

Real-time virtual sonography visualization and its clinical application in biliopancreatic disease

Atsushi Sofuni, Takao Itoi, Fumihide Itokawa, Takayoshi Tsuchiya, Toshio Kurihara, Kentaro Ishii, Syujiro Tsuji, Nobuhito Ikeuchi, Reina Tanaka, Junko Umeda, Ryosuke Tonozuka, Mitsuyoshi Honjo, Shuntaro Mukai, Fuminori Moriyasu

Atsushi Sofuni, Takao Itoi, Fumihide Itokawa, Takayoshi Tsuchiya, Toshio Kurihara, Kentaro Ishii, Syujiro Tsuji, Nobuhito Ikeuchi, Reina Tanaka, Junko Umeda, Ryosuke Tonozuka, Mitsuyoshi Honjo, Shuntaro Mukai, Fuminori Moriyasu, Department of Gastroenterology and Hepatology, Tokyo Medical University, Tokyo 160-0023, Japan

Author contributions: All authors contributed to this manuscript. Correspondence to: Atsushi Sofuni, MD, PhD, Department of Gastroenterology and Hepatology, Tokyo Medical University, 6-7-1 Nishishinjuku, Shinjuku-ku, Tokyo 160-0023, Japan. a-sofuni@amy.hi-ho.ne.jp

Telephone: +81-3-33426111 Fax: +81-3-53816654

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Abstract

AIM: To evaluate the usefulness of real-time virtual sonography (RVS) in biliary and pancreatic diseases.

METHODS: This study included 15 patients with biliary and pancreatic diseases. RVS can be used to observe an ultrasound image in real time by merging the ultrasound image with a multiplanar reconstruction computed tomography (CT) image, using pre-scanned CT volume data. The ultrasound used was EUB-8500 with a convex probe EUP-C514. The RVS images were evaluated based on 3 levels, namely, excellent, good and poor, by the displacement in position.

RESULTS: By combining the objectivity of CT with free scanning using RVS, it was possible to easily interpret the relationship between lesions and the surrounding organs as well as the position of vascular structures. The resulting evaluation levels of the RVS images were 12 excellent (pancreatic cancer, bile duct cancer, cholecystolithiasis and cholangiocellular carcinoma) and

3 good (pancreatic cancer and gallbladder cancer). Compared with conventional B-mode ultrasonography and CT, RVS images achieved a rate of 80% superior visualization and 20% better visualization.

CONCLUSION: RVS has potential usefulness in objective visualization and diagnosis in the field of biliary and pancreatic diseases.

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Key words: Biliary and pancreatic disease; Computed tomography-multiplanar reconstruction image; Navigation; Real-time ultrasound image; Real-time virtual sonography

Core tip: The real-time virtual sonography (RVS) system combined with ultrasonography (US) and computed tomography (CT) compensates for each of the deficiencies of US and CT. The visualization in biliary and pancreatic diseases using RVS added objectivity and detailed imaging for diagnosis lacking in conventional B-mode US and CT, and it becomes possible to make a more precise diagnosis. Moreover, it is possible to consider this system as providing images of detailed processes conveniently and in real time. RVS has potential usefulness in objective visualization and diagnosis in the field of biliary and pancreatic diseases.

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INTRODUCTION

Recent advancements in technology have expanded the role of diagnosis by ultrasonography (US) in biliopancreatic diseases. Ultrasonography is useful because it is non-invasive and images can be obtained in real time. However, visualization is sometimes difficult in the presence of bone, gas and air, and thus has the problem of diminished objectivity. Real-time virtual sonography (RVS) (Hitachi-Aloka Medical Ltd., Tokyo, Japan) is a technological system that was developed in an attempt to resolve such problems.

This method merges ultrasound images with information from computed tomography (CT) images to produce the displayed image. In other words, the CT volume data is pre-stored into the device and the real-time ultrasound image is displayed simultaneously while the virtual view is reconstructed as a CT-multiplanar reconstruction (MPR) image from the stored volume data^[1]. This is one method of compensating for the decreased objectivity in ultrasound diagnosis. This method is used during navigation in ultrasound-guided treatment and its usefulness has been reported in the field of liver disease^[2-3]; however, no data has been presented in the field of biliopancreatic disease.

MATERIALS AND METHODS

Aim

The RVS system was applied on patients with biliopancreatic disease to investigate its usefulness and potential. The aim of the evaluation was to assess how the target lesion was correlated with the surrounding organs and blood vessels.

Materials

RVS was performed on 15 biliopancreatic patients at our department. Among the patients, 6 had pancreatic cancer, 1 had pancreatic endocrine tumor, 2 had gall bladder cancer, 4 had bile duct cancer, 1 had cholangiocellular carcinoma, and 1 had cholecystolithiasis.

Device

The RVS system (Figure 1) is made up of an ultrasound diagnostic device EUB-8500 (Hitachi-Aloka Medical Ltd., Tokyo, Japan), the EUP-C514 probe (Hitachi-Aloka Medical Ltd., Tokyo, Japan), which is a convex type, a personal computer (PC) and a magnetic position sensor unit to detect the position of the probe. Pre-scanned CT volume data is stored in a medium such as a compact disc read-only memory or PC using digital imaging and communication in medicine specifications *via* a local area network. The PC can display the images at a high speed of approximately 11 frames/s, with each frame being 256 × 256 pixels of virtual sonography. The PC is equipped with a magnetic position sensor unit to obtain information on the position of the probe. The magnetic position sensor unit consists of the main unit, a magnetism

generator and a magnetic sensor. When the magnetism generator is placed close to the patient, the magnetic sensor attaches to the probe. On CT, by performing imaging of very thin slices (approximately 1 mm) by multidetector CT (MDCT) of at least 16 rows, the minimum volume data required to reconstruct MPR images can be collected. In our department, 32-row MDCT is used to collect volume data by 3-planar contrast imaging.

Obtaining information on probe position and its calibration

Information of the ultrasound probe position is obtained by the magnetic position sensor connected to the PC. The information obtained by this sensor is on its relative position to the magnetic sensor. Therefore, to prepare an MPR image that fits the ultrasound plane, it is necessary to decide on the pre-stored CT volume data and the position (reference point) of the ultrasound image. Ensiform cartilage that is palpable from the body surface is the ideal reference point. This is used to adjust the position (calibration). Apart from ensiform cartilage, calibration can also be performed using metal markers placed in the vasculature, kidneys, umbilical cord or body surface. In our department, calibration is mainly performed using ensiform cartilage. After the calibration, the ultrasound image obtained from the ultrasound scanning is displayed simultaneously. The virtual sonography-processing program in the PC detects the probe position and angle, reconstructs the corresponding planar image from the CT volume data, and displays it as an MPR image (Figure 2).

Definitions

The respective RVS images are evaluated based on 3 levels, namely, Excellent: hardly any displacement in position, Good: midway between Excellent and Poor, and Poor: major displacement in position. The RVS images were stored in video form and were evaluated by 3 gastroenterologists (Sofuni A, Itoi T, Itokawa F) with at least 8 years of experience in abdominal sonography evaluation.

RESULTS

The results were based on the decisions of the majority, and the result of an actual case is shown in Table 1. The resulting evaluation levels of the RVS images were 12 excellent (pancreatic cancer, bile duct cancer, cholecystolithiasis and cholangiocellular carcinoma) and 3 good (pancreatic cancer and gallbladder cancer). The evaluation of the RVS image in the patient with pancreatic endocrine tumor was excellent (Figure 3). The diagnosis by endoscopic ultrasound-guided fine needle aspiration was poorly differentiated neuroendocrine carcinoma. The relationship between the tumor and the celiac artery posed a problem in terms of choice of treatment. With the RVS image, the ultrasound showed no vascular irregularity, and the boundary between the tumor, celiac artery (CA) and splenic artery (SPA) remained intact, thus surgery was performed. Even when surgery was performed, there was

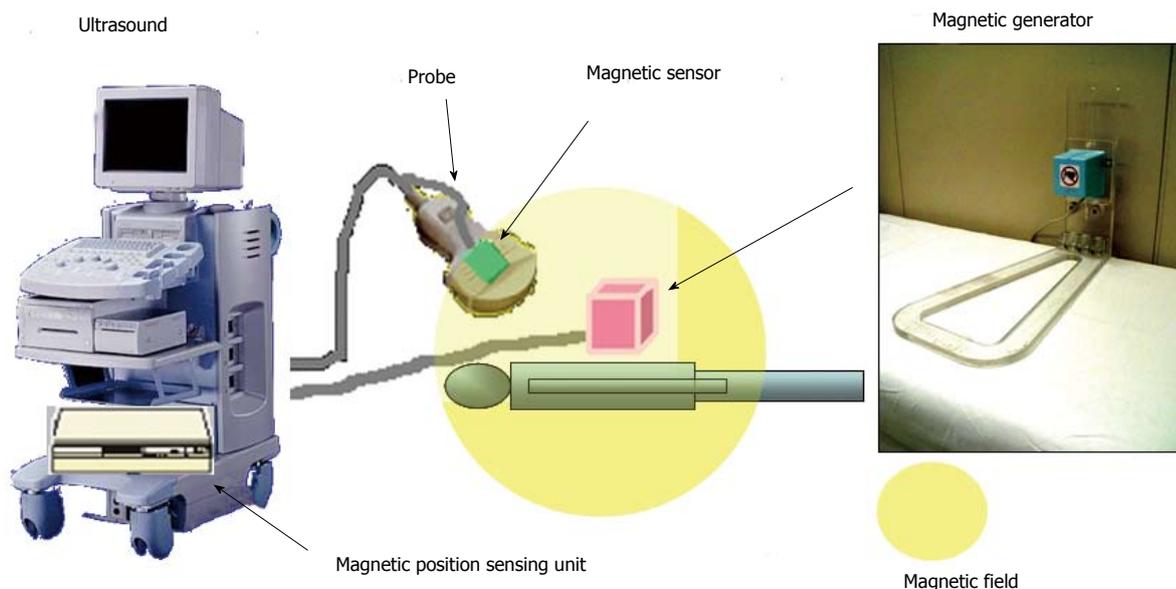


Figure 1 Real-time virtual sonography system. Pre-scanned computed tomography volume data are processed in the main body of the ultrasound machine.

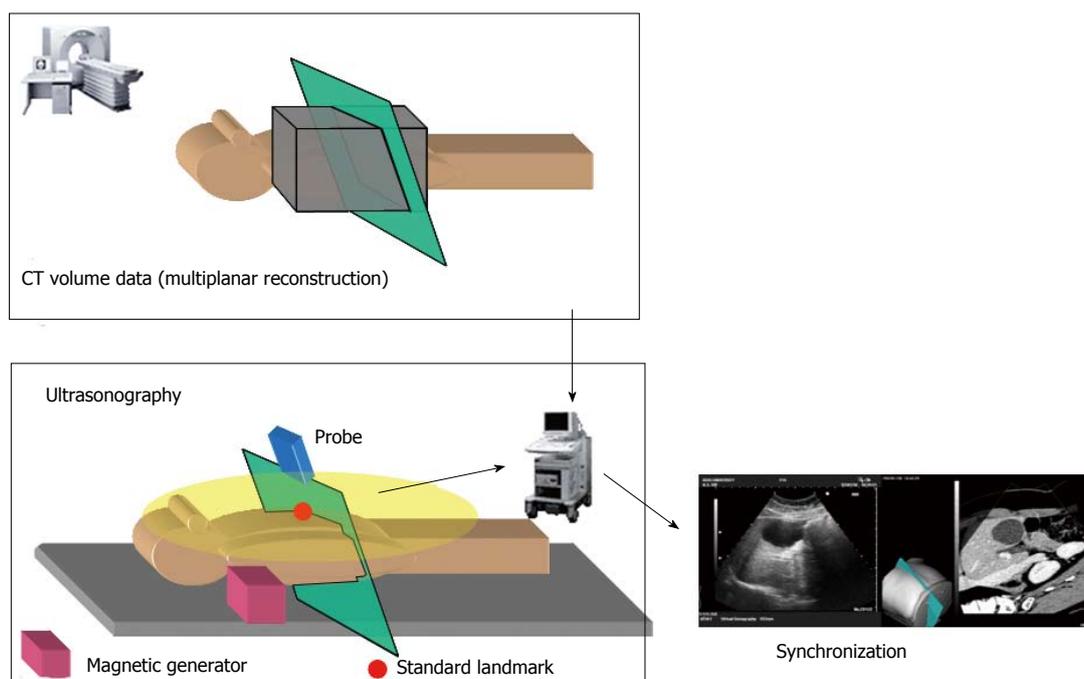


Figure 2 Calibration process. Transfer of the obtained computed tomography (CT) volume data; configuration of the settings for the standard landmark (ensiform cartilage/aorta/portal vein/other); and positional information of the probe is sensed. According to the probe sensor, the multiplanar reconstruction image is shown as an optimal angled plane.

no invasion into the arteries. With RVS, the positional relationship between the CA and the tumor could be evaluated objectively and was useful in judging whether or not surgery should be performed. Similarly, the positional relationship between the tumor mass and the vasculature could be assessed objectively, even in the cases where images of pancreatic cancer (Figure 4A, B) and bile duct cancer (Figure 4C-F) were judged as excellent. It was also useful in understanding the stage of progression and anatomical relationship. A good case (gall bladder cancer) is shown in Figure 4G.

DISCUSSION

US is a generally subjective examination and is considered to lack objectivity, particularly in the staging of malignant tumors. By combining the objectivity of CT with the obscurity in the free scanning of US, it was possible to easily interpret the relationship between the lesions and the surrounding organs, as well as the position of vascular structures. Based on the results, incorporation of the objectivity of CT into voluntary scanning with an ultrasound probe facilitated understanding of the positional

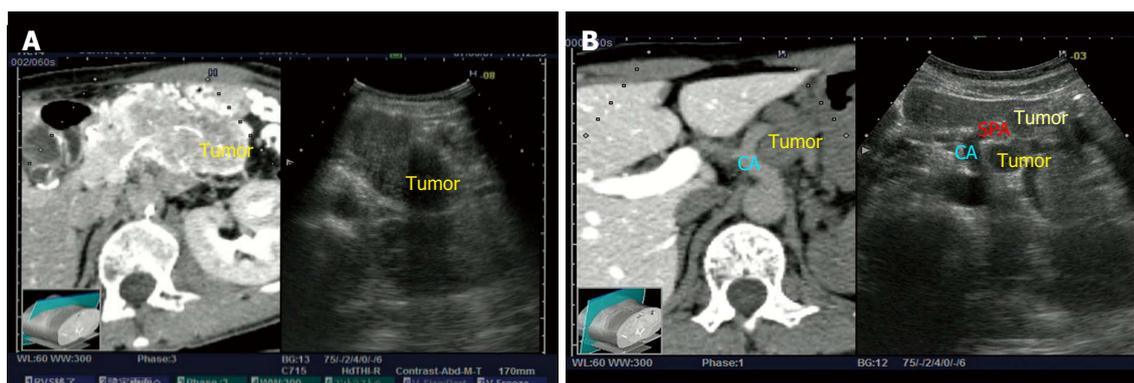


Figure 3 Pancreatic endocrine tumor (excellent case). A: Invasive pancreatic mass (60 mm) in body tail. B: Evaluation of the relationship between celiac artery (CA) and splenic artery (SPA): there was no vascular irregularity and the boundary between the tumor and CA/SPA remained intact.

Table 1 Characteristics of patients						
No.	Case	Age (yr)	Sex	BMI (kg/m ²)	Breath-holding	Evaluation
1	Pancreatic cancer	76	M	18.1	Possible	Excellent
2	Pancreatic endocrine tumor	65	F	23.2	Possible	Excellent
3	Pancreatic cancer	73	F	21.3	Possible	Excellent
4	Pancreatic cancer	77	M	19.2	Possible	Excellent
5	Pancreatic cancer	65	M	22.2	Possible	Good
6	Pancreatic cancer	49	M	19.7	Possible	Excellent
7	Pancreatic cancer	58	F	21.4	Possible	Excellent
8	Bile duct cancer	81	F	12.7	Impossible	Excellent
9	Bile duct cancer	79	F	22.2	Possible	Excellent
10	Bile duct cancer	76	F	21.5	Possible	Excellent
11	Bile duct cancer	68	M	23.3	Possible	Excellent
12	Gallbladder cancer	80	M	25.1	Possible	Good
13	Gallbladder cancer	63	F	21.2	Possible	Good
14	Cholecystolithiasis	73	M	19.6	Possible	Excellent
15	Cholangiocellular carcinoma	68	F	21.7	Possible	Excellent

M: Male; F: Female; BMI: Body mass index.

relationships among the lesion, the surrounding organs and vasculature, and the structure of the lesion itself. According to the study, this RVS system, combined with US and CT, also confirmed the comparatively precise diagnosis in US imaging. Moreover, this system compensates for each of the deficiencies of US and CT, and it becomes possible to provide more detailed information and make a more precise diagnosis.

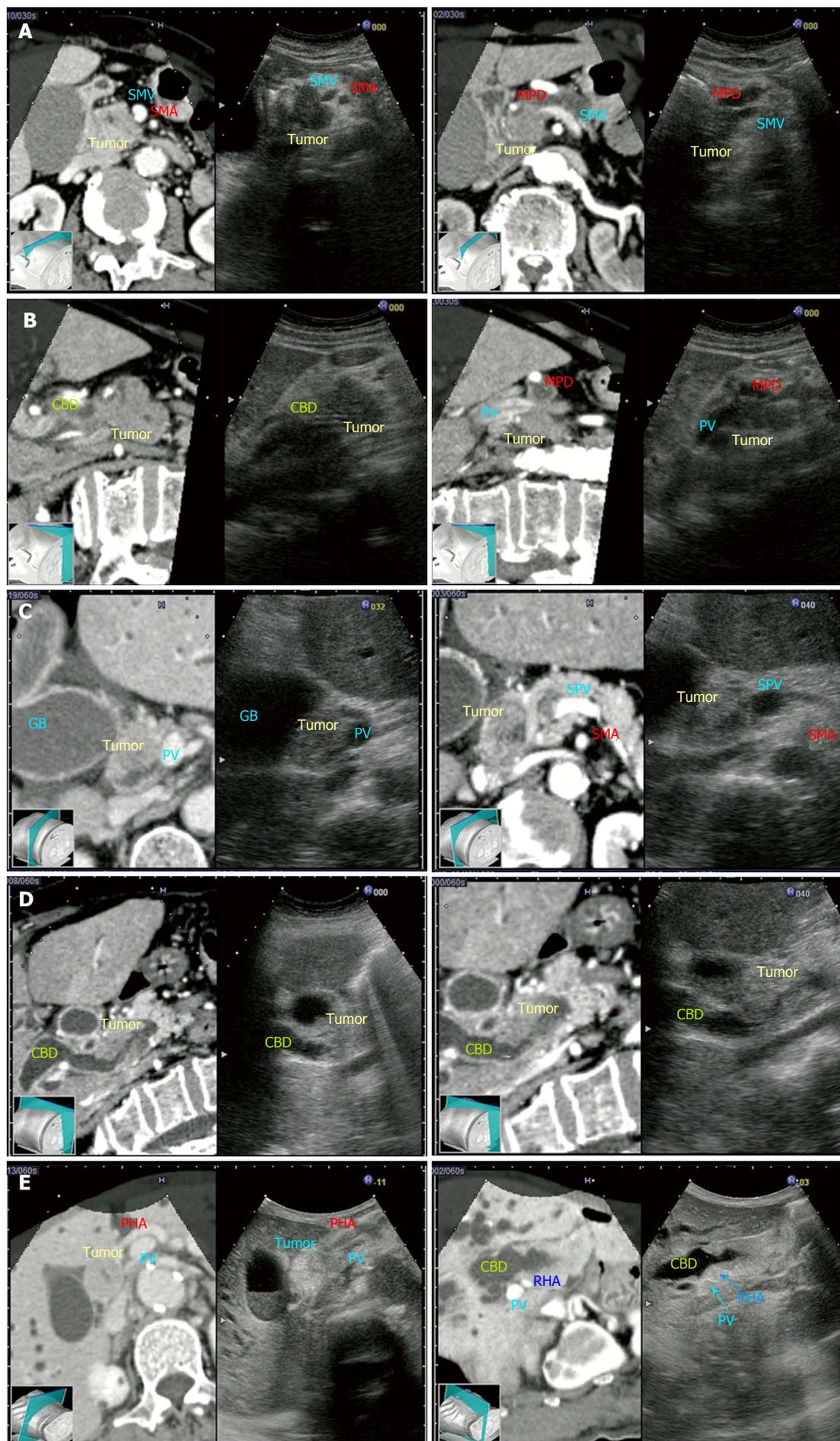
US is usually more useful than CT in judging detailed imaging and the relationships with surrounding structures, and moreover, it is possible to consider the RVS system as providing images of detailed processes conveniently and in real time. For example, in Figure 3, it seems that the tumor invaded the blood vessel on CT imaging, but the RVS system showed that the tumor had not invaded the blood vessel. Therefore, RVS can aid in making a precise diagnosis when CT is unable to make judgments on the staging.

Compared with conventional B-mode US and CT, RVS images achieved a rate of 80% superior visualization and 20% better visualization, according to the statistics.

The RVS visualization of lesions and the surrounding organs of all patients provided the objectivity and detailed imaging information for diagnosis lacking in conventional B-mode US and CT. It is also suggested to be useful when applied to making a diagnosis on the existence and stage of progression of malignant tumors, and the evaluation of infiltration into major blood vessels. Further studies in more patients are required to examine the applicability of this method to the diagnosis of malignant diseases and the extent of disease progression, including assessment of infiltration into major blood vessels. This needs to be investigated further in a larger number of patients.

Considering the investigations we have performed using RVS on patients in our department to date, the advantages and disadvantages of RVS are as outlined below. Five advantages are recognized at present: (1) CT objectivity in real-time sonographic images makes it easy to understand the structure and positional relationship between the lesion and the surrounding organs and vasculature; (2) it provides supportive education for surgeons and physicians that lack experience; (3) MPR images obtained by multi-slicing using the familiar operations of the ultrasound probe can be visualized instantly; (4) the display screen can be switched between the arterial phase, portal vein phase, and equilibrium phase (applies to the hemodynamics of the lesion and evaluation of the vasculature) by a simple operation; and (5) the common bile duct and pancreas are not affected by variations in breathing as much as the liver. There are 5 disadvantages: (1) the positions of the images during CT scanning and those of the US images are easily displaced due to breathing variations (liver > biliopancreatic area); (2) with only 1 reference point, synchronization of the position tends to be inadequate; (3) progression, infiltration and vascular evaluation are time-consuming and may put a strain on patients; (4) the focus is mainly on CT, thus US evaluation tends to be poor; and (5) the calibration is time-consuming. It is preferable to perform RVS after considering these advantages and disadvantages.

The main problem in the present RVS system is that when the position is displaced, calibration becomes time-



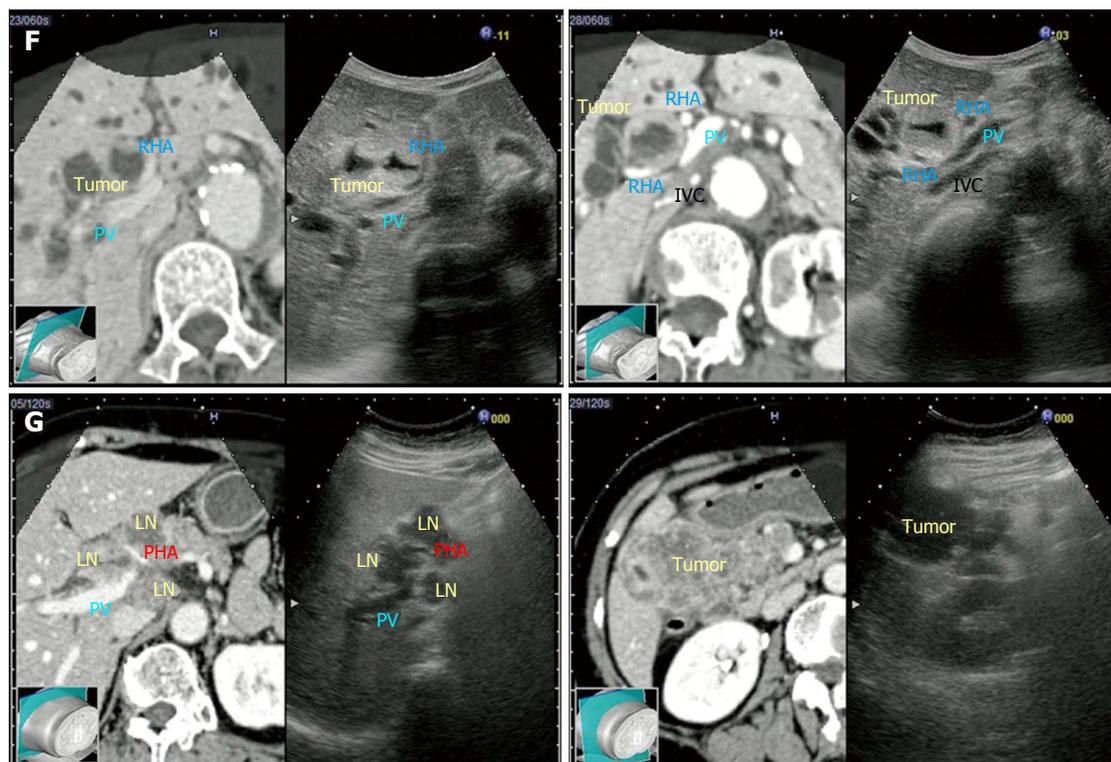


Figure 4 The resulting evaluation levels of the real-time virtual sonography images were 12 excellent (pancreatic cancer, bile duct cancer, cholecystolithiasis and cholangiocellular carcinoma) and 3 good (pancreatic cancer and gallbladder cancer). A: Pancreatic cancer (excellent case); the positional relationships among the tumor and vessels [superior mesenteric artery (SMA) and superior mesenteric vein, (SMV)] were well evaluated; B: Pancreatic cancer (excellent case); the positional relationships among the tumor, vessels [portal vein (PV)], common bile dilatation (CBD), and main pancreatic duct (MPD) were well evaluated; C: Bile duct cancer (excellent case); the positional relationships among the tumor and vessels (SMA, SMV and PV) were well evaluated; D: Bile duct cancer (excellent case); the positional relationship between the tumor and CBD was well evaluated; E: Bile duct cancer (excellent case); the positional relationships among the tumor and vessels [proper hepatic artery (PHA), right hepatic artery (RHA), PV] were well evaluated; F: Bile duct cancer (excellent case); the positional relationships among the tumor and vessels [RHA, PV and inferior vena cava (IVC)] were well evaluated; G: Gallbladder cancer (good case); there was a gap in the positional relationships among the tumor and vessels.

consuming. At Hitachi-Aloka Medical Ltd., an ultrasound phantom was prepared to examine the precision, and RVS was performed using simulated CT. As a result, displacement of the position of the slicing plane tended to depend on the distance between the magnetism generator and the magnetic sensor. However, the distance was reported to be approximately ± 5 mm within a range of 70 cm with the magnetism generator as the center. In addition, with only 1-point calibration, there is displacement of the position. Therefore, multiple-point calibration is important. Precision for calibration needs to be improved by taking these factors into consideration. Moreover, in actual clinical settings, the position of organs may also vary according to the posture and depth of respiration of the subject. Errors can also arise due to these factors; therefore, a corrective function for positional displacement as in the synchronization of breathing needs to be installed in the device. In addition, recent advances in computer and laser technologies have enabled the construction of MPR images of MDCT to be performed easily even with a notebook PC. Taking these points into consideration, one can say that the superiority of RVS is its potential in the areas of therapy and education.

Apart from diagnosis, RVS is now commonly used

to assist treatment under ultrasound guidance in liver disease. Even in the biliopancreatic area, particularly with pancreatic cancer, focused ultrasound treatment and high intensity focused ultrasound (HIFU) treatment are now being performed^[14]. In the current HIFU, treatment progresses while looking at the 2D ultrasound image. The application of this method allows easy understanding of the range of treatment, and safe treatment can be performed objectively.

This study suggests that RVS is useful when applied to making a diagnosis on the existence and stage of progression of malignant tumors, and making evaluations of infiltration into major blood vessels, in spite of some disadvantages. Further improvement and progress of RVS is expected in the field of therapy.

COMMENTS

Background

Ultrasonography (US) is non-invasive, and images can be obtained in real time. However, visualization is sometimes difficult with the presence of bone, gas and air, and thus has the problem of diminished objectivity. Real-time virtual sonography (RVS) is a technological system that was developed in an attempt to resolve such problems. This is one method of compensating for the decreased objectivity in ultrasound diagnosis. This method is used during navigation in

ultrasound-guided treatment and its usefulness has been reported in the field of liver disease; however, no data has been presented in the field of biliopancreatic disease.

Research frontiers

The frontiers of research are in the fields of diagnosis and therapy for biliopancreatic disease.

Innovations and breakthroughs

The usefulness of the RVS system has been reported in the field of liver disease; however, no data has been presented in the field of biliopancreatic disease. RVS is useful when applied to making a precise diagnosis on the existence and stage of progression of malignant tumors, and making evaluations of infiltration into major blood vessels. Recently, therapies using ultrasound for biliopancreatic disease have been developed. Further improvement and progress of RVS is expected in the field of therapy.

Applications

The RVS system combined with US and computed tomography (CT) compensates for each of the deficiencies of US and CT, and it becomes possible to provide more detailed information and make a more precise diagnosis. Moreover, it is possible to consider the RVS system as providing images of detailed processes conveniently and in real time. Therefore, this system is useful in the case in which the detailed information and positional relationships among the lesions are needed for a precise diagnosis.

Terminology

RVS can be used to observe an ultrasound image in real time by merging the ultrasound image with a multiplanar reconstruction CT image, using pre-scanned CT volume data. The RVS system combined with US and CT compensates for each of the deficiencies of US and CT.

Peer review

This is a good study of the usefulness of RVS in biliary and pancreatic diseases. Twelve patients with biliary and pancreatic diseases in whom the combination of the objectivity of CT with free scanning using RVS was observed. This study showed that the visualization in biliary and pancreatic diseases using RVS had the objectivity and the detailed imaging for diagnosis lacking in conventional B-mode US and CT. This new technique has potential usefulness in visualizing and diagnosing biliary and pancreatic diseases in the future. Even though the patient numbers were small, the paper has the potential data to be used at the clinic for appropriate diagnosis.

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