

# World Journal of *Clinical Cases*

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## Infliximab treatment of glycogenosis Ib with Crohn's-like enterocolitis: A case report

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### Abstract

#### BACKGROUND

Glycogen storage disease type Ib (GSD-Ib) is a glycogen metabolism disorder that leads to the manifestations of inflammatory bowel disease (IBD), especially Crohn's disease (CD)-like colitis. Although biological agents are effective for treating CD, their application in the treatment of GSD-Ib with CD-like colitis has been rarely reported.

#### CASE SUMMARY

A 13-year-old Han male was diagnosed with GSD-Ib with CD. The patient was treated with granulocyte colony-stimulating factor. When he had symptoms of CD-like colitis, he was continuously pumped with enteral nutrition and administered oral mesalazine for 2 wk; however, the symptoms did not improve significantly. Hence, infliximab (IFX) was administered. Hitherto, the patient has been followed up for 1 year, and no clinical manifestations have been observed. After 6 mo of treatment (fifth IFX treatment), the disease activity index and all inflammatory indexes decreased, and a review of the colonoscopy data showed that the ulcers appeared smooth.

#### CONCLUSION

In this study, the patient was successfully treated with IFX. In cases of GSD-Ib, IBD should be highly considered.

**Key Words:** Crohn's disease; Glycogen storage disease type I; Treatment; Infliximab; Case report

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**Core Tip:** Conventional treatment cannot alleviate symptoms of intestinal inflammation in glycogen storage disease type Ib (GSD-Ib). Although biological agents are effective for treating Crohn's disease (CD), their application in the treatment of GSD-Ib with CD has been rarely reported. Infliximab was selected for this patient, and the intestinal symptoms were successfully alleviated. For cases with poor outcome using the granulocyte colony-stimulating factor treatment, infliximab can be used for therapy.

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## INTRODUCTION

Glycogen storage disease type Ib (GSD- Ib) is a glycogen metabolism disorder caused by mutation in the *SLC37A4* gene that encodes glucose-6-phosphotransferase. As a result, glucose-6-phosphate cannot be transported into the microsome and be decomposed into glucose[1]. The clinical manifestations include abnormal glucose metabolism, which leads to fasting hypoglycemia, liver enlargement, growth retardation, count reduction, and granulocyte dysfunction.

The count reduction and granulocyte dysfunction induce intestinal mucosal ulcers, which lead to the manifestations of inflammatory bowel disease (IBD)[2], especially Crohn's disease (CD-like colitis). The manifestations include abdominal pain, diarrhea, vomiting, growth retardation, poor nutrient absorption, repeated perianal abscess, as well as multiple ulcers in the intestinal mucosa. Several studies revealed that 77% of GSD-Ib disease cases could be concurrent with IBD-like manifestations[2]. GSD-Ib can be effectively treated by the regular administration of granulocyte colony-stimulating factor (G-CSF). Mesalazine can also relieve intestinal inflammation. However, conventional treatment cannot alleviate symptoms of intestinal inflammation[3]. Although biological agents are effective for treating CD, their application in the treatment of GSD-Ib with CD or CD-like colitis has been rarely reported.

Herein, a case of GSD-Ib combined with CD-like enterocolitis who received ineffective G-CSF treatment is reported. Owing to its demonstrated efficacy for the treatment of moderate to severe CD, infliximab (IFX) was selected, as it can successfully alleviate intestinal symptoms.

## CASE PRESENTATION

### Chief complaints

A 13-year-old Han male was admitted for intermittent abdominal pain and defecation for 1.5 years and aggravation with vomiting for half a month.

### History of present illness

One and a half years ago, the patient presented tolerable upper abdominal pain without an obvious cause, with loose stool three to four times/d. In the past half month, the abdominal pain worsened, which affected eating; the patient vomited after eating. He did not have fever, hematochezia, articular pain, or other symptoms. The patient was injected with amoxicillin [50 mg/(kg.d), *i.e.* 1500 mg/d, three times a day for 7 d] intravenously for anti-infection, which was ineffective. The patient lost 2 kg since the onset of the condition.

### History of past illness

At the age of 4 years, the patient was admitted to our hospital due to large liver and spleen, short stature, and repeated hypoglycemia. Finally, he was diagnosed with glycogen storage disease type Ib [*SLC37A4* gene c.572C > T (p.T191L) (maternal) and c.359C > T (p.P120L) (parental) compound heterozygous mutation]. He was given raw corn starch regularly (2 g/kg, once every 4-6 h) and G-CSF (5 µg /kg each time) when he repeatedly showed low neutrophil counts (minimum  $0.5 \times 10^9/L$ ) and respiratory

infections that were not treated regularly. He suffered from recurrent oral ulcers in the past 5 years. In addition, recurrent perianal abscesses appeared in the past 4 years that underwent surgical drainage each time.

### Personal and family history

The birth history and feeding history were uneventful. There was no history of similar illness in the family.

### Physical examination

Height: 138 cm (< P3), weight 32.3 kg (< P3), multiple ulcers in the oral mucosa, tenderness in the upper abdomen, and soft liver with dull edge at 2 cm below the ribs.

### Laboratory examinations

After admission, examination showed neutrophils of  $0.71 \times 10^9/L$ , and the patient was treated with G-CSF [5 µg/(kg.d) *i.e.* 160 mg/d]. The other data were as follows: Hemoglobin: 107 g/L (120-160 g/L), uric acid: 581 µmol/L (164-376 µmol/L), triglyceride: 2.3 mmol/L (0-1.69 mmol/L), normal blood sugar, erythrocyte sedimentation rate: 104 (normal: < 15) mm/h, C-reactive protein: 61 (normal: < 8) mg/L, cytokines of tumor necrosis factor (TNF)-alpha: 204 pg/mL (0-8.1 pg/mL), IL-6: 17.2 pg/mL (0-3.4 pg/mL), and normal interleukin (IL)-2R, IL-8, and IL-10. In addition, stool routine, stool parasites, and stool *Clostridium difficile* toxin were all negative. Also, the results of T cell spot test (T-spot) and purified protein derivative test were negative.

### Imaging examinations

Chest computed tomography showed normal results, while abdominal computed tomography revealed hepatosplenomegaly and fatty liver.

Esophagogastroduodenoscopy detected chronic gastritis and bile reflux, while colonoscopy showed three deep cyclic ulcers in the terminal ileum, with a maximum circumference of 1/4 (of intestinal circumference), covered with white fur. Moreover, the ileocecal valve was deformed and narrow, and deep ulcers, about 1 cm × 0.5 cm, were visible along the tissue; several large cyclic deep ulcers were visible in the ascending colon, with a maximum circumference of 1/2 (of intestinal circumference). Moreover, the ulcers were fused with each other, and several deep ulcers were scattered in the descending colon and rectum (Figure 1). The pathology of antral mucosa showed chronic inflammation.

The pathology of the terminal ileum, ileocecal region, ascending colon, descending colon, and rectum prompted infiltration of diffuse inflammatory cells and scattered eosinophils with visible ulcer formation. Periodic acid-Schiff staining, immunohistochemical cytomegalovirus (CMV) staining, and Epstein-Barr virus encoded ribonucleic acid *in situ* hybridization were negative (Figure 2).

Capsule endoscopy showed several cyclic small ulcers in the terminal ileum.

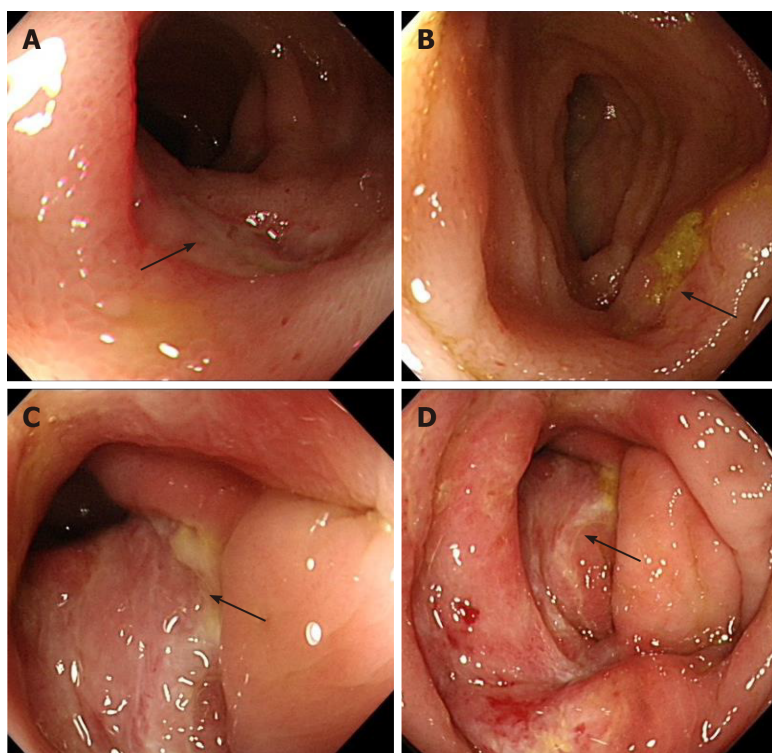
## FINAL DIAGNOSIS

Finally, the patient was diagnosed with glycogen storage disease type Ib with CD-like enterocolitis.

## TREATMENT

The patient was continuously pumped with enteral nutrition (Ensure, Abbott, Chicago, IL, United States) and administered mesalazine (Etiasa, 500 mg, three times per day, Ethypharm Pharmaceutical Co., Ltd, Saint-Cloud, France) orally for 2 wk; however, the symptoms did not improve significantly. Although the neutrophil count was normal, the gastrointestinal symptoms did not improve. Owing to the early onset of the symptoms, extensive lesions were detected in the small intestine and colon, with repeated perianal abscesses. Since IFX is effective in the treatment of CD, it was used at the initial dose of 5 mg/kg each time (actually 200 mg each time, administered at the 2<sup>nd</sup> and 6<sup>th</sup> wk after the first administration, and every 8 wk thereafter), while G-CSF, mesalazine, and enteral nutrition were applied continually.





**Figure 1 Colonoscopy before treatment.** There are multiple ulcers in the terminal ileum and the ileocecal region, as indicated by the black arrow. A: Ulcer in terminal ileum; B: Another ulcer in terminal ileum; C: Ulcer in ileocecal region; and D: Ulcer in ileocecal region.

## OUTCOME AND FOLLOW-UP

After the first administration of IFX (200 mg) for 1 wk, the abdominal pain and vomiting were significantly relieved, and the stool with one to two times per day was regular as compared to that before administration of the drug. After 6 mo of treatment (the 5<sup>th</sup> IFX treatment), the Pediatric Crohn's disease activity index decreased to 5 points (Table 1), and all the inflammatory indexes decreased (Table 1). A review of the colonoscopy data showed that the ulcers in the terminal ileum and colon had healed, and the intestinal mucosa was smooth (Figure 3). The weight and height of the child increased significantly as compared to that before the treatment (Table 1).

Hitherto, the patient has been followed up for 1 year, and no clinical manifestations, such as abdominal pain, diarrhea, vomiting, and perianal abscess, have been observed. During the treatment with IFX, no adverse reactions, such as infections and allergies, were noted. Also, the etiological indicators, such as T cell spot test, Epstein-Barr virus, and CMV, were negative, while liver and kidney functions were normal.

## DISCUSSION

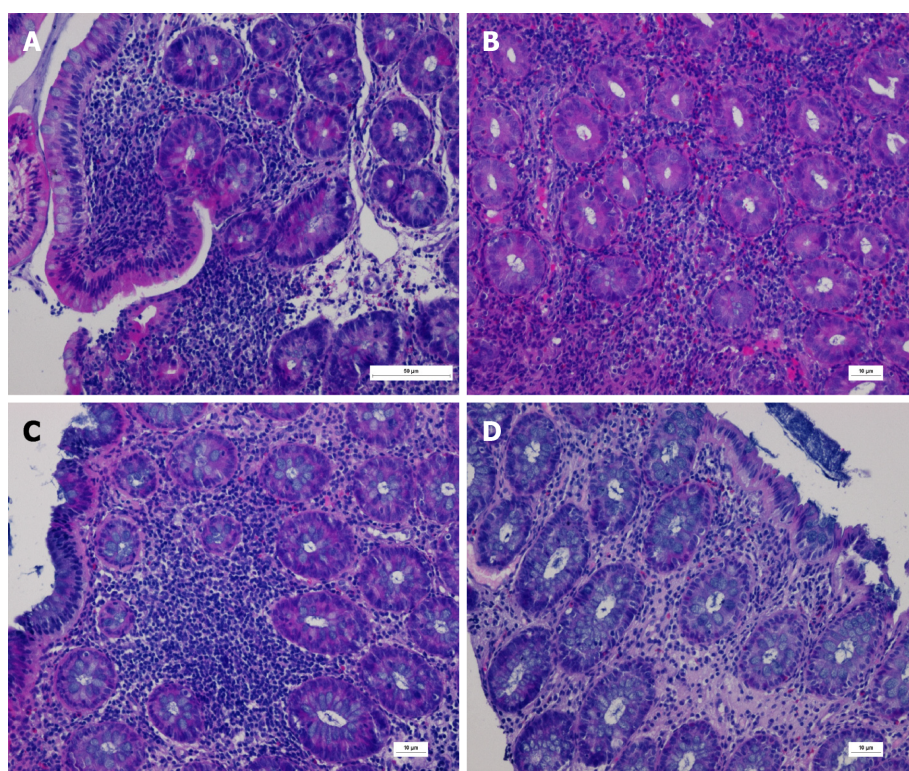
GSD-Ib results in quantitative or qualitative neutrophil dysfunction and is associated with an intestinal phenotype resembling CD[4]; these patients have a prolonged GSD-Ib, and the few neutrophils are dysfunctional. The bowel inflammation could result from chronic low infection of the gut mucosa[5]. Herein, a case with GSD-Ib that was not administered G-CSF, presented low neutrophil count and had CD-like manifestations at 9 years of age. The patient was first treated with traditional G-CSF and mesalazine, but the outcome was not satisfactory. Since the child exhibited typical CD-like manifestations, we selected IFX and achieved satisfactory results. Nonetheless, the drug has been rarely reported for the treatment of GSD-Ib with CD or CD-like colitis.

G-CSF has been used to treat neutropenia and colitis in some patients with GSD-Ib. Some studies demonstrated that the regular use of G-CSF could prevent or delay IBD while preventing infection[6]. In the present case, although the neutrophil count was normal after treatment with G-CSF, the clinical symptoms were not improved. This might be because despite the increase in neutrophil counts, G-CSF does not correct the neutrophil function[7]. Dysfunctional glucose-6-phosphatase-deficient neutrophils are less effective in dealing with inflammatory processes.

**Table 1 Changes in clinical indicators during treatment**

Indicator	Before treatment	1 mo after treatment	6 mo after treatment	10 mo after treatment
PCDAI (points)	47.5	12.5	5	5
CRP (mg/L)	61	1.2	2	3
ESR (mm/h)	104	93	44	28
Height (cm)	138	139	144	145
Weight (kg)	32.3	33.5	39.5	40
Colonoscopy	Ulcers		Healed	

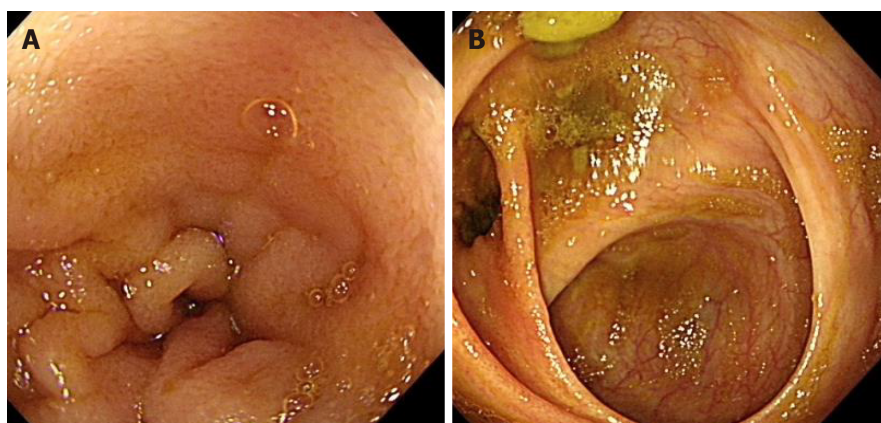
CRP: C-reactive protein; ESR: Erythrocyte sedimentation rate; PCDAI: Pediatric Crohn's disease activity index.



**Figure 2 Prompted infiltration of diffuse inflammatory cells and scattered eosinophils, with visible ulcer formation.** Periodic acid-Schiff (-). Immunohistochemical cytomegalovirus (-). Epstein-Barr virus encoded ribonucleic acid (-). A: Terminal ileum, length of scale bar is 50 µm; B: Ileocecal region, length of scale bar is 10 µm; C: Descending colon, length of scale bar is 10 µm; D: Rectum, length of scale bar is 10 µm.

The primary mechanism of action of IFX is binding to TNF to inhibit its binding to TNF receptors and block its biological activity, thereby achieving the anti-inflammatory effects[8]. The early use of anti-TNF inhibitors in patients with moderate to severe CD might improve its efficacy and prevent penetrating complications of the disease[9]. IFX is especially useful in patients with severe perianal disease[10]. In the present study, the patient had severe Pediatric Crohn's disease activity index score [11], combined with repeated perianal abscesses, which is a major indication for the application of IFX. Hence, the drug was selected after the traditional treatment was ineffective. After the first application of IFX, the patient's gastrointestinal symptoms, such as abdominal pain and vomiting, were significantly improved, the nutritional status was gradually improved, and the level of inflammation indicators, such as C-reactive protein and erythrocyte sedimentation rate, was decreased significantly as compared to that before the treatment. A review of colonoscopy showed that the intestinal mucosal ulcers were healed. Only a few studies reported the use of biological agents for the treatment of GSD-Ib combined with CD or CD-like manifestations. Davis *et al*[12] reported a case of GSD-Ib with CD treated with adalimumab because of allergy to IFX.





**Figure 3 Colonoscopy after treatment.** Colonoscopy review after treatment for 6 mo. Mucosa in terminal ileum and ileocecal region become smooth. A: Terminal ileum; B: Ileocecal region.

Moreover, the adverse effects of IFX, especially infections and infusion reactions (anaphylaxis, fever, nausea, vomiting, convulsion, and rash), need to be evaluated. Hosoi *et al*[13] reported that 18.2% (31/181) of patients had infusion reactions. de Bie *et al*[14] reported that 3.3% of patients had severe or unusual infections, and one sepsis-related death occurred in a pediatric CD patient. The patient in this study did not experience any adverse reactions during the infusion of IFX; however, long-term monitoring is essential.

Furthermore, it is important to evaluate the incidence of non-responders. de Bie *et al* [14] reported approximately 30% of primary and secondary non-responders among Japanese pediatric CD patients. In the current study, we monitored the blood concentration of IFX ( $> 1.0$  mg/mL) and the serum concentration of anti-IFX ( $< 30$  ng/mL) once every 6 mo during the treatment. Hence, we were able to adjust the medication dose according to the drug concentration. For children with GSD-Ib, concurrent infections, such as tuberculosis, Epstein-Barr virus, and CMV, should be a focus during treatment with IFX as well as monitoring side effects.

## CONCLUSION

In conclusion, the patient was successfully treated with IFX, as the drug relieved intestinal inflammation, promoted mucosal healing, and improved clinical symptoms. However, this is only a case report. For cases with poor outcome using the G-CSF treatment, IFX can be considered a first line of treatment. However, some children may present a loss of drug response, which affects the treatment effect. Therefore, the long-term efficacy should be monitored. Moreover, we can try to use immune checkpoint inhibitors such as ipilimumab[15] to improve enterocolitis.

In the case of children with GSD-Ib, attention should be given to monitoring symptoms, such as abdominal pain, diarrhea, hematochezia, weight loss, repeated oral ulcers, and perianal lesions, and for those presenting repeated neutropenia, IBD should be monitored vigilantly. Although the patient with GSD-Ib and CD-like was successfully treated with infliximab, more patients need to be studied to confirm that IFX could help patients with GSD-Ib.

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