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Contents

Thrice Monthly Volume 9 Number 31 November 6, 2021

FRONTIER

- 9320** Gut-liver axis in cirrhosis: Are hemodynamic changes a missing link?

Maslennikov R, Ivashkin V, Efremova I, Poluektova E, Shirokova E

REVIEW

- 9333** Pharmaconutrition strategy to resolve SARS-CoV-2-induced inflammatory cytokine storm in non-alcoholic fatty liver disease: Omega-3 long-chain polyunsaturated fatty acids

Jeyakumar SM, Vajreswari A

- 9350** Major depressive disorder: Validated treatments and future challenges

Karroui R, Hammani Z, Benjelloun R, Otheman Y

MINIREVIEWS

- 9368** Gene × environment interaction in major depressive disorder

Zhao MZ, Song XS, Ma JS

- 9376** Deep learning driven colorectal lesion detection in gastrointestinal endoscopic and pathological imaging

Cai YW, Dong FF, Shi YH, Lu LY, Chen C, Lin P, Xue YS, Chen JH, Chen SY, Luo XB

ORIGINAL ARTICLE

Case Control Study

- 9386** Cognitive behavioral therapy on personality characteristics of cancer patients

Yuan XH, Peng J, Hu SW, Yang Y, Bai YJ

Retrospective Cohort Study

- 9395** Extrapaneatic necrosis volume: A new tool in acute pancreatitis severity assessment?

Cucuteanu B, Negru D, Gavrilescu O, Popa IV, Floria M, Mihai C, Cijevschi Prelipcean C, Dranga M

- 9406** Establishment of a risk assessment score for deep vein thrombosis after artificial liver support system treatment

Ye Y, Li X, Zhu L, Yang C, Tan YW

Retrospective Study

- 9417** Clinical management and susceptibility of primary hepatic lymphoma: A cases-based retrospective study

Hai T, Zou LQ

- 9431** Association of serum pepsinogen with degree of gastric mucosal atrophy in an asymptomatic population

Cai HL, Tong YL

- 9440** Risk factors for relapse and nomogram for relapse probability prediction in patients with minor ischemic stroke

Yu XF, Yin WW, Huang CJ, Yuan X, Xia Y, Zhang W, Zhou X, Sun ZW

- 9452** Incidence, prognosis, and risk factors of sepsis-induced cardiomyopathy

Liang YW, Zhu YF, Zhang R, Zhang M, Ye XL, Wei JR

- 9469** Associations with pancreatic exocrine insufficiency: An United Kingdom single-centre study

Shandro BM, Chen J, Ritehnia J, Poullis A

- 9481** Retrospective analysis of influencing factors on the efficacy of mechanical ventilation in severe and critical COVID-19 patients

Zeng J, Qi XX, Cai WW, Pan YP, Xie Y

Observational Study

- 9491** Vitamin D deficiency, functional status, and balance in older adults with osteoarthritis

Montemor CN, Fernandes MTP, Marquez AS, Poli-Frederico RC, da Silva RA, Fernandes KBP

- 9500** Psychological impact of the COVID-19 pandemic on Chinese population: An online survey

Shah T, Shah Z, Yasmeen N, Ma ZR

- 9509** Outcomes of different minimally invasive surgical treatments for vertebral compression fractures: An observational study

Yeh KL, Wu SH, Liaw CK, Hou SM, Wu SS

META-ANALYSIS

- 9520** Glycated albumin as a biomarker for diagnosis of diabetes mellitus: A systematic review and meta-analysis

Xiong JY, Wang JM, Zhao XL, Yang C, Jiang XS, Chen YM, Chen CQ, Li ZY

CASE REPORT

- 9535** Rapid response to radiotherapy in unresectable tracheal adenoid cystic carcinoma: A case report

Wu Q, Xu F

- 9542** Clinical observation of pediatric-type follicular lymphomas in adult: Two case reports

Liu Y, Xing H, Liu YP

- 9549** Malignant adenomyoepithelioma of the breast: Two case reports and review of the literature

Zhai DY, Zhen TT, Zhang XL, Luo J, Shi HJ, Shi YW, Shao N

- 9557** Validation of diagnostic strategies of autoimmune atrophic gastritis: A case report

Sun WJ, Ma Q, Liang RZ, Ran YM, Zhang L, Xiao J, Peng YM, Zhan B

- 9564** Characteristics of primary giant cell tumor in soft tissue on magnetic resonance imaging: A case report

Kang JY, Zhang K, Liu AL, Wang HL, Zhang LN, Liu WV

- 9571** Acute esophageal necrosis as a complication of diabetic ketoacidosis: A case report
Moss K, Mahmood T, Spaziani R
- 9577** Simultaneous embolization of a spontaneous porto-systemic shunt and intrahepatic arterioportal fistula: A case report
Liu GF, Wang XZ, Luo XF
- 9584** Ureteroscopic holmium laser to transect the greater omentum to remove an abdominal drain: Four case reports
Liu HM, Luo GH, Yang XF, Chu ZG, Ye T, Su ZY, Kai L, Yang XS, Wang Z
- 9592** Forearm compartment syndrome due to acquired hemophilia that required massive blood transfusions after fasciotomy: A case report
Kameda T, Yokota T, Ejiri S, Konno SI
- 9598** Transforaminal endoscopic excision of bi-segmental non-communicating spinal extradural arachnoid cysts: A case report and literature review
Yun ZH, Zhang J, Wu JP, Yu T, Liu QY
- 9607** T-cell lymphoblastic lymphoma with extensive thrombi and cardiac thrombosis: A case report and review of literature
Ma YY, Zhang QC, Tan X, Zhang X, Zhang C
- 9617** Perfect pair, scopes unite – laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy: A case report
Zheng Q, Zhang G, Yu XH, Zhao ZF, Lu L, Han J, Zhang JZ, Zhang JK, Xiong Y
- 9623** Bilateral hematoma after tubeless percutaneous nephrolithotomy for unilateral horseshoe kidney stones: A case report
Zhou C, Yan ZJ, Cheng Y, Jiang JH
- 9629** Atypical endometrial hyperplasia in a 35-year-old woman: A case report and literature review
Wu X, Luo J, Wu F, Li N, Tang AQ, Li A, Tang XL, Chen M
- 9635** Clinical features and literature review related to the material differences in thread rhinoplasty: Two case reports
Lee DW, Ryu H, Jang SH, Kim JH
- 9645** Concurrent tuberculous transverse myelitis and asymptomatic neurosyphilis: A case report
Gu LY, Tian J, Yan YP
- 9652** Diagnostic value of contrast-enhanced ultrasonography in mediastinal leiomyosarcoma mimicking aortic hematoma: A case report and review of literature
Xie XJ, Jiang TA, Zhao QY
- 9662** Misidentification of hepatic tuberculosis as cholangiocarcinoma: A case report
Li W, Tang YF, Yang XF, Huang XY

- 9670** Brunner's gland hyperplasia associated with lipomatous pseudohypertrophy of the pancreas presenting with gastrointestinal bleeding: A case report
Nguyen LC, Vu KT, Vo TTT, Trinh CH, Do TD, Pham NTV, Pham TV, Nguyen TT, Nguyen HC, Byeon JS
- 9680** Metachronous squamous cell carcinoma of pancreas and stomach in an elderly female patient: A case report
Kim JH, Kang CD, Lee K, Lim KH
- 9686** Iatrogenic giant pseudomeningocele of the cervical spine: A case report
Kim KW, Cho JH
- 9691** Traditional Chinese medicine for gait disturbance in adrenoleukodystrophy: A case report and review of literature
Kim H, Kim T, Cho W, Chang H, Chung WS

ABOUT COVER

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Perfect pair, scopes unite — laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy: A case report

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Abstract

BACKGROUND

Gallbladder polyps are one indication for cholecystectomy, but this procedure carries some disadvantages, including the potential for severe injury and high risk of post-operative complications. Laparoscopy combined with endoscopic surgery is a minimally invasive treatment option. We herein report a young patient with a gallbladder polyp who was successfully discharged from the hospital after laparoscopic-assisted endoscopy. This procedure may offer an alternative in the management of such lesions.

CASE SUMMARY

A 24-year-old female patient was hospitalized primarily for a gallbladder polyp. Due to the surgical risk associated with cholecystectomy and the low post-operative quality of life, the woman underwent laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy under endotracheal intubation and general anaesthesia. The operation went smoothly.

CONCLUSION

We conclude laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy is a safe and effective technique for the treatment of gallbladder polyps.

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Core Tip: Cholecystectomy is currently the standard of care for gallbladder polyps. However, resection techniques not only cause great injury and carry high risk but may also lead to various postoperative complications. We present a successful case of radical resection after laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy without severe postoperative complications.

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INTRODUCTION

Laparoscopic-assisted endoscopy has been increasingly used in clinical settings. It results in relatively little trauma to surrounding tissues, is low risk and offers a quick recovery[1-5].

Laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy was used in place of traditional laparoscopic cholecystectomy to remove a gallbladder polyp safely, effectively and with minimal invasiveness from the gallbladder of this young patient. This method provides a new option for the treatment of gallbladder polyps. We report a case of laparoscopic-assisted endoscopic excision of a gallbladder polyp and evaluate the safety and efficacy of this approach.

CASE PRESENTATION

Chief complaints

A 24-year-old woman presented in this case with a gallbladder polyp requiring treatment.

History of present illness

The patient was hospitalized for a gallbladder polyp discovered more than 3 years prior. The patient's gallbladder polyp, approximately 0.7 cm × 0.6 cm in size, was found by physical examination 3 years ago, and it was not treated at that time.

History of past illness

She had no specific past illness.

Personal and family history

The patient didn't have a history of smoking or drinking alcohol. And she has no remarkable family medical history.

Physical examination

No significant abnormalities on physical examination. Her temperature was 36.5°C, pulse rate was 72 beats/min, and blood pressure was 124/86 mmHg.

Laboratory examinations

Blood analysis showed a normal complete blood count, liver function and C-reactive protein.

Imaging examinations

Colour ultrasound examination of the upper abdomen showed a medium-strong echo



Figure 1 The polyp in the gallbladder shows a medium-strong echo intensity.

intensity on the capsule wall, with a size of approximately 1.3 cm × 0.9 cm. There was no obvious sound or shadow behind it, and it did not move with a change in posture (Figure 1).

FINAL DIAGNOSIS

The patient was diagnosed with gallbladder polyp with no dysplasia.

TREATMENT

Laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy was performed (Figure 2). The patient was placed in the supine position under general anaesthesia. Pneumoperitoneum was established using direct trocar insertion in an umbilical location. A right subcostal 12-mm port was then placed. The gastroscopy entered the abdominal cavity through the umbilical trocar. The gallbladder was located with the assistance of laparoscopy, and an approximately 2-cm incision in the gallbladder wall was made longitudinally at the bottom of the gallbladder (Figure 2A and B). The procedure was smooth, and no significant bleeding was observed. Endoscopy entering the gallbladder showed a pedicled polyp with a grape cluster appearance (Figure 2C). The lesion was resected by high-frequency electroresection; active bleeding could be seen at the base, and haemostasis was achieved by electrocoagulation with haemostatic forceps (Figure 2D). The specimen was removed and fixed for pathological examination. The gastroscopy was withdrawn from the abdominal cavity, and laparoscopic suture of the gallbladder incision was performed, followed by full flushing of the abdominal pelvic cavity and suture of the abdominal incision (Figure 2E). The specimen was found to be a cholesterol polyp. The total operative time was 96 min, and the blood loss was 10 mL.

OUTCOME AND FOLLOW-UP

The patient was cured after the operation, and the specimen was found to be a cholesterol polyp (Figure 2F). Her vital signs were stable, and no obvious abnormality was found in cardiopulmonary or abdominal specialist examinations.

DISCUSSION

The patient was a 24-year-old woman. Routine cholecystectomy to remove the gallbladder not only causes great injury and carries high risk but may also lead to various postoperative complications. Recently reported complications have mainly included postoperative bleeding, bile leakage, biliary peritonitis, subhepatic effusion

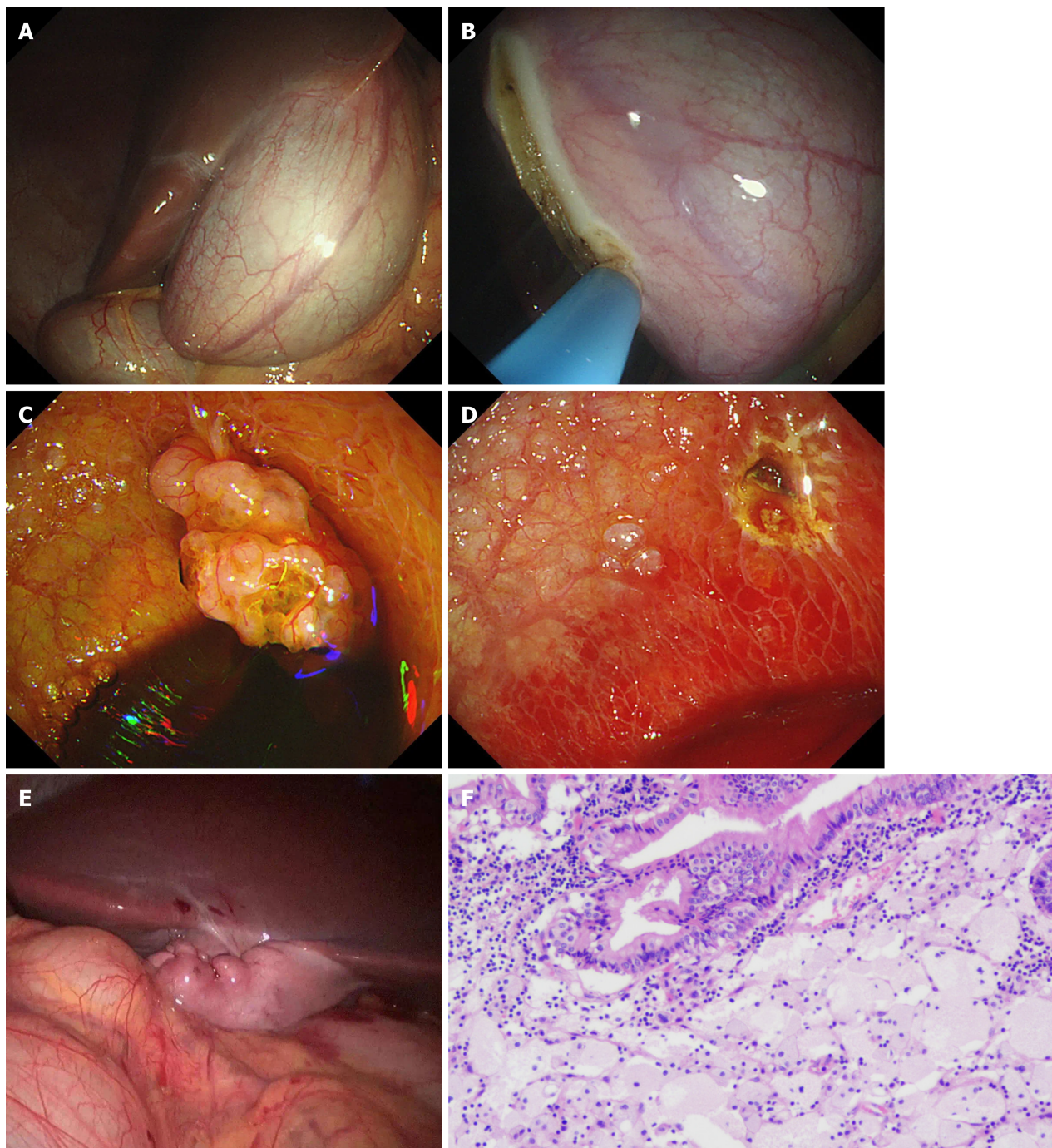


Figure 2 Laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy. A and B: The gastroscope entered the abdominal cavity through the umbilical trocar. The gallbladder was located with the assistance of laparoscopy, and an approximately 2-cm incision in the gallbladder wall was made longitudinally at the bottom of the gallbladder; C and D: Endoscopy entering the gallbladder showed a pedicled polyp with the appearance of a grape cluster. The lesion was resected by high-frequency electroresection; active bleeding could be seen at the base, and haemostasis was achieved by electrocoagulation with haemostatic forceps. The specimen was removed and fixed for pathological examination; E: The gastroscope was withdrawn from the abdominal cavity. Laparoscopic suture of the gallbladder incision was performed, followed by full flushing of the abdominal pelvic cavity and suture of the abdominal incision; F: The specimen was found to be a cholesterol polyp (Original magnification 200 ×).

or subphrenic abscess, postoperative jaundice, postoperative pancreatitis, and gastrointestinal fistula. Long-term complications include bile duct stricture, recurrent choledocholithiasis, biliary bleeding, post-cholecystectomy syndrome, cystic duct residual syndrome, and an increased incidence of colon cancer, among others. These complications can greatly impact the future quality of life of these patients[6,7]. Under this premise, gallbladder-preserving polypectomy was the most minimally invasive and safest treatment for this patient, which also reflects that surgery today needs to consider the concept of minimally invasive and humanized polypectomy.

Laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy gives full play to the respective advantages of laparoscopy and gastroscopy. The advantages of laparoscopy are as follows: (1) It can directly monitor the location of abdominal organs and can provide an intraoperative visual field for endoscopy; and (2) Laparoscopy can be used to suture the gallbladder after the operation and reduce the incidence of biliary fistula and removes the need for metal clips to remain in the body. The advantages of the gastroscope are as follows: (1) It is a “soft lens” with a good degree of freedom. Gastroscopy can remove polyps under direct vision of the gallbladder and can locate small polyps that cannot be detected by ultrasound and other simultaneous auxiliary examinations; and (2) Tissue staining combined with electronic endoscopy (NBI, BLI, *etc.*) can improve the diagnosis rate of early cancer. Therefore, the complementary advantages of gastroscopy and laparoscopy provide the best solution for gallbladder-preserving polypectomy.

Laparoscopic-assisted endoscopic techniques are increasingly being used[8], including laparoscopic-assisted endoscopic retrograde cholangiopancreatography (LA-ERCP) and laparoscopic-assisted endoscopic ultrasound (LA-EUS)[9,10]. In a dual-centre study reported by Bowman *et al*[11] these surgical approaches were used for patients who underwent Roux-en-Y gastric bypass and developed pancreatobiliary issues after surgery. Bowman *et al*[11] argued in this study that LA-ERCP and combined LA-EUS plus LA-ERCP are safe and highly successful diagnostic and therapeutic modalities for patients. The advantages of laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy over these laparoscopic-assisted peroral gastroscopy procedures are as follows: The gastroscope does not enter the abdominal cavity through a window in the stomach wall through the oral cavity but through the umbilicus, a natural cavity, which is clearly safer and minimally invasive, as the stomach incision does not need to be sutured when removing the scope. By minimizing the operation of the laparoscope during surgery, the laparoscope is only responsible for observing the position of the gallbladder and suturing the gallbladder incision, which shortens the operative time and reduces the risk associated with surgery.

This operation reflects the organic combination of laparoscopy and endoscopy, giving full play to their respective advantages. With the concept of minimally invasive therapy deeply rooted in the hearts of people and the continuously increasing demand for improvements in post-surgical aesthetics, the combination of laparoscopy and endoscopy is bound to become the direction of development for minimally invasive therapy[12,13]. This combination meets not only the aesthetic requirement of “no scar” surgery but also the inevitable trend toward more accurate and minimally invasive medical surgery in the 21st century.

CONCLUSION

To our knowledge, this is the first report of laparoscopic-assisted transumbilical gastroscopy for gallbladder-preserving polypectomy. We encountered no complications in the case. Our results suggest that this new method is safe and effective in the treatment of gallbladder polyps when cholecystectomy is not possible or available.

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