



## Clinical analysis of 526 cases with nonulcer dyspepsia

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### Abstract

**AIM:** In this article 526 cases with nonulcer dyspepsia (NUD) affirmed by diagnostic criteria are retrospectively analyzed.

**METHODS:** Patient's average age 48.4 years range 15-70, male 365, female 161, its mean duration 40.3 mo.

**RESULTS:** Males are liable to be affected. In chief complains, upper abdominal pain, flatulence were predominant, lesser predominant were regurgitation with gastric acid, nausea, belching, hiccup and vomiting. They were divided into different categories. Among them dynamic disturbance and ulcer like category were more common. Endoscopic biopsy revealed 100% chronic gastritis, 34% of them had duodenal bulbitis simultaneously. *Helicobacter pylori* were primarily discussed in this paper.

**CONCLUSION:** NUD is associated with gastritis and/or duodenal bulbitis, *Helicobacter pylori* infection, and abnormal gastric motility.

**Key words:** Non-ulcer dyspepsia; Chronic gastritis; *Helicobacter pylori*

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