

# World Journal of *Clinical Cases*

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## Treatment of afferent loop syndrome using fluoroscopic-guided nasointestinal tube placement: Two case reports

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### Abstract

#### BACKGROUND

Afferent loop syndrome (ALS) is a rare mechanical complication that occurs after reconstruction of the stomach or esophagus to the jejunum, such as Billroth II gastrojejunostomy, Roux-en-Y gastrojejunostomy, or Roux-en-Y esophagojejunostomy. Traditionally, an operation is the first choice for benign causes. However, for patients in poor physical condition who experience ALS soon after R0 resection, the type of treatment remains controversial. Here, we present an efficient conservative method to treat ALS.

#### CASE SUMMARY

Case 1 was a 69-year-old male patient who underwent total gastrectomy with Roux-en-Y jejunostomy. On postoperative day (POD) 10 he developed symptoms of ALS that persisted and increased over 1 wk. Case 2 was a 59-year-old male patient who underwent distal gastrectomy with Billroth II gastrojejunostomy. On postoperative day POD 9 he developed symptoms of ALS that persisted for 2 wk. Both patients underwent fluoroscopic-guided nasointestinal tube placement with maintenance of continuous negative pressure suction. Approximately 20 d after the procedure, both patients had recovered well and were discharged from hospital after removal of the tube. At 3-mo follow-up, there were no signs of ALS in these two patients.

#### CONCLUSION

This is the first report of treating postoperative ALS by fluoroscopic-guided nasointestinal tube placement. Our cases demonstrate that this procedure is an

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effective and safe method to treat ALS that relieves patients' symptoms and avoids complications caused by other invasive procedures.

**Key Words:** Afferent loop syndrome; Fluoroscopy; Nasointestinal tube; Case report; Roux-en-Y

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**Core Tip:** Afferent loop syndrome (ALS) is a rare complication following reconstruction of the stomach or esophagus to the jejunum. Traditionally, surgery is the cornerstone of treatment. However, for patients in poor physical condition who develop ALS soon after the operation, a secondary surgery may not be appropriate. Here, we present two patients who were successfully treated with fluoroscopic-guided nasointestinal tube placement without stent insertion or surgery. With continuous negative pressure suction for approximately 20 d, both patients recovered well and were discharged from hospital after removal of the tube. At 3-mo follow-up, the patients showed no symptoms of ALS.

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## INTRODUCTION

Afferent loop syndrome (ALS) is an uncommon complication following the reconstruction of the stomach or esophagus to the jejunum, such as Billroth II gastrojejunostomy, Roux-en-Y gastrojejunostomy, or Roux-en-Y esophagojejunostomy. The incidence of ALS is approximately 0.2%<sup>[1]</sup> after Billroth II and 1%<sup>[2]</sup> after Roux-en-Y reconstruction. ALS is a purely mechanical obstruction, usually caused by postoperative adhesion, kinking at the anastomosis, internal hernia, stomal stenosis, cancer recurrence, inflammation surrounding the anastomosis, or enteroliths, bezoars, and foreign bodies<sup>[3]</sup>. The causes can be classified into benign and malignant. Traditionally, for the patients diagnosed with ALS caused by a malignant obstruction, such as cancer recurrence, conservative methods are usually considered<sup>[4-6]</sup>, while for benign causes, operation is recommended<sup>[3]</sup>. However, patients who develop ALS soon after R0 resection are usually in poor physical condition; therefore, the decision to perform a second operation remains controversial. Moreover, the second operation may cause more severe complications such as anastomotic fistula. Therefore, conservative treatment should be considered and provided first to relieve symptoms. To the best of our knowledge, there are limited case reports for such patients, and consensus regarding treatment is lacking.

Here, we present two cases of ALS, one patient who received total gastrectomy with Roux-en-Y anastomosis and the other who underwent distal gastrectomy with Billroth II anastomosis. Both patients developed ALS several days after surgery and were treated by fluoroscopic-guided nasointestinal tube placement. They obtained a favorable outcome. All study participants provided informed written consent prior to study enrollment.

## CASE PRESENTATION

### Chief complaints

**Case 1:** Patient 1 was a 69-year-old male who presented with jaundice, abdominal pain, fever, and vomiting bile-like liquid on postoperative day (POD) 10 after total gastrectomy with Roux-en-Y jejunostomy. He experienced these symptoms over 1 wk.

**Case 2:** Patient 2 was a 59-year-old male who presented with upper abdominal pain and abdominal distention on POD 9 after distal gastrectomy with Billroth II gastrojejunostomy. He experienced these symptoms for 13 d.

### **History of present illness**

**Case 1:** Patient 1 was admitted to the hospital with upper abdominal discomfort that occurred over the past 3 mo and was increased over the past 1 mo. He underwent gastroscopy that revealed an ulcerative mass in the esophagogastric junction. The pathological diagnosis was low-grade adenocarcinoma. No signs of any metastasis were found on chest and abdominal radiographs. On September 17, 2019, the patient underwent total gastrectomy with Roux-en-Y jejunostomy.

**Case 2:** Patient 2 was admitted to the hospital with abdominal distention of more than 2 mo duration. He underwent gastroscopy that revealed an ulcer at the gastric angle. Pathology revealed signet-ring cells within the mucosal tissue. No signs of any metastasis were found. On August 25, 2019, the patient underwent distal gastrectomy with Billroth II gastrojejunostomy.

### **History of past illness**

**Case 1:** Patient 1 had a cerebral infarction in 2008 and had recovered well. He denied any history of surgery, hypertension, diabetes, and coronary heart disease.

**Case 2:** Patient 2 had no remarkable previous medical history.

### **Personal and family history**

Both patients denied any family history of cancer.

### **Physical examination**

During the physical examination, both patients showed marked tenderness, especially in the upper abdomen. No other special remarkable signs were found.

### **Laboratory examinations**

The laboratory results for patient 1 and patient 2 before fluoroscopic-guided nasointestinal tube placement are shown in [Table 1](#).

### **Imaging examinations**

**Case 1:** In patient 1, gastroscopy revealed that the anastomosis of the esophagus and jejunum was unobstructed, but because of the severe kinking of the anastomosis, the scope failed to enter the afferent loop ([Figure 1](#)). The abdominal computed tomography (CT) showed apparent dilatation of the afferent loop ([Figure 2A](#)).

**Case 2:** In patient 2, abdominal CT showed apparent dilatation of the afferent loop ([Figure 2B](#)), which supported the diagnosis of ALS.

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## **FINAL DIAGNOSIS**

Considering the patients' symptoms, laboratory examinations and imaging results, both patients were diagnosed with ALS.

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## **TREATMENT**

First, we administered Chinese medicine acupuncture treatment, which proved to be ineffective. Then, as previously reported<sup>[4]</sup>, we first attempted endoscopic retrograde cholangiopancreatography (ERCP). However, the afferent loop was twisted such that the endoscope failed to pass. Therefore, we inserted a nasointestinal tube into the afferent loop through a guiding wire under fluoroscopic guidance. We expected that this procedure would relieve patients' symptoms and improve their physical condition. The procedure included three steps. First, we injected contrast agent into the original stomach tube. The afferent and efferent loops were both developed, and the afferent loop was poorly peristaltic. Second, we adjusted the hard guide wire (RADIFOCUS®, 0.90 mm, 260 cm, Terumo Corporation, Tokyo, Japan) and guiding catheter (ETH201 V04, Cordis Corporation, Hialeah, FL, United States) into the

**Table 1** Laboratory examinations

Test items	Patient 1 before placement	Patient 1 after placement	Patient 2 before placement	Patient 2 after placement
WBC	$11.32 \times 10^9/L$	$7.46 \times 10^9/L$	$7.33 \times 10^9/L$	$3.29 \times 10^9/L$
NEUT%	83.2%	60.2%	74.1%	52.6%
HGB	93 g/L	111 g/L	127 g/L	132 g/L
PLT	$287 \times 10^9/L$	$189 \times 10^9/L$	$224 \times 10^9/L$	$173 \times 10^9/L$
ALP	200.3 U/L	150.4 U/L	34.2 U/L	33.2 U/L
ALT	71.2 U/L	48.2 U/L	30.1 U/L	31 U/L
T-BIL	82.78 $\mu\text{mol/L}$	18.12 $\mu\text{mol/L}$	10.25 $\mu\text{mol/L}$	9.73 $\mu\text{mol/L}$
D-BIL	78.08 $\mu\text{mol/L}$	13.29 $\mu\text{mol/L}$	4.16 $\mu\text{mol/L}$	3.92 $\mu\text{mol/L}$
TP	60.7 g/L	68.2 g/L	61.2 g/L	66.0 g/L
ALB	29.5 g/L	41.4 g/L	40.3 g/L	45.2 g/L

WBC: White blood cell count; NET%: Percentage of neutrophils; HGB: Hemoglobin; PLT: Platelets; ALP: Alkaline phosphatase; ALT: Alanine aminotransferase; T-BIL: Total bilirubin; D-BIL: Direct bilirubin; TP: Total protein; ALB: Albumin.



**Figure 1** In patient 1, gastroscopy revealed that the anastomosis of the esophagus and jejunum was unobstructed, but the afferent loop was so twisted that the endoscope failed to pass.

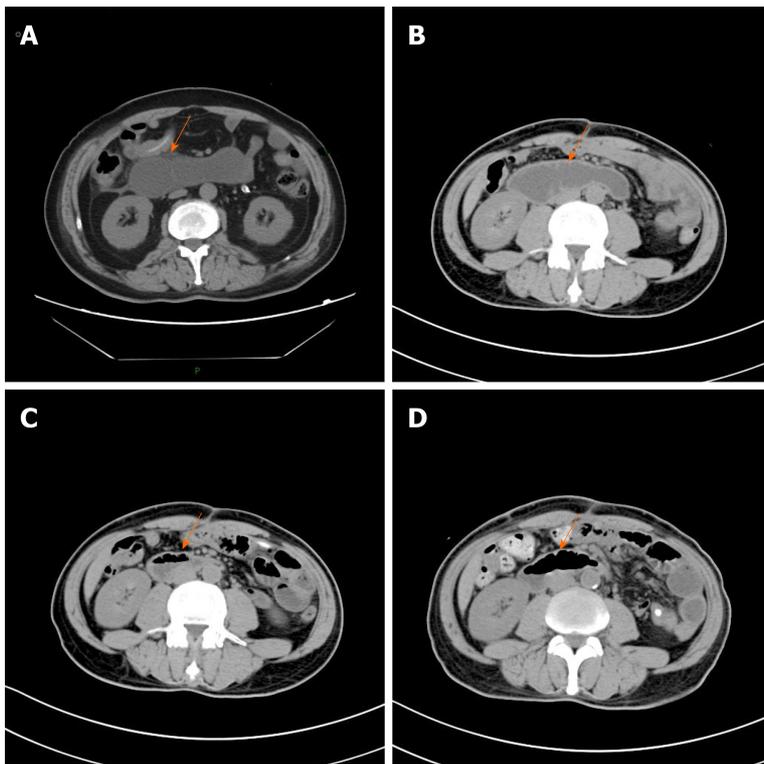
afferent loop. The contrast agent could be seen in the afferent loop. Third, we removed the guiding catheter and the nasointestinal tube (145 cm, Nutricia, Wuxi, China) was exchanged and fixed (Figure 3). This procedure was performed on POD 20 for patient 1 and on POD 22 for patient 2. After the procedure, about 600 mL of bile-like liquid were obtained through the nasointestinal tube in 24 h with significant relief of pain and improvement in jaundice for patient 1. The amount of drainage fluid obtained in 24 h was about 1000 mL for patient 2. For patient 1, the decompression of the afferent loop continued for 16 d, at which time we intermittently clamped the nasointestinal tube. On POD 40, the nasointestinal tube was removed. For patient 2, the decompression of the afferent loop continued over 15 d, and then we intermittently clamped the nasointestinal tube. On POD 41, the nasointestinal tube was removed.

## OUTCOME AND FOLLOW-UP

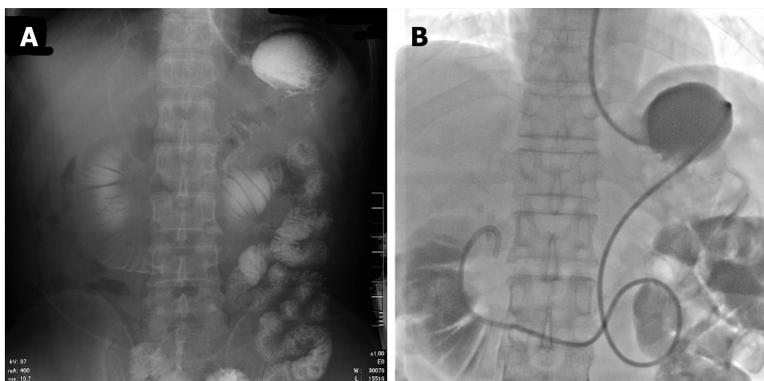
Both patients recovered well after the fluoroscopic-guided nasointestinal tube placement with relief of symptoms and improved laboratory characteristics and CT signs. The laboratory results after fluoroscopic-guided nasointestinal tube placement for both patients are shown in Table 1.

As for imaging examinations, on POD 28 and POD 34, patient 2 received abdominal CT (Figure 2C and D), which showed that the degree of the dilatation had significantly decreased.

Both patients were discharged to home after the nasointestinal tube was removed,



**Figure 2** Abdominal contrast-enhanced computed tomography before and after fluoroscopic-guided nasointestinal tube placement. A and B: Before the placement, images show the dilatation of the afferent loop; C: Six days after placement; D: Fourteen days after placement.



**Figure 3** Fluoroscopic-guided nasointestinal tube placement. A: Before the placement, abdominal X-ray shows the dilatation of the afferent loop; B: Placement of the hard guide wire and guiding catheter into the duodenum.

with no abdominal pain, jaundice, or other abdominal discomfort. At 3-mo follow-up, both patients showed no symptoms of ALS and did not complain of any discomfort.

## DISCUSSION

ALS is a rare and purely mechanical complication, for which there are few case reports, and multiple center clinical research studies are necessary. There is a lack of a consensus to guide treatment for patients who develop ALS soon after R0 resection. Here, we present two cases, one who developed ALS after distal gastrectomy with Billroth II reconstruction, and one who developed ALS after total gastrectomy with Roux-en-Y reconstruction, both of whom represent the main causes of ALS that are associated with surgery. Both patients achieved a good therapeutic effect with the fluoroscopic-guided nasointestinal tube placement. To the best of our knowledge, this is the first time anyone has reported an attempt to treat ALS with fluoroscopic-guided nasointestinal tube placement.

Surgery is one of the common causes of ALS<sup>[7]</sup> and is due to an excessively long extra afferent loop<sup>[3]</sup>. Two retrospective cohort studies showed that the incidence of ALS in gastric cancer patients undergoing Billroth II and Roux-en-Y reconstruction was 1.01% and 0.2% respectively, and all were caused by adhesion, internal herniation, and peritoneal recurrence<sup>[1,2]</sup>. As for treatment, traditionally, surgery is the cornerstone of treatment for ALS, which includes converting a Billroth II to a Roux-en-Y<sup>[8]</sup>, creating a Braun anastomosis between the afferent and efferent loops in a Billroth II<sup>[9]</sup>, or excising redundant loops and reconstruction<sup>[10]</sup>. However, surgery is not suitable for every patient with ALS<sup>[11,12]</sup>. A considerable proportion of patients could not undergo an operation because of poor physical condition, extensive peritoneal adhesions, or disseminated tumor<sup>[13]</sup>. On the other hand, for patients with acute ALS soon after operation, a secondary operation could increase the risk of anastomotic fistula, stenosis, stomatitis, and other postoperative complications. In our patients, considering their poor physical condition and the risks associated with a secondary operation, we decided to provide a conservative treatment to alleviate symptoms after discussion with several experts.

For those not suitable for surgery, percutaneous transhepatic biliary drainage is an effective method to provide palliative treatment<sup>[14-16]</sup>; however, we should notice the risk of leakage of bowel gases or contents into the peritoneum, which could induce severe infection or septicemia<sup>[17]</sup>. Cha *et al*<sup>[6]</sup> reported treatment of ALS using self-expanding metal stent (SEMS), which achieved a satisfied result. However, the temporary stoma rate of the placement of SEMS for acute malignant colonic obstruction is about 33%<sup>[18,19]</sup>. Recently, with the wide application of endoscopic ultrasonography (EUS), endoscopic ultrasound-guided gastrojejunostomy using a metal stent for the treatment of ALS has been reported<sup>[20-22]</sup>. A multicenter study<sup>[23]</sup> showed that the technical success of ultrasound-guided entero-enterostomy (EUS-EE) following the availability of the lumen-apposing metal stent was almost 100% in 18 patients, and the mean procedure time was 29.7 min. However, three patients (16.7%) experienced advent events, two mild, and one moderate, which reflected the risk of this technique. Besides, to ensure the safety of this technique, the targeted site within the duodenum or jejunum needs to be close to the stomach, duodenum, or jejunum, which limits the application of EUS-EE.

With the progress of endoscopic treatment and interventional radiology, treating ALS with endoscopic interventions has been reported recently<sup>[24,25]</sup>. A single-center study evaluated the effectiveness and safety of endoscopic nasogastric tube insertion and found that this technique was a conservative treatment for patients with benign ALS<sup>[13]</sup>. However, we attempted this procedure first with our patients, but the afferent loop was so twisted that the endoscope failed to pass, which is a common occurrence. Kim *et al*<sup>[26]</sup> in their retrospective study, reported that 19 patients underwent fluoroscopic stent placement because tentative endoscopic stent placement had failed. In our patients, we inserted the nasointestinal tube with continuous negative pressure suction, without placement of a mental stent, which also achieved a satisfactory outcome. Zhang *et al*<sup>[27]</sup> analyzed 74 patients with malignant bowel obstruction treated with the fluoroscopy-guided long intestinal tube placement and showed that the symptoms of 58 patients improved significantly. At 1-mo follow-up, the symptoms of obstruction did not deteriorate. At our 3-mo follow-up, both patients showed no signs of ALS after the removal of the nasointestinal tube, which provided evidence for the treatment of acute postoperative ALS with fluoroscopic-guided nasointestinal tube placement.

Our patients developed ALS several days after surgery; therefore, it might not be beneficial to perform a secondary operation immediately. Here, we present a conservative method, fluoroscopic-guided nasointestinal tube placement, which could be considered a stable method to treat and observe and also a step to improve the patient's physical condition before a secondary operation. This study is limited by the number of cases and short follow-up, and the long-term efficacy of this method needs to be verified.

## CONCLUSION

This is the first study to report treatment of postoperative ALS by fluoroscopic-guided nasointestinal tube placement. For patients with ALS that occurs soon after surgery, multiple treatment options should be considered, including conservative treatment and secondary surgery. Our findings suggest that, by the 3-mo follow-up, fluoroscopic-guided nasointestinal tube placement was an effective and safe method to

treat ALS that relieved patients' symptoms and avoided complications caused by other invasive procedures.

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