

## LIVER CANCER

# Mechanism of apoptotic effects induced selectively by ursodeoxycholic acid on human hepatoma cell lines

Hui Liu, Cheng-Yong Qin, Guo-Qing Han, Hong-Wei Xu, Mei Meng, Zhen Yang

Hui Liu, Cheng-Yong Qin, Guo-Qing Han, Hong-Wei Xu, Mei Meng, Zhen Yang, Department of Gastroenterology, Shandong Provincial Hospital Shandong University, Jinan 250021, Shandong Province, China

Supported by the Shandong Science and Technology Committee of China, No. 2005GG3202192

Correspondence to: Cheng-Yong Qin, Professor, Department of Gastroenterology, Shandong Provincial Hospital Shandong University, Jinan 250021, Shandong Province, China. h\_liu13@yahoo.com.cn

Telephone: +86-531-89996339 Fax: +86-531-87068344

Received: 2006-12-13 Accepted: 2007-02-25

© 2007 The WJG Press. All rights reserved.

**Key words:** Liver neoplasm; Ursodeoxycholic acid; Apoptosis; Mechanism; Cell lines

Liu H, Qin CY, Han GQ, Xu HW, Meng M, Yang Z. Mechanism of apoptotic effects induced selectively by ursodeoxycholic acid on human hepatoma cell lines. *World J Gastroenterol* 2007; 13(11): 1652-1658

<http://www.wjgnet.com/1007-9327/13/1652.asp>

## Abstract

**AIM:** To investigate the effects of ursodeoxycholic acid (UDCA) on apoptosis and proliferation of hepatoma cell lines.

**METHODS:** Human hepatoma cell lines HepG2 and BEL 7402 were cultured in medium supplemented with different concentrations of UDCA, normal human hepatic line L-02 was used as control. Cell proliferation, apoptosis and gene expression were detected using methyl thiazolyl tetrazolium (MTT) assay, flow cytometry, Western blot, DNA ladder assay, electron microscopy, and immunocytochemistry.

**RESULTS:** Ursodeoxycholic acid inhibited the proliferation of HepG2 and BEL7402 cell lines in a dose-dependent manner. Ursodeoxycholic acid can change cell cycle distribution of HepG2 and BEL7402, the proportion of cells in G<sub>0</sub>-G<sub>1</sub> phase increased whereas the proportion of S phase cells and G<sub>2</sub>-M phase cells decreased. Ursodeoxycholic acid arrested the cell cycle in G<sub>0</sub>-G<sub>1</sub> phase by down-regulating the cell cycle related proteins cyclin D<sub>1</sub>, D<sub>3</sub> and retinoblastoma protein (p<sup>Rb</sup>). The apoptotic rates of HepG2 and BEL7402 treated with UDCA (1.0 mmol/L) were significantly higher than those of control. In the HepG2 and BEL7402 treated with UDCA, expression of bcl-2 decreased whereas expression of Bax increased, the nuclear fragmentation and chromosomal condensed, cells shrank and lost attachment, apoptotic bodies and DNA ladders appeared. UDCA had no effect in inducing apoptosis on L-02 cell lines.

**CONCLUSION:** UDCA can selectively inhibit proliferation and induce apoptosis of HepG2 and BEL7402 cell lines by blocking cell cycle and regulating the expression of Bax/bcl-2 genes.

## INTRODUCTION

Hepatocellular carcinoma (HCC) is one of the most common malignant neoplasms worldwide and one of the leading causes of malignancy-related death in China<sup>[1,2]</sup>. Surgery is the most effective option, unfortunately, the majority of patients with HCC are not amenable to surgery at diagnosis. Presently, one of the main approaches to treat HCC is cytotoxic chemotherapy, but HCC is sometimes less sensitive or becomes resistant to anticancer drugs after consecutive treatment. Most studies failed to find a therapy which can produce response higher than 25% among hepatoma patients<sup>[3,4]</sup>. Therefore, it is necessary to develop new drugs to prevent and treat HCC.

The efficacy of ursodeoxycholic acid (UDCA) in primary biliary cirrhosis (PBC) has been demonstrated in several randomized clinical trials<sup>[5,6]</sup>. UDCA improved biochemical and histological parameters, prevented progression of PBC, and prolonged survival<sup>[6,7]</sup>. Recent reports suggested that bile acid derivatives induce apoptosis *via* a p53-independent pathway in human breast carcinoma cells<sup>[8]</sup>, and UDCA inhibits the initiation and postinitiation phases of azoxymethane-induced colonic tumor development<sup>[9]</sup>.

However, the effects of UDCA in human hepatoma cell lines have not been determined yet. In this study, we investigate the effect of UDCA on proliferation and apoptosis of human hepatoma cell lines and normal human hepatic cell lines and observe the mechanisms of the effects.

## MATERIALS AND METHODS

### Cell lines and reagents

Human primary hepatocellular cancer cell lines BEL7402 and HepG2, and normal human hepatic cell line L-02 were

purchased from Shanghai Institute of Cell Biology, the Chinese Academy of Sciences. UDCA and 5-Fluorouracil (5-Fu) were obtained from Sigma, USA. Dulbecco's modified Eagle's medium (DMEM) was purchased from Gibco BRL, USA.

The UDCA and 5-Fu were first dissolved in DMSO solution, then added to the culture medium with a final concentration of 0.1% DMSO (Dimethyl Sulphoxide). The monoclonal mouse anti-human bcl-2 and monoclonal rabbit anti-human Bax antibodies were obtained from Calbiochem, Cambridge, MA, USA. The Vectastain ABC kit was purchased from Vector Labs, Burlingame, CA, USA.

### Cell culture

The hepatocellular cancer cell lines BEL7402 and HepG2, and the normal hepatic cell line L-02 were incubated in DMEM medium supplemented with 10% fetal bovine serum (FBS), 100 U/mL penicillin G and 100 mg/mL streptomycin at 37°C humidified atmosphere containing 5% CO<sub>2</sub>. The 5-Fu and DMSO were used as positive and negative controls, respectively. All studies were performed when cells were at 50% confluence.

### Cell viability assay by MTT

Cells were plated at a density of  $6 \times 10^3$ /well in 96-well plates. Twenty-four hours later, different amounts of UDCA dissolved in DMSO were added to the medium to make a final UDCA concentration from 0.05 mmol/L to 1.0 mmol/L. Control cell cultures were treated with DMSO (0.1%) or with 5-Fu (0.4 mmol/L). At time points of 48 h, 72 h and 96 h after addition of test compounds, 20  $\mu$ L methyl thiazolyl tetrazolium (MTT) was added to each well. Four hours later, 100  $\mu$ L of DMSO was added to each well after the medium was removed. Finally, optical densities were measured at A570 nm and the growth inhibitory rate was calculated. Experiments were done in triplicate and IC50 (concentration of drug that inhibits cell growth by 50%) values were determined. The inhibitory rate (IR) was calculated by the following formula:

$$\text{IR} = (1 - \text{average OD}_{570} \text{ of treated group} / \text{average OD}_{570} \text{ of DMSO control}) \times 100\%.$$

### Apoptosis and cell cycle distribution by flow cytometry

Four milliliters cell suspensions (HepG2, Bel7402 or L-02) at a concentration of  $5 \times 10^4$ /mL were incubated in 50 mL flasks. Twenty-four hours later, cells were treated with UDCA at different final concentrations from 0.1 to 1.0 mmol/L. The control cultures were treated only with the 0.1% DMSO. Forty-eight hours later, cells ( $1 \times 10^6$ ) were collected and centrifuged for 5 min at 1000 r/min, the supernatant was discarded and cells were fixed in 70% alcohol and kept at 4°C overnight. Then cells were resuspended in 3 mL PBS and washed twice with PBS, three milliliters of citrate was added to the tube. Thirty minutes later, cells were centrifuged at 2000 r/min for 5 min and resuspended in 150  $\mu$ L of Pidyne and 200  $\mu$ L of RNase A. The tubes were incubated at room temperature in the dark for 30 min. Cells were analyzed by flow cytometry in triplicate.

### Agarose electrophoresis for DNA fragmentation

Cells ( $1 \times 10^7$ ) collected after treatment with UDCA for 48 h in 0.4 mmol/L, 0.8 mmol/L, and 1.0 mmol/L UDCA, were washed with ice-cold PBS and resuspended in 500  $\mu$ L digestion buffer [100 mmol/L NaCl, 10 mmol/L Tris-HCl, pH 8, 25 mmol/L ethylene diamine tetra acetic acid (EDTA), 0.5% sodium dodecyl sulphate (SDS), 0.1  $\mu$ g/mL proteinase K]. RNase was then added to make a final concentration of 20 mg/L, and incubation was continued at 37°C for 1 h, then incubated at 50°C overnight for complete digestion, DNA was extracted with an equal volume of phenol and chloroform, and precipitated with two volumes of isopropanol. DNA fragmentation was detected by electrophoresis in 1.5% agarose gel containing 1 mg/L ethidium bromide.

### Ultrastructure of cells

Cells were rinsed in 0.1 mol/L tris-maleate buffer (pH 6.0) and 0.1 mol/L cacodylate buffer (pH 7.0), then fixed in 1% OsO<sub>4</sub>, dehydrated in graded ethanol, the embedded slices were cut into ultrathin sections by LKB-1 ultramicrotome. The sections were double stained with uranyl acetate and lead citrate, then were observed under H-800 transmission electron microscope (JEM-100CX 11/T, Japan).

### Immunocytochemistry

For the immunostaining, the avidin-biotin-peroxidase complex technique, using a Vectastain ABC kit (Vector Labs, Burlingame, CA, USA), was used as described previously<sup>[10]</sup>. Cells were grown on coverslips in wells for later immunocytochemical staining. Cells on slips were fixed with acetone, dried in air, treated with 0.1% H<sub>2</sub>O<sub>2</sub>, blocked with normal nonimmune animal sera, then incubated with first antibodies, biotin labeled second antibody and the streptavidin-peroxidase, each for 10-20 min. After each incubation with antibodies, cells were washed with PBS for 3 times. Then cells were developed with DAB. Cells were rinsed with water and counterstained with hematoxylin, then dehydrated, transparent and counted. The negative controls were performed by replacing the primary antibody with the same dilution of normal goat serum. Immunoreactive cells were visualized using a Vectastain ABC Kit (Vector Labs, Burlingame, CA, USA). The accumulation of bcl-2 and Bax protein is indicated by a brown coloration in the cytoplasm. The labeling index was determined by calculating the number of positive cells divided by the total number of counted cells in four coverslips.

### Western blot analysis

Cells were washed in PBS and lysed with TNN lysis buffer (40 mmol/L Tris, pH 8.0, 120 mmol/L NaCl, 0.5% Nonidet p-40, 0.1 mmol/L sodium orthovanadate, 2 mg/L aprotinin, 2 mg/L leupeptin, and 100 mg/L PMSF) at 4°C for 20 min, lysates were centrifuged at 14000 r/min for 15 min to remove cellular debris. Protein concentration was determined with the BCA reagent (Pierce, Rockford, IL). Equal amounts of protein were subjected to electrophoresis on 10% SDS-polyacrylamide gels and transferred to nitrocellulose membranes (Schleicher & Schuell) by

**Table 1** UDCA induces apoptosis of HepG2, BEL7402 and L-02 cell lines (means ± SD, n = 3)

UDCA mmol/L	Apoptosis rate (%)		
	HepG2	BEL7402	L-02
0 (control)	2.58 ± 0.26	2.02 ± 0.13	3.03 ± 0.12
0.1	8.4 ± 1.6 <sup>b</sup>	9.3 ± 2.0 <sup>b</sup>	3.11 ± 0.21 <sup>a</sup>
0.4	19.0 ± 3.0 <sup>b</sup>	17.2 ± 1.7 <sup>b</sup>	3.66 ± 0.13 <sup>a</sup>
0.8	36.0 ± 6.0 <sup>b</sup>	37.0 ± 5.0 <sup>b</sup>	4.29 ± 0.23 <sup>a</sup>
1.0	42.0 ± 6.0 <sup>b</sup>	44.0 ± 4.0 <sup>b</sup>	4.58 ± 0.18 <sup>a</sup>

<sup>a</sup>P > 0.05, <sup>b</sup>P < 0.01, vs control.

electroblotting. The membranes were incubated with various antibodies. Monoclonal anti-p21<sup>WAF1/CIP1</sup> antibody was obtained from Transduction Lab (Lexington, KY). Monoclonal antibody to p53, and polyclonal antibodies to cyclin D1 and D3, cyclin-dependent kinase (Cdk) 2, Cdk4 and retinoblastoma protein (p<sup>Rb</sup>) were purchased from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA). Peroxidase-conjugated donkey anti-rabbit and sheep anti-mouse immunoglobulins were purchased from Amersham Life Science (Arlington Heights, IL). Protein bands were visualized with the enhanced chemiluminescence (ECL) detection system (Amersham Life Science).

**Statistical analysis**

Data of MTT assay were analyzed using regression analysis. Other values were expressed as mean ± standard deviation (SD). Means were compared using one way analysis of variance (ANOVA). P < 0.05 was considered significant.

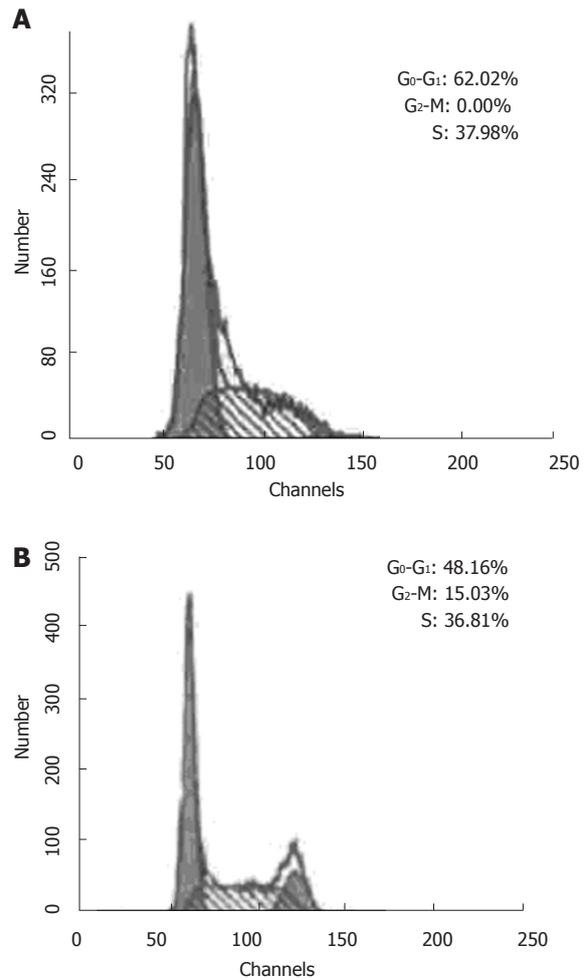
**RESULTS**

**Cell proliferation**

Viability of HepG2 and BEL7402 cell lines was inhibited by UDCA with a concentration from 0.2 to 1.0 mmol/L. After exposure to UDCA for 48 h, the IC50 of HepG2 and BEL7402 was 0.92 mmol/L and 0.86 mmol/L respectively. The effect of inhibition was dose-dependent, cells treated with various concentrations of UDCA for 48h, the inhibitory rates in the HepG2 and BEL7402 were positively correlated with different concentrations of UDCA. In the HepG2 cell: r = 0.96, P < 0.01, 0.2 mmol/L; r = 0.96, P < 0.01, 0.4 mmol/L; r = 0.96, P < 0.01, 0.8 mmol/L; In the BEL7402 cell: r = 0.96, P < 0.01, 0.2 mmol/L; r = 0.97, P < 0.01, 0.4 mmol/L; r = 0.98, P < 0.01, 0.8 mmol/L). However, UDCA had no effect on the viability of the normal cell line L-02.

**Apoptosis and cell cycle distribution**

Apoptosis and cell cycle distribution were detected 48 h after treating cells with different concentrations UDCA. Compared with control, the apoptosis rates in the groups treated with UDCA increased significantly (P < 0.05) and this was dose-dependent. In the UDCA groups, the cell cycle distribution changed, the proportion of cells in G<sub>0</sub>-G<sub>1</sub> phase increased (P < 0.05) whereas the cell number in S phase and G<sub>2</sub>-M phase decreased significantly (P < 0.05), indicating that UDCA arrested the HepG2 and



**Figure 1** A: Cell cycle distribution of BEL7402 treated with UDCA (0.8 mmol/L) for 48 h. The cell cycle distribution changed, the proportion of G<sub>0</sub>-G<sub>1</sub> phase increased significantly (P < 0.05) and the proportion of S phase and G<sub>2</sub>-M phase decreased significantly (P < 0.05); B: Cell cycle distribution of L-02 cells treated with UDCA (0.8 mmol/L) for 48 h. The cell cycle distribution of L-02 cells does not change.

BEL7402 cells in G<sub>0</sub>-G<sub>1</sub> phase. No significant difference was observed in the apoptosis rate and cycle distribution of the cell line L-02 treated with UDCA (P > 0.05), (Table 1, Figure 1A and B).

**DNA fragmentation**

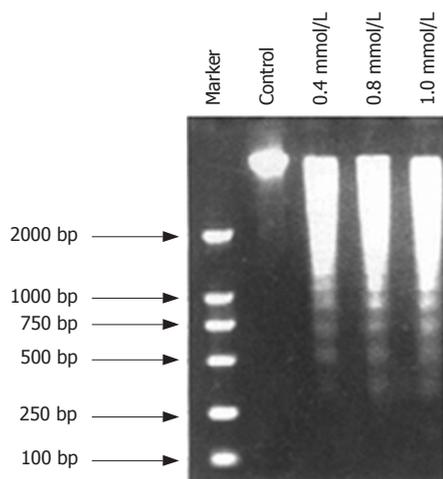
Agarose gel electrophoresis of DNA extracted from cells treated with various concentrations of UDCA (0.4 mmol/L, 0.8 mmol/L, 1.0 mmol/L) revealed ladders of DNA fragmentation, this indicated the apoptosis in both HepG2 and BEL7402 cell lines (Figure 2).

**Ultrastructure under electron microscope**

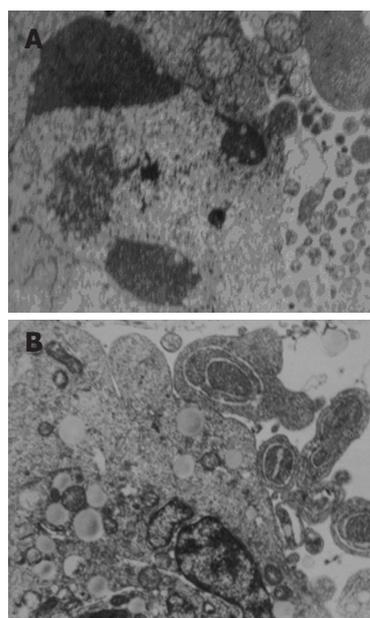
In the UDCA treated cells, nuclear fragmentation, chromosome condensation, cell shrinkage and loss of cell-cell contact were visible. Subsequent ruffling and blebbing of the cell membrane, and formation of apoptotic bodies were also observed (Figure 3A and B).

**Expression of bcl-2 and Bax genes**

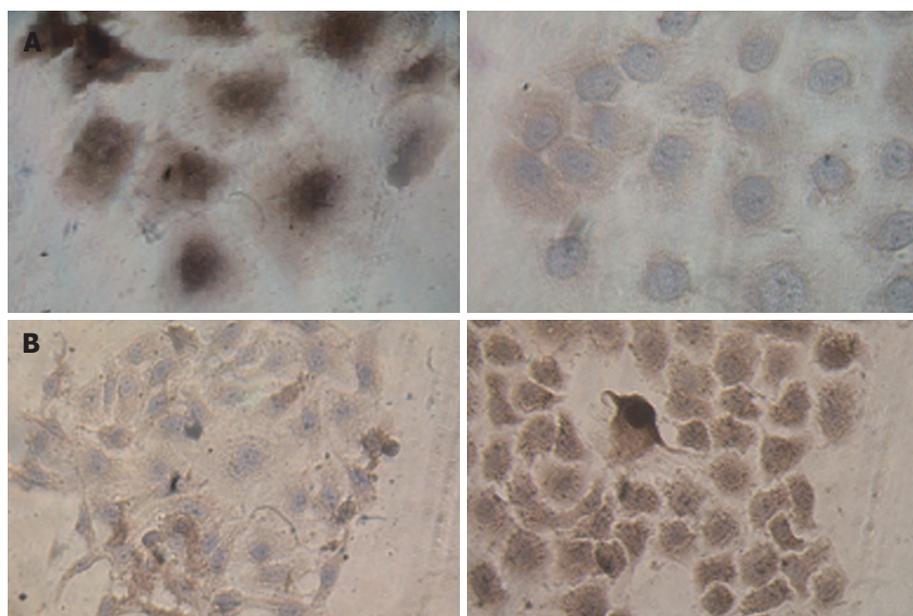
The accumulations of bcl-2 and Bax proteins were indicated by brown coloration in the cytoplasm (Figure 4A and B). After cells being treated with UDCA at different



**Figure 2** Induction of internucleosomal DNA fragmentation by UDCA. Cells were incubated without or with various concentrations of UDCA (0.4 mmol/L, 0.8 mmol/L, 1.0 mmol/L) for 48 h. DNA was extracted and analyzed by 1.5% agarose gel electrophoresis in the presence of ethidium bromide staining.



**Figure 3** Morphology of HepG2 treated with UDCA (0.4 mmol/L) for 48 h (TEM, × 4000). **A:** Nuclear fragmentation, chromosome condensation, cell shrinkage and loss of cell-cell contact are visible; **B:** Subsequent ruffling and blebbing of the cell membrane, and formation of apoptotic bodies are also observed.



**Figure 4** **A:** Effect of UDCA on expression of bcl-2 in BEL7402, immuno-cytochemical staining of bcl-2. The accumulation of bcl-2 protein is indicated by a brown coloration in the cytoplasm (× 200). Control group, expression of bcl-2 in BEL7402 cultivated for 48 h (Left), Expression of bcl-2 in BEL7402 treated with UDCA (0.4 mmol/L) for 48 h (Right); **B:** Effect of UDCA on expression of Bax in BEL7402, immunocytochemical staining of Bax. The accumulation of Bax protein is indicated by a brown coloration in the cytoplasm. Control group, expression of Bax in BEL7402 cultivated for 48 h (Left). Expression of Bax in BEL7402 treated with UDCA (0.4 mmol/L) 48 h (× 200) (Right).

**Table 2** Effect of UDCA on expression of bcl-2 and Bax in HepG2, BEL7402 and L-02 (means ± SD, n = 4)

UDCA (mmol/L)	HepG2 (%)		BEL7402 (%)		L-02 (%)	
	bcl-2	Bax	bcl-2	Bax	bcl-2	Bax
0 (control)	24.3 ± 2.4	43.0 ± 5.0	21.6 ± 1.8	44.0 ± 4.0	1.0 ± 0.2	62.0 ± 4.0
0.2	19.4 ± 1.5 <sup>c</sup>	42.0 ± 4.0 <sup>a</sup>	20.1 ± 1.9 <sup>a</sup>	48.4 ± 2.5 <sup>a</sup>	1.0 ± 0.1 <sup>a</sup>	61.0 ± 5.0 <sup>a</sup>
0.4	14.2 ± 2.1 <sup>b</sup>	53.6 ± 2.5 <sup>c</sup>	13.5 ± 1.8 <sup>b</sup>	56.0 ± 4.0 <sup>c</sup>	0.8 ± 0.1 <sup>a</sup>	59.0 ± 3.0 <sup>a</sup>
0.8	10.1 ± 1.6 <sup>b</sup>	59.0 ± 3.0 <sup>b</sup>	11.6 ± 2.1 <sup>b</sup>	59.0 ± 3.0 <sup>b</sup>	0.6 ± 0.3 <sup>a</sup>	64.0 ± 4.0 <sup>a</sup>

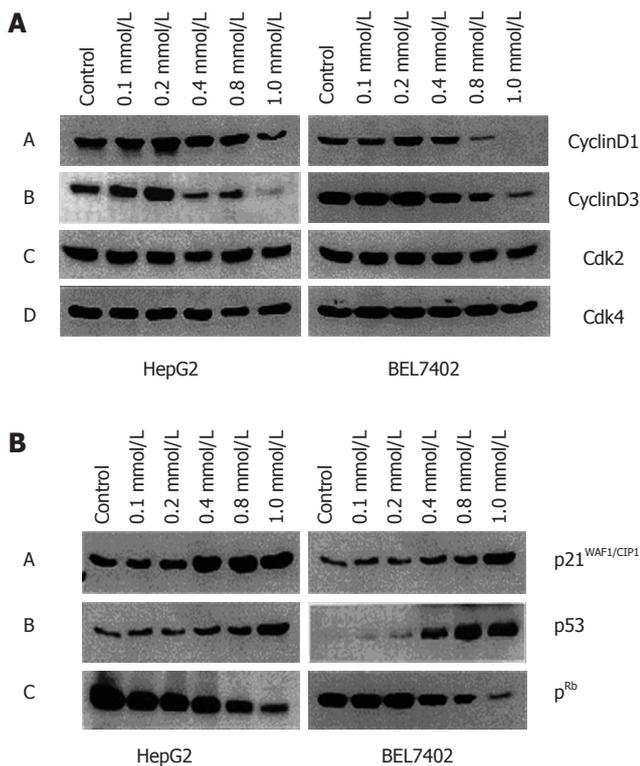
<sup>a</sup>P > 0.05, <sup>b</sup>P < 0.01, <sup>c</sup>P < 0.05, vs control.

final concentrations (0.2, 0.4 and 0.8 mmol/L) for 48 h, the expression of Bax in the HepG2 and BEL7402 cells was higher than that in control (P < 0.05), and there was no significant difference in L-02 (P > 0.05); the expression of bcl-2 in the HepG2 and BEL7402 cells was lower than that in control (P < 0.05), again there was no significant

difference in L-02 (P > 0.05). The ratio of Bax to bcl-2 was elevated along with increasing concentrations of UDCA (Table 2).

**UDCA down-regulated D-type G1 cyclins**

Cells were treated with various concentrations of UDCA



**Figure 5** A: Effects of UDCA on production of cyclins and Cdk in HepG2 and BEL7402 cells treated with various concentrations of UDCA (0.1, 0.2, 0.4, 0.8, 1.0 mmol/L) for 48 h; B: Effects of UDCA treatment on protein levels of p21<sup>WAF1/CIP1</sup>, p53, p<sup>Rb</sup> in HepG2 and BEL7402. The cells were treated with 0.8 mmol/L UDCA for 48 h.

for 48 h, the expression of cell cycle regulating proteins (cyclin D1, cyclin D3, Cdk2 and Cdk4) were detected by Western blot analysis. The results showed that the intracellular protein levels of cyclin D1 and cyclin D3 were down-regulated. However, the levels of Cdk2 and Cdk4 did not change in both cell lines (Figure 5A).

**UDCA increased intracellular levels of p53 and p21<sup>WAF1/CIP1</sup> and inhibited phosphorylation of p<sup>Rb</sup>**

Treatment with UDCA resulted in a marked increase in the level of p21<sup>WAF1/CIP1</sup> protein in both HepG2 and BCL7402 cell lines. Meanwhile, the expression levels of p53 protein increased, indicating that the induction of p21<sup>WAF1/CIP1</sup> in both cancer cell lines was in a p53-dependent fashion (Figure 5B). The Rb gene product p<sup>Rb</sup> is an important checkpoint protein in the G1/S phase transition of the cell cycle. Furthermore, p21<sup>WAF1/CIP1</sup> inhibits the phosphorylation of p<sup>Rb</sup>. Therefore, experiments were carried out to examine whether the effect of decreased expression of D-type G1 cyclins by UDCA was associated with the decreased phosphorylation of p<sup>Rb</sup> in cells treated with UDCA. As shown in Figure 5B, the level of expression of p<sup>Rb</sup> was remarkably decreased in HepG2 and BEL7402 cells treated with UDCA.

**DISCUSSION**

In the present study, we demonstrate that UDCA induces apoptosis and inhibits proliferation of the human hepatoma cell lines HepG2 and BEL7402. Our results suggest

that UDCA is a potential agent in the treatment of human hepatoma. Furthermore, we investigated the mechanism of action of UDCA-induced apoptosis in the two human primary hepatocellular cancer cell lines HepG2 and BEL7402.

DNA fragmentation occurs in cell apoptosis induced by a variety of agents. This cleavage produces ladders of DNA fragments that are the size of integer multiples of a nucleosome length (180-200 bp)<sup>[11]</sup>. Due to their characteristic patterns revealed by agarose gel electrophoresis, these nucleosomal DNA ladders are widely used as biochemical markers of apoptosis. A characteristic ultrastructural appearance of apoptotic cells is observed under an electron microscope. Additionally, flow cytometry analysis has been used to detect and quantify cells undergoing apoptosis<sup>[12]</sup>. The decreased cell numbers in the treatment groups compared with the control group could be due to apoptotic cell death as well as cell growth inhibition. The DNA ladder formation, characteristic of ultrastructural appearance of apoptotic cells, and the augmentation of apoptotic sub-G1 population indicate that apoptosis is a major underlying process induced by UDCA.

Cell proliferation is defined as the increase in cell number resulting from completion of the cell cycle. The cell cycle is composed of 4 phases: the gap before DNA replication (G<sub>1</sub>), the DNA synthetic phase (S), the gap after DNA replication (G<sub>2</sub>), and the mitotic phase (M)<sup>[13,14]</sup>. When disorder occurs in cell cycle, the cell proliferation will be inhibited and the cell apoptosis will follow<sup>[15]</sup>. In mammalian cells, D-type cyclins are synthesized during the G1 phase and rate-limiting factors for S phase entry<sup>[16-18]</sup>. In addition, Cdk inhibitors regulate cell progression by association with cyclin/Cdk complexes<sup>[19,20]</sup>, which may inhibit cyclin-containing complexes that reduce the cyclin-dependent activity in damaged cells destined to apoptosis<sup>[21]</sup>. Our data showed UDCA selectively increases the intracellular protein levels of D-type cyclins, but there is no change in the levels of Cdk. On the other hand, Cdk inhibitors play important roles in cell cycle control by coordinating internal and/or external signals and impeding proliferation at several key checkpoints<sup>[22]</sup>. They fall into two categories: the CIP/KIP and the INK4 inhibitors. The CIP/KIP family members can inhibit kinase activity of Cdk during the G1/S cell cycle checkpoint. Among several Cdk inhibitors, p21<sup>WAF1/CIP1</sup> is an important mediator of cell cycle arrest imposed by the tumor suppressor p53 in response to DNA damage<sup>[23,24]</sup>. It is found that UDCA selectively increases the expression of the Cdk inhibitor p21<sup>WAF1/CIP1</sup> in a p53-dependent manner. Another important downstream target of the G1 phase cyclin/Cdk complex is p<sup>Rb</sup>, which is controlled by Cdk-mediated phosphorylation<sup>[25,26]</sup>, p<sup>Rb</sup> is also known to regulate the transcription of a variety of genes encoding growth-regulatory factors<sup>[27,28]</sup>. The expression and phosphorylation of p<sup>Rb</sup> in our study in UDCA-treated HepG2 and BEL7402 cells decreased.

In the present study, a population of cells in FCM analysis shows that cell cycle distribution changed in UDCA-treated groups. The proportion of G<sub>0</sub>-G<sub>1</sub> phase increased and S phase and G<sub>2</sub>-M phase decreased, and apoptosis rate also increased. These findings indicate

that UDCA arrests the cell cycle in G<sub>0</sub>-G<sub>1</sub> phase, the mechanism of which is elucidated as above. In this phase, cell apoptosis is induced by UDCA arresting cell cycle in G<sub>0</sub>-G<sub>1</sub> phase. This may be a key mechanism that UDCA inhibits proliferation of and induces apoptosis of HepG2 and BEL7402.

The bcl-2 proteins belong to a family of proteins involved in the response to apoptosis. Some of these proteins (such as Bax and Bad) are pro-apoptotic, while others (such as bcl-2 and Bcl-xl) are anti-apoptotic<sup>[29-31]</sup>. Many studies showed that overexpression of bcl-2 could inhibit apoptosis of many cells induced by various factors<sup>[32,33]</sup>. Increased expression of Bax can induce apoptosis by suppressing the activity of bcl-2<sup>[34]</sup>. It was also reported that the ratio of Bax to bcl-2, rather than bcl-2 alone, is important for the survival of drug-induced apoptosis<sup>[35]</sup>. Our study showed that UDCA induced an increased-ratio of Bax to bcl-2 associated with down-regulation of bcl-2 and up-regulation of Bax in HepG2 and BEL7402 cells and the effect of UDCA was dose-dependent. This correlated to the results that UDCA induced apoptosis of HepG2 and BEL7402 and apoptotic rate was dose- and time-dependent. This provides an evidence that increased ratio of Bax to bcl-2 is another mechanism of apoptosis of HepG2 and BEL7402 cells induced by UDCA.

The results of MTT and FCM showed that UDCA did not inhibit proliferation and induce apoptosis of L-02, which indicates that the effect of UDCA is selective. This selectivity was correlated to the effect of UDCA on the cell cycle and the expression of Bax and bcl-2 of HepG2 and BEL7402, but no effect on the L-02. This demonstrates that the UDCA is cell type specific in inducing apoptosis.

The effect of UDCA on the cell proliferation and apoptosis may involve different mechanisms, herein we demonstrated that UDCA changes cell cycle and regulates the expression of Bax and bcl-2. The relationship between proliferation and apoptosis is complicated, they are triggered by a variety of molecular signals. The molecular mechanism that regulates the balance between cell proliferation and cell apoptosis needs further investigations.

UDCA, as an endogenous tertiary bile acid in man, has several biologic effects, such as inhibition of cholesterol absorption in the intestine<sup>[36]</sup> and inhibition of bile secretion<sup>[37]</sup>, stabilization of cell membrane<sup>[38]</sup> and modulation of immunologic reactions<sup>[39]</sup>. Recent reports suggested that the novel bile acid derivatives induce apoptosis *via* a p53-independent pathway in human breast carcinoma cells<sup>[8]</sup>. It is shown that UDCA inhibits the initiation and post-initiation phases of azoxymethane-induced colonic tumor development<sup>[9]</sup>. Thus, UDCA and its derivative may inhibit carcinogenesis *via* different mechanisms in various cell types. Our study demonstrates that UDCA may be a promising chemopreventive agent for preventing and treating human hepatoma by inducing apoptosis and proliferation inhibition.

## ACKNOWLEDGMENT

We would like to thank Professor Zun-Chang Liu (Artificial Cells and Organs Research Center, Faculty of Medicine,

Mcgill University, Montreal, Quebec, Canada), whose comments and corrections significantly improved the contents of this paper.

## REFERENCES

- Zhu ZZ, Cong WM, Liu SF, Dong H, Zhu GS, Wu MC. p53 gene codon 72 polymorphism and genetic susceptibility to hepatocellular carcinoma in Chinese population. *Zhonghua Yixue Zazhi* 2005; **85**: 76-79
- Yuan SL, Wei YQ, Wang XJ, Xiao F, Li SF, Zhang J. Growth inhibition and apoptosis induction of tanshinone II-A on human hepatocellular carcinoma cells. *World J Gastroenterol* 2004; **10**: 2024-2028
- Simonetti RG, Liberati A, Angiolini C, Pagliaro L. Treatment of hepatocellular carcinoma: a systematic review of randomized controlled trials. *Ann Oncol* 1997; **8**: 117-136
- Weimann A, Oldhafer KJ, Pichlmayr R. Primary liver cancers. *Curr Opin Oncol* 1995; **7**: 387-396
- Poupon RE, Balkau B, Eschwège E, Poupon R. A multicenter, controlled trial of ursodiol for the treatment of primary biliary cirrhosis. UDCA-PBC Study Group. *N Engl J Med* 1991; **324**: 1548-1554
- Lindor KD, Dickson ER, Baldus WP, Jorgensen RA, Ludwig J, Murtaugh PA, Harrison JM, Wiesner RH, Anderson ML, Lange SM. Ursodeoxycholic acid in the treatment of primary biliary cirrhosis. *Gastroenterology* 1994; **106**: 1284-1290
- Poupon RE, Bonnard AM, Chrétien Y, Poupon R. Ten-year survival in ursodeoxycholic acid-treated patients with primary biliary cirrhosis. The UDCA-PBC Study Group. *Hepatology* 1999; **29**: 1668-1671
- Im EO, Choi YH, Paik KJ, Suh H, Jin Y, Kim KW, Yoo YH, Kim ND. Novel bile acid derivatives induce apoptosis via a p53-independent pathway in human breast carcinoma cells. *Cancer Lett* 2001; **163**: 83-93
- Wali RK, Stoiber D, Nguyen L, Hart J, Sitrin MD, Brasitus T, Bissonnette M. Ursodeoxycholic acid inhibits the initiation and postinitiation phases of azoxymethane-induced colonic tumor development. *Cancer Epidemiol Biomarkers Prev* 2002; **11**: 1316-1321
- Kokawa K, Shikone T, Otani T, Nakano R. Apoptosis and the expression of Bax and Bcl-2 in squamous cell carcinoma and adenocarcinoma of the uterine cervix. *Cancer* 1999; **85**: 1799-1809
- Huang P, Ballal K, Plunkett W. Biochemical characterization of the protein activity responsible for high molecular weight DNA fragmentation during drug-induced apoptosis. *Cancer Res* 1997; **57**: 3407-3414
- Mohammad RM, Varterasian ML, Almachty VP, Hannoudi GN, Pettit GR, Al-Katib A. Successful treatment of human chronic lymphocytic leukemia xenografts with combination biological agents auristatin PE and bryostatin 1. *Clin Cancer Res* 1998; **4**: 1337-1343
- Cross F, Roberts J, Weintraub H. Simple and complex cell cycles. *Annu Rev Cell Biol* 1989; **5**: 341-396
- Jacobs T. Control of the cell cycle. *Dev Biol* 1992; **153**: 1-15
- Sherr CJ, Roberts JM. Inhibitors of mammalian G1 cyclin-dependent kinases. *Genes Dev* 1995; **9**: 1149-1163
- Pines J. Cyclins and cyclin-dependent kinases: a biochemical view. *Biochem J* 1995; **308** (Pt3): 697-711
- Nigg EA. Cyclin-dependent protein kinases: key regulators of the eukaryotic cell cycle. *Bioessays* 1995; **17**: 471-480
- Fernández PL, Jares P, Rey MJ, Campo E, Cardesa A. Cell cycle regulators and their abnormalities in breast cancer. *Mol Pathol* 1998; **51**: 305-309
- Hui AM, Makuuchi M, Li X. Cell cycle regulators and human hepatocarcinogenesis. *Hepatogastroenterology* 1998; **45**: 1635-1642
- el-Deiry WS, Tokino T, Velculescu VE, Levy DB, Parsons R, Trent JM, Lin D, Mercer WE, Kinzler KW, Vogelstein B. WAF1, a potential mediator of p53 tumor suppression. *Cell* 1993; **75**: 817-825

- 21 **Morgan DO**. Principles of CDK regulation. *Nature* 1995; **374**: 131-134
- 22 **Xiong Y**, Hannon GJ, Zhang H, Casso D, Kobayashi R, Beach D. p21 is a universal inhibitor of cyclin kinases. *Nature* 1993; **366**: 701-704
- 23 **Waldman T**, Kinzler KW, Vogelstein B. p21 is necessary for the p53-mediated G1 arrest in human cancer cells. *Cancer Res* 1995; **55**: 5187-5190
- 24 **Michieli P**, Chedid M, Lin D, Pierce JH, Mercer WE, Givol D. Induction of WAF1/CIP1 by a p53-independent pathway. *Cancer Res* 1994; **54**: 3391-3395
- 25 **Tam SW**, Theodoras AM, Shay JW, Draetta GF, Pagano M. Differential expression and regulation of Cyclin D1 protein in normal and tumor human cells: association with Cdk4 is required for Cyclin D1 function in G1 progression. *Oncogene* 1994; **9**: 2663-2674
- 26 **Weinberg RA**. The retinoblastoma protein and cell cycle control. *Cell* 1995; **81**: 323-330
- 27 **Adnane J**, Shao Z, Robbins PD. The retinoblastoma susceptibility gene product represses transcription when directly bound to the promoter. *J Biol Chem* 1995; **270**: 8837-8843
- 28 **Srikant CB**. Cell cycle dependent induction of apoptosis by somatostatin analog SMS 201-995 in AtT-20 mouse pituitary cells. *Biochem Biophys Res Commun* 1995; **209**: 400-406
- 29 **Yang E**, Korsmeyer SJ. Molecular thanatopsis: a discourse on the BCL2 family and cell death. *Blood* 1996; **88**: 386-401
- 30 **Kroemer G**. The proto-oncogene Bcl-2 and its role in regulating apoptosis. *Nat Med* 1997; **3**: 614-620
- 31 **Farrow SN**, Brown R. New members of the Bcl-2 family and their protein partners. *Curr Opin Genet Dev* 1996; **6**: 45-49
- 32 **Hotchkiss RS**, Swanson PE, Knudson CM, Chang KC, Cobb JP, Osborne DF, Zollner KM, Buchman TG, Korsmeyer SJ, Karl IE. Overexpression of Bcl-2 in transgenic mice decreases apoptosis and improves survival in sepsis. *J Immunol* 1999; **162**: 4148-4156
- 33 **Arafat WO**, Gómez-Navarro J, Xiang J, Barnes MN, Mahasreshti P, Alvarez RD, Siegal GP, Badib AO, Buchsbaum D, Curiel DT, Stackhouse MA. An adenovirus encoding proapoptotic Bax induces apoptosis and enhances the radiation effect in human ovarian cancer. *Mol Ther* 2000; **1**: 545-554
- 34 **Findley HW**, Gu L, Yeager AM, Zhou M. Expression and regulation of Bcl-2, Bcl-xl, and Bax correlate with p53 status and sensitivity to apoptosis in childhood acute lymphoblastic leukemia. *Blood* 1997; **89**: 2986-2993
- 35 **Salomons GS**, Brady HJ, Verwijns-Janssen M, Van Den Berg JD, Hart AA, Van Den Berg H, Behrendt H, Hählen K, Smets LA. The Bax alpha:Bcl-2 ratio modulates the response to dexamethasone in leukaemic cells and is highly variable in childhood acute leukaemia. *Int J Cancer* 1997; **71**: 959-965
- 36 **Leiss O**, von Bergmann K, Streicher U, Strotkoetter H. Effect of three different dihydroxy bile acids on intestinal cholesterol absorption in normal volunteers. *Gastroenterology* 1984; **87**: 144-149
- 37 **Mazzella G**, Parini P, Festi D, Bazzoli F, Aldini R, Roda A, Tonelli D, Cipolla A, Salzetta A, Roda E. Effect of simvastatin, ursodeoxycholic acid and simvastatin plus ursodeoxycholic acid on biliary lipid secretion and cholic acid kinetics in nonfamilial hypercholesterolemia. *Hepatology* 1992; **15**: 1072-1078
- 38 **Güldütuna S**, Zimmer G, Imhof M, Bhatti S, You T, Leuschner U. Molecular aspects of membrane stabilization by ursodeoxycholate [see comment]. *Gastroenterology* 1993; **104**: 1736-1744
- 39 **Yoshikawa M**, Tsujii T, Matsumura K, Yamao J, Matsumura Y, Kubo R, Fukui H, Ishizaka S. Immunomodulatory effects of ursodeoxycholic acid on immune responses. *Hepatology* 1992; **16**: 358-364

S- Editor Liu Y L- Editor Ma JY E- Editor Liu Y