

Discussion about traditional Chinese differentiation and treatment of cholecystitis

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Author contributions: All authors contributed equally to the work.

Original title: *China National Journal of New Gastroenterology* (1995-1997) renamed *World Journal of Gastroenterology* (1998-).

Received: December 11, 1995

Revised: January 21, 1996

Accepted: July 19, 1996

Published online: September 15, 1996

Abstract

AIM: To investigate the traditional Chinese differentiation and treatment of cholecystitis.

METHODS: Cholecystitis is a common disease of the digestive system. Cholecystitis is marked by stagnation of the liver qi, blood stasis accumulation, dampness and heat in the liver and gallbladder,

deficiency of the liver yin and so on. Each symptom may produce blood stasis. From our clinical treatment of the cholecystitis, we conclude: (1) blood activating and stasis eliminating drugs such as safflower, peach kernel, burred tuber, zedoary, Chinese angelia root, *etc.*, should be used. (2) If treated properly, the prognosis is favorable. (3) Do not overuse medicines for regulating the flow of Qi, otherwise, it may consume the blood yin. (4) Pleasant feeling and stable spirit of patient is important. (5) Psychotherapy should be put on to relieve stagnation of liver qi. (6) Following the conception of wholism and pathogenesis to regulate the function of the viscera and keep the balance between Qi and blood as well as Yin and Yang.

Key words: Cholecystitis; Qi and blood; Yin and Yang

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Yang YW, Wang YB, Zhang XW. Discussion about traditional Chinese differentiation and treatment of cholecystitis. *World J Gastroenterol* 1996; 2(Suppl1): 183 Available from: URL: <http://www.wjgnet.com/1007-9327/full/v2/iSuppl1/183.htm> DOI: <http://dx.doi.org/10.3748/wjg.v2.iSuppl1.183>

E- Editor: Liu WX



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