

Multilevel oblique corpectomies as an effective surgical option to treat cervical chordoma in a young girl

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Abstract

Chordomas are malignant tumors arising from notochordal remnants. They are the most frequent tumors of the spine after plasmacytomas. Only 6% of chordomas are localized to the cervical level. In young patients, chordomas are rare and unpredictable. Despite this, the treatment of choice remains the total resection, as much as possible, followed by proton beam radiation. This case was managed using a precarotid and retrocarotid approach at the same time. The tumor was completely resected with the edges free from disease. The cervical spine was stabilized with an anterior plating C2-C4. Eighteen months after surgery the patient is still free from illness. Multilevel oblique corpectomies are an available and safe option for the treatment of upper cervical chordomas.

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Key words: Cervical chordoma; Multilevel oblique corpectomy; Surgery; RXT; Retrocarotid approach

Core tip: In young patients, chordomas are rare and unpredictable. Despite this, the treatment of choice remains the total resection, as much as possible, followed by proton beam radiation. When there is a precarotid and retrocarotid extension, the removal by a multilevel oblique corpectomy seems to be a feasible and safe surgical technique.

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INTRODUCTION

Chordomas are malignant tumors arising from notochordal remnants and are the most frequent tumors of the spine after plasmacytomas. Only 6% of chordomas are localized at cervical level^[1,2]. The treatment of choice is total resection, or removing as much as possible of the tumor, followed by proton beam radiation. As emphasized in previous studies, total resection and, in particular, *en bloc* removal are not always possible, especially in the upper cervical localization and when the tumor englobes the epidural space (as in our case). This is a consequence both of the fact that the cervical chordoma infiltrates the nearby structures and that the margins of the total resection include unresectable structures. In young patients, chordomas are rare and unpredictable. We describe a rare case of an extensive cervical chordoma in a 14-year-old girl treated simultaneously by a precarotid and retrocarotid approach.

CASE REPORT

A 14-year-old girl was referred to our institution with cervical pain, dysphagia, hyperreflexia and weakness of

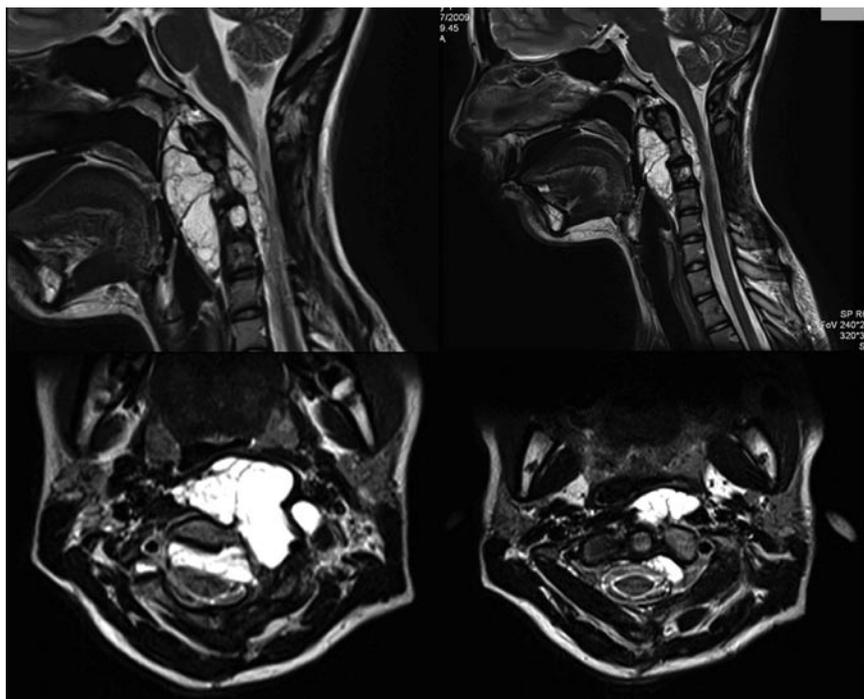


Figure 1 Sagittal and axial T2-weighted magnetic resonance imaging showed diffuse increased signal of a lesion of C2-C3-C4 with important retropharyngeal portion.



Figure 2 Preoperative coronal computed tomography of the cervical spine demonstrating an osteolytic process involving vertebral body of C2, C3 and C4.

the four limbs for 8 mo. The preoperative magnetic resonance imaging (MRI) showed a lesion of C2-C3-C4 with marked retropharyngeal and epidural space involvement (Figure 1). The tumor extended from the C1 anterior tuberculum as far as the C5 superior plate. Since biopsy had been performed in another institute *via* C2-C3-C4 interhemilaminectomy, the definitive result of the biopsy was not available.

A pre-operative CT showed erosion of the C2-C3-C4 vertebral bodies (Figure 2). An angio-MRI with gadolinium administration pointed out that the left vertebral artery (VA) was encapsulated and displaced without reduction of the vessel diameter. The tumor showed a spare contrast enhancement with gadolinium and in DWI was hyperintense in DWI sequences. Relating to the clinical and radiological features, there were two diagnostic hypotheses, either an epidermoid cyst or chordoma. The tumor was classified IB according to the Enneking clas-

sification^[3]. It was distributed to layers A-F and sectors 4-7 according to the Weinstein Boriani Biagini Classification^[4].

Surgical procedure

Surgical strategy consisted of a precarotid and retrocarotid approach during a single operation. The patient was positioned in the supine position with her head rotated 30° to the right. A presternocleidomastoid longitudinal skin incision was performed starting from left mastoid process. Firstly, the precarotid approach was performed through which the retropharyngeal portion was removed (Figure 3). Infiltrated bone, the portion around VA and the epidural space component were removed *via* the second approach, *via* multilevel oblique corpectomies. During surgery we employed ecodoppler monitoring to control the vertebral artery, as well as the operative microscope and the cavitron ultrasonic surgical aspirator, to remove the epidural component of the tumor. The retropharyngeal component was removed by an *en bloc* excision, while an intralesional excision was performed to remove the residual tumor. The tumor was completely resected together with the disease-free borders. A C2-C3 and C3-C4 discectomy with apposition of synthetic bone was performed to improve and speed up fusion and the cervical spine was stabilized by means of C2-C4 anterior plating.

A post-operative computed tomography (CT)-scan confirmed the correct position of the plate and the screws (Figure 4). The second day after surgery, the patient was free of any neurological deficit and was able to stand up and started to walk. The patient was discharged from hospital the seventh day after surgery. Twenty days after surgery, a post-operative MRI showed total resection of the tumor. A Shantz cervical collar was fitted for 45 d. Forty days after surgery, the patient received postoperative

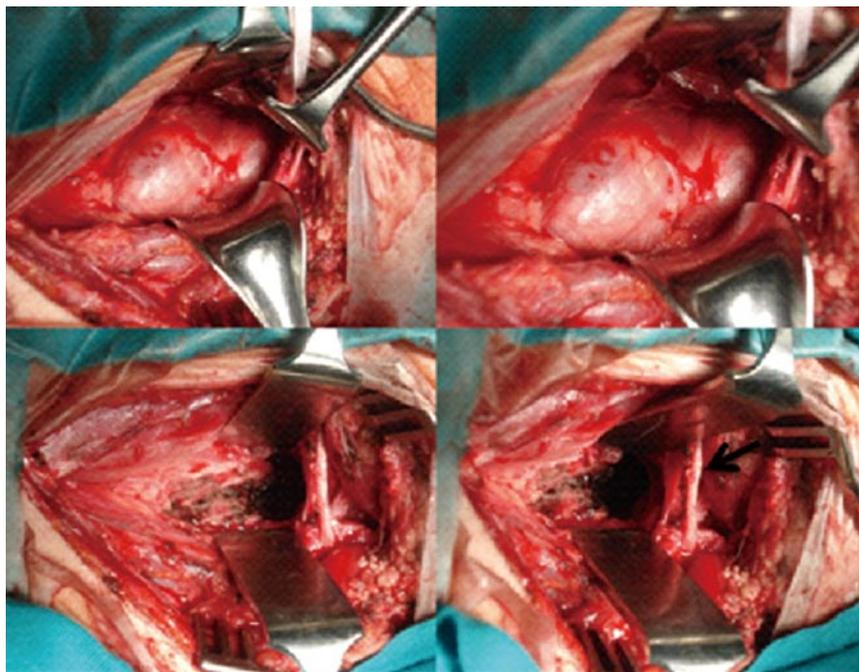


Figure 3 Intraoperative photos shows before (above) and after (below) *en bloc* excision of the retropharyngeal portion. The arrow points to the hypoglossal nerve.

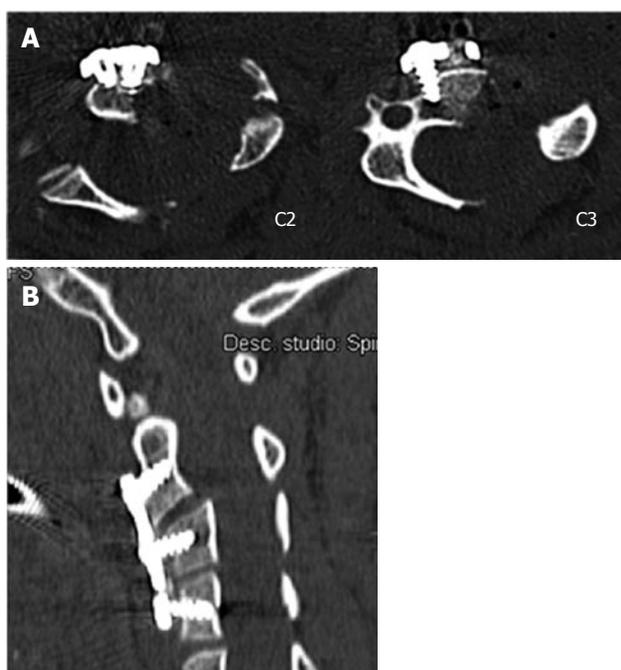


Figure 4 Postoperative axial (A) and sagittal (B) reconstructed computed tomography scans of the cervical spine shows the oblique corpectomies and a fixation with an anterior plating C2-C4.

proton beam radiation therapy. A clinical and radiological control, consisting of cervical MRI with gadolinium, was performed every 6 mo. Twenty days after surgery, the patient returned to school and at present leads a normal life. Fusion was documented at 40 d. No recurrence or metastasis was observed 48 mo after the operation (Figure 5).

DISCUSSION

Chordoma is a low-grade malignant tumor which is

rare (incidence of 0.51 cases/million), and is generally slow-growing, radioresistant and has a high tendency of recurrence^[4]. Chordomas arise from remnants of the notochord, especially at the two end portions. 32% of chordomas arise from the clivus, 33% from the spinal cord, 29% from the sacrococcygeal region and just 6% from the cervical spine^[1]. The treatment of choice is *en bloc* total resection followed by radiation therapy. The chordoma is sensitive to a high dose of “standard” radiation. However, the Bragg peak effect of a proton beam is useful for delivering a high radiation dose without damaging the tissue around the tumor and the spinal cord^[1,5]. Total resection and, above all, *en bloc* removal are not always possible, especially in the upper cervical localization and when the tumor englobes the epidural space (as in our case). This is a consequence of the fact that the cervical chordoma infiltrates the nearby structures; moreover, the margins of the total resection include non-resectable structures like the vertebral artery. However, as pointed out by Boriani *et al*^[6], “*en bloc* removal of a bone tumor is possible for a tumor arising in the scapula (scapulectomy) and tibia (above knee amputation), but it is absolutely impossible for a spinal tumor. In this sense, even if the spinal cord is sectioned above and below, the epidural space represents a compartment extending from the skull to the coccyx. A trial of aggressive chemotherapy is warranted in patients with metastatic chordomas. In the literature^[7-9], two protocols were primarily used, consisting of ifosfamide or imatinib mesylate. Several approaches for treating upper cervical chordoma have been described in the literature: the anterior precarotid cervical approach (bilateral or not); the anterolateral retrocarotid approach; the transoral approach^[10]; and anterior fixation or anterior and posterior fixation^[11].”

In the case described here, an anterior precarotid and an anterolateral retrocarotid (presteronocleidomastoid) ap-

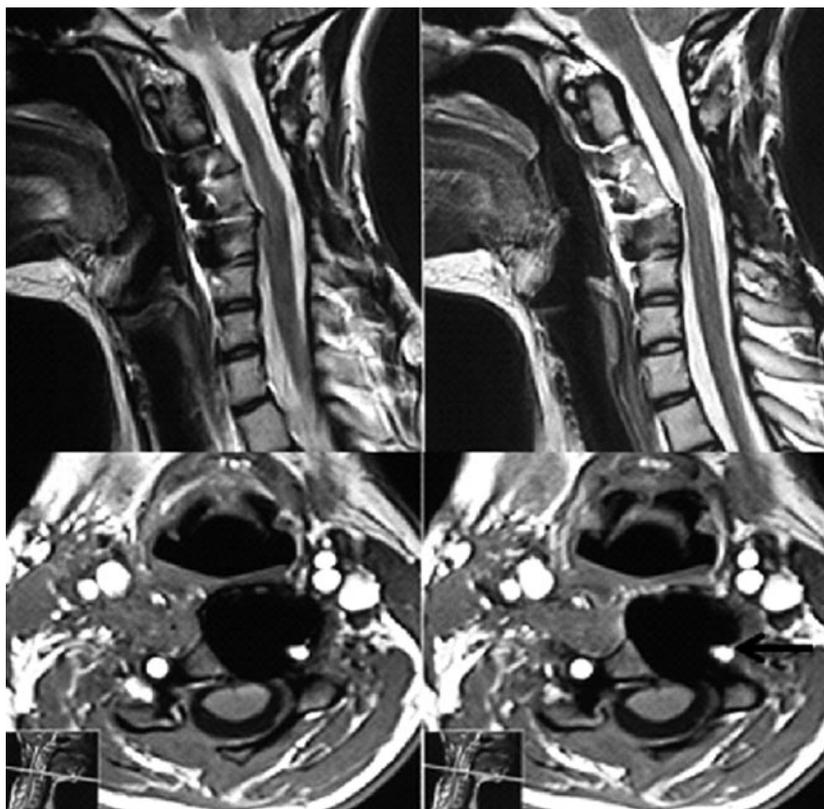


Figure 5 T2 (above) and T1 with gadolinium contrast (below) magnetic resonance imaging shows total resection of the tumor. The arrow underlines the left vertebral artery.

proach were performed at the same time. The advantages of this technique were good control of the left vertebral artery, multilevel oblique corpectomies, removal of the epidural space component of the chordoma and the possibility of anterior plating. It was impossible to perform an *en bloc* excision for the epidural space component because the tumor enclosed the left VA^[1]. The procedure that we performed avoided binding of the VA and injuring the cervical roots, with a better outcome in comparison to some recent works^[10,12]. Moreover, only anterior fixation was necessary because we performed multilevel oblique corpectomies, thus sparing the posterior structures of the cervical spine. This procedure made it possible to avoid occipitocervical fixation in a 14-year-old girl and the consequent limitations in movement.

In our opinion, a more aggressive strategy (multiple spondylectomy), which has a high morbidity, is justified for the treatment of cervical chordoma because chordomas are tumors whose biological behavior is difficult to predict. Despite this, the most recent publications^[1,10-19] have shown that there are no important differences between patients operated on using an aggressive strategy (spondylectomy) and those submitted to corpectomies. So in our opinion, multilevel oblique corpectomies seem to be a feasible and safe surgical technique to treat a cervical chordoma.

COMMENTS

Case characteristics

A 14-year-old girl was referred to our institution with cervical pain, dysphagia, hyperreflexia and weakness of the four limbs for 8 mo.

Imaging diagnosis

The preoperative magnetic resonance imaging showed a lesion of C2-C3-C4 with marked retropharyngeal and epidural space involvement.

Treatment

Surgical strategy consisted of a precarotid and retrocarotid approach during a single operation.

Experiences and lessons

Multilevel oblique corpectomies seems to be a feasible and safe surgical technique to treat a cervical chordoma.

Peer review

This is well written case report presenting a rare condition which is explained well.

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