

# World Journal of *Clinical Cases*

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**EDITORIAL**

- 3384** Current controversies in treating remnant gastric cancer: Are minimally invasive approaches feasible?  
*Ma FH, Liu H, Ma S, Li Y, Tian YT*

**ORIGINAL ARTICLE****Retrospective Study**

- 3394** Efficient management of secondary haemophagocytic lymphohistiocytosis with intravenous steroids and  $\gamma$ -immunoglobulin infusions  
*Georgiadou S, Gatselis NK, Stefos A, Zachou K, Makaritsis K, Rigopoulou EI, Dalekos GN*
- 3407** Impress of intergenerational emotional support on the depression in non-cohabiting parents  
*Jia YH, Ye ZH*
- 3419** Nomograms for pre- and postoperative prediction of long-term survival among proximal gastric cancer patients: A large-scale, single-center retrospective study  
*Chen QY, Hong ZL, Zhong Q, Liu ZY, Huang XB, Que SJ, Li P, Xie JW, Wang JB, Lin JX, Lu J, Cao LL, Lin M, Tu RH, Zheng CH, Huang CM*

**Observational Study**

- 3436** Modified Cortex Mori Capsules improving the successful rate of functional filtering blebs after reclinical glaucoma filtering surgery  
*Yu J, Qiu LX, Qing GP, Zhao BW, Wang H*
- 3446** Effect of cognitive behavior therapy combined with exercise intervention on the cognitive bias and coping styles of diarrhea-predominant irritable bowel syndrome patients  
*Zhao SR, Ni XM, Zhang XA, Tian H*

**Prospective Study**

- 3463** Normal values of shear wave velocity in liver tissue of healthy children measured using the latest acoustic radiation force impulse technology  
*Sun PX, Tong YY, Shi J, Zhang H, Liu SJ, Du J*

**SYSTEMATIC REVIEW**

- 3474** Characteristics of clear cell renal cell carcinoma metastases to the thyroid gland: A systematic review  
*Khaddour K, Marernych N, Ward WL, Liu J, Pappa T*
- 3486** Irritable bowel syndrome and functional constipation management with integrative medicine: A systematic review  
*Dai L, Zhong LL, Ji G*

- 3505** How about the reporting quality of case reports in nursing field?

*Yang KL, Lu CC, Sun Y, Cai YT, Wang B, Shang Y, Tian JH*

### CASE REPORT

- 3517** Gastro-gastric intussusception in the setting of a neuroendocrine tumor: A case report

*Zhornitskiy A, Le L, Tareen S, Abdullahi G, Karunasiri D, Tabibian JH*

- 3524** Retroperitoneal perivascular epithelioid cell tumours: A case report and review of literature

*Touloumis Z, Giannakou N, Sioros C, Trigka A, Cheilakea M, Dimitriou N, Griniatsos J*

- 3535** First Italian outbreak of VIM-producing *Serratia marcescens* in an adult polyvalent intensive care unit, August-October 2018: A case report and literature review

*Iovene MR, Pota V, Galdiero M, Corvino G, Di Lella FM, Stelitano D, Passavanti MB, Pace MC, Alfieri A, Di Franco S, Aurilio C, Sansone P, Niyas VKM, Fiore M*

- 3549** Transfemoral aortic valve implantation in the case of pre-existing mitral prosthesis and pure aortic regurgitation: A case report

*Erdem A, Esen Zencirci A, Ozden K, Terzi S*

- 3553** Methotrexate-related lymphoproliferative disorders in the liver: Case presentation and mini-review

*Mizusawa T, Kamimura K, Sato H, Suda T, Fukunari H, Hasegawa G, Shibata O, Morita S, Sakamaki A, Yokoyama J, Saito Y, Hori Y, Maruyama Y, Yoshimine F, Hoshi T, Morita S, Kanefuji T, Kobayashi M, Terai S*

- 3562** Re-revision surgery for re-recurrent valgus deformity after revision total knee arthroplasty in a patient with a severe valgus deformity: A case report

*Du YQ, Sun JY, Ni M, Zhou YG*

- 3569** Liver transplantation for severe portopulmonary hypertension: A case report and literature review

*Chen XJ, Zhu ZJ, Sun LY, Wei L, Zeng ZG, Liu Y, Qu W, Zhang L*

- 3575** Leiomyosarcoma of the stomach: A case report

*Kang WZ, Xue LY, Tian YT*

- 3583** Out-of-hospital cardiac arrest in a young adult survivor with sequelae of childhood Kawasaki disease: A case report

*Zhu KF, Tang LJ, Wu SZ, Tang YM*

- 3590** Squamous cell carcinoma of the nail bed: A case report

*Li PF, Zhu N, Lu H*

- 3595** Multidisciplinary treatment of a patient with necrotizing fasciitis caused by *Staphylococcus aureus*: A case report

*Xu LQ, Zhao XX, Wang PX, Yang J, Yang YM*

- 3603** Myocardial ischemic changes of electrocardiogram in intracerebral hemorrhage: A case report and review of literature  
*Lin XQ, Zheng LR*
- 3615** Adenomyoma of the distal common bile duct demonstrated by endoscopic ultrasound: A case report and review of the literature  
*Xu LM, Hu DM, Tang W, Wei SH, Chen W, Chen GQ*
- 3622** Child with Wiskott–Aldrich syndrome underwent atypical immune reconstruction after umbilical cord blood transplantation: A case report  
*Li BH, Hu SY*
- 3632** Epiphyseal distraction and hybrid reconstruction using polymethyl methacrylate construct combined with free non-vascularized fibular graft in pediatric patients with osteosarcoma around knee: A case report  
*Liang YH, He HB, Zhang C, Liu YP, Wan J*
- 3639** Bilateral common carotid artery common trunk with aberrant right subclavian artery combined with right subclavian steal syndrome: A case report  
*Sun YY, Zhang GM, Zhang YB, Du X, Su ML*
- 3649** Giant gastroduodenal trichobezoar: A case report  
*Dong ZH, Yin F, Du SL, Mo ZH*
- 3655** Compound heterozygous mutation of *MUSK* causing fetal akinesia deformation sequence syndrome: A case report  
*Li N, Qiao C, Lv Y, Yang T, Liu H, Yu WQ, Liu CX*
- 3662** Hypoparathyroidism with Fahr's syndrome: A case report and review of the literature  
*Zhou YY, Yang Y, Qiu HM*
- 3671** Primitive neuroectodermal tumors of the abdominal wall and vulva in children: Report of two cases and review of the literature  
*Xu QQ, Xing WW, Chen G, Dang YW, Luo YG, Chen P, Liang SW, Chen JB*

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Editorial Board Member of *World Journal of Clinical Cases*, Shiu-Yin Cho, MSc, Doctor, Department of Health, 286 Queen's Road East, Hong Kong, China

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## Retroperitoneal perivascular epithelioid cell tumours: A case report and review of literature

Zisis Touloumis, Niki Giannakou, Christos Sioros, Argiro Trigka, Maria Cheilakea, Nikoletta Dimitriou, John Griniatsos

**ORCID number:** Zisis Touloumis (0000-0002-9155-7327); Niki Giannakou (0000-0002-9907-4354); Christos Sioros (0000-0002-8691-6372); Argiro Trigka (0000-0002-3030-8407); Maria Cheilakea (0000-0002-5911-8834); Nikoletta Dimitriou (0000-0002-4223-5954); John Griniatsos (0000-0001-8801-7015).

**Author contributions:** Touloumis Z, Sioros C and Trigka A performed the diagnostic work-up and operated the patient; Giannakou N established the diagnosis by histology and immunohistochemistry; Touloumis Z and Cheilakea M reviewed the literature and drafted the manuscript; Dimitriou N wrote the manuscript; Griniatsos J wrote the manuscript and revised it critically; and all authors issued final approval for the version to be submitted.

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**Zisis Touloumis, Christos Sioros, Argiro Trigka,** Department of Surgery, Athens Medical Group, Athens 11525, Greece

**Niki Giannakou,** Department of Pathology, Athens Medical Group, Athens 11525, Greece

**Maria Cheilakea,** Emergency Department, Konstantopouleio General Hospital, N. Ionia 14233, Greece

**Nikoletta Dimitriou, John Griniatsos,** 1<sup>st</sup> Department of Surgery, National and Kapodistrian University of Athens, Athens 11527, Greece

**Corresponding author:** Zisis Touloumis, MD, Doctor, Surgeon, Department of Surgery, Athens Medical Group, 10<sup>th</sup> Douna str, Athens 11525, Greece. [ztouloumis@gmail.com](mailto:ztouloumis@gmail.com)  
**Telephone:** +30-69-38230154

### Abstract

#### BACKGROUND

The perivascular epithelioid cell tumour (PEComa) family of tumours mainly includes renal and hepatic angiomyolipomas, pulmonary lymphangiomyomatosis and clear cell “sugar” tumour of the lung. Several uncommon tumours with similar morphological and immunophenotypical characteristics arising at a variety of sites (abdominal cavity, digestive tract, retroperitoneum, skin, soft tissue and bones) are also included in the PEComa family and are referred to as PEComas not otherwise specified.

#### CASE SUMMARY

We present a 37-year-old female patient who underwent resection of an 8.5 cm × 8 cm × 4 cm retroperitoneal tumour, which eventually was diagnosed as PEComa of uncertain biological behaviour. Three years after the operation, the patient remains without any evidence of recurrence. A search was performed in the Medline and EMBASE databases for articles published between 1996 and 2018, and we identified 31 articles related to retroperitoneal and perinephric PEComas. We focused on sex, age, maximum dimension, histological and immunohistochemical characteristics of the tumour, follow-up and long-term outcome. Thirty-four retroperitoneal (including the present one) and ten perinephric PEComas were identified, carrying a malignant potential rate of 44% and 60%, respectively. Nearly half of the potentially malignant PEComas presented with or developed metastases during the course of the disease.

#### CONCLUSION



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Retroperitoneal PEComas are not as indolent as they are supposed to be. Radical surgical resection constitutes the treatment of choice for localized disease, while mammalian target of the rapamycin (mTOR) inhibitors constitute the most promising therapy for disseminated disease. The role of mTOR inhibitors as adjuvant or neoadjuvant therapies needs to be evaluated in the future.

**Key words:** Perivascular epithelioid cell tumour; Retroperitoneum; Mammalian target of the rapamycin inhibitors; Tuberous sclerosis complex; Case report; Treatment

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**Core tip:** The retroperitoneal space represents the third most frequent location for perivascular epithelioid cell tumours (PEComas) not otherwise specified development. Half were stratified as potentially malignant, and nearly half of the potentially malignant tumours presented with or developed metastases during the course of the disease. Thus, retroperitoneal PEComas are not as indolent as they are supposed to be. Radical surgical resection constitutes the treatment of choice for localized disease, while mammalian target of the rapamycin (mTOR) inhibitors constitute the most promising therapy for disseminated disease. The role of mTOR inhibitors as adjuvant or neoadjuvant therapies needs to be evaluated in the future.

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## INTRODUCTION

Perivascular epithelioid cell tumour (PEComa) was first included in the World Health Organization (WHO) classification of tumours as a distinctive entity in 2002, defined as “a mesenchymal tumour composed of histologically and immunohistochemically distinctive perivascular epithelioid cells”<sup>[1]</sup>. PEComa family tumours mainly included renal and hepatic angiomyolipomas (AMLs), lymphangiomyomatosis (LAM), lymphangiomyoma and clear cell “sugar” tumour (CCST) of the lung. In 2004, the WHO classification of tumours subdivided AML further into classic AML and epithelioid AML, defining epithelioid AML as “a potentially malignant mesenchymal neoplasm, characterized by a proliferation of predominantly epithelioid cells”<sup>[2]</sup>.

Currently, PEComas are considered a group of ubiquitous neoplasms sharing morphological, immunohistochemical, ultrastructural and genetic distinctive features<sup>[3]</sup>, which typically express smooth muscle and melanocytic<sup>[4]</sup> as well as lymphatic vascular<sup>[5]</sup> markers. Several uncommon tumours with similar morphological and immunophenotypical characteristics arising at a variety of sites (abdominal cavity, digestive tract, retroperitoneum, skin, soft tissue and bones)<sup>[6]</sup> are also included in the PEComa family and are referred to as PEComas not otherwise specified (PEComas NOS)<sup>[7]</sup>. However, some authors<sup>[8,9]</sup> argue that the terminology used for non-pulmonary PEComas is confusing.

Although reviews for renal epithelioid AMLs, extrarenal AMLs, gastrointestinal PEComas and gynaecological PEComas have been published, a thorough review of retroperitoneal PEComas is missing. Regarding a case of retroperitoneal tumour resection that was postoperatively diagnosed as PEComa, we conducted a review of all published reports on retroperitoneal and perinephric PEComas, evaluating their biological behaviour in both sites, as well as possible differences between them.

## CASE PRESENTATION

### Chief complaints

A 37-year-old Caucasian female patient was investigated for persistently abnormal alkaline phosphatase (ALP) plasma values.

### **History of present illness**

Although the patient remained asymptomatic, repeated liver function tests over a 9-mo period revealed persistently increased ALP plasma values.

### **History of past illness**

The patient had a nonsignificant past medical history, no history of recent illness and/or trauma and was not receiving any medication at the time of referral.

### **Personal and family history**

The patient was a nonsmoker and had no personal or family history of other diseases.

### **Physical examination upon referral**

The clinical examination was unremarkable.

### **Laboratory investigation**

All haematological and biochemical laboratory results were reported within normal limits except elevated ALP (> 500 IU/L). Tumour markers were reported as within normal limits.

### **Imaging investigation**

A liver ultrasound scan revealed gallbladder sludge and multiple focal lesions in the hepatic parenchyma. An abdominal computer tomography (CT) scan disclosed multiple focal lesions of the liver enhancing during the arterial phase and as an incidental finding an 8.5 cm × 8 cm × 4 cm solid and heterogeneous retroperitoneal mass anterior to the right psoas muscle and posterior and inferior to the right kidney, which encapsulated the right ureter in its whole length and inferiorly to the level of the right lobe of the liver, abutting the right kidney anteriorly and laterally (**Figure 1**).

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## **TREATMENT**

A pig-tail catheter was first placed in the right ureter, after which the patient underwent exploratory laparotomy through a midline incision under general endotracheal anaesthesia. Cholecystectomy and excision of the retroperitoneal mass were performed, while multiple Tru-cut biopsies from the liver lesions were taken. Her postoperative course was uneventful, and she was discharged on the 5<sup>th</sup> postoperative day.

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## **FINAL DIAGNOSIS**

The gallbladder's sludge was considered the aetiology for the abnormal ALP, while the malignant nature of the retroperitoneal tumour could not be excluded based on imaging findings.

### **Histology and immunohistochemistry report**

Pathological examination with haematoxylin and eosin staining of the retroperitoneal mass revealed a completely resected encapsulated tumour composed of polygonal or spindle cells with eosinophilic cytoplasm and mildly atypical nuclei arranged in bundles around compressed, thin-walled vascular channels. Less than 1 mitosis per 10 high-power field (HPF) was present, while necrosis was absent. The immunohistochemical staining results were as follows: Desmin (+ diffuse), SMA (+ diffuse), HMB-45 (+ focal), PgR (+ diffuse), melan-A (-), CD34 (-), CD117 (-), S-100 (-), ER (-), Ki67 < 2%. The tumour was classified as "retroperitoneal PEComa of uncertain biological behaviour" (**Figure 2**).

Histological examination of the gallbladder disclosed "chronic cholecystitis", while the biopsies from the liver were diagnostic of "focal nodular hyperplasia".

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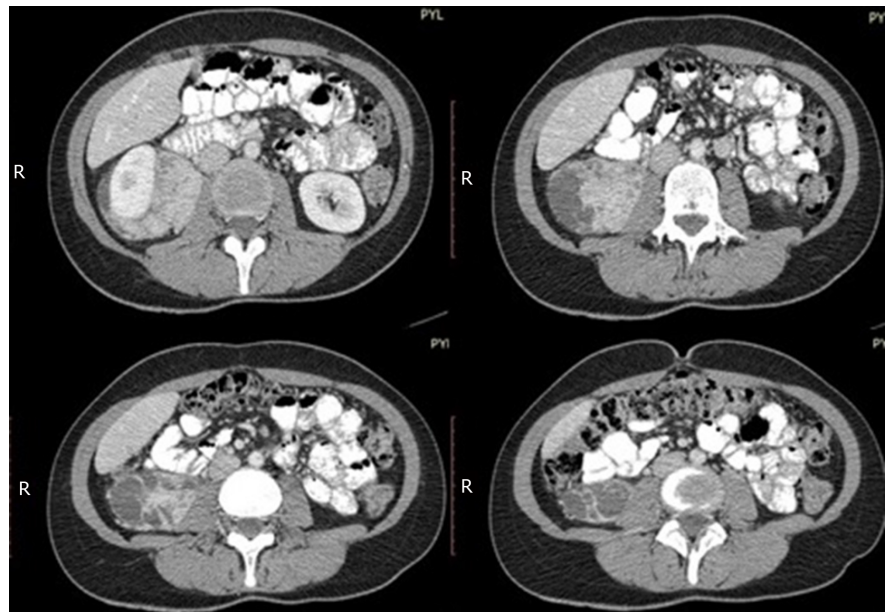
## **OUTCOME AND FOLLOW-UP**

After three years from the initial operation, the patient remains asymptomatic without any evidence of local or distant recurrence.

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## **DISCUSSION**





**Figure 1 Abdominal computed tomography scan findings.** Selective coronal views of the abdominal computed tomography scan with intravenous and oral contrast material at 1.3 mm intervals. A solid, heterogeneous, retroperitoneal mass, anterior to the right psoas muscle, posterior to the right kidney, inferior to the right lobe of the liver, extending down to the level of the caecum, and pushing the right kidney anteriorly and laterally, is documented.

### Review of the literature

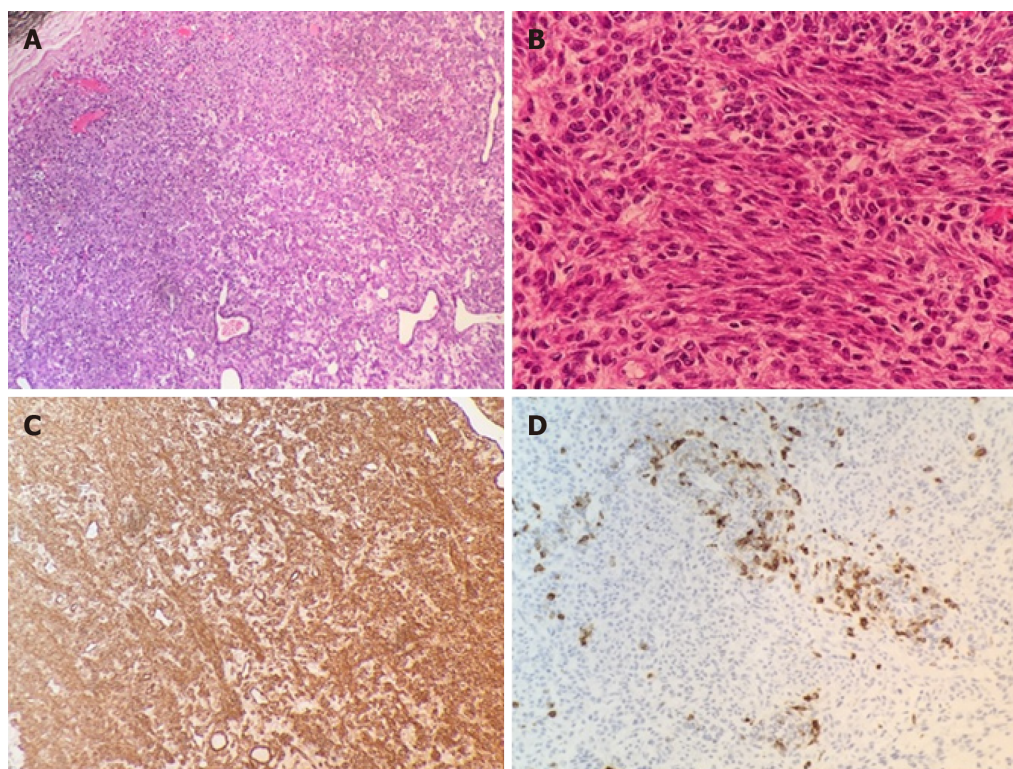
The Medline and EMBASE databases were searched using as key words the terms “perivascular epithelioid cell tumour(s)”, “PEComa(s)”, “retroperitoneal PEComa(s)”, “perinephric PEComa(s)”, “extrarenal PEComa(s)”, “non-pulmonary PEComa(s)” and “PEComa NOS” in several combinations.

For assessment of the published reports, we used the following terminology: (1) Renal classic AML, for AMLs confined to the kidney; (2) Renal epithelioid AML, for AMLs with epithelioid variant confined to the kidney; (3) Extrarenal AML, for AMLs developed at any extrarenal site; (4) Retroperitoneal AMLs, for pure retroperitoneal AMLs completely separately from the kidney(s); (5) Gastrointestinal PEComas, for tumours developed in the abdominal cavity or the digestive tract; (6) Gynaecological PEComas; (7) Perinephric PEComas, for tumours developed between Gerota’s and Zuckerkanld’s fascia<sup>[10]</sup>; and (8) Retroperitoneal PEComas, for retroperitoneal tumours completely separately from the kidney(s) and with a histology report other than AML.

We included articles between 1996 and 2018; the final search was conducted in December 2018. All articles with at least an abstract in the English language were considered eligible for inclusion. Thirty articles were identified, and the following parameters were studied: Sex, age, maximum dimension of the tumour, histological and immunohistochemical characteristics of the tumour, follow-up and long-term outcome.

AMLs constitute the most common, well-described and well-studied member of the PEComa family of tumours. On the other hand, non-renal AMLs/non-pulmonary PEComas are seldom reported. Approximately 120 renal epithelioid AMLs<sup>[11]</sup>, fewer than 100 extrarenal AMLs<sup>[8,9]</sup>, 50 gastrointestinal PEComas<sup>[12]</sup> and 78 gynaecological PEComas<sup>[13]</sup> have been reported so far in the English literature. In the present review, 33 (34 including the present case) retroperitoneal and 10 perinephric PEComas cases were identified<sup>[4,14-43]</sup>, making retroperitoneal space the third most frequent location for PEComas NOS development (Table 1).

PEComas are considered neoplasms of unknown origin. According to a hypothesis, PEComas derive from undifferentiated cells of the neural crest, since they express several melanocytic markers<sup>[3]</sup>. Another hypothesis proposed that they have a smooth muscle origin with possible molecular alterations, leading to the expression of melanocytic markers<sup>[44]</sup>. A third hypothesis supported that the expression of melanocytic markers is acquired and related to chromosomal translocations or mutations affecting the pathway of melanosomal protein expression during tumour development<sup>[45]</sup>. The most recent theory, however, addressed that both PEComas and gastrointestinal stromal tumours (GISTs) have a common origin from telocytes, since markers expressed in telocytes (*e.g.*, S-100, SMA, VEGF) are also expressed in PEComas<sup>[46]</sup>.



**Figure 2 Histology and immunohistochemical analysis.** A: Encapsulated tumour composed of eosinophilic cells. Thin-walled and ectatic vessels are also apparent. Part of the tumour capsule is seen in the upper left of the picture (haematoxylin and eosin staining; magnification  $\times 10$ ). B: Polygonal or spindle cells, with eosinophilic cytoplasm and mildly atypical nuclei arranged in short bundles, around compressed, thin-walled vascular channels (haematoxylin and eosin staining; magnification  $\times 40$ ). C: Diffuse smooth muscle actin reactivity (magnification  $\times 10$ ). D: Focal human melanoma black-45 reactivity (magnification  $\times 10$ ).

AML and LAM have been proposed to be strongly associated with tuberous sclerosis complex (TSC), an inherent autosomal dominant syndrome resulting from heterozygous mutations of either the TSC1 or TSC2 tumour suppressor gene, causing a multisystem development of benign tumours<sup>[47]</sup>. Although renal AMLs develop in  $> 50\%$  of TSC patients<sup>[47]</sup>, less than 20% of AML patients have underlying TSC<sup>[48]</sup>. Thus, most AML cases arise sporadically, a fact probably related to new mutations<sup>[45]</sup>, inactivating mutations, or difficulties in detection of mutations by conventional methods in either gene or due to the presence of additional still unidentified causative (TSC) loci<sup>[49]</sup>. In three reports of the present study<sup>[4,21,33]</sup>, cytogenetic analysis was performed, but only one<sup>[4]</sup> concluded a loss of heterozygosity in the TSC2 gene.

PEComas are composed of nests and sheets of mainly epithelioid and occasionally spindled cells with clear to granular eosinophilic cytoplasm. The proportions of the two parts may vary significantly. Epithelioid cells are located immediately perivascular, while spindle cells are located away from the vessel's wall. Usually, PEC surrounds the blood vessels, arranging radially around the lumen, forming bunch- and web-shaped structures, while in a minority of cases, it has a focal association with the blood vessel walls. In all cases, PEC replaces the normal smooth muscle and collagen in the muscular wall of the vessel<sup>[17,38,41]</sup>. A sclerosing variant of PEComa with predominant sclerotic and hyalinized stroma has also been reported<sup>[17,25,27,28,40]</sup>.

A diagnosis of PEComa is usually established postoperatively by histology. Based on the CT and magnetic resonance imaging (MRI) findings, however, an accurate preoperative diagnostic rate does not exceed 31% and 40%, respectively, for AMLs and is 0% for any other histological subtype<sup>[50]</sup>. In particular, retroperitoneal PEComas are usually diagnosed preoperatively as well-differentiated liposarcomas<sup>[36]</sup>.

The diagnosis is based on immunohistochemistry. Co-expression of melanocytic markers such as melan-A and/or HMB-45 (expressed in epithelioid cells) and smooth muscle markers such as smooth muscle actin, pan-muscle actin, muscle myosin, and calponin (expressed in spindle cells) is considered diagnostic<sup>[14-43]</sup>.

The biologic behaviour of PEComas remains unclear. Folpe *et al*<sup>[51]</sup> proposed the following: (1) Tumour size  $> 5$  cm; (2) Mitotic rate  $> 1/50$  HPF; (3) High nuclear grade and cellularity; (4) Presence of necrosis; (5) Vascular invasion; and (6) An infiltrative growth pattern, as risk factors for malignancy, stratifying the biological behaviour of PEComas as (1) being benign (tumours  $< 5$  cm with one risk feature), (2) having uncertain malignant potential (tumours  $> 5$  cm with no other risk features), and (3)

Table 1 Retroperitoneal and perinephric perivascular epithelioid cell tumours

Author	Ref.	Year	Localization	No. patients	Sex/age	Maximum diameter (cm)	Biological behavior stratification based on Folpe <i>et al.</i> <sup>[44]</sup> criteria	Follow-up (mo)	Long-term outcome
Audard	[14]	2004	Retroperitoneal	1	M/45	21	Malignant	NA	NA
Gunia	[15]	2005	Perinephric	1	F/57	5.3	Uncertain	8	No recurrence
Shin	[16]	2008	Retroperitoneal	1	F/47	19	Malignant	NA	NA
Hornick	[17]	2008	Retroperitoneal	10	F/43	9	10 sclerosing PEComas	NA	NA
					F/46	4.5		64	No recurrence
					F/50	11.5	6 Uncertain	51	No recurrence
					F/51	22	2 Malignant	22	No recurrence
					F/59	NA	2 NA	39	No recurrence
					F/53	4.5		15	NA
					F/73	9		23	No recurrence
					F/47	28		10	No recurrence
					F/49	6.1		NA	NA
					F/48	19		NA	NA
Lans	[18]	2009	Retroperitoneal	1	F/28	15	Malignant	5	No recurrence
Koenig	[19]	2009	Retroperitoneal	1	F/27	10	Malignant	NA	NA
Subbiah	[20]	2010	Retroperitoneal	1	F/58	17	NA	48	Liver and lung metastases
Wagner	[21]	2010	Retroperitoneal	1	M/65	20	NA	36	Multifocal retroperitoneal recurrence
Suemitsu	[22]	2010	Retroperitoneal	1	M/39		Confirmation of malignancy retrospectively	216	Lung metastases
deLeon	[23]	2010	Retroperitoneal	1	F/76	15	Malignant	48	Brain, T-spine, sacrum metastases
			Retroperitoneal	1	F/38	7	Malignant	70	Progressive disease
Kumar	[24]	2010	Perinephric	1	F/54	8	Malignant (=gross infiltration of IVC)	NA	NA
Valiathan	[25]	2011	Perinephric	1	F/50	8	Sclerosing PEComa	NA	NA
							Uncertain		
Alguraan	[26]	2012	Perinephric	1	F/43	12.8	Malignant	NA	NA
Santi	[27]	2012	Retroperitoneal	1	F/66	8.5	Sclerosing PEComa	24	No recurrence
							Uncertain		
Rekhi	[28]	2012	Retroperitoneal	1	F/56	5	Sclerosing PEComa	NA	NA
							Uncertain		
Yang	[29]	2012	Perinephric	1	F/21	2.5	Malignant	3	No recurrence
Theodosopoulos	[30]	2012	Retroperitoneal	1	NA	NA	NA	NA	NA
Wu	[31]	2013	Retroperitoneal	1	F/55	7.5	Malignant	7	Liver metastases

Guglielmetti	[32]	2013	Retroperitoneal	1	M/42	2.5	Benign	38	No recurrence
Dickson	[4]	2013	Retroperitoneal	2	F/24	25	Malignant	22	Complete response
					F/40			16	Complete response
			Perinephric	1	M/65			36	Death due to metastatic disease
Pata	[33]	2014	Retroperitoneal	1	F/66	12	Uncertain	12	No recurrence
Wildgruber	[34]	2014	Retroperitoneal	1	M/75	15	Benign	NA	NA
Oh	[35]	2014	Retroperitoneal	1	F/68	9	Malignant	NA	Liver and Bone metastases
Morosi	[36]	2014	Retroperitoneal	1	NA	NA	NA	NA	NA
Nakanishi	[37]	2014	Perinephric	1	F/51	20	Malignant	5	Death due to disease progression
Liang	[38]	2015	Retroperitoneal	1	F/51	20	Malignant	7	No recurrence
Bhanushali	[39]	2015	Perinephric	1	F/55	7	Uncertain	NA	NA
To	[40]	2015	Retroperitoneal	1	F/52	8.5	Sclerosing PEComa	23	No recurrence
							NA		
Danilewicz	[41]	2017	Perinephric	1	F/66	1.5	Malignant	NA	NA
Cihan	[42]	2018	Perinephric	1	F/42	9	Benign	24	Intra-abdominal metastases
Singer	[43]	2018	Retroperitoneal	1	F/70	33	Malignant	1	No recurrence
Present Case			Retroperitoneal	1	F/37	8.5	Uncertain	38	No recurrence
				10	34				

NA: Not available.

being malignant (tumours with two or more risk features). Although Folpe's criteria have been criticized<sup>[7]</sup>, they continue to have utility, especially in helping to categorize lesions with low malignant potential. Applying Folpe's criteria, the present study revealed that among the 34 retroperitoneal PEComas, 15 were malignant (44%), 10 (29%) exhibited uncertain biological behaviour, and 2 (6%) exhibited benign behaviour, while in 7 cases, the status was not stated. Among the 10 perinephric tumours, 6 were malignant (60%), 3 (30%) exhibited uncertain biological behaviour and 1 (10%) exhibited benign behaviour. There are clearly no differences in the malignant potential between the published retroperitoneal and perinephric PEComas. The literature addresses that the biological behaviour of the non-pulmonary PEComa family tumours varies widely. Renal classic AML constitutes an otherwise benign lesion, although rare cases of sarcomatous transformation have been described<sup>[52]</sup>. Renal epithelioid AML resembles the biological behaviour of renal cell carcinoma with a 17% recurrence rate, 49% metastatic rate and 33% death rate<sup>[53,54]</sup>. Extrarenal AML only occasionally develops malignant biological behaviour<sup>[8]</sup>; 52% of gastrointestinal<sup>[12]</sup> and 50% of gynaecological PEComas<sup>[55]</sup> have malignant potential, while sclerosing PEComa pursues an indolent course, unless associated with a frankly histologically malignant component<sup>[17]</sup>.

The present study adds to our knowledge that 45% of retroperitoneal and 60% of perinephric PEComas have malignant potential. Moreover, 7 out of 15 (47%) potentially malignant retroperitoneal PEComas presented with or developed metastases in the course of the disease, while 2 out of the 6 (33%) potentially malignant perinephric PEComas developed metastases. Based on the above, we postulate that retroperitoneal PEComas are not as indolent as they are supposed to be, since 20%-21% of all reported cases presented with or developed metastases in the course of the disease. The above findings should be taken into consideration in



designing therapeutic strategies and surveillance.

Since retroperitoneal PEComas cannot easily be differentiated from sarcomas and because half of them may develop a potentially malignant biological behaviour, radical surgical resection (usually organ sparing) constitutes the treatment of choice for localized disease<sup>[3,15,18,23,38,56]</sup>. Chemo-, immune- and/or radiotherapy have little efficacy<sup>[3,12,18,56,57]</sup>.

Cytogenetic studies disclosed that the proteins encoded by the TSC1 (hamartin) and TSC2 (tuberin) genes are involved in cell proliferation and differentiation through the inhibition (negative regulation) of the mammalian target of the rapamycin (mTOR) kinase signalling pathway<sup>[58]</sup>. Thus, loss of heterozygosity of the TSC1 and mainly TSC2 genes<sup>[47]</sup> inactivates the tuberin/hamartin complex, leading to mTOR activation, further promoting translational initiation and cell growth<sup>[59]</sup>. Kenerson *et al*<sup>[47]</sup> discovered activation of the mTOR cascade in 15 out of 15 sporadic AML cases, while Pan *et al*<sup>[59]</sup> found loss of heterozygosity, leading to mTOR activation, in 11 out of 12 PEComa patients. Activation of mTOR through loss of the TSC1/TSC2 complex seems to be a consistent and critically pathogenic event in PEComas<sup>[21,45]</sup>, a finding that indicates a potential benefit from the use of mTOR inhibitors in patients with locally advanced, unresectable, metastatic or recurrent PEComas.

mTOR inhibitors act as cytostatic rather than cell death agents, regulating the cell cycle at the G1 phase<sup>[60]</sup>, in several types of TSC1/TSC2 deficient cell lines *in vitro*<sup>[61]</sup>. Currently, the effectiveness of mTOR inhibitors on non-AML/non-pulmonary PEComas of advanced stage, at any localization, is limited. In the only available review, Dickson *et al*<sup>[4]</sup> reported complete response in 5, partial response in 1 and progression of disease in 5 out of 11 enrolled patients. Later, Wagner *et al*<sup>[21]</sup> reported clinical response in 2 out of 3 enrolled patients, and Starbuck *et al*<sup>[62]</sup> also noticed clinical response in 2 out of 3 enrolled patients, while Batereau *et al*<sup>[63]</sup> reported complete response in both patients treated.

TFE3 gene rearrangements are increasingly described in PEComas<sup>[64]</sup>, seen in 9 out of 38 cases studied from broad spectrum locations<sup>[65]</sup>. Eighty percent of TFE3-negative PEComas harbour TSC2 mutations<sup>[65]</sup>. However, PEComas harbouring TFE3 gene rearrangements are thought to form a morphologically similar but biologically distinctive subgroup, as they lack the TSC2 alterations characteristic of conventional ones<sup>[66]</sup>. Lack of TSC2 involvement in TFE3 rearranged PEComas has been proposed as an explanation for the non-response to mTOR inhibitors<sup>[62,66]</sup>.

In cases of retroperitoneal sarcomas, neoadjuvant chemotherapy is not the standard of care but can occasionally be considered when complete resection is uncertain<sup>[67]</sup>. The present review, however, disclosed that this strategy has been applied only once<sup>[4]</sup> in retroperitoneal PEComas.

Administration of mTOR inhibitors as adjuvant therapy may be beneficial for patients at high risk for recurrence. Although the present study disclosed that half of the potentially malignant retroperitoneal PEComas will develop metastases, the rarity of the disease does not allow conclusive results because the “cost-benefit” analysis remains a major concern.

An optimal routine follow-up policy is also not available for PEComa cases. We propose a sensible approach to following the sarcoma guidelines for follow-up<sup>[68]</sup>. Thus, high-risk patients may be followed every 3 mo for the first 3 years, then twice a year up to the fifth year and annually thereafter, while low-risk patients may be followed every 6 mo for the first 5 years and then annually.

## CONCLUSION

Overall, 44 retroperitoneal PEComas have been reported in the English literature, making retroperitoneal space the third most frequent location for PEComas NOS development. Half were stratified as potentially malignant, and nearly half of the potentially malignant tumours presented with or developed metastases during the course of the disease. Thus, retroperitoneal PEComas are not as indolent as they are supposed to be. Radical surgical resection constitutes the treatment of choice for localized disease, while mTOR inhibitors constitute the most promising therapy for disseminated disease. The role of mTOR inhibitors as adjuvant or neoadjuvant therapies needs to be evaluated in the future.

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