

RAPID COMMUNICATION

## Expression of connective tissue growth factor in tumor tissues is an independent predictor of poor prognosis in patients with gastric cancer

Lu-Ying Liu, Yan-Chun Han, Shu-Hua Wu, Zeng-Hua Lv

Lu-Ying Liu, Yan-Chun Han, Shu-Hua Wu, Department of Pathology, Binzhou Medical Collage, Binzhou 256603, Shandong Province, China

Zeng-Hua Lv, Department of Pathology, Affiliated Hospital of Binzhou Medical Collage, Binzhou 256603, Shandong Province, China

**Author contributions:** Liu LY, Han YC, Wu SH and Lv ZH designed the research; Liu LY, Han YC and Lv ZH performed the research; Wu SH contributed to the new reagents/analytic tools; Liu LY analyzed the data; Liu LY wrote the paper.

**Correspondence to:** Lu-Ying Liu, PhD, Department of Pathology, Binzhou Medical Collage, 522 Huang-He Third Road, Binzhou 256603, Shandong Province, China. [llixq@126.com](mailto:llixq@126.com)

Telephone: +86-543-3256654 Fax: +86-543-3257752

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aggressive ability.

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### Abstract

**AIM:** To examine the expression of connective tissue growth factor (CTGF), also known as CCN2, in gastric carcinoma (GC), and the correlation between the expression of CTGF, clinicopathologic features and clinical outcomes of patients with GC.

**METHODS:** One hundred and twenty-two GC patients were included in the present study. All patients were followed up for at least 5 years. Proteins of CTGF were detected using the Powervision two-step immunostaining method.

**RESULTS:** Of the specimens from 122 GC patients analyzed for CTGF expression, 58 (58/122, 47.5%) had a high CTGF expression in cytoplasm of gastric carcinoma cells and 64 (64/122, 52.5%) had a low CTGF expression. Patients with a high CTGF expression showed a higher incidence of lymph node metastasis than those with a low CTGF expression ( $P = 0.032$ ). Patients with a high CTGF expression had significantly lower 5-year survival rate than those with a low CTGF expression (27.6% vs 46.9%,  $P = 0.0178$ ), especially those staging I + II + III (35.7% vs 65.2%,  $P = 0.0027$ ).

**CONCLUSION:** GC patients with an elevated CTGF expression have more lymph node metastases and a shorter survival time. CTGF seems to be an independent prognostic factor for the successful differentiation of high-risk GC patients staging I + II + III. Over-expression of CTGF in human GC cells results in an increased

### INTRODUCTION

Gastric cancer (GC), one of the most common malignant diseases, is the second leading cause for cancer-related death both in China and in the world (700 000 deaths annually)<sup>[1,2]</sup>.

TNM staging system is used worldwide to predict the prognosis and direct therapeutic decisions of patients with GC<sup>[3]</sup>. The 5-year survival rate of GC patients at stages I and IV is close to 90% and less than 30%, respectively<sup>[4]</sup>. GC exhibits markedly heterogenous in histologic feature and biologic behavior, especially at advanced stages. It was reported that the biological behavior and prognosis of GC can be significantly different among GC patients at the same stage<sup>[5]</sup>. Some studies showed that some biomarkers could provide additional information for predicting the biological behavior and prognosis of GC. More specific and effective markers and therapies should be identified and developed for improving the survival of GC patients.

Connective tissue growth factor (CTGF), also known as CCN2, is a member of the CCN family, including cysteine-rich protein 61 (Cyr61), also known as CCN1, and nephroblastoma-overexpressed gene (Nov), also known as CCN3, as well as Wisp-1/elm1 (CCN4), Wisp-2/rCop1 (CCN5) and Wisp-3 (CCN6)<sup>[6,7]</sup>. The primary translational products of CCN family members are 343-381 residues, which generate proteins of Mr 35 000-40 000 with homologies ranging from 60% to 90%.

All members of the CCN gene family possess a secretory signal peptide at the NH<sub>2</sub> terminus, indicating that they are secreted proteins. CTGF can bind to integrins on cell surface<sup>[6]</sup>, and is a potent stimulator of endothelial cell adhesion, proliferation, migration and angiogenesis *in vivo*<sup>[9-11]</sup>. CTGF is believed to be a multifunctional signaling modulator involved in a wide variety of biologic or pathologic processes, such as angiogenesis, osteogenesis, fibrosis in kidneys and skin, and tumor development<sup>[6-8,12-15]</sup>. It was reported that CTGF plays an important role in the progression of several types of cancer<sup>[16]</sup>. Elevated CTGF levels have been detected in a number of cancers including pancreatic cancer<sup>[16,17]</sup>, breast cancer<sup>[18,19]</sup>, prostate cancer<sup>[20]</sup>, esophageal adenocarcinoma<sup>[21]</sup>, glioma<sup>[22]</sup> and melanoma<sup>[23]</sup>. However, little information on the association between expression of CTGF and GC prognosis is available.

In this study, we examined the expression of CTGF in gastric carcinoma in order to analyze its correlation with histologic type, clinicopathologic feature, and clinical outcome of gastric carcinoma patients.

## MATERIALS AND METHODS

### *Patients and tissue samples*

A consecutive series of 122 patients with gastric carcinoma were studied. All patients were treated at the Department of Surgery, Affiliated Hospital of Binzhou Medical College, between July 1994 and December 2000. All patients gave their written informed consent to participate in this study. There were 88 males and 34 females with a mean age of 56.6 years (range 25-80 years). All patients underwent radical gastrectomy and none of the patients received chemotherapy or radiation therapy prior to operation. Age and sex of the patients, maximum tumor size, histologic grade, status of lymph node metastasis and distant metastasis were obtained from histopathology reports. Stage of GC was defined according to the 1997 tumor-node-metastasis (TNM) classification of malignant tumors by the International Union against Carcinoma<sup>[24]</sup>. All patients were followed-up until May 2007.

### *Immunohistochemistry*

The tissue, fixed in 10% neutral formalin and embedded in paraffin, was cut into 4- $\mu$ m thick sections. CTGF expression was examined by immunostaining using the PowerVision two-step immunostaining method. Briefly, the sections were treated with a 3% hydrogen peroxide solution for 10 min to block the endogenous peroxidase activity after deparaffinized in xylene and rehydrated in a graded ethanol series. Antigen retrieval was performed in 1 mmol/L EDTA (pH 8.0) in an autoclave for 3 min. The monoclonal antibodies used were clone 88430 (1:100, R&D Systems Inc, Minneapolis, MN, USA) which recognizes CTGF. The sections were incubated overnight at 4°C with primary antibody. The primary antibody was detected using the PowerVision two-step histostaining reagent-peroxidase-labeled goat anti-mouse immunoglobulin (PV-6002, DAKO, Glostrup, Denmark) for 1 h at room temperature. After peroxidase activity was developed with 3, 3'-diaminobenzidine tetrachloride (DAB), slides were counterstained with haematoxylin and

observed under a light microscope. Positive and negative immunohistochemistry controls were routinely used.

Three experienced pathologists, unaware of the information on the clinicopathologic data and clinical outcomes of the patients, independently examined the CTGF staining. A scoring system was devised to assign a staining intensity score for CTGF expression from 0 (no expression) to 3 (highest intensity staining). Immunostaining was classified into two groups according to both intensity and extent. Low expression was defined as no staining present (staining intensity score: 0) or positive staining detected in  $\leq 10\%$  of the cells (staining intensity score: 1) and high expression was defined as positive immunostaining present in 10%-50% of the cells (staining intensity score: 2) or  $> 50\%$  of the cells (staining intensity score: 3)<sup>[25]</sup>.

### *Statistical analysis*

All data were analyzed using SPSS 10.0 software. The association of CTGF expression with various clinicopathologic features was analyzed using the Pearson  $\chi^2$  test. Cumulative survival was estimated with the Kaplan-Meier method and the difference in survival curves was analyzed by the log-rank test. The influence of each variable on survival was analyzed with the multivariate analysis of Cox proportional hazard model (backward, stepwise). All statistical tests were two-sided.  $P < 0.05$  was considered statistically significant.

## RESULTS

### *Patients*

The clinicopathologic features of the patients are summarized in Table 1. The follow-up time ranged from 2 mo to 121 mo (median, 27 mo). The 5-year survival rate of patients at stages I, II, III and IV was 88.9%, 66.7%, 28.3% and 2.9%, respectively. The overall 5-year survival rate was 37.7%.

### *CTGF expression in gastric carcinoma*

The CTGF protein was predominantly localized in cytoplasm or membrane of normal or tumor cells. No CTGF expression was detected in normal gastric epithelial cells, but deep glands and fibroblasts were positively stained. Glands in some cases were positively stained in intestinal metaplasia and dysplasia gastric mucosa.

Of the 122 specimens from GC patients analyzed for CTGF expression, 58 (58/122, 47.5%) had a high CTGF expression in cytoplasm of gastric carcinoma cells, 43 (43/122, 35.2%) had a score of 2, and 15 (15/122, 12.3%) a score of 3, while 64 (64/122, 52.5%) had a low CTGF expression, 37 (37/122, 30.3%) had a score of 0 and 27 (27/122, 22.1%) a score of 1 (Figure 1).

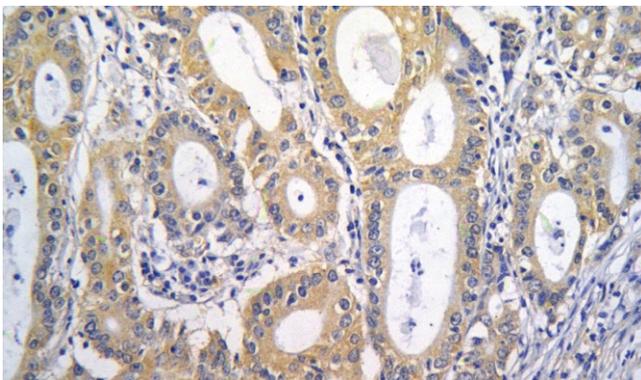
### *CTGF expression in relation to clinicopathologic features of gastric carcinoma*

CTGF was highly expressed more frequently in well-differentiated GC than in moderately- or poorly-differentiated GC ( $P = 0.014$ ) and in intestinal-type carcinoma than in diffuse-type or mixed-type carcinoma ( $P = 0.045$ ). Patients with a high CTGF expression had

**Table 1 Association between CTGF expression and clinico-pathologic factors**

Factors	Cases	CTGF expression		P value <sup>1</sup>
		Low expression	High expression	
Age (yr)				0.628
< 60	68	37	31	
≥ 60	54	27	27	
Sex				0.251
Male	88	49	39	
Female	34	15	19	
Tumor size (cm)				0.555
< 5	56	31	25	
≥ 5	66	33	33	
Differentiation				0.014
Well	19	6	13	
Moderate	32	13	19	
Poor	71	45	26	
Lauren type				0.045
Intestinal type	40	15	25	
Diffuse type	64	40	24	
Mixed type	18	9	9	
TNM stage				0.391
I	18	11	7	
II	24	15	9	
III	46	20	26	
IV	34	18	16	
Lymph nodes metastasis				0.032
Absent	32	22	10	
Present	90	42	48	
Metastasis				0.821
Absent	104	55	49	
Present	18	9	9	

<sup>1</sup>Pearson  $\chi^2$  test.

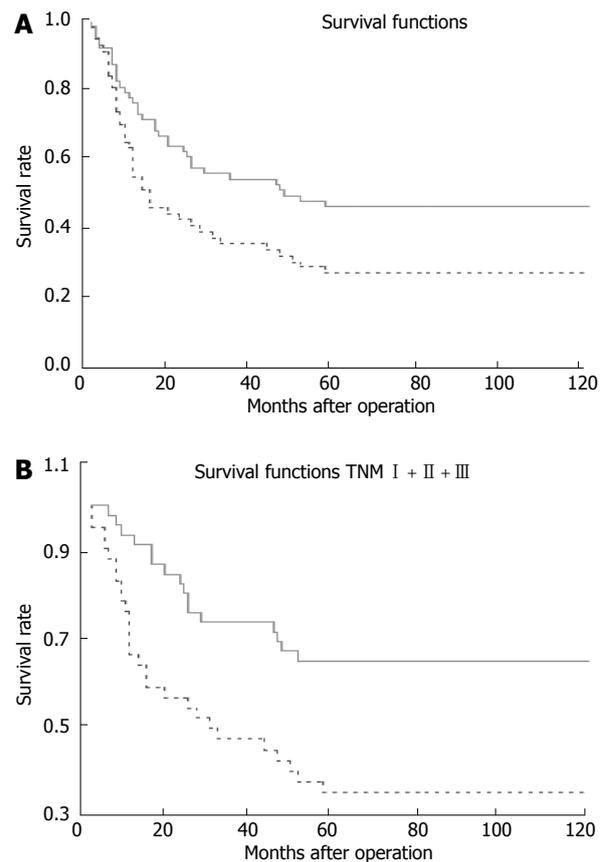


**Figure 1** Immunohistochemical staining for connective tissue growth factor (CTGF) in gastric carcinoma ( $\times 400$ ).

a higher incidence of lymph node metastasis than those with a low CTGF expression ( $P = 0.032$ ). No significant relationship was found between the level of CTGF expression and the age and sex, tumor size, TNM stage and distant metastasis of GC patients (Table 1).

#### Univariate analysis of prognostic impact of CTGF expression on gastric carcinoma

Patients with a high CTGF expression had a significantly lower cumulative 5-year survival rate (27.6%) than those with a low CTGF expression (46.9%, two-sided log-rank



**Figure 2** Kaplan-Meier survival curves for patients with a low (—) or a high (----) expression of CTGF (A) and for those at stage I + II + III with a low (—) or a high (----) expression of CTGF (B). The survival of patients with a low CTGF expression was significantly longer than those with a high CTGF expression,  $P = 0.0178$  (A) and  $P = 0.0027$  (B), respectively.

test,  $P = 0.0178$ ; Figure 2A). The prognostic significance of CTGF expression in patients at TNM stage I + II + III was analyzed. Patients at stage I + II + III had a high CTGF expression and a significantly lower 5-year survival rate (35.7%) than those with a low CTGF expression (65.2%, two-sided log-rank test,  $P = 0.0027$ ; Figure 2B).

#### Multivariate analysis of prognostic impact of CTGF expression on gastric carcinoma

Multivariate analysis revealed that CTGF expression, TNM stage, differentiation were independent prognostic indicators for the overall survival of the patients after adjustment for sex, age, tumor size, grade of differentiation, Lauren types, TNM stages, lymph node metastasis and distant metastasis ( $P < 0.05$ , Table 2).

## DISCUSSION

In the present study, we detected CTGF expression in GC patients. High CTGF expression was closely related with lymph node metastasis, grade of differentiation, and Lauren type. Univariate and multivariate analyses revealed that high CTGF expression was a powerful independent predictor for the poor survival of GC patients, especially for those at stage I + II + III. The overall 5-year survival rate of GC patients with a higher CTGF expression and a

**Table 2** Multivariate analysis of the prognostic impact of CTGF expression by Cox proportional hazard model with backward stepwise procedure

Variables	B	SE	RR (95% CI)	P
TNM stage				< 0.001
II vs I	1.162	0.792	3.197 (0.677-15.099)	0.142
III vs I	2.202	0.734	9.039 (2.143-38.136)	0.003
IV vs I	3.561	0.746	35.208 (8.165-151.830)	< 0.001
Differentiation				0.067
Moderate vs Well	0.771	0.381	2.162 (1.024-4.567)	0.043
Poor vs Well	0.929	0.414	2.533 (1.126-5.699)	0.025
CTGF expression				
High vs Low	0.565	0.265	1.760 (1.047-2.958)	0.033

B: Coefficient; RR: Relative risk; CI: Confidence interval.

lower CTGF expression was 27.6% and 46.9%, respectively ( $P = 0.0178$ ). The 5-year survival rate of GC patients with a higher CTGF expression and a lower CTGF expression at stage I + II + III was 35.7% and 65.2%, respectively ( $P = 0.0027$ ), indicating that over-expression of CTGF could promote the aggressive behavior of GC.

CTGF is a novel, potent angiogenic factor<sup>[9,10]</sup>, which was first identified as a mitogen, detected in conditioned medium from human umbilical vein endothelial cells<sup>[26]</sup>. Integrin is an important receptor for CCN proteins, and receptor activation may produce a variety of effects. CTGF protein can bind directly to integrins  $\alpha v \beta 3$  and  $\alpha II b \beta 3$ <sup>[10,11]</sup>. Shimo *et al*<sup>[9]</sup> and Babic *et al*<sup>[10]</sup> reported that CTGF mediates endothelial cell adhesion and migration through binding to integrin  $\alpha v \beta 3$ , prolong endothelial cell survival, and induce angiogenesis *in vivo*. Yang *et al*<sup>[20]</sup> reported that CTGF is a downstream mediator of TGF- $\beta 1$  action in cancer-associated reactive stroma, and one of the key promoters of angiogenesis in tumor-reactive stromal microenvironment, and plays an important role in prostate carcinogenesis. Breast cancer stage is positively associated with tumor size, lymph node metastasis status and over-expression of CTGF<sup>[19]</sup>. In our study, high CTGF expression was related with lymph node metastasis, depending on the ability of CTGF to induce angiogenesis.

CTGF is believed to be a multifunctional signaling modulator involved in a wide variety of biologic or pathologic processes. CTGF proteins exhibit diverse cellular functions, such as regulation of cell division, proliferation, mitogenesis, differentiation, survival, adhesion and migration, apoptosis, motility, and ion transport. CTGF plays a role in the development and progression of cancer. Recently, Dornhöfer *et al*<sup>[16]</sup> showed that CTGF promotes anchorage-independent pancreatic cancer cell growth. Furthermore, anti-CTGF treatment inhibits anchorage-independent growth *in vitro*, primary tumor growth *in vivo* and macroscopic lymph node metastases<sup>[16]</sup>. In contrast to the above results, CTGF is a new autocrine survival and differentiation factor for human rhabdomyosarcoma cells<sup>[27]</sup>. It was reported that over-expression of CTGF suppresses the growth of oral squamous carcinoma cells transplanted into mice<sup>[28]</sup>. Furthermore, apoptosis of MCF-7 cells induced by TGF- $\beta$  appears to be mediated by CTGF, suggesting that CTGF may play an important role in

human breast cancer cell growth<sup>[29]</sup>. Elevated level of CTGF is significantly correlated with a good prognosis of colorectal cancer<sup>[30]</sup> and lung adenocarcinoma<sup>[25]</sup>, suggesting that the role of CTGF in different types of cancer may vary considerably, depending on the tissue involved. The question of how cell or tissue context determines the action of CTGF protein is interesting and deserves further investigation.

The present study showed that high CTGF expression was a powerful independent predictor for the poor overall survival of GC patients, especially for those at stage I + II + III. Multi-mechanisms are involved in aggressive behaviors of tumors at stage IV. The 5-year survival rate was only about 10% of GC patients at stage IV. Additional biomarkers might be helpful in predicting the prognosis of GC patients and more specific and effective therapies should be developed to improve the survival of GC patients at stage I + II + III. However, the value of additional biomarkers for predicting the prognosis of GC patients at stage IV is poor.

In conclusion, GC patients with an elevated CTGF expression have more lymph node metastases and a shorter survival time. CTGF seems to be an independent prognostic factor that allows successful differentiation of high-risk GC patients at stage I + II + III. Over-expression of CTGF in human GC cells results in an increased aggressive ability of cancer.

## ACKNOWLEDGMENTS

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## COMMENTS

### Background

Connective tissue growth factor (CTGF), also known as CCN2, is a member of the CCN family, which is believed to be a multifunctional signaling modulator involved in a wide variety of biologic or pathologic processes. CTGF plays an important role in the progression of several types of cancer. However, little information on the association between CTGF expression and GC prognosis is available.

### Research frontiers

In this study, we examined the expression of CTGF in gastric carcinoma in order to analyze its correlation with histologic type, clinicopathologic feature, and clinical outcomes of gastric cancer (GC) patients.

### Innovations and breakthroughs

GC, one of the most common malignant diseases, is the second leading cause for cancer-related death both in China and in the world. It has been shown that its biologic behavior and prognosis can be significantly different in GC patients at the same stage. CTGF seems to be an independent prognostic factor that allows differentiation of high-risk patients at stage I + II + III. Over-expression of CTGF in human GC cells results in an increased aggressive ability of GC.

### Applications

CTGF may represent a potential novel target for treatment of GC. Inhibition of CTGF may control primary tumor growth and lymph node metastasis.

### Peer review

In this study, the authors showed that CTGF was a prognostic factor for GC patients. This paper is well-written.

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