286; 95%CI: 0.030-0.797; $P = 0.017$), and operation time (OR = 1.008; 95%CI: 1.001-1.015; $P = 0.030$) were independently associated with the incidence of SSI after elective radical resection of GC. In addition, the product of SFT and AD was a better potential predictor of SSI in these patients than either

SFT or AD alone.

CONCLUSION

SFT and AD are independent risk factors and can be used as predictors of SSI in patients undergoing radical resection of GC.

Key Words: Subcutaneous fat thickness; Abdomen depth; Surgical site infection; Gastric cancer; Radical resection; Risk factors

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Core Tip: Surgical site infection (SSI) is one of the most common complications after gastric cancer (GC) surgery. We identified subcutaneous fat thickness (SFT) and abdominal depth (AD) as independent risk factors that can be used as predictors of SSI in patients undergoing radical resection of GC. Our findings may assist clinicians in evaluating the risk of SSI in patients with higher SFT and AD values.

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INTRODUCTION

Gastric cancer (GC) is the fifth most common type of cancer worldwide and the third most fatal cancer[1]. Surgical resection accompanied by systemic adjuvant chemotherapy is still the best treatment for potentially treatable GC[2].

Surgical site infection (SSI) is the most common among all healthcare-associated infections[3]. SSI frequently occurs after gastric surgery, with an incidence ranging from 3.9% to 18.7%[4-7]. In addition to increasing hospital costs, SSI clearly prolongs hospital stay and results in long-term disability[8]. Prolonged operative duration[9], higher body mass index (BMI)[10], total gastrectomy, open surgery, and intraoperative blood transfusion[11] have been proven to be predictors of the development of SSI after elective gastrectomy.

As abdominal anatomical characteristics, subcutaneous fat thickness (SFT) and abdominal depth (AD) vary dramatically among individuals. Recently, SFT has been reported to be an independent risk factor for the development of SSI in intestinal resection [odds ratio (OR) = 2.519; 95% confidence interval (95%CI): 1.350–4.698; $P = 0.004$][12] and open appendectomy (OR = 3.52; 95%CI: 1.75–7.08; $P < 0.001$)[13]. Teppa *et al*[14] showed that when the SFT increases by more than 2.5 cm, the risk of SSI increases in abdominal surgeries. In Zhang *et al*'s study of patients undergoing radical resection of colorectal cancer, the complication group had a greater AD (9.24 ± 2.91 vs 7.77 ± 2.08 , $P < 0.001$) compared to the non-complication group, and they thus concluded that a greater AD is associated with an increased risk of short-term postoperative complications for these patients[15]. Another study revealed a correlation between AD and heightened SSI risk following elective radical resection for colon cancer[16].

However, there are few studies on SFT, AD, and SSI after GC surgery. Therefore, we conducted a retrospective study to explore the relationship between SFT or AD and the incidence of SSI after elective radical resection of GC.

MATERIALS AND METHODS

Patients

Patients who had undergone GC surgery at our hospital between January 2015 and April 2023 were screened for eligibility. The exclusion criteria encompassed: (1) Emergent radical resection of GC; (2) reoperation for the recurrence of GC; (3) the presence of concomitant abdominal infectious diseases before the operation; and (4) incomplete clinical data (Figure 1). The eligible patients were those who underwent gastrectomy for GC and were histopathologically diagnosed with GC. The study cohort comprised 355 patients who had undergone elective radical resection of GC. Of these, 40 patients developed an SSI.

The patients' data, including demographic information, clinical data, preoperative laboratory results, surgical information, and pathological diagnosis, were collected from the electronic medical record system of the hospital. Computed tomography (CT) was performed to measure SFT and AD. SFT and AD were both measured at the level of the umbilicus in supine CT images (Figure 2). SFT was defined as the maximum sagittal distance between the parietal and visceral sides of the subcutaneous fat. AD was defined as the sagittal distance between the bottom of the umbilicus and the top of the vertebra. These parameters were measured by three independent operators, and the mean value was further analyzed.

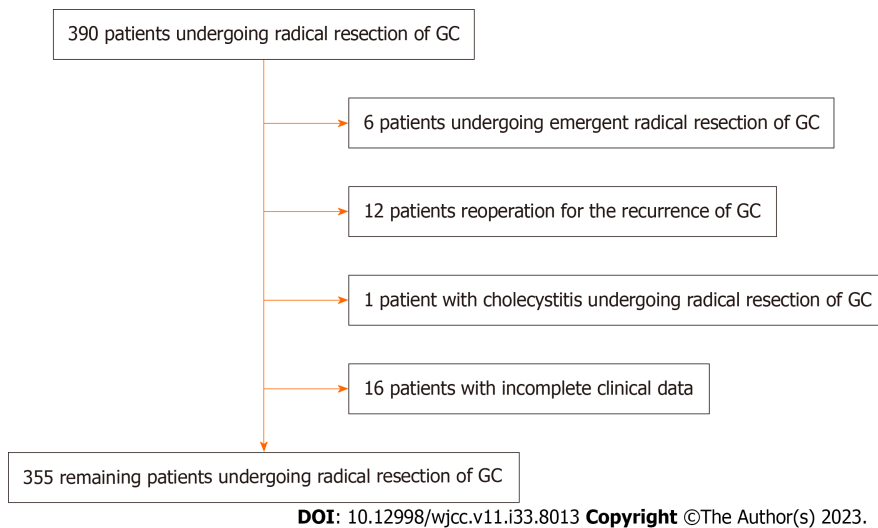


Figure 1 Flowchart of patient exclusion. GC: Gastric cancer.

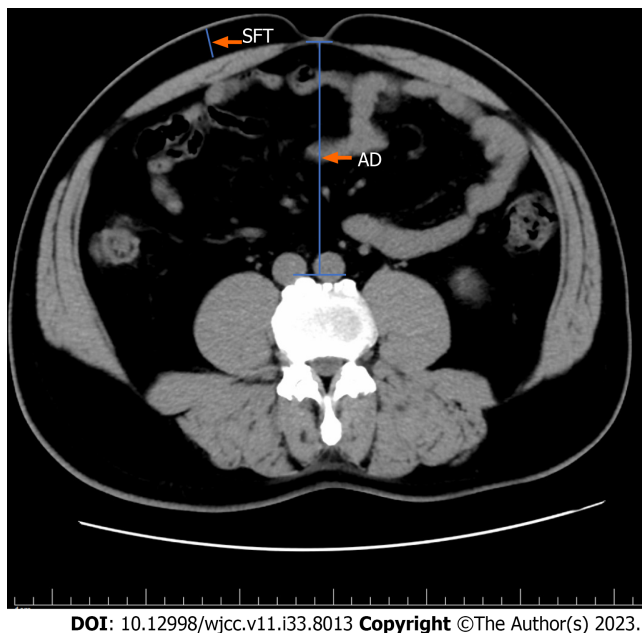


Figure 2 Illustration of measurement of subcutaneous fat thickness and abdominal depth. SFT: Subcutaneous fat thickness; AD: Abdominal depth.

We assessed whether there was an infection at the surgical site in line with the World Health Organization criteria[17]. SSIs were classified into three groups, namely, superficial, deep, and organ/space infections. Briefly, an SSI occurred at the surgical site within 30 d of surgery, and was characterized by at least one of the following conditions: Purulent drainage from the surgical site, organisms isolated from an aseptically obtained culture of fluid or tissue from the surgical site, and/or incisional inflammation, including pain or tenderness, redness, and localized swelling. Based on the outcome, we divided all eligible patients into either an SSI or a non-SSI group.

A second-generation cephalosporin was administered intravenously as a prophylactic antibiotic in all of the patients within 30 min before the surgery, and an additional dose was administered every 3 h during the surgery. Quinolones or penicillin were administered to the patients allergic to cephalosporins. The duration of prophylactic antibiotic administration was generally 3–5 d after the surgery. This study was approved by the Medical Ethics Committee of the Nanjing Jiangbei Hospital. The need for informed consent was waived because of the retrospective nature of the study.

Statistical analysis

Continuous data were evaluated for normality using the Shapiro–Wilk test. Normally distributed data were analyzed using an unpaired *t*-test and are represented as the mean and standard deviation (mean ± SD). Non-normally distributed data were analyzed using the Mann–Whitney *U* test and are represented as the median and interquartile range. Categorical data were analyzed using Fisher’s exact probability test and are expressed as frequencies and percentages. Univariate and multivariate logistic regression analyses were used to identify the risk factors for SSI. Multivariate logistic

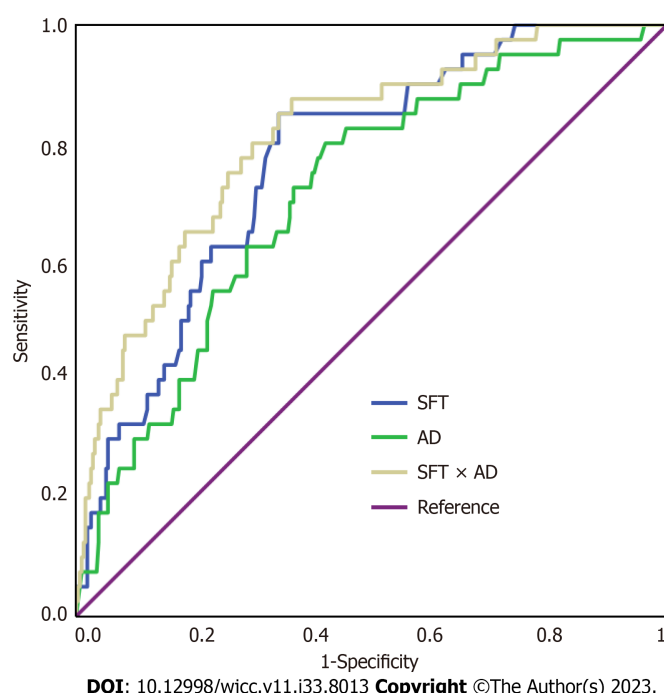


Figure 3 Receiver-operating characteristic curve analysis of risk factors for surgical site infection. SFT: Subcutaneous fat thickness; AD: Abdominal depth; SFT × AD: The product of SFT and AD.

regression analysis was performed only on variables with $P < 0.05$ in the univariate analysis. Receiver-operating characteristic (ROC) curve analysis was performed to evaluate the predictive ability and optimal cutoff value of all biomarkers. All statistical analyses were performed using SPSS software (version 24.0; SPSS Inc., Chicago, IL, United States). All tests were two-tailed. Statistical significance was set at $P < 0.05$.

RESULTS

We analyzed 355 patients who had undergone elective radical resection of GC. Their mean age was 65.6 years (range, 29–91 years), and 71.9% of the patients were male. The characteristics of the patients with and without SSI are compared in Table 1. While no statistically significant difference in age, gender, smoking, alcohol use, diabetes, hypertension, type of resection, blood loss, history of laparotomy, albumin, prealbumin, or tumor-node-metastasis stage was observed between the SSI and non-SSI groups, there were statistically significant differences in BMI ($P < 0.001$), SFT ($P < 0.001$), AD ($P < 0.001$), laparoscopic-assisted surgery ($P = 0.042$), and operation time ($P = 0.013$).

To study the relationship between the individual risk factors and the incidence of SSI, we performed multivariate analysis on the factors with $P < 0.05$ in the univariate analysis. As shown in Table 2, the univariate analysis revealed that the incidence of SSI was significantly associated with BMI ($P < 0.001$), SFT ($P < 0.001$), AD ($P < 0.001$), the product of SFT and AD (SFT × AD) ($P < 0.001$), laparoscopic-assisted surgery ($P = 0.048$), and operation time ($P = 0.010$). The multivariate analysis revealed that SFT (OR = 1.150; 95%CI: 1.090–1.214; $P < 0.001$), AD (OR = 1.024; 95%CI: 1.009–1.040; $P = 0.002$), laparoscopic-assisted surgery (OR = 0.322; 95%CI: 0.119–0.870; $P = 0.025$), and operation time (OR = 1.008; 95%CI: 1.001–1.015; $P = 0.026$) were independently associated with the incidence of SSI.

ROC analysis was performed to determine the predictive value of SFT, AD, and SFT × AD value for SSI in patients who underwent elective radical resection of GC (Table 3 and Figure 3). The optimum cutoff values for SFT, AD, and SFT × AD were 16.55, 67.85, and 11.11, respectively. The area under the ROC (AUC) values of SFT and AD were 0.770 (95%CI: 0.700–0.839) and 0.715 (95%CI: 0.635–0.795), respectively. The use of SFT × AD (AUC = 0.810; 95%CI: 0.740–0.879) demonstrated higher diagnostic value than the use of either SFT or AD alone.

DISCUSSION

By comparing 315 non-SSI and 40 SSI patients who had received elective radical resection of GC, we found that the two groups significantly differed in BMI, SFT, AD, laparoscopic-assisted surgery, and operation time; these variables may be risk factors for SSI. In addition, SFT, AD, laparoscopic-assisted surgery, and operation time were independently associated with SSI as evidenced by the logistic regression analysis. Further diagnostic power analysis identified that SFT × AD was a better potential predictor of SSI in these patients than either SFT or AD alone. These findings may assist clinicians in evaluating the risk of SSI in patients with a higher SFT × AD value.

Table 1 Characteristics of the study group, n (%)

Variable	Surgical site infection		P value
	Absent (n = 315)	Present (n = 40)	
Age (yr)	65.3 ± 9.6	66.4 ± 9.8	0.529
Male	227 (72.10)	28 (70.00)	0.785
BMI (kg/m ²)	22.68 ± 3.22	25.12 ± 2.78	< 0.001 ^a
SFT (mm)	14.20 (10.00–18.40)	20.45 (17.00–26.63)	< 0.001 ^a
AD (mm)	64.90 (50.60–78.20)	82.50 (68.43–97.00)	< 0.001 ^a
Smoking	87 (27.60)	15 (37.50)	0.193
Alcohol use	66 (21.00)	11 (27.50)	0.344
Diabetes	40 (12.70)	9 (22.50)	0.090
Laparoscopic-assisted surgery	96 (30.5)	6 (15.00)	0.042 ^a
Hypertension	95 (30.2)	12 (30.0)	0.984
Type of resection			0.371
Total gastrectomy	206 (65.40)	29 (34.60)	
Partial gastrectomy	109 (35.98)	11 (27.50)	
Operation time (min)	210.00 (180.00–240.00)	240.00 (209.25–270.00)	0.013 ^a
Blood loss (mL)	150.00 (100.00–200.00)	150.00 (112.00–200.00)	0.099
History of laparotomy	47 (14.90)	7 (17.50)	0.669
Albumin (g/dL)	39.37 ± 4.99	40.29 ± 3.55	0.258
Prealbumin (g/dL)	188.25 ± 59.06	194.92 ± 63.09	0.509
TNM stage			0.304
I	96 (29.2)	10 (25.0)	
II	92 (30.5)	17 (42.5)	
III	127 (40.3)	13 (32.5)	

^aP < 0.05.

BMI: Body mass index; SFT: Subcutaneous fat thickness; AD: Abdominal depth; TNM: Tumor-node-metastasis.

SSI remains a significant cause of morbidity after gastric surgery. SSI prolongs the length of hospital stay and increases the risk of incisional hernias. Although various measures to prevent the occurrence of SSI have recently been reported, the incidence of infection has not dropped below a negligible level. In this study, we explored the relationship between abdominal anatomical characteristics, including SFT, AD, and SFT × AD, and the rate of SSI following gastric surgery.

Thicker subcutaneous fat can increase the tension of the suture at the incision site, thereby reducing the blood supply to the incision site, which increases the risk of incision liquefaction and delayed healing. As previously reported, SFT is an independent risk factor for SSI in a variety of surgical procedures, including surgery for Crohn's disease[12], acute appendicitis surgery[13], elective colorectal surgery[18], and posterior cervical fusion surgery[19]. However, Liu *et al*[16] found that although the SFT was higher in patients with SSI after colorectal surgery than in non-SSI patients, it was not an independent risk factor for SSI. In our study, SFT was positively associated with the rate of SSI after elective radical resection of GC.

A previous study reported that the sagittal abdominal diameter was closely associated with general and visceral obesity[20]. Sur *et al* revealed that visceral obesity was related to SSI in patients undergoing surgery for colon cancer[21]. For patients with a deeper abdomen, surgical exposure is usually more difficult and the operation time is longer, which increases the risk of postoperative SSI. In the study by Liu *et al*[16], involving 55 SSI-afflicted patients juxtaposed against 55 propensity-score-matched counterparts without SSI, both groups having experienced elective radical resection for colon cancer, elevated AD value emerged as a potential risk factor for SSI. This observation is consistent with the conclusion drawn in the current research.

Increased BMI as a biomarker to measure obesity has been reported to be an incremental and independent risk factor for SSI in patients undergoing colorectal surgery[22]. The same was confirmed in patients undergoing gastric surgery [23]. Our univariate model data revealed that the patients in the SSI group exhibited high BMI values compared with those in the non-SSI group, but the significance was lost in the multivariate model, so BMI could not be used as a biomarker for SSI prediction.

Table 2 Risk factors for surgical site infection in univariate and multivariate analysis

Variable	Univariate analysis	P value	Multivariate analysis	P value
	OR (95%CI)		OR (95%CI)	
Age (yr)	1.011 (0.977–1.047)	0.528		
Male	0.905 (0.440–1.858)	0.785		
BMI (kg/m ²)	1.259 (1.133–1.398)	< 0.001	-	-
SFT (mm)	1.137 (1.186–1.192)	< 0.001	1.150 (1.090–1.214)	< 0.001 ^a
AD (mm)	1.031 (1.017–1.046)	< 0.001	1.024 (1.009–1.040)	0.002 ^a
Smoking	1.572 (0.792–3.123)	0.196		
Alcohol use	1.431 (0.679–3.015)	0.346		
Diabetes	1.996 (0.885–4.500)	0.096		
Laparoscopic-assisted surgery	0.403 (0.164–0.991)	0.048	0.286 (0.03–0.797)	0.017 ^a
Hypertension	0.992 (0.484–2.034)	0.984		
Type of resection				
Total gastrectomy	1.395 (0.671–2.900)	0.373		
Operation time (min)	1.008 (1.002–1.015)	0.010	1.008 (1.001–1.015)	0.030 ^a
Blood loss (mL)	1.000 (0.999–1.002)	0.659		
History of laparotomy	1.210 (0.505–2.894)	0.669		
Albumin (g/dL)	1.041 (0.971–1.116)	0.258		
Prealbumin (g/dL)	1.002 (0.996–1.001)	0.508		
TNM stage				
I	-	-		
II	1.629 (0.709–3.743)	0.250		
III	0.942 (0.396–2.241)	0.892		

^aP < 0.05.

BMI: Body mass index; SFT: Subcutaneous fat thickness; AD: Abdominal depth.

Table 3 Diagnostic value of subcutaneous fat thickness, abdominal depth, and the product of subcutaneous fat thickness and abdominal depth for surgical site infection

	Cutoff value	Sensitivity	Specificity	+LR	-LR	AUC
SFT	16.55	0.850	0.657	2.479	0.228	0.770 (0.700–0.839)
AD	67.85	0.800	0.578	1.895	0.346	0.715 (0.635–0.795)
SFT × AD	11.11	0.875	0.635	2.397	0.197	0.810 (0.740–0.879)

+LR: Positive likelihood ratio; -LR: Negative likelihood ratio; SFT: Subcutaneous fat thickness; AD: Abdominal depth; SFT × AD: The product of SFT and AD.

A meta-analysis has shown that prolonged operative duration bears an increased risk of SSI after various surgical procedures, such as colorectal surgery, urological surgery, plastic and maxillofacial surgery, obstetrics and gynecology surgery, and orthopedic surgery[24]. According to Michael *et al*, increased operative duration is associated with an increased risk of SSI after unicompartmental knee arthroplasty, and the authors believe that the operative duration is a surgeon-dependent and potentially modifiable risk factor, which may indicate the complexity and difficulty of the operation[25]. In the present study, the longer operation time was an independent risk factor for the rate of SSI after GC surgery.

To the best of our knowledge, this study is the first to investigate the relationship between SFT or AD and SSI after elective radical resection of GC. Our findings reveal the relationship between these two abdominal anatomical indicators and the development of SSI in patients undergoing elective radical gastrectomy, which can help clinicians in the early

identification and treatment of postoperative SSI.

The present study has several limitations. First, this was a single-center retrospective study with some inevitable recall and selection biases, which may limit its generalizability. Second, this study did not assess other known potential predictors related to SSI, such as intraoperative hypothermia, anemia, and inadequate oxygenation. Third, the present study did not investigate the mechanism by which abdominal anatomical features affect the risk of SSI. Therefore, a multicenter prospective study is warranted to confirm the accuracy of the results and to provide strategies to prevent SSI in patients with GC.

CONCLUSION

Our results suggest that preoperative SFT, AD, and operation time are independent risk factors for SSI after GC surgery, while laparoscopic-assisted surgery is a protective factor. The multiplied value of SFT and AD can be used as a predictor of SSI in patients after elective radical resection of GC.

ARTICLE HIGHLIGHTS

Research background

Surgical site infection (SSI) is one of the most common complications after gastric cancer (GC) surgery. The occurrence of SSI has an adverse impact on the prognosis of patients. There are very few studies that focus on the effect of subcutaneous fat thickness (SFT) and abdominal depth (AD) on postoperative SSI.

Research motivation

In this study, the authors sought to identify ways to assist clinicians in the early identification and treatment of postoperative SSI after GC surgery.

Research objectives

To explore the potential relationship between SFT or AD and SSI in patients after elective radical resection of GC.

Research methods

Demographic, clinical, and pre- and intraoperative information of 355 patients who had undergone elective radical resection of GC were retrospectively collected from hospital electronic medical records. Univariate and multivariate logistic regression analyses were used to screen for the risk factors contributing to SSI incidence. Furthermore, the receiver-operating characteristic (ROC) curve method was employed to evaluate the predictive power and best cutoff value for the biomarkers under consideration.

Research results

The prevalence of SSI was 11.27% (40/355). Multivariate analyses revealed that SFT, AD, laparoscopic-assisted surgery, and operation time were independently associated with the incidence of SSI after elective radical resection of GC. The area under the ROC curve values of SFT, AD, and the product of SFT and AD (SFT × AD) were 0.770 [95% confidence interval (95% CI): 0.700–0.839], 0.715 (95% CI: 0.635–0.795), and 0.810 (95% CI: 0.740–0.879), respectively.

Research conclusions

Our results suggest that preoperative SFT, AD, and operation time are independent risk factors for SSI after GC surgery, while laparoscopic-assisted surgery is a protective factor. In addition, SFT × AD is a better potential predictor of SSI in these patients than either SFT or AD alone.

Research perspectives

In the future, we will increase the sample size used to construct the model and conduct a multicenter study.

FOOTNOTES

Author contributions: Qiang GH and Yu KY designed the study; Kuang RK drafted the work; Wu PP and Yu KY collected the data; Yu KY and Kuang RK analyzed and interpreted the data; Yu KY and Wu PP wrote the manuscript; Qiang GH and Kuang RK revised the manuscript; all authors read and confirmed the final revision of the manuscript.

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