

World Journal of *Clinical Cases*

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**GUIDELINES**

- 1756** French Spine Surgery Society guidelines for management of spinal surgeries during COVID-19 pandemic
Prost S, Charles YP, Allain J, Barat JL, d'Astorg H, Delhaye M, Eap C, Zairi F, Guigui P, Ilharreborde B, Meyblum J, Le Huec JC, Lonjon N, Lot G, Hamel O, Riouallon G, Litrico S, Tropiano P, Blondel B, the French Spine Surgery Society

OPINION REVIEW

- 1763** Needs and concerns of patients in isolation care units - learnings from COVID-19: A reflection
Fan PEM, Aloweni F, Lim SH, Ang SY, Perera K, Quek AH, Quek HKS, Ayre TC

REVIEW

- 1767** Prophylactic and therapeutic roles of oleanolic acid and its derivatives in several diseases
Sen A
- 1793** Macrophage regulation of graft-vs-host disease
Hong YQ, Wan B, Li XF

MINIREVIEWS

- 1806** Antiphospholipid syndrome and its role in pediatric cerebrovascular diseases: A literature review
Sarecka-Hujar B, Kopyta I
- 1818** Remotely monitored telerehabilitation for cardiac patients: A review of the current situation
Batalik L, Filakova K, Batalikova K, Dosbaba F
- 1832** Keystone design perforator island flap in facial defect reconstruction
Lim SY, Yoon CS, Lee HG, Kim KN

ORIGINAL ARTICLE**Clinical and Translational Research**

- 1848** Cross electro-nape-acupuncture ameliorates cerebral hemorrhage-induced brain damage by inhibiting necroptosis
Cai GF, Sun ZR, Zhuang Z, Zhou HC, Gao S, Liu K, Shang LL, Jia KP, Wang XZ, Zhao H, Cai GL, Song WL, Xu SN

Retrospective Study

- 1859** Evaluation of ischemic lesions after carotid artery stenting with diffusion-weighted imaging
Beyhan M, Acu B, Gökçe E, Fırat MM
- 1871** Transjugular intrahepatic portosystemic shunt and splenectomy are more effective than endoscopic therapy for recurrent variceal bleeding in patients with idiopathic noncirrhotic portal hypertension
He FL, Qi RZ, Zhang YN, Zhang K, Zhu-Ge YZ, Wang M, Wang Y, Jia JD, Liu FQ

- 1878** Liglipatin for treatment of type 2 diabetes mellitus with early renal injury: Efficacy and impact on endogenous hydrogen sulfide and endothelial function
Zhang J, Du YL, Zhang H, Sui H, Hou WK
- 1887** Outcomes of patients with pelvic leiomyosarcoma treated by surgery and relevant auxiliary diagnosis
Sun Q, Yang X, Zeng Z, Wei X, Li KZ, Xu XY
- 1897** Defecation function and quality of life in patients with slow-transit constipation after colectomy
Tian Y, Wang L, Ye JW, Zhang Y, Zheng HC, Shen HD, Li F, Liu BH, Tong WD
- 1908** Risk factors, incidence, and morbidity associated with antibiotic-associated diarrhea in intensive care unit patients receiving antibiotic monotherapy
Zhou H, Xu Q, Liu Y, Guo LT
- Observational Study**
- 1916** Serum von Willebrand factor for early diagnosis of lung adenocarcinoma in patients with type 2 diabetes mellitus
Zhou YY, Du X, Tang JL, Wang QP, Chen K, Shi BM
- 1923** Four-microRNA signature for detection of type 2 diabetes
Yan LN, Zhang X, Xu F, Fan YY, Ge B, Guo H, Li ZL

CASE REPORT

- 1932** Isolated colonic neurofibroma, a rare tumor: A case report and review of literature
Ghoneim S, Sandhu S, Sandhu D
- 1939** Helmet-based noninvasive ventilation for acute exacerbation of chronic obstructive pulmonary disease: A case report
Park MH, Kim MJ, Kim AJ, Lee MJ, Kim JS
- 1944** Appendectomy in patient with suspected COVID-19 with negative COVID-19 results: A case report
Kim C, Kim JK, Yeo IH, Choe JY, Lee JE, Kang SJ, Park CS, Kwon KT, Hwang S
- 1950** T4 cervical esophageal cancer cured with modern chemoradiotherapy: A case report
Lee CC, Yeo CM, Ng WK, Verma A, Tey JC
- 1958** Lumbar disc rehydration in the bridged segment using the BioFlex dynamic stabilization system: A case report and literature review
Li YC, Feng XF, Pang XD, Tan J, Peng BG
- 1966** Traditional investigation and management for recurrent hemarthrosis after total knee arthroplasty: A case report
Geng X, Li Y, He X, Tian H

- 1973** Positron emission tomography/computed tomography findings of multiple cystic lymphangiomas in an adult: A case report
Sun MM, Shen J
- 1979** Heterotopic pancreas adenocarcinoma in the stomach: A case report and literature review
Xiong Y, Xie Y, Jin DD, Wang XY
- 1988** Early-onset refractory diarrhea due to immune dysregulation, polyendocrinopathy, enteropathy, X-linked syndrome associated with a novel mutation in the *FOXP3* gene: A case report
Su N, Chen C, Zhou X, Ma GD, Chen RL, Tian C
- 1995** Tuberous sclerosis complex presenting as primary intestinal lymphangiectasia: A case report
Lin WH, Zhang ZH, Wang HL, Ren L, Geng LL
- 2001** Gilbert's syndrome coexisting with hereditary spherocytosis might not be rare: Six case reports
Kang LL, Liu ZL, Zhang HD
- 2009** Effective combined therapy for pulmonary epithelioid hemangioendothelioma: A case report
Zhang XQ, Chen H, Song S, Qin Y, Cai LM, Zhang F
- 2016** Unexplained huge liver infarction presenting as a tumor with bleeding: A case report
Wang FH, Yang NN, Liu F, Tian H
- 2023** Rare recurrent gallstone ileus: A case report
Jiang H, Jin C, Mo JG, Wang LZ, Ma L, Wang KP
- 2028** Treating severe periodontitis with staged load applied implant restoration: A case report
Wang SH, Ni WC, Wang RF
- 2038** Cryptococcal pneumonia in a human immunodeficiency virus-negative patient: A case report
Jiang XQ, Zhang YB
- 2044** Ileocecal intussusception caused by two different tumors - which is the culprit lesion? A case report
Fan WF, Ma G, Li GC, Long J, Xu YH, Guo KJ, Liu Z
- 2050** Robot-assisted retroperitoneal laparoscopic excision of perirenal vascular tumor: A case report
Zhang C, Fu B, Xu S, Zhou XC, Cheng XF, Fu WQ, Wang GX
- 2056** Successful use of plasma exchange in fulminant lupus myocarditis coexisting with pneumonia: A case report
Xing ZX, Yu K, Yang H, Liu GY, Chen N, Wang Y, Chen M

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Treating severe periodontitis with staged load applied implant restoration: A case report

Shu-Hua Wang, Wang-Cheng Ni, Ren-Fei Wang

ORCID number: Shu-Hua Wang (0000-0002-3815-3024); Wang-Cheng Ni (0000-0002-1898-0962); Ren-Fei Wang (0000-0001-7229-9812).

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Shu-Hua Wang, Wang-Cheng Ni, Ren-Fei Wang, School of Stomatology, Zhejiang Chinese Medical University, Hangzhou 310053, Zhejiang Province, China

Ren-Fei Wang, Hangzhou Dental Hospital, Hangzhou 310002, Zhejiang Province, China

Corresponding author: Ren-Fei Wang, DDS, Chief Doctor, Professor, School of Stomatology, Zhejiang Chinese Medical University, No. 548 Binwen Street, Hangzhou 310053, Zhejiang Province, China. hzwrf@163.com

Abstract

BACKGROUND

Because immediate implant surgery is not recommended for patients who have been diagnosed with periodontitis, researchers have treated these patients with a variety of methods, including combining orthodontic and periodontal surgeries as well as implantation. However, these treatments cost time and money for the patient. Although it has been reported that temporary implants released a severe gag reflex in 1 case, only a few studies have documented using temporary implants to treat patients diagnosed with severe periodontitis.

CASE SUMMARY

The patient was a 49-year-old female who was missing the majority of her teeth and had gingival atrophy and severe alveolar bone atrophy. After being diagnosed with severe periodontitis, the patient underwent staged load applied implant restoration therapy. The first load-bearing stage was carried out immediately by inserting temporary Osstem mini implants. Maxillary teeth were extracted by using the guided bone regeneration technique, and lateral maxillary sinus lifting was conducted on both sides. During the second load-bearing stage, temporary implants were removed, and permanent implants were placed. The resin bridge was segmented during the third load-bearing stage. During the fourth load-bearing stage, the permanent prosthesis was positioned in the patient's mouth.

CONCLUSION

By conducting the load-bearing treatment in stages, the patient's mouth contained restorations throughout the procedure, thus guaranteeing basic function and appearance.

Key words: Severe periodontitis; Complete implant denture; Lack of bone mass; Temporary implants; Case report; Staging load

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Core tip: The advantages of the staged bone load-bearing treatment *via* temporary implants include: (1) A guarantee of the basic function and outward appearance; (2) Bone formation can occur rapidly and properly with temporary implants; and (3) Produces enough soft tissue to be reshaped.

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INTRODUCTION

Oral implantation in patients with severe periodontitis is a controversial topic^[1,2]. Though some cases^[1-3] reported various treating methods (Table 1 and Table 2), one study^[4] tried to skillfully use temporary implants in patients. There are two treatment methods available for patients with serious bone defects that require immediate dental implant surgery^[5,6]. The indication to conduct All-on-4 implant surgery is relatively wide because longer implants could be used in minimum bone volume. However, the bone plates should be placed high enough because abrasion cannot occur^[7]. Zygomatic implants can be used in patients if the zygomatic bone is stable enough for immediate restoration to be done^[8]. Technical requirements are relatively high due to the risk factors of zygomatic implantation surgery. Additionally, All-on-4 and zygomatic implants might impose limitations on long-term oral health maintenance. Therefore, these two treatments might not be suitable for young patients.

By using temporary implants for this case, transitional support was provided throughout the treatment. Studies have shown that temporary implants cause slight bone resorption but have little effect on the increment of bone mineral content.

CASE PRESENTATION

Chief complaints

A 49-year-old female patient was referred to the dental department of Zhejiang Chinese Medical University.

History of present illness

The patient was missing the majority of her teeth and had gingival atrophy and severe alveolar ridge atrophy. There was a long PFM bridge on teeth #11-14 and #21-24 (Figure 1).

Imaging examinations

Cone beam computed tomography showed that the alveolar bone was absorbed to 1/3 of the root apex; the bone width of the maxillary anterior region was approximately 3 mm (Figure 2A). The labial bone was absorbed, and the bone height in both posterior areas was approximately 2 mm (Figure 2B).

FINAL DIAGNOSIS

Dentition defect; Severe periodontitis.

TREATMENT

Initial surgery

Surgical procedures overview: (1) Extract teeth #11, #12, #14, #17, #21, #22, #24, and #25; (2) Perform lateral maxillary sinus lifting on both sides; and (3) Perform guided bone regeneration in the maxillary anterior tooth area, insert temporary implants in

Table 1 Comparison of periodontal disease cases

Case	Patient summary	Patient history	Intraoral examination	Radiological features	Final diagnosis
Combined periodontal and implant treatment of a patient with chronic periodontitis and severe alveolar bone loss	A 41-yr-old female whose upper front teeth were loose	Denied having systemic disease. The teeth have been filled with restorations at a different hospital	Teeth #21, #26, and #27 were missing and the patient had a deep overbite. The gap length of the missing teeth, located at the upper front part of the jaw, was 10 mm. The width of the alveolar ridge was 4 mm	Teeth #21, #26, and #27 were missing. In the area of tooth #21, the alveolar bone was absorbed. The entire alveolar bone was absorbed horizontally from 1/3 to 1/2 the depth of the root length	Moderate chronic periodontitis; severe prosthesis; dentition defect
Implant treatment of a case of severe chronic periodontitis	A non-smoking 51-yr-old female who only has a few maxillary teeth	Denied having systemic disease, drug allergies, and any infectious disease	Supragingival calculus was found in the mandibular anterior segment and pathologic tooth migration was found in teeth #11 and #12. Teeth #11, #12, and #21 exhibited class III mobility. Tooth #46 had a class III furcation lesion. Sixty-one percent of the teeth had a deep PPD of over 4 mm; 61% had BOP; and all teeth scored 101% on O'Leary's plaque control record	In teeth #14, #16, #26, and #46, periodontal tissue destruction occurred. Horizontal bone resorption depth was 3 to 5 mm and, vertical bone resorption depth was 4 to 6 mm	Generalized moderate to severe chronic periodontitis
Treating severe periodontitis with staged load applied implant restoration	A 49-yr-old female who was missing most of her teeth and wanted implants immediately	Denied having systemic disease, drug allergies, and any infectious disease	The patient was missing the majority of her teeth and had gingival atrophy and severe alveolar ridge atrophy. There was a long PFM bridge on teeth #11-14 and #21-24	Alveolar bone was absorbed to 1/3 of the root apex; the bone width of the maxillary anterior region was approximately 3 mm; the labial bone was absorbed; and the bone height in both posterior areas was approximately 2 mm	Dentition defect; Severe periodontitis

PPD: Periodontal probing depth; BOP: Bleeding on probing.

the anterior tooth area, and perform immediate loading.

Surgical procedures

Before surgery, the patient received a Cefradine capsule to relieve inflammation, a dexamethasone acetate tablet to relieve swelling, and a compound paracetamol tablet to relieve pain. After conducting regular disinfection and administering anesthesia, teeth #11, #12, #14, #17, #21, #22, #24, and #25 were extracted. After the teeth extraction sockets were cleaned, an incision was made in the middle of the upper alveolar crest, and a relaxant incision was made on the buccal side. A 10 mm × 20 mm rectangular window was made at the maxillary sinus lateral wall (**Figure 3A**). The lowest margin of this window was 3-5 mm from the bottom of the maxillary sinus. The mucosa bottom of the maxillary sinus was turned inward and upward with a collagen membrane layer to make a new mucosa bottom. The bone augmentation material was put into the sinus floor making the lift height approximately 10 mm.

Four Osstem mini implants (Ms System Fixture, Osstem Implant Co. Ltd., Korea), which were used as a support temporary denture, were implanted into the areas of teeth #12, #14, #22, and #24 (**Figure 3B**). The temporary mini implants were inserted into alveolar bone instead of the bone graft. A 0.5 g autogenous bone mixed with Bio-Oss bone (Bio-Oss, Geistlich Pharma AG, Switzerland) filled the right maxillary anterior bone defect area. Then a 25 mm × 25 mm Bio-Gide periosteum (Bio-Gide, Geistlich Pharma AG, Switzerland) covered the top. Teeth #17 and #25 were each made into an auto-tooth bone, which filled the left maxillary anterior bone defect area, and were covered with 25 mm × 25 mm Bio-Gide periosteum. The collagen membrane was placed 1.5 mm away from the adjacent tooth in case the membrane was exposed and contaminated. The soft tissue was covered carefully with a relaxant notch *via* absorbed suture (4/0) to hold together the whole membrane. Temporary teeth #14-24 were placed in the maxillary anterior area. The postoperative X-ray showed that the

Table 2 The cases comparison of periodontal disease treatments

Case	Treatment step 1	Treatment step 2	Treatment step 3	Treatment step 4	Prognosis and follow-up
Combined periodontal and implant treatment of a patient with chronic periodontitis and severe alveolar bone loss	Basic periodontal treatment (non-surgical) and reassessment	In the area of tooth #21, conducted GBR tissue increment surgery and dental implantation simultaneously	Temporary restoration on the implant was made for gum shaping	Removed bad prosthesis in the area of tooth #11; permanent restorations were made	Received good feedback from patient; new therapy idea combined implantation, periodontal and restorations. This patient only has a limited number of bone defects
Implant treatment of a case of severe chronic periodontitis	Initial periodontal treatment: Oral hygiene instruction; scaling and root planning; tooth extraction (teeth #11, #12, #16, #21, #22, and #27); partial denture therapy (teeth #12-22); root canal treatment and hemisection (tooth #46); Occlusal adjustment (teeth #13 and #23)	Oral functional rehabilitation treatment: Implant prosthesis (in the areas of teeth #12, #16, #22, #36, and #41)	Temporary restoration: During the 5-mo relief period, a partial denture was placed in the maxillary anterior region	Permanent restoration: All custom abutments and porcelain fused to metal crowns were retained	The screw was restored after cleaning and occlusal adjustment. The patient's oral hygiene has been well maintained. There has not been any recurrence nor has the patient's periodontal disease worsened among other natural teeth
Treating severe periodontitis with staged load applied implant restoration	First load-bearing stage: Removed the remaining teeth in the jaw; conducted immediate All-on-6 implant restoration and immediate loading	Second load-bearing stage: Inserted four temporary Osstem mini implants; performed immediate loading, maxillary GBR technique, and lateral maxillary sinus lifting on both sides	Third load-bearing stage: Four temporary implants were removed, and eight permanent implants were placed; performed immediate loading	Fourth load-bearing stage: The resin bridge was segmented for gingival repair	Restored with custom abutments and the zirconium crown-bridge prosthesis

GBR: Guided bone regeneration.

temporary implants were placed properly (Figure 4).

First subsequent visit (2 wk after the initial surgery): Lateral maxillary sinus lifting on the left side

Before surgery, the patient received a Cefradine capsule to relieve inflammation, a dexamethasone acetate tablet to relieve swelling, and a compound paracetamol tablet to relieve pain. After conducting regular disinfection and administering anesthesia, the periodontal flap procedure was done in the areas of teeth #16 and #17. Then maxillary sinus elevation surgery was conducted with 0.5 g Bio-Oss bone meal that filled the bone defected area. A 25 mm × 25 mm bone membrane covered the top, and an absorbed suture was used to close the wound carefully.

Second subsequent visit (5 wk after the initial surgery): Mandibular immediate loading

Examination: Some pigmentation was found on the maxillary CAD/CAM resin crowns. The implants were stable. There was not an uncomfortable feeling when the implants were tapped, and the surrounding gingiva had no abnormalities. Atrophied alveolar bone was found on teeth #32, #34, #36, #37, #42, #43, #44, #45, and #46. These teeth were severely loose. There was not an uncomfortable feeling when tapped, and oral hygiene was acceptable. The open range of the mouth was 3.5 fingers. There wasn't any temporomandibular joint pain, bouncing, or noise. Cone beam computed tomography revealed the bone quality of the mandibular was still acceptable.

Surgical procedures: (1) Cleaned resin crowns and gum and removed pigment with a polishing needle; (2) Before surgery, the patient received a Cefradine capsule to relieve inflammation, a dexamethasone acetate tablet to relieve swelling, and a compound paracetamol tablet to relieve pain. The patient gargled chlorhexidine twice for 3-5 min each time; (3) After conducting regular disinfection and administering anesthesia, the gingiva was reconstructed. Teeth #32, #34, #36, #37, #42, #43, #44, #45, and #46 were extracted. Teeth extraction sockets were cleaned deeply, and granulation tissue was removed. An incision and an access flap were made in the



Figure 1 Intraoral photo of patient before operation.

mandibular region. After preparing the implant sockets, teeth #33, #35, #37, #43, #45, and #47 were implanted with SP 14.0 mm × 14 mm, 4.5 mm × 11 mm, 5.0 mm × 9.5 mm, 4.0 mm × 14 mm, 4.5 mm × 12.5 mm, and 5.0 mm × 9.5 mm permanent implants (Element Implant Mc Inicell, Thommen Medical AG, Switzerland) (Figure 5A). The torsion force was set at 35 Ncm. Teeth #33, #35, #43, and #45 were placed in multi-dental abutments, while teeth #37 and #47 were placed in abutments. Bio-Oss bone meal (Bio-Oss, Geistlich Pharma AG, Switzerland, 0.5 g) filled the areas of teeth #33, #43, and #45. Collagen plugs were placed in the areas of teeth #44 and #46. An absorbed suture was used to close the wound carefully; (4) After surgery, the abutments were removed and model transfer levers were placed in the areas of teeth #33, #35, #43, and #45. An X-ray showed that the implants were inserted in an acceptable position, and the implants combined with the model transfer levers firmly (Figure 5B). The models were copied and CAD/CAM resin crowns were made; and (5) We tried on CAD/CAM resin crowns, performed immediate loading, and polished and fixed resin crowns. Routine postoperative care and medical advice were provided after surgery.

Third subsequent visit (29 wk after the initial surgery): Removed temporary implants, performed immediate loading on the maxillary and permanent artificial teeth (with plastic base)

Treatment: (1) Before surgery, the patient received a Cefradine capsule to relieve inflammation, a dexamethasone acetate tablet to relieve swelling, and a compound paracetamol tablet to relieve pain. The patient gargled chlorhexidine twice for 3-5 min each time; (2) After removing the maxillary resin crowns, conducting regular disinfection, and administering anesthesia, the implant sockets were prepared, and the mini Osstem implant was removed. Implant surgery was performed in the areas of teeth #11, #13, #15, #16, #21, #23, #24, and #26, and we placed permanent implants (Element Implant Mc Inicell, Thommen Medical AG, Switzerland) with SP 14.0 mm × 11 mm, 4.0 mm × 11 mm, 4.5 mm × 11 mm, 5.0 mm × 9.5 mm, 4.0 mm × 11 mm, 4.0 mm × 11 mm, 5.0 mm × 12.5 mm, and 5.0 mm × 9.5 mm separately (Figure 6A). The abutments were placed carefully after implantation. The torsion force was set from 25 Ncm to 30 Ncm in the area of tooth #23, whereas in the areas of teeth #11, #13, #15, #16, #21, #24 and #26, the torsion force was 35 Ncm. An absorbed suture (4/0) was used to close the wound carefully; (3) The X-ray post-surgery showed that all implants were placed in an acceptable position as well as had satisfactory primary stability (Figure 6B); (4) The maxillary and mandibular were mocked up, and the resin crowns were worn until the next day; and (5) Routine postoperative care and medical advice were provided after surgery.

Fourth subsequent visit (29 wk after the initial surgery): Performed immediate loading via artificial tooth (with plastic base)

The protective caps were removed, and temporary dentures in the areas of teeth #11, #13, #15, #16, #21, #24, #26, #33, #35, #37, #43, #45 and #47 were tried on. The position was acceptable. We fixed the screw, blended, polished, and sealed the dentures.

Fifth subsequent visit (37 wk after the initial surgery): Mocked up mandibular and

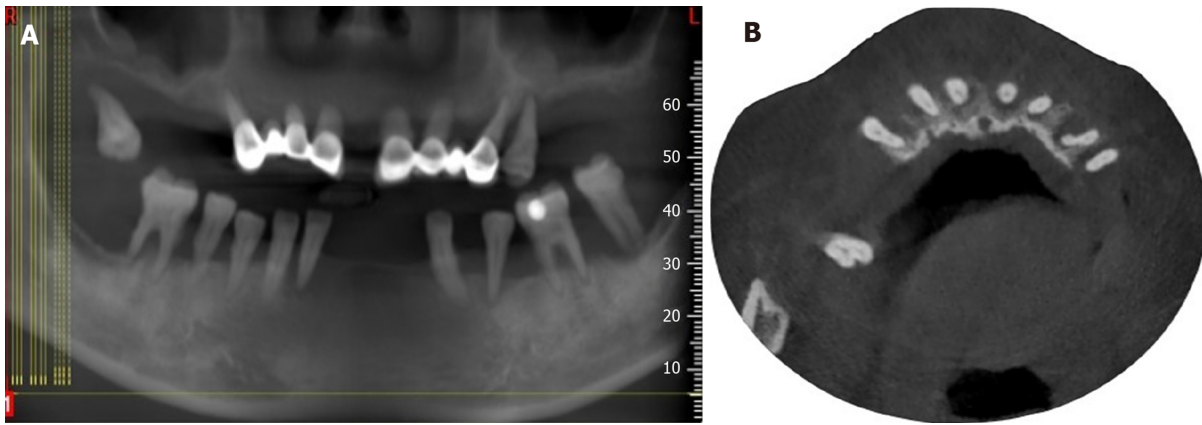


Figure 2 Image examinations before operation. A: Stomatographic tomography of patient before operation; B: Cone beam computed tomography image of patient before operation.

temporary CAD/CAM resin crown bridge were made

The temporary dentures were removed to make final models. The permanent abutments with temporary crowns were made, and gingival repair will be conducted in the next stage. Patient wore temporary dentures that were sealed with resin.

Sixth subsequent visit (39 wk after the initial surgery): Wore temporary CAD/CAM resin crown bridge for gingival repair

The temporary dentures, abutments in maxillary, and the healing caps in the areas of teeth #16 and #26 were removed. After placing permanent abutments and trying on the temporary prosthesis, the shape and the crown contour of the temporary prosthesis were restored. The height of the crown was adjusted and changed the placement. The temporary crown from the area of tooth #23 was removed (Figure 7). Then, the flow resin was used to recover the crown length of the anterior mandibular temporary zirconia prosthesis. As a result, occlusion of the maxillary and mandibular restorations was adjusted (Figure 8A), and maxillary temporary crowns were permanently cemented (Figure 8B).

OUTCOME AND FOLLOW-UP

The patient has a normal bite and has not complained about swelling, pain, food impaction, or discomfort. None of the dentures are loose. During the oral inspection and percussion test, both upper and lower jaws did not exhibit loose implants. Fracture phenomenon was not present in the upper crown, and none of the crowns were loose. The patient displayed excellent oral hygiene and is satisfied with her smile (Figure 8C).

DISCUSSION

In this case, the loss of the maxillary alveolar crest reached class V level, which means the patient was supposed to undergo incremental bone therapy before the implant procedure^[9]. To speed up the rate of healing and maintain oral function as well as appearance, bone treatment therapy was performed throughout the implantation procedures.

The relationship between the maxilla and the mandible is similar to two conical columns, which taper off from the bottom to the top^[10]. The basal bone is wider than the alveolar process in the mandible, and the bone resorption is in the direction of the vestibular groove after tooth loss^[11]. As a result, the resorption of the vertical bone contributed to the increased width in the mandible. Moreover, the proximal, medial and distance of the edentulous mandible also increased because the basal bone is located near the intermediate region. Bone absorption of alveolar processes can seriously affect the relationship in vertical, horizontal, and sagittal directions^[12]. The edentulous jaw will cause a more severe maxillary and mandibular bone resorption disorder, usually includes a severe mismatch between the maxillary and mandibular bone, similar to class III mismatch in sagittal and horizontal directions^[13].

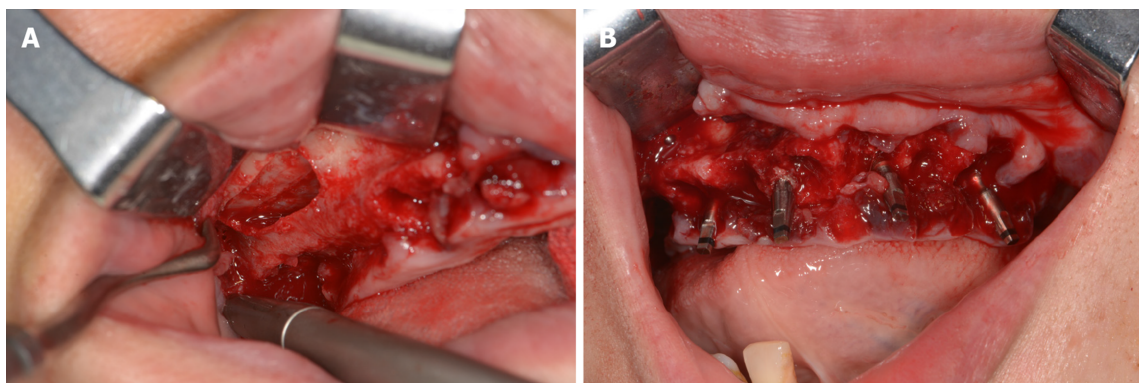


Figure 3 Intraoral photo during initial surgery. A: Buccal rectangular window at maxillary sinus lateral wall; B: Four Osstem mini implants in the maxillary bone.

Fixed bridge prosthesis selection

Vertical bone augmentation has several advantages, one being the ability to achieve the natural perforation of the anterior maxillary short crown through the adherent mucosa^[14]. Compared to removable dentures, fixed prosthesis is simple in design and fabrication. Additionally, it can be used to complete the superstructure with all-ceramic prostheses^[15]. All of these advantages would make surgery more economically beneficial, minimize injuries, and provide a functional retainer that allows patients to sequence bone augmentation therapy.

Implantation of temporary implants

To increase the success rate of implant surgery, a fixed prosthesis supported by simultaneous implants would release the patient's discomfort. Immediate loading of temporary implants not only allows patients to obtain a satisfactory occlusal recovery during immediate implantation but also plays an important role in avoiding mechanical loading in the incremental tissue area. Also, it is forbidden to wear a mucosa-supported removable partial denture after incremental tissue surgery.

CONCLUSION

In conclusion, indications for staged implant loading include: (1) Insufficient bone mass for immediate restoration; (2) Multiple disciplines required; (3) Occlusal retention or reconstruction; and (4) Necessity for temporary restoration of teeth.

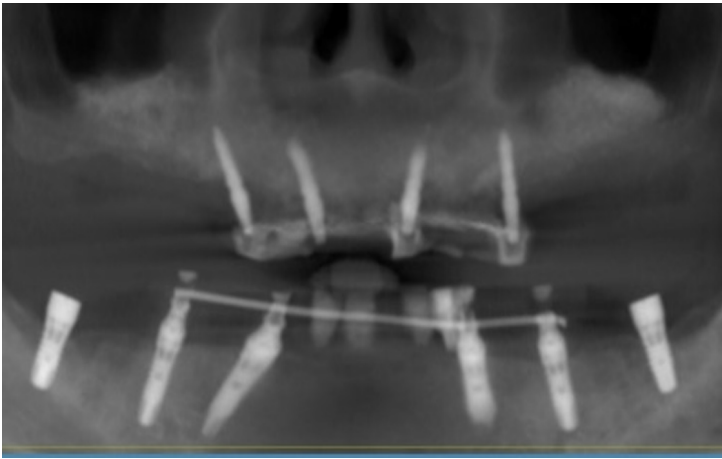


Figure 4 Postoperative X-ray showing that the temporary implants were placed properly.

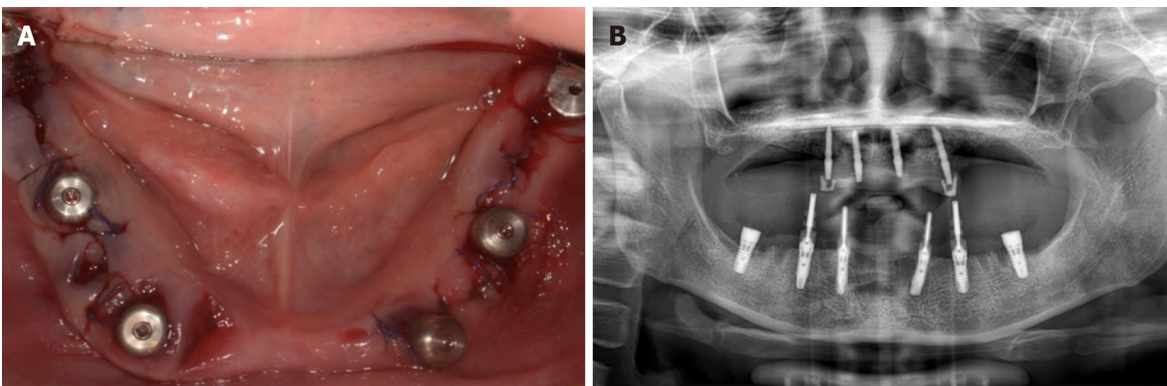


Figure 5 The examinations during permanent implant surgery in mandibular bond. A: Permanent implants in the mandibular bone; B: Postoperative X-ray of implants with model transfer levers.

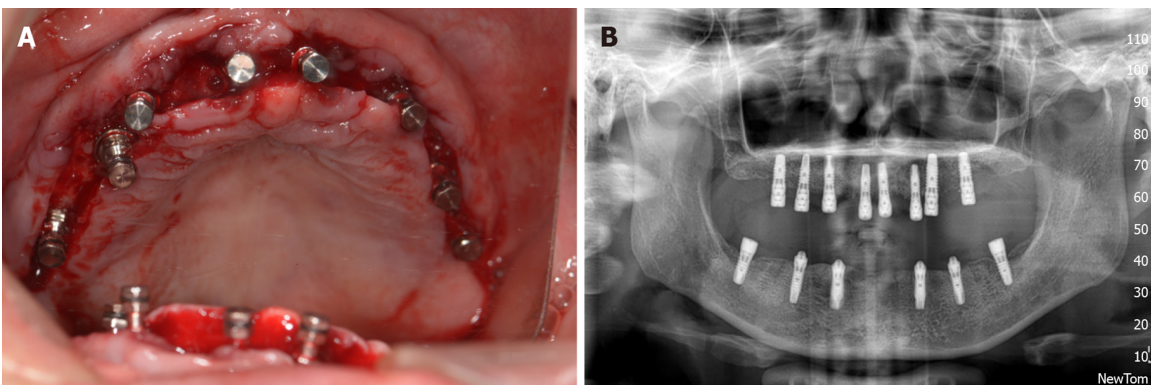


Figure 6 The examination during permanent implant surgery in maxillary bond. A: Permanent implants in the maxillary bone during surgery; B: X-ray showing all permanent implants were placed properly.

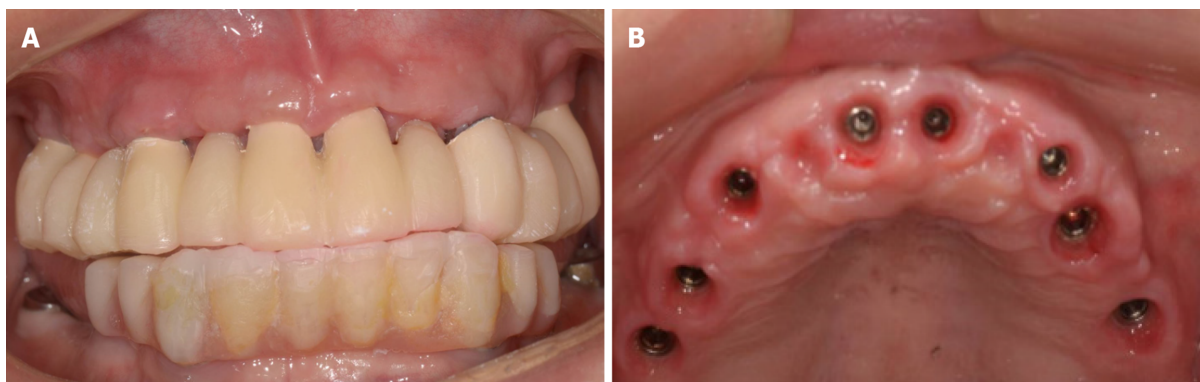


Figure 7 Intraoral photo after full-mouth temporary restoration. A: Temporary CAD/CAM full mouth prosthesis; B: Gingival condition after the temporary restoration was removed.

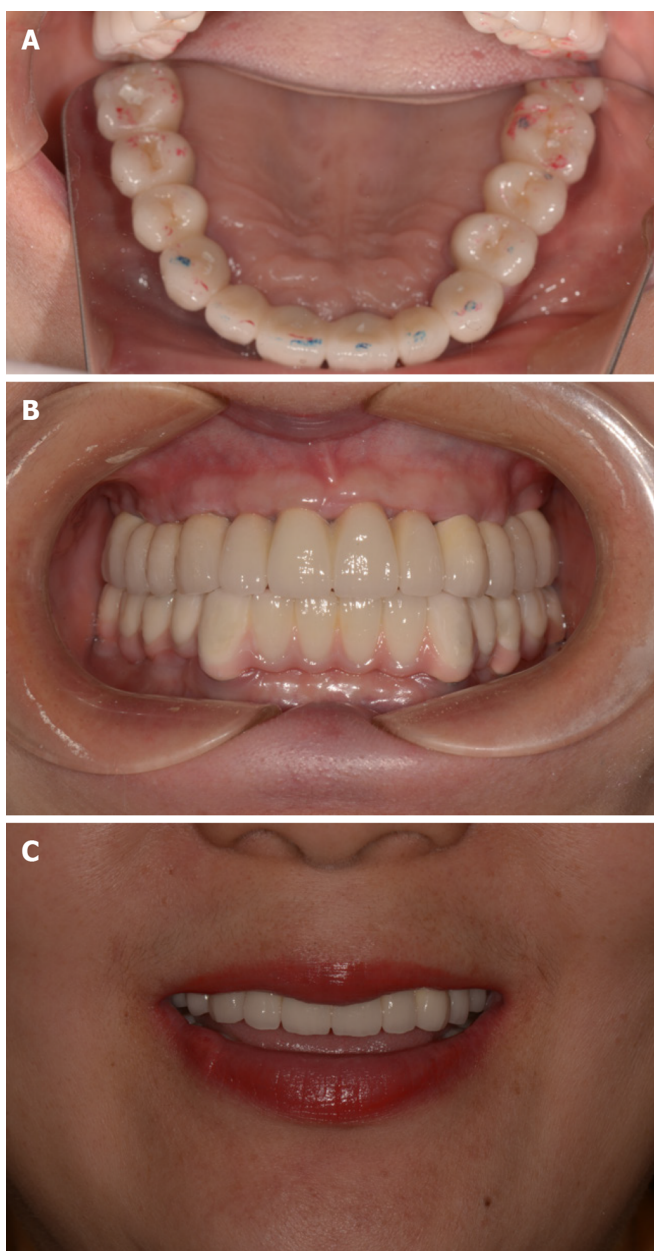


Figure 8 Intraoral photo of permanent outcomes. A: Maxillary and mandibular restorations after the occlusal adjustment; B: Intraoral photo of zirconia prosthesis; C: Patient's outward appearance and smile after the final procedure.

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