

Transfection of mEpo gene to intestinal epithelium *in vivo* mediated by oral delivery of chitosan-DNA nanoparticles

Jing Chen, Wu-Li Yang, Ge Li, Ji Qian, Jing-Lun Xue, Shou-Kuan Fu, Da-Ru Lu

Jing Chen, Ge Li, Ji Qian, Jing-Lun Xue, Da-Ru Lu, State Key Laboratory of Genetic Engineering, Institute of Genetics, School of Life sciences, Fudan University, Shanghai 200433, China

Wu-Li Yang, Shou-Kuan Fu, The Key Laboratory of Molecular Engineering of Polymers under Ministry of Education, Department of Macromolecular Science, Fudan University, Shanghai, 200433, China
Supported by the State High Technology Development Program 863 (2001AA217181), the National Natural Science Foundation of China (No.50233030), Foundation of Doctor Degree Thesis from Ministry of Education (199925), Encourage Project of Teaching and Research of University Excellent Youth Teacher, and the Youth Foundation of Fudan University

Correspondence to: Dr. Da-Ru Lu, State Key Laboratory of Genetic Engineering, Institute of Genetics, School of Life Sciences, Fudan University, Shanghai 200433, China. drlu@fudan.edu.cn

Telephone: +86-21-65642424 **Fax:** +86-21-65642799

Received: 2003-05-12 **Accepted:** 2003-06-19

Abstract

AIM: To prepare the chitosan-pmEpo nanoparticles and to study their ability for transcellular and paracellular transport across intestinal epithelia by oral administration.

METHODS: ICR mice were fed with recombinant plasmid AAV-tetO-CMV-mEpo (containing mEpo gene) or pCMV β (containing LacZ gene), whether it was wrapped by chitosan or no. Its size and shape were observed by transmission electron microscopy. Agarose gel electrophoresis was used to assess the efficiency of encapsulation and stability against nuclease digestion. Before and after oral treatment, blood samples were collected by retro-orbital puncture, and hematocrits were used to show the physiological effect of mEpo.

RESULTS: Chitosan was able to successfully wrap the plasmid and to protect it from DNase degradation. Transmission electron microscopy showed that freshly prepared particles were approximately 70-150 nm in size and fairly spherical. Three days after fed the chitosan-pCMV β complex was fed, the mice were killed and most of the stomach and 30% of the small intestine were stained. Hematocrit was not modified in naive and 'naked' mEpo-fed mice, a rapid increase of hematocrit was observed during the first 4 days of treatment in chitosan-mEpo-fed animals, reaching $60.9 \pm 1.2\%$ ($P < 0.01$), and sustained for a week. The second feed (6 days after the first feed) was still able to promote a second hematocrit increase in chitosan-mEpo-fed animals, reaching $65.9 \pm 1.4\%$ ($P < 0.01$), while the second hematocrit increase did not appear in the 'naked' mEpo-second-fed mice.

CONCLUSION: Oral chitosan-DNA nanoparticles can efficiently deliver genes to enterocytes, and may be used as a useful tool for gene transfer.

Chen J, Yang WL, Li G, Qian J, Xue JL, Fu SK, Lu DR. Transfection of mEpo gene to intestinal epithelium *in vivo* mediated by oral delivery of chitosan-DNA nanoparticles. *World J Gastroenterol* 2004; 10(1): 112-116

<http://www.wjgnet.com/1007-9327/10/112.asp>

INTRODUCTION

The oral delivery of peptide, protein, vaccine and nucleic acid-based biotechnology products is the greatest challenge facing the drug delivery industry. Oral delivery is most attractive due to easy administration, leading to improved convenience and compliance to patients, thereby reducing the overall healthcare cost. Gene therapy will provide a huge new therapeutic opportunity, and has stimulated an interest in oral gene delivery. To date, various methods have been used for oral gene therapy, such as cationic lipids, recombinant viruses, recombinant live bacteria, polymers, and particle bombardment to buccal mucosa^[1-3].

Chitosan is a natural biodegradable mucoadhesive polysaccharide derived from crustacean shells, and a biocompatible polymer that has been widely used in controlled drug delivery^[4-9], and it may provide a less immunogenic and non-toxic carrier for successful oral delivery of plasmid DNA. Complex coacervates of DNA and chitosan could be used as a delivery vehicle in gene therapy and vaccine design^[10-12], and have been shown to increase transcellular and paracellular transport of macromolecules across intestinal epithelial monolayers^[13-15], further indicative of its potential in oral gene delivery.

Erythropoietin is a glycoprotein, which stimulates red blood cell production. It is produced in the kidney and stimulates the division and differentiation of committed erythroid progenitors in the bone marrow. When the kidney function decreases, anemia or low red blood cells are developed. Erythropoietin is used in patients with anemia associated with chronic renal failure, and in cancer patients for stimulation of erythropoiesis during autologous transfusion. Erythropoietin is also a good reporter gene in gene therapy study *in vivo*, because obvious biological effect can be observed even in a low dose of it. Hormones of therapeutic interest like growth hormone and erythropoietin require a tight adjustment of dose delivery to prevent adverse effects. Since most of the physiological regulatory processes are difficult to transfer to engineered cells, transgene expression must rely on artificial regulatory systems. Artificial inducible expression systems use transcriptional stimulation by chimeric transactivating factors, the activity of which can be controlled by drugs such as tetracycline derivatives^[16], mifepristone^[17], ecdysone^[18], or rapamycin^[19]. Heard observed that retrovirus-engineered myoblasts expressing rtTA and the chimeric transactivator conferring doxycycline-inducible gene expression, could be stably engrafted in mice, thus allowing the long-term control of Epo secretion *in vivo*^[20]. Here we reported the oral gene therapy using chitosan-DNA nanoparticles carrying murine Epo (mEpo driven by tetO-CMV and rtTA) and LacZ, and demonstrated their efficacy in delivering genes to enterocytes.

MATERIALS AND METHODS

Materials

Chitosan (molecular weight, about 300 000Da) was supplied by Shandong Luneng Chemical Company. Plasmid pCMV β was purchased from Clontech. mEpo was a gift from Jean

Michel Heard (MD, Laboratoire Re´trovirus et Transfert Ge´ne´tique, Institut Pasteur, Paris, France). A 630 bp DNA fragment containing the murine Epo coding sequence was inserted between tetO-CMV promoter and 5' end of the SV40 polyadenylation signal puHD10.3^[21]. An expression cassette for the reverse transactivator (rtTA) chimeric protein^[16] was inserted into the SV40 polyadenylation signal in reverse orientation. This cassette contains a 1 858 bp fragment of the MFG retroviral vector^[22] encompassing the 5' LTR and *gag* intronic sequences, followed by an 1 020 bp of the rtTA coding sequence.

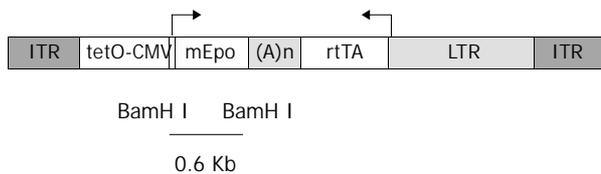


Figure 1 Structure of rAAV-ET vector. ITR: AAV-2 inverted terminal repeats, tetO-CMV: tetracycline-inducible promoter including seven repeats of the tetracycline operator inserted upstream of the CMV minimal promoter, mEpo: murine erythropoietin cDNA, (A)n: SV40 bidirectional polyadenylation signal, rtTA: coding sequences for the tetracycline reverse transactivator, LTR: long terminal repeat of the MFG retrovirus construct. The BamHI fragment used as an Epo-specific probe is indicated.

The construction was then constructed into the pSUB-201 AAV vector plasmid, giving rise to pAAV-ET, with a total length of 5 017 bp (Figure 1). Plasmid was purified by CsCl super centrifugation.

Nanoparticle formulation

Nanoparticles were made by complex coacervation of chitosan and DNA as reported^[12]. Plasmid (10 µg) was added to 100 µl of 50 mM sodium sulfate and heated to 55 °C. Chitosan (pH 5.7, 0.02% in a 25 mM sodium acetate-acetic acid buffer) was also heated to 55 °C and 100 µl of chitosan was added to the DNA–sodium sulfate solution while samples were vortexed at a high speed for 20 s. Complex particles were examined immediately and stored at room temperature.

Measurement of nanoparticle size and morphology

Transmission electron microscopy (TEM, Hitachi HU-11B) was used to determine the particle size and morphology. A drop of particle dispersion was placed on a carbon-coated copper grid, and the particle size was determined from the micrographs.

DNase degradation test

Agarose gel electrophoresis was performed in a 1% (w:v) gel, ethidium bromide included for visualization, for 2 h at 60V. To assess the efficiency of encapsulation and stability against nuclease digestion, uncomplexed plasmid DNA (1 µg) and chitosan-DNA complex (containing 1 µg plasmid) were incubated with 1 mU DNaseI per µg of DNA for 1 h at 37 °C. Adding EDTA stopped the reaction. Then the undegraded (1 µg) and degraded plasmid, undegraded and degraded chitosan-DNA complex, were subjected to agarose gel electrophoresis as described above.

Gene expression and animal experiments

ICR mice (4-week-old, purchased from BK Company, Shanghai) were fed with either chitosan–DNA nanoparticles containing the LacZ gene (pCMVβ, 50 µg/mice) or ‘naked’ plasmid DNA (pCMVβ), using animal feeding needles. Three

days later, the mice were killed, with their stomachs and small intestines surgically removed. The whole tissues were stained with 4-chloro-5-bromo-3-indolyl-β-galactoside (X-Gal) according to standard protocols. After stained overnight in a humidified chamber, the tissues were photographed by a digital camera (Nikon CoolPIX995). The pictures were transferred into a computer and adjusted for equal brightness and contrast using Adobe Photoshop.

ICR mice were fed every week with either chitosan–DNA nanoparticles containing the mEpo gene (50 µg/mice) or ‘naked’ plasmid DNA using animal feeding needles. Doxycycline-HCl (Sigma, Saint-Quentin Fallavier, France) was dissolved in drinking water to a final concentration of 200 µg/mL with 5% sucrose. No obvious side effect was observed in animals. Hematocrit was measured every two days by collecting 40 µL of blood via retro-orbital puncture before and after feeding.

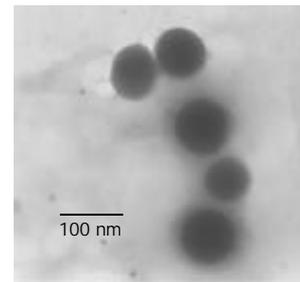


Figure 2 Measurement of microsphere size and morphology. Transmission electron micrographs of chitosan–DNA nanoparticles, and scale bar represents 100 nm.

Statistical analysis

Results of quantitative data in hematocrit analysis were expressed as mean ±SD, statistical differences between groups were tested with F-test, and the significant level was defined as a *P* < 0.01. The data were analyzed by SPSS statistical software.

RESULTS

Nanoparticle synthesis and characterization

We synthesized nanoparticles by complexing high-molecular-weight (about 300 000Da) chitosan with plasmid DNA, and obtained the particles by adding 0.02% chitosan, pH 5.7, at 55 °C to plasmid DNA (50 µg/ml in 50 mM sodium sulfate) during high-speed vortexing. Transmission electron microscopy showed that freshly prepared particles were approximately 70–150 nm in size and fairly spherical (Figure 2). The encapsulation efficiency was higher than 98 %, and the complex could efficiently protect the plasmid from DNase degradation (Figure 3).

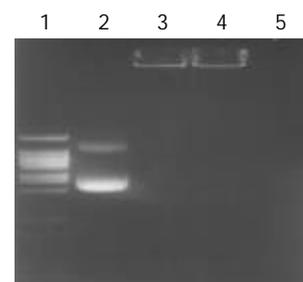


Figure 3 Determination of encapsulation efficiency, and DNase degradation test. Line 1. DNA ladder, Line 2. undegraded pCMVβ (1 µg), Line 3. undegraded chitosan-DNA complex (containing plasmid 1 µg), Line 4. degraded chitosan-DNA complex (containing plasmid 1 µg), Line 5. degraded plasmid (1 µg).

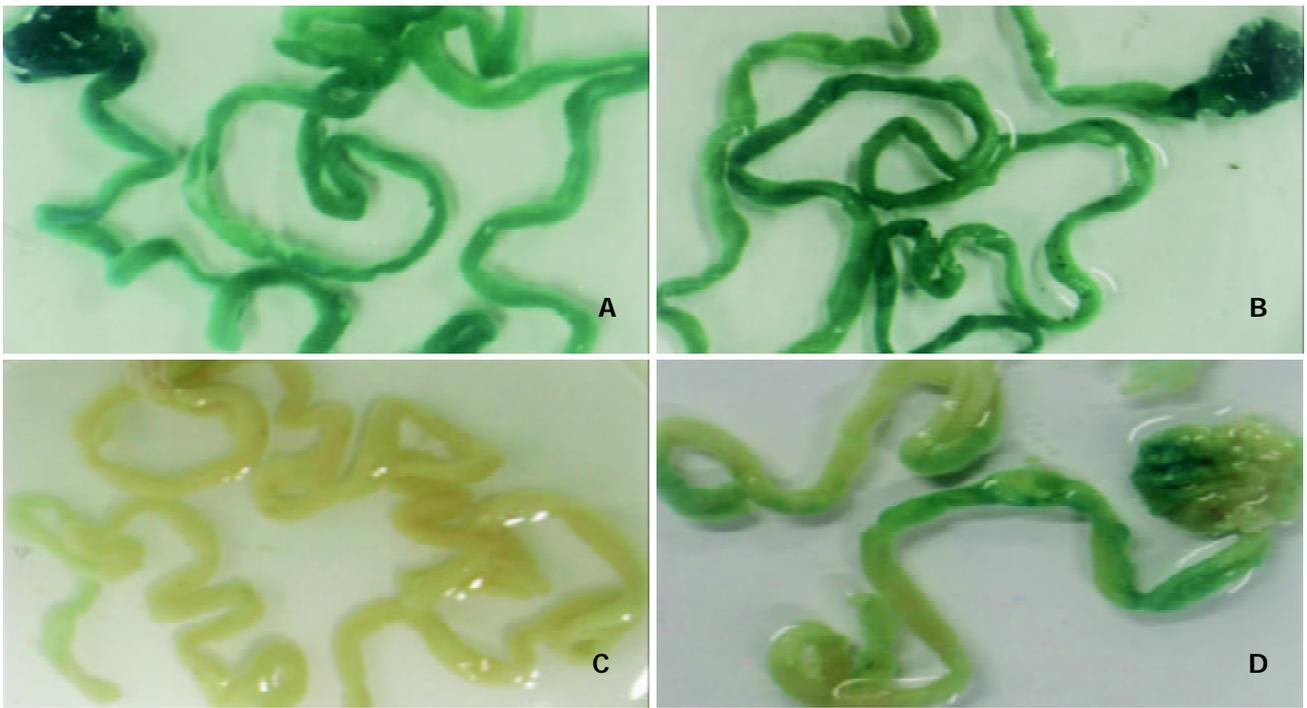


Figure 4 β -galactosidase expression in mouse stomach and small intestine 3 days after oral delivery of DNA nanoparticles. A-D: Whole tissue staining for LacZ, only stained sections are shown. The mice were fed with high-molecular-weight chitosan-pCMV β nanospheres at a dose of 50 μ g (A) or 100 μ g (B) per mouse, PBS (C) or 'naked' DNA (pCMV β , D).

Gene expression studies

To assess the expression and distribution of transduced genes after oral DNA delivery, we fed ICR mice with either chitosan-DNA nanoparticles containing the LacZ gene (pCMV β) or 'naked' plasmid DNA (pCMV β), and then determined the expression of bacterial β -galactosidase (LacZ) in the stomach and small intestine 3 days after oral administration of DNA (Figures 4A-D). Most of the whole small intestines and stomachs were stained. Although naive mice and those fed with 'naked' DNA showed some background staining, mice fed nanoparticles showed a higher level of gene expression both in stomachs and in small intestines.

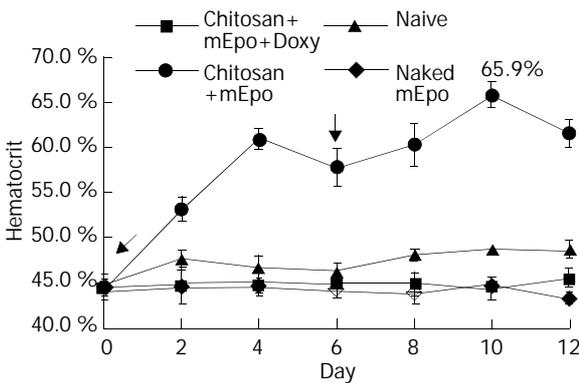


Figure 5 mEpo expression and its physiological effect test. Hematocrit was measured every two days in mice fed with (●) chitosan-mEpo and doxycycline (200 μ g/mL), $n=9$; (▲) chitosan-mEpo alone, $n=3$; (◆) doxycycline (200 μ g/mL) alone, $n=4$; (■) naked mEpo and doxycycline (200 μ g/mL), $n=5$. ↓ indicating the mice fed with 'naked' mEpo DNA or chitosan-Epo.

mEpo expression and its physiological effect

Hematocrit was measured every two days in mice that were fed with 'naked' mEpo DNA, chitosan-mEpo and doxycycline-HCl or not (Figure 5). To assess the basal Epo secretion level, three animals were fed with chitosan-mEpo and not treated

with doxycycline, and their hematocrit remained 45%-48%. Doxycycline (200 μ g/mL) was added to drinking water for naive ($n=4$), 'naked' mEpo-fed mice ($n=5$), and chitosan-mEpo-fed mice ($n=9$). Though hematocrit was not modified in naive and 'naked' mEpo-fed mice, a rapid increase was observed during the first 4 days of treatment in chitosan-mEpo-dox-fed animals, reaching $60.9 \pm 1.2\%$, and sustained for a week. The second feed (6 days after the first feed) seemed to promote a second hematocrit increase in chitosan-mEpo-dox-fed animals, reaching $65.9 \pm 1.4\%$, while the second hematocrit increase did not appear in the 'naked' mEpo-second-fed mice (Figure 5). Statistical analysis showed the hematocrit level in chitosan-mEpo-dox-fed group was significantly higher than that in other groups ($F=184.1$, $P<0.01$), while there were no significant difference between the 'naked' mEpo-fed group and naïve group ($F=0.3$, $P>0.01$). These results indicated that oral administration of chitosan-mEpo induced repetitively robust Epo secretion in doxycycline-treated mice.

DISCUSSION

In 1998, Heard *et al* transfected erythropoietin in mice by intramuscular injection of an adeno-associated vector, and they observed the long-term, high-level and controlled expression of erythropoietin in mice^[23]. Although viral gene delivery vectors yielded a high transfection efficiency over a wide range of cell targets^[24-26], they presented major drawbacks, such as virally induced inflammatory responses and oncogenic effects. To circumvent these obstacles, gene delivery research also aimed at the development of non-viral gene delivery vectors. To date, there have been many available methods that are able to deliver plasmids to cells *in vitro* and *in vivo*, such as liposomes^[27], cationic polymers^[28], electro-gene-transfer^[29], ultrasound^[30] and hydrodynamic^[31], but they have also many disadvantages, such as toxicity, relatively low transfection efficiency as compared to viral gene delivery vectors, tissue damage and difficulties of application in humans.

However, chitosan is a useful oral gene carrier because of its adhesive and transport properties in the gut, and has already

been available in a pill form as an alternative therapy to reduce dietary fat and cholesterol absorption^[32]. Recently, chitosan has been successfully used to deliver a reporter gene (encoding chloram-phenicol acetyl transferase) orally to enterocytes, Peyer's patches and mesenteric lymph nodes^[33]. Chitosan, when complexed with plasmid DNA, can form stable nanoparticles that are endocytosed by cells in the gastrointestinal tract. Further more, its safety and non-toxicity have been shown in animal models and humans^[12,34,35], indication that chitosan-DNA nanoparticles may be a useful tool for gene therapy by oral administration.

Ion concentration, temperature, pH and the ratio of chitosan to DNA (or N/P) were the four main factors that influenced the formulation of chitosan-DNA complex^[36]. The conditions we used above, could make the complex smaller, more stable, and easier to be absorbed. The zeta potential was approximately +10 mV at pH 5.7 and close to neutral at pH 7. Thus, the particles might be positively charged at gastric and early duodenal pH but neutral thereafter at more physiological or alkaline pH. Since pH influences the formulation and stability of the complex, the buffer that dilutes the complex is crucial in the test. The 25 mM sodium acetate-acetic acid buffer (pH 5.7) is able to partially neutralize the alkaline condition in small intestine, making the complex infect more enterocytes than other buffers (PBS, Ringer's, buffer saline). The long-term expression and the expression level still need to be improved, such as to increase the complex's absorptivity and to resist expression silence *etc.*

Further more, as chitosan is a mucoadhesive polymer^[37-39], such DNA nanoparticles might adhere to gastrointestinal epithelia, be transported across the mucosal boundary by M cells and transfect epithelial and/or immune cells in the gut associated lymphoid tissues either directly or through 'antigen transfer', indicating that it may generate protective mucosal immune responses.

ACKNOWLEDGEMENTS

We thank Dr. Jihua Yao, Dr. Huanzhang Zhu, Mrs. Qi Shen and Dr. Bin Lu for their help in this work.

REFERENCES

- 1 **Page DT**, Cudmore S. Innovations in oral gene delivery: challenges and potentials. *Drug Discov Today* 2001; **6**: 92-101
- 2 **Jung T**, Kamm W, Breitenbach A, Kaiserling E, Xiao JX, Kissel T. Biodegradable nanoparticles for oral delivery of peptides: is there a role for polymers to affect mucosal uptake? *Eur J Pharm Biopharm* 2000; **50**: 147-160
- 3 **Ren JM**, Zou QM, Wang FK, He Q, Chen W, Zen WK. PELA microspheres loaded *H pylori* lysates and their mucosal immune response. *World J Gastroenterol* 2002; **8**: 1098-1102
- 4 **Ko JA**, Park HJ, Hwang SJ, Park JB, Lee JS. Preparation and characterization of chitosan microparticles intended for controlled drug delivery. *Int J Pharm* 2002; **249**: 165-174
- 5 **Shimono N**, Takatori T, Ueda M, Mori M, Higashi Y, Nakamura Y. Chitosan dispersed system for colon-specific drug delivery. *Int J Pharm* 2002; **245**: 45-54
- 6 **Tozaki H**, Odoriba T, Okada N, Fujita T, Terabe A, Suzuki T, Okabe S, Muranishi S, Yamamoto A. Chitosan capsules for colon-specific drug delivery: enhanced localization of 5-aminosalicylic acid in the large intestine accelerates healing of TNBS-induced colitis in rats. *J Control Release* 2002; **82**: 51-61
- 7 **Lee JY**, Nam SH, Im SY, Park YJ, Lee YM, Seol YJ, Chung CP, Lee SJ. Enhanced bone formation by controlled growth factor delivery from chitosan-based biomaterials. *J Control Release* 2002; **78**: 187-197
- 8 **Vila A**, Sanchez A, Tobio M, Calvo P, Alonso MJ. Design of biodegradable particles for protein delivery. *J Control Release* 2002; **78**: 15-24
- 9 **Tozaki H**, Komoike J, Tada C, Maruyama T, Terabe A, Suzuki T, Yamamoto A, Muranishi S. Chitosan capsules for colon-specific drug delivery: improvement of insulin absorption from the rat colon. *J Pharm Sci* 1997; **86**: 1016-1021
- 10 **Leong KW**, Mao HQ, Truong-Le VL, Roy K, Walsh SM, August JT. DNA-polycation nanospheres as non-viral gene delivery vehicles. *J Control Release* 1998; **53**: 183-193
- 11 **Kumar M**, Behera AK, Lockey RF, Zhang J, Bhullar G, De La Cruz CP, Chen LC, Leong KW, Huang SK, Mohapatra SS. Intranasal gene transfer by chitosan-DNA nanospheres protects BALB/c mice against acute respiratory syncytial virus infection. *Hum Gene Ther* 2002; **13**: 1415-1425
- 12 **Roy K**, Mao HQ, Huang SK, Leong KW. Oral gene delivery with chitosan-DNA nanoparticles generates immunologic protection in a murine model of peanut allergy. *Nat Med* 1999; **5**: 387-391
- 13 **Artursson P**, Lindmark T, Davis SS, Illum L. Effect of chitosan on the permeability of monolayers of intestinal epithelial cells (Caco-2). *Pharm Res* 1994; **11**: 1358-1361
- 14 **Ranaldi G**, Marigliano I, Vespignani I, Perozzi G, Sambuy Y. The effect of chitosan and other polycations on tight junction permeability in the human intestinal Caco-2 cell line(1). *J Nutr Biochem* 2002; **13**: 157-167
- 15 **Dodane V**, Amin Khan M, Merwin JR. Effect of chitosan on epithelial permeability and structure. *Int J Pharm* 1999; **182**: 21-32
- 16 **Gossen M**, Freundlieb S, Bender G, Muller G, Hillen W, Bujard H. Transcriptional activation by tetracyclines in mammalian cells. *Science* 1995; **268**: 1766-1769
- 17 **Wang Y**, O' Malley BW Jr, Tasai SY, O' Malley BW. A regulatory system for use in gene transfer. *Proc Natl Acad Sci U S A* 1994; **91**: 8180-8184
- 18 **No D**, Yao TP, Evans RM. Ecdysone- inducible gene expression in mammalian cells and transgenic mice. *Proc Natl Acad Sci U S A* 1996; **93**: 3346-3351
- 19 **Rivera VM**, Clackson T, Natesan S, Pollock R, Amara JF, Keenan T, Magari SR, Phillips T, Courage NL, Cerasoli F Jr, Holt DA, Gilman M. A humanized system for pharmacologic control of gene expression. *Nat Med* 1996; **2**: 1028-1032
- 20 **Bohl D**, Naffakh N, Heard JM. Long-term control of erythropoietin secretion by doxycycline in mice transplanted with engineered primary myoblasts. *Nat Med* 1997; **3**: 299-305
- 21 **Gossen M**, Bujard H. Tight control of gene expression in mammalian cells by tetracycline-responsive promoters. *Proc Natl Acad Sci U S A* 1992; **89**: 5547-5551
- 22 **Dranoff G**, Jaffee E, Lazenby A, Golumbek P, Levitsky H, Brose K, Jackson V, Hamada H, Pardoll D, Mulligan RC. Vaccination with irradiated tumor cells engineered to secrete murine granulocyte-macrophage colony-stimulating factor stimulates potent, specific, and long-lasting anti-tumor immunity. *Proc Natl Acad Sci U S A* 1993; **90**: 3539-3543
- 23 **Bohl D**, Salvetti A, Moullier P, Heard JM. Control of erythropoietin delivery by doxycycline in mice after intramuscular injection of adeno-associated vector. *Blood* 1998; **92**: 1512-1517
- 24 **Ghazizadeh S**, Taichman LB. Virus-mediated gene transfer for cutaneous gene therapy. *Hum Gene Ther* 2000; **11**: 2247-2251
- 25 **May C**, Rivella S, Callegari J, Heller G, Gaensler KM, Luzzatto L, Sadelain M. Therapeutic haemoglobin synthesis in beta-thalassaemic mice expressing lentivirus-encoded human beta-globin. *Nature* 2000; **406**: 82-86
- 26 **Lee HC**, Kim SJ, Kim KS, Shin HC, Yoon JW. Remission in models of type 1 diabetes by gene therapy using a single-chain insulin analogue. *Nature* 2000; **408**: 483-488
- 27 **Cao YJ**, Shibata T, Rainov NG. Liposome-mediated transfer of the bcl-2 gene results in neuroprotection after *in vivo* transient focal cerebral ischemia in an animal model. *Gene Ther* 2002; **9**: 415-419
- 28 **Bragonzi A**, Boletta A, Biffi A, Muggia A, Sersale G, Cheng SH, Bordignon C, Assael BM, Conese M. Comparison between cationic polymers and lipids in mediating systemic gene delivery to the lungs. *Gene Ther* 1999; **6**: 1995-2004
- 29 **Lu QL**, Bou-Gharios G, Partridge TA. Non-viral gene delivery in skeletal muscle: a protein factory. *Gene Ther* 2003; **10**: 131-142
- 30 **Taniyama Y**, Tachibana K, Hiraoka K, Aoki M, Yamamoto S, Matsumoto K, Nakamura T, Ogihara T, Kaneda Y, Morishita R. Development of safe and efficient novel nonviral gene transfer

- using ultrasound: enhancement of transfection efficiency of naked plasmid DNA in skeletal muscle. *Gene Ther* 2002; **9**: 372-380
- 31 **Niidome T**, Huang L. Gene therapy progress and prospects: nonviral vectors. *Gene Ther* 2002; **9**: 1647-1652
- 32 **Gallaher CM**, Munion J, Hesslink R Jr, Wise J, Gallaher DD. Cholesterol reduction by glucomannan and chitosan is mediated by changes in cholesterol absorption and bile acid and fat excretion in rats. *J Nutr* 2000; **130**: 2753-2759
- 33 **MacLaughlin FC**, Mumper RJ, Wang J, Tagliaferri JM, Gill I, Hinchcliffe M, Rolland AP. Chitosan and depolymerized chitosan oligomers as condensing carriers for *in vivo* plasmid delivery. *J Control Release* 1998; **56**: 259-272
- 34 **Koping-Hoggard M**, Tubulekas I, Guan H, Edwards K, Nilsson M, Varum KM, Artursson P. Chitosan as a nonviral gene delivery system. Structure-property relationships and characteristics compared with polyethylenimine *in vitro* and after lung administration *in vivo*. *Gene Ther* 2001; **8**: 1108-1121
- 35 **Bokura H**, Kobayashi S. Chitosan decreases total cholesterol in women: a randomized, double-blind, placebo-controlled trial. *Eur J Clin Nutr* 2003; **57**: 721-725
- 36 **Borchard G**. Chitosans for gene delivery. *Adv Drug Deliv Rev* 2001; **52**: 145-150
- 37 **Takeuchi H**, Yamamoto H, Niwa T, Hino T, Kawashima Y. Mucoadhesion of polymer-coated liposomes to rat intestine *in vitro*. *Chem Pharm Bull* 1994; **42**: 1954-1956
- 38 **Bernkop-Schnurch A**, Krajicek ME. Mucoadhesive polymers as platforms for peroral peptide delivery and absorption: synthesis and evaluation of different chitosan- EDTA conjugates. *J Control Release* 1998; **50**: 215-223
- 39 **Ferrari F**, Rossi S, Bonferoni MC, Caramella C, Karlsen J. Characterization of rheological and mucoadhesive properties of three grades of chitosan hydrochloride. *Farmaco* 1997; **52**: 493-497

Edited by Zhang JZ and Wang XL